

THE CAPITAL CAMP-IN

Virtual Cooking Competition

Many cooking shows feature mystery ingredients. Here's your chance to take that challenge.

Instructions:

1. Go to your refrigerator or pantry.
2. Open it.
3. Choose the first item you see that starts with the first letter of your first name.
4. That is your mystery ingredient. Now, use it in your snack!

(If you can't find an ingredient with the first letter, move on to the second and so on.)

Once you're done, share your recipe and final product with us. Post your photo to our facebook event:

<https://www.facebook.com/events/1732348430241573>

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