

# THE CAPITAL CAMP-IN

## Distance is Knot a Problem

Grab your Scout Handbook and show off you knot-tying skills. This is a great way to demonstrate the EDGE method as well as have fun.

### Supplies:

- Pole – can be a broom handle, flagpole or other straight staff or stick about 3-5 feet long
- Chair or something you can tie the staff to that holds it vertically
- 15 - 20 feet of rope or paracord
- Rope to secure pole to chair – several short lengths
- Stakes or 40 feet any colored string or ribbon

### Instructions:

1. Place the chair in the middle of a clear area.
2. Secure the pole to the chair so that it is vertical.
3. Measure 6 feet out from the staff. Use the stakes or colored string to mark a circle 6 feet in radius around the pole.
4. Each participants takes an end of the 20' rope in hand and loops it around the pole.
5. See how many knots you can tie around the pole while staying outside of the 6-foot radius circle. You cannot let go of the rope - that includes changing hands.

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