



BOY SCOUTS OF AMERICA  
NATIONAL CAPITAL AREA COUNCIL

# 2024 Aquatics Programs

<https://ncacbsa.org/Aquatics-Committee>



## Safe Swim Defense (SSD) and Safety Afloat (SA)



**What:** BSA Safe Swim Defense (26 min) and Safety Afloat (30 min) training is required for any BSA unit conducting swimming or boating activities.  
**Who:** Adult leaders supervising a swimming/boating activity must have completed Safe Swim Defense/Safety Afloat within the previous two years.  
**Where:** SSD and SA training is available online at <https://my.scouting.org>. Any in-person training must be presented by a qualified instructor.  
**Cost:** Free!

## Pre-Camp Swim Classification Tests



**What:** This is an opportunity for your unit to have your annual BSA Swim Classification Check done under supervision of NCAC-approved aquatics personnel.  
**Who:** Any NCAC unit (Pack, Troop, and Crew)  
**Where:** Camp Snyder, Haymarket, VA  
**When:** [June 1](#) & [June 2](#) – One-hour blocks starting at 9am. Last session is 4pm. Register by May 15th.  
**Cost:** \$3 per participant.

## Paddle Craft Safety Training

**What:** This is the hands-on training that is recommended in Safety Afloat guidelines for anyone conducting Scout boating activities. Two versions of the course are offered: The Basic course covers flat water introductory boating skills and basic trip planning. The river course includes skills and knowledge development that are required for conducting trips on moving water. The Basic course is a prerequisite for the moving water course.  
**Who:** Adult leaders  
**When:**

- Session 1\*: [May 18 \(Still Water\)](#), [May 19 \(Moving Water\)](#)
- Session 2\*: [June 1 \(Still Water\)](#), [June 2 \(Moving Water\)](#)
- Session 3\*: [Aug 24 \(Still Water\)](#), [Aug 25 \(Moving Water\)](#)
- Session 4\*: [Sep 7 \(Still Water\)](#), [Sep 8 \(Moving Water\)](#)

**Where:** \* Still Water–Zoom/Silver Lake; Moving Water–Keedysville, MD  
\*\* Still Water–Camp Snyder; Moving Water–Riley's Lock  
**Cost:** \$30/class day

## ScubaJam Virginia

**What:** Social Gathering Among Divers  
**Who:** Scouts BSA (11-17 years), Venture (14-21 years)  
**Where:** Lake Phoenix Scuba Park, Rawlings, VA  
**When:** Labor Day Weekend (Aug 30-Sept 2)  
**Cost:** Check Web Site (Scholarships Available)  
**Note:** This is a private organization event and not sponsored by BSA. Registration and waivers must be in by August 15th.  
<https://www.facebook.com/StubaJamVirginia>

## Aquatics MB Completion Day

**What:** Complete Partial MBs - Lifesaving & Swimming  
**Who:** Scouts BSA (11-17 years), Venture (14-21 years)  
**Where:** TBD  
**When:** TBD – Likely the first weekend in Oct  
**Cost:** \$10

## Aquatics Awards

Find the requirements at:  
<https://www.scouting.org/outdoor-programs/aquatics/>

These awards are available for any Scouts BSA-aged youth or adult. To work on any of these awards outside of Summer Camp, contact:

Charles Hochstein ([charles.hochstein@usps.gov](mailto:charles.hochstein@usps.gov))



Boardsailing BSA



Kayaking BSA



BSA Lifeguard



Mile Swim BSA



Scuba BSA



Snorkeling BSA



BSA Stand Up Paddleboarding



Whitewater Rafting Award

## Lifeguard Training

**What:** BSA Lifeguard Training is professional level training that meets the requirements of government agencies for professional lifeguards at regulated swimming activities. Lifeguard certification qualifies one for many summer opportunities. This class is being conducted by Campaign Pay It Forward (<https://campaignpayitforward.com/booking>, select BSA Lifeguarding from the pull-down menu)  
**Who:** The program is open to all registered adults and older youth (minimum age 15). Strong swimming skills are required. The course includes online pre-work that must be completed before the first session.  
**Where:** Varies  
**When:** Check Schedule  
**Cost:** Check Schedule