

Summer Leadership Seminars



presented by NYLT staff

Seminar #4 Notes

If your Unit Leader or Scoutmaster asks...

These seminars provide Scouts opportunities to continue their leadership development despite the cancellation of summer NYLT. The fast-paced, 50 minute presentations are not a substitute for a NYLT course but allow Scouts to examine important leadership topics

Summer Leadership Seminar #4:

Scoutmaster Overview of ILST

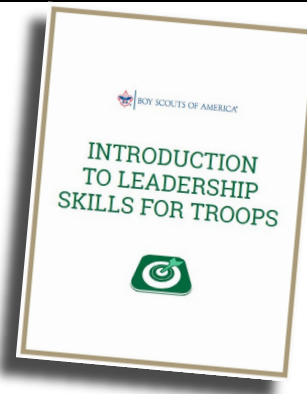
What you need to run ILST

The **Facilitator's Guide** is absolute GOLD!
It is also free and available for download at

<https://www.scouting.org/training/youth/>

This document lays out how to run a course with suggestions for size and scheduling. It lays out the 3 Modules of ILST:

- Module 1: Unit Organization
- Module 2: Tools Of Leadership
- Module 3: Leadership And Teamwork



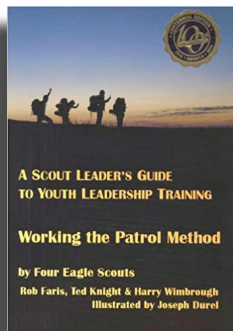
Flexibility

Remember that ILST is flexible and the Scoutmaster can “adapt it to their individual troop’s needs.” (ILST Facilitator’s Guide, 5) You have freedom for stick as close to the guide as you think best. I recommend starting with the guide and adding your own improvements on top of it!

Whether you follow the Guide or not, a good ILST course should cover the following concepts:

- Vision
- Servant Leadership
- Communicating
- Planning
- Teaching EDGE
- Stages of Team Development
- Leadership Ethics and Values

Book mentioned during Seminar:



Working the Patrol Method

A Scout Leader's Guide to Youth Leadership Training

by Four Eagle Scouts, Rob Faris, Ted Knight, Harry Wimbrough, Joseph Durel

Available on amazon, or at your local Scout Shop (at least in NCAC)

Explores the concept of “Train them, then Trust them.”

Reflections

SUPER VERY IMPORTANT: After each game and activity a **Reflection** is conducted to extract the game’s meaning. This may be the most important part of the whole ILST experience. **See the guide to leading Reflections on pages 12-13 of the Facilitator’s Guide.**

Summer Leadership Seminar #4:

Scoutmaster Overview of ILST

Unofficial Guide to Online ILST

Q. Can a Scoutmaster run ILST online?

A. I propose the answer is yes by referencing: “Trainers can review the resource material and adapt it to their individual troop’s needs.” (ILST Facilitator’s Guide, 5)

Q. Once we are past covid and can safely run in-person training, can I continue delivering ILST online?

A. Not recommended. While online training *can* be more convenient it often produces an inferior level of engagement and is less effective at building community among the Scouts in the Patrol Leaders’ Council.

Final point:

Scouts often take ILST *multiple times* while in a Troop. Half of the fun is going through the games, discussions and activities with a new group of Scouts. If your Troop offers ILST online, it is likely only a temporary adjustment to the current 2020 restrictions.

How to Run ILST Games Online

Adapting ILST “team building” activities to the online environment is difficult. With creativity and Scout Spirit you may accomplish more than you initially thought possible.

Hint: When developing online alternatives to games, look at the **intended lesson** it is supposed to teach and work with your **youth leadership** to **invent** something **they** are **excited** to present. **Their enthusiasm is key.**

GAME: ROLE BALANCING—BALLOON TOSS

Play this game to illustrate the importance of delegating one role to each Scout in a troop.

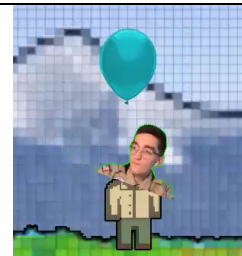
THANKS for this Survey response

“Tips on the Balloon Game in a Zoom environment for instance can be done by SPL who is at home on camera with a parent handing them the balloons as they names the tasks. Objectives are the same with discussion.”

“ILST Gameplay Program”

If you’re interested in using the “Balloon Toss” game I developed, send me an [email](#) and we’ll get you set up.

Caveat emptor: *ILST games should be quick and fun... if this online game becomes too cumbersome it could detract from the training.*



Summer Leadership Seminar #4:

Scoutmaster Overview of ILST

GAME: DISABILITY OBSTACLE COURSE

This game will demonstrate to the Scouts the importance of cooperation and working together as a team.

GAME: NIGHT CROSSING

This game will provide Scouts the opportunity to put their verbal communication and listening skills into action.

Both Disability Obstacle Course and Night Crossing could be accomplished with a “whiteboard” obstacle course.

Whiteboard Obstacle Course

A Whiteboard Obstacle Course requires someone to “share” a picture of an obstacle course, a player who will be blindfolded and use the whiteboard marker tool to draw their route, and a speaker or team of speakers to guide the blindfolded Scout through the maze without hitting trees or rocks.

For more information on [Zoom whiteboards visit this link](#).



download pictures:

[obstacle1.jpg](#)

[obstacle2.jpg](#)

[obstacle3.jpg](#)

The Zoom Whiteboard is a collaborative tool. The possibilities are *endless*.

Game Variations

When multiple people try to talk at the same time on Zoom, problems occur. Turn this lemon into lemonade by making it an object lesson about effective communication. Many games can be made more difficult by placing restrictions on players such as:

Silent Treatment: While playing this game, nobody may talk. You must rely on gestures.

Single Speaker: Allow only one person to talk.

I am Groot: Everyone may speak, but you can only say “I am Groot.” Body language and charades become the main way to communicate.

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GAME: HELIUM STICK

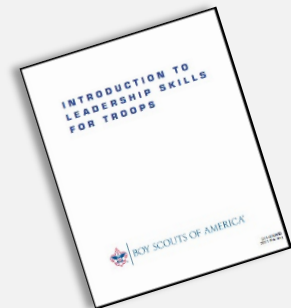
This game will teach Scouts how to cooperate and rely on each another. Consider a substitution like [The Whole Picture](#) or another game.



Old Facilitator Guide

The [2011 ILST Guide](#) is also good and worth looking at if you want other activities.

Venturing has its own course for Crews. Check out their [ILSC Facilitators Guide](#).



GAME: THE ROCK GAME

This game will show the value in appreciating the characteristics and abilities of people on an individual basis.

This is a *beloved* activity by many Troops who opt to use **potatoes**. An online adaptation might simply use the pictures of rocks that appear in the ILST Facilitator's Guide Appendix.



Explore the Appendix

The Facilitator's Guide has an appendix with additional resources and alternate games.

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Recognition

At the end of ILST training, Scouts typically receive a “Trained” patch. If you want Scouts to have a more immediate way to “show off” their accomplishment you can award this “Trained Virtual Background.”



[download file](#)

Training Continuum

Once your Scouts have taken ILST they are eligible to participate in other great courses in the “Training Continuum.”

National Youth Leadership Training (NYLT) 6-day course run at the Council level.

National Advanced Youth Leadership Experience (NAYLE) offered at Philmont and Summit



Scouting is all about opportunities

- Ask Scouts who have taken ILST (NYLT and NAYLE) to help **Staff** your next ILST course.
- Identify who will be your Troop’s future leaders and recommend **NYLT**.
- If a Scout is eager for more Leadership Training, have them investigate **NAYLE**.

- **Staffing NYLT and NAYLE** are great ways to deepen a Scout’s understanding of **Servant Leadership**. Staffing opportunities are typically competitive but worthwhile experiences.

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Tip and Tricks Submitted at Registration

- We share youtube instructionals via Share Screen
- Start ILST with a breakfast or snacks to encourage attendance.
- Utilize the NYLT Staff you have.
- Make the SPL your partner in the presentation and not necessarily know the entire agenda
- Use multiple options for Scouts to engage because not everyone wants to talk - chat, polls, breakout rooms. Goes to tech issues
- T420 is currently presenting ILST in 3 - 2 hr sessions in Zoom environment. Currently midway. Involves SM, ASM, senior scouts.
- make sure to include plenty of breaks because the attention span is small
- Use of videos and whiteboard via screenshare, creating polls about the content to help relate it back to
- Having senior scouts present keeps scouts attention?

Survey

If you didn't fill out a [survey](#), it is still open for logging feedback.

Donations

Thanks to all who donated to NCAC in support of our Leadership Seminars.

If you'd still like to contribute, you may do so [here](#). Please write "NYLT Seminars" in the "notes" sections of the page. Thank you!!

Upcoming Seminars

Registration available on our [webpage](#).



Thank you

In these difficult times it is the care and dedication of people like **you** who make our movement stronger, better and more impactful! Thank you for everything you're doing to support our Scouts!