



The Patriot Press



Volume 22
Patriot District

<http://www.ncacbsa.org/patriot/press>

March 2019
National Capital Area Council

Issue 3
Boy Scouts of America

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The 2019 Patriot District Pinewood Derby: Bring on the Lions!

The annual Patriot District Pinewood Derby – the Super Bowl of Cub Scouting – was held on Saturday, March 2, at Living Savior Lutheran Church in Burke. The event was a smashing success once again, with **160 Cub Scouts** from **19 separate Packs** competing and sharing in the fun. It appeared, from the smiles and sheer volume of cheering, clapping, screaming (at times, yikes!), and general Scouting mayhem that everyone, from the youngest Cub Scout to the most “seasoned” of Scout leaders and adults, had another memorable time.

This year’s Derby featured two exciting new developments: (1) Patriot District Lions competed for the first time, and it was great to see kindergarten-aged Scouts participating and having such a blast. (2) We welcomed girls into the club-of-champions from each of our Packs, and there was widespread cheering when introducing these girls as competing Cub Scouts, a clear sign of warmth and welcome.



Returning for the 7th year, Pete Griffiths provided strong leadership for the event as the Patriot District Pinewood Derby Chairman, Race Director, and track/timing system nerd. In a short interlude early in the day, Pete was presented (by Iron Man and our District Commissioner) the Distinguished Patriot Scouter Award for his many contributions to Scouting.

Serving as Masters-of Ceremonies were Joe Margraf (former Troop 1346 Scoutmaster), a PWD MC veteran; and Greg Wagner (Troop 1524 Scoutmaster), another PWD veteran but performing MC duties for the first time. Together they provided all in attendance with non-stop, always-stay-on-your-toes entertainment. For some odd reason, our event always attracts a collection of unusual visitors who show up wanting to race or participate in some other way. Somehow, they seem to bear a strong resemblance to one of our MCs. Scouts were entertained by the goofiness of characters such as the Tiger Shark, Aging Cub Scout, Hippee Cub Wannabe, superheroes Iron Man and Batman, Joe Cub Reporter, Cookie Derby Entrant, and the first-ever appearance by a Disney Fantasia character, the Sorcerer’s Apprentice, who was obsessed with the need for constant cleaning.

Participating Cub Scouts competed in either Speed or Show categories within their respective Dens: Lions, Tigers, and Bears (“oh my”...just had to do that... get it?), Wolves, Webelos Scouts, and Arrow of Light. Throughout the day, our Cub Scouts exemplified good sportsmanship, and it was again so inspiring to see these amazing future leaders together competing with fairness and respect.

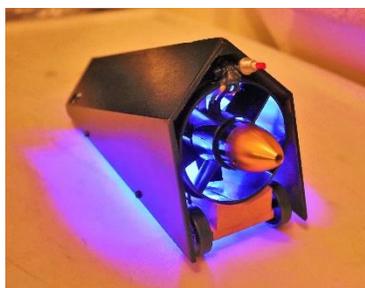
For the speed competition, each car raced on the three lanes in use, and the lowest average time was used to determine first, second, and third place winners for each of the six Dens. As is the case each year, times were amazingly close! Two heats were separated by less than eight ten-thousandths of a second (that's 0.0008 seconds!); try and see THAT with the naked eye! During the races, the Cub Scouts enjoyed cycling through as "starters" of each heat using the PWD "plunge-o-matic," an indestructible(!) TNT-detonator-like device that triggers the start as Cubs push down on the handle.

Assisting with PWD tasks throughout the day were Scouts from Troop 1346, Troop 1101, and Troop 1524. They helped with registration, sequencing cars for the start of each heat, moving cars from registration to the show table or the racing cars *Impound Lot*, and also shuttling cars from the finish line back to the start between races. The Scouts also judged the Show competition, making their decisions based on demonstrated creativity and craftsmanship of the cars. A hearty thank you to all of these assisting Scouts for their contributions.



"Where's my hearing protection?"

Like many other Scouting activities, the Patriot District Pinewood Derby is a major undertaking that could not succeed without the help of many capable and dedicated volunteers. Thanks to Pete Griffiths, Joe Margraf and Greg Wagner for their invaluable leadership in key roles, as already noted. Additional special thanks to: Joe Casey, Bill Dexter and Peter Griffiths, Jr. for running the registration tables; Justin Day, Ben Wagner, and Max Griffiths for running the starting line; Steve Smith for managing "Pit Row," the place for Derby car tweaks and repairs; and Bill Snowden for help with photography and food. We also extend our appreciation again to Pack 1101 for the use of its excellent track, precise and reliable timing hardware/software, and the instant replay (always a hit!). Lastly, a special thanks to everyone who participated in the setup on Friday evening and to those who stuck around for takedown and clean-up late on Saturday afternoon after the roar of the races had subsided and the crowd was gone.



The demonstrated jet car.

The 2019 Patriot District Pinewood Derby again provided us all with an extremely rewarding day and a steady stream of excitement, laughter, and typical Scouting goofiness. One bit of excitement for each Den class was demonstration of a fast (but illegal) jet car, constructed by our PWD Chairman, which raced down the track with a roar at a speed at least twice as great as the fastest legal one. Overall, we were all also blessed to witness frequent reminders of the ideals and values that make this thing known as Scouting such a powerful and lasting growth medium for our young women and men.

So, as we take the cars from this PWD and mount them on a pedestal and fondly gaze at a medal or trophy from the event, let us all be mindful of the need to stock up again on graphite (seriously, did ANY of the graphite actually stay on any of the cars?), ethyl cyanoacrylate (otherwise known as "superglue"), sandpaper, paint, and pinewood car kits for next year. As we look with a distant eye to the future, we keep our pencils and sketchpads close so we can capture the ideas and creativity that will undoubtedly come for next year's 2020 Pinewood Derby. We look forward to seeing you all in March of 2020!

Cub Scout trophy winners in the Speed and Show categories are listed in the following table.



Patriot District Pinewood Derby 2019

Overall Trophy Results



Speed	1st Place	2nd Place	3rd Place
 Lion Den	Caiden J. Pack 1345	John Paul W. Pack 1344	Kian B. Pack 1864
 Tiger Den	Gabriel W. Pack 1865	Brady H. Pack 1346	Ryan H. Pack 1534
 Wolf Den	James G. Pack 1864	Jackson D. Pack 873	Christopher R. Pack 1968
 Bear Den	Calvin L. Pack 1533	Jakob A. Pack 1346	Harmon S. Pack 1101
 Webelos Den	Nicholas N. Pack 1101	Eldyn C. Pack 1865	Alfonso T. Pack 1968
 AOL Den	Daniel M. Pack 1865	Joshua H. Pack 1344	James S. Pack 1534

Show	1st Place	2nd Place	3rd Place
 Lion Den	Steve G. Pack 1864	Clara P. Pack 1346	Rami D. Pack 1865
 Tiger Den	Stewart A. Pack 1865	Lucas T. Pack 1864	Tobin H. Pack 115
 Wolf Den	Colin B. Pack 1864	Leandro G. Pack 1968	Andrew P. Pack 1865
 Bear Den	Dante C. Pack 1101	Alex P. Pack 1346	Cormac M. Pack 1967
 Webelos Den	Jake M. Pack 1344	Matthew N. Pack 1965	Jacob F. Pack 1968
 AOL Den	Finnian S. Pack 50	Andy S. Pack 1346	Kineston S. Pack 1864

PWD 2019 in Pictures



Registration: Show Cars



Welcome Poster



Registration: Race Cars



PWD MCs and Our District Commissioner



PWD Chair and Race Director



Race Starter Crew with MC



Scouters at Work



Pit Row Boss



Pizza Break



Trophies and Medals



MCs Having Fun



Show Cars on Display



Presenting Medals to Tiger Cubs



Distinguished Scouter Award Presentation



Boy Scout Show Car Judges



Ready to Launch



Jet Car Demo



3-2-1- Go!

Some of our Surprise Pinewood Derby Visitors



Sorcerer's Apprentice



Joe Cub Reporter



Batman



Aging Cub Scout



Hippee Cub Wannabe



Cookie Derby Entrant

Pinewood Derby 2019 Speed and Show Winners



Lions



Tigers



Wolves



Bears



Webelos Scouts



Arrow of Light



From the District Chairman

Scouters, Scouts, and Families of Patriot District,

Scouts, Scouters and Families of Patriot District,

We just completed another fantastic Patriot District Pinewood Derby! What a great day it was! Congratulations to every Cub Scout who participated; they were all winners. I would also like to give a big THANK YOU to Mr Pete Griffiths, our Pinewood Derby chair and Race Director. Once again he organized a fabulous, highly successful event for the Cubs Scouts in the Patriot District.

The Friends of Scouting campaign is well underway, and I know that there will be many FOS presentations over the next few weeks. Please be sure and get the word out. Unit leaders, if you have already had a presentation, please follow up for any donations that might still be made. Every contribution to this important cause helps. Please consider supporting Scouting with your treasure as well as what you already give with your talent and time.

The Spring Camporee is just around the corner. The fun is scheduled for the weekend of 26-28 April at Camp William B. Snyder in Haymarket, Virginia. The theme for the Camporee is “Zombie Apocalypse” – Scout Survival Skills in Action. It sounds like it could be enough fun to raise the dead! Be sure to register your unit for this heart-stopping event!

Congratulations to Patriots District’s Mark Greer and John Stewart, who will be honored with the Silver Beaver Award at the Council Court of Honor which is set for Saturday, May 11, 2018 at Camp William B. Snyder. More details will be provided as they become available.

As always, this publication is for you! Thank you for what you do for our Scouting movement. And thank you for your continuing support for Patriot District’s program.

Yours in Scouting,

Steve

*Steve Smith
Patriot District Committee Chair*



The advancement and diffusion of knowledge is the only guardian of true liberty.

~ James Madison (b. March 16, 1751)



From the District Commissioner

GREAT NEWS TO REPORT: At the recent Council Key 3 meeting, we were informed that all of the five districts comprising the VA Central Service Area of the National Capital Area Council achieved GOLD Journey to Excellence (JTE) status for 2018, the only service area so recognized. But of even greater significance to us, the **Patriot District was recognized as having the highest JTE score among all districts in the Council.** Within our district, 38 of our units earned JTE Gold, with five others earning JTE Silver and three JTE Bronze. Thank you to all our units and their leaders for making this achievement possible.

With the Blue and Gold Banquets now in full swing, we have many Cub Scouts earning their Arrow of Light. Please don't wait to enter that achievement into the internet advancement. If a Cub Scout joins a troop and becomes registered as a Scout before his Arrow of Light is recorded in internet advancement, his achievement will go unrecorded forever.

And speaking of the transition from Cub Scouts to Scouts BSA, I am a huge advocate of Den Chiefs but I don't see many in our district. Den Chiefs provide a key means for building relationships between their packs and troops, crews, or teams. They regularly inform the Cubs about Scouts BSA in a positive way as they lead activities and share their enthusiasm for Scouting. Their presence adds another important asset: They can tell their Cub Scouts all about Scouting at the next level, with its outdoor activities, trips, summer camp, and opportunities for advancement. When Cub Scouts earn their Arrow of Light and it's time for them to move up to a Scouts BSA troop, a Den Chief's positive example and encouragement can help them decide to make that transition. Cubmasters and Scoutmasters, please consider a better utilization of this position of responsibility for an older Scout.

This time last year we were having a lot of discussion about allowing girls into our Packs. Only a year later we have 10 of our 22 packs offering girl dens. In addition, we now have established six girl troops, with 66 girls currently registered. The number of young ladies we have now registered seems to validate the national surveys that showed that our program is of interest to a lot of girls. Our district is definitely a strong partner in the family friendly aspect of Scouting by offering all of the youth in our community the opportunity to enjoy and benefit from the Scouting experience.

The annual Commissioner College for our Council was held at Holy Spirit School on March 9th. A highlight of the event was participation by our new National Commissioner, Ellie Morrisson. The college structure is similar to that for the University of Scouting, but the event is conducted on a smaller scale and with offered courses being geared more to the Commissioner role. That said, the college is not only for Commissioners, anyone can participate, and this year's event was attended by many other Scouters. It's too late for 2019, but I encourage all Scouters to consider attending next year.

David Astle
District Commissioner

Patriot District Events

Web Calendar: www.ncacbsa.org/patriot

March 2019

- 2 Pinewood Derby
- 3 Patriot Press Deadline – March
- 9 Commissioner College
- 12 Commissioner Meeting
- 14 Roundtable
- 14 OA Chapter Meeting
- 23 Red Cross First Aid/CPR/AED Training
- 26 PD Committee Meeting
- 29-30 IOLS
- 31 Patriot Press Deadline – April

April 2019

- 6 Life-to-Eagle Seminar
- 9 Commissioner Meeting
- 11 Roundtable
- 11 OA Chapter Meeting
- 12-14 OA Lodge Spring Fellowship
- 21 Easter
- 23 PD Committee Meeting
- 26-28 Patriot District Spring Camporee
- 28 Patriot Press Deadline – May

May 2019

- 5 Ramadan begins (sundown)
- 9 Roundtable/Program Launch
- 9 OA Chapter Meeting
- 11 Council Court of Honor
- 12 Mother’s Day
- 14 Commissioner Meeting
- 27 Memorial Day
- 28 District Court of Honor

BALOO	Basic Adult Leader Outdoor Orientation	NYLT	National Youth Leadership Training
BCOLS	Back Country Outdoor Leader Skills	OA	Order of the Arrow
CPST	Cubmaster Position-Specific Training	SPST	Scoutmaster Position-Specific Training
IOLS	Introduction to Outdoor Leader Skills	VAPST	Venture Advisor Position-Specific Training
JSN	Join Scouting Night	VCPST	Varsity Coach Position-Specific Training
NLE	New Leader Essentials	VOA	Venturing Officers Association



What strikes me is that there’s a very fine line between success and failure.

Just one ingredient can make the difference.

~ Andrew Lloyd Webber (b. March 22, 1948)

Cub Scout Roundtable!



All Cub Scout Leaders, Come Out and Join us for Fun & Fellowship and to Pick-Up some New Ideas for your Pack and Den Programs!

The Purpose of the Roundtable:

To provide the skill to do – skills, techniques, information, program ideas – and the know-how that makes for successful unit operation.

To provide unit leadership with the will to do – the morale, enthusiasm, inspiration, and vision that periodically renew the desire to serve youth.

When: Thursday, March 14th, 2019

Where: Saint Stephen's United Methodist Church, 9203 Braddock Road

Midway: 7:30 – 8:00 PM, **Roundtable:** 8:00 – 9:00 PM

Topics: All things camping, including campfire pizzazz.

Word of the month: Cheerful

Please bring a snack to share!

Cory Okouchi, Cub Scout Roundtable Commissioner
cweskrige@gmail.com



Scout Roundtable

Not just for Scoutmasters

Patriot District Scout Roundtable

Thursday, March 14th, 2019

Saint Stephen's United Methodist Church, 9203 Braddock Road, Burke

Midway: 7:30 PM – **Pre-Opening:** 7:40 PM – **Roundtable:** 8:00 to 9:00 PM

Topics: Parent Coaching, Camp Fires, Best of Campouts

Randy Witter, Scout Roundtable Commissioner
703-323-5220, Randy.Witter@gmail.com

Asst. Scout RT Commissioners: Joe Margraf, Rick Priest

Patriot District Spring Camporee: “Zombie Apocalypse”

April 26 – 28, 2019
Camp William B. Snyder
(571) 248-4904

The Patriot District Spring Camporee will be held the last weekend in April at Camp William B. Snyder in Haymarket, Virginia. The theme for the Camporee is “Zombie Apocalypse” – Scout Survival Skills in Action. The main element of the overall Camporee program will consist of a Patrol Survival Skills Competition. Scout patrols will be challenged at several stations to demonstrate their proficiency on basic Scout skills. Participating troops will be asked to sponsor a station and the senior Scouts running the station will work with members of the Order of the Arrow to organize and execute the competition.

Background: In 2010, while studying Ebola outbreaks and disease mutations, the Center for Disease Control (CDC) in Atlanta became concerned about the probable outbreak of “zombie-like” epidemics. In 2011, the CDC published guidance concerning “How to survive a Zombie Apocalypse” and started coordinating with the Federal Emergency Management Administration (FEMA) in planning responses. Details are available at a FEMA website: <https://www.fema.gov/blog/2011-05-19cdc-preparedness-101zombie-apocalypse>.

Camporee scenario: An active Ebola outbreak in the Congo is out of control. Besides the Ebola epidemic there is a civil war raging in the affected area. Due to the violence, the World Health Organization (WHO) has pulled out United States and European medical teams. Additionally, there are persistent rumors that mutated individuals are showing zombie-like symptoms. The CDC speculates that the Ebola virus may spread to the United States by late summer or fall 2019. Should an epidemic appear, it could create zombie-like mutated individuals. Basic Scout skills to be evaluated at the camporee are recognized as being of critical importance to individual survival. These skills are consistent with skills recommended by the CDC and FEMA.

In addition to the Scout skills competition, Scouts participating in the camporee will have numerous other opportunities to challenge themselves and have fun. Activities will include air rifle marksmanship, archery, STEM activities, rock wall climbing, volley ball, and dodge ball (how do Scouts dodge zombie throws?). The camporee will also include all of the traditional events (opening and closing ceremonies, SPLs/Scoutmaster cracker barrel, outdoor religious services, Saturday night campfire, and OA call-out) that bring us together, as well as a special dessert competition. Scout teams will be encouraged to prepare and enter their favorite dessert, with no limit as to the number of teams that can participate. Deserts will be judged for their taste, presentation, and ingredients.

The camporee will be held from Friday night, April 26, until Sunday morning, April 28. All participants will camp on the camporee field at Camp Snyder. The cost is eighteen dollars (\$18) per participant. There is no charge for adults who are just helping out on Saturday or Sunday and not camping overnight. **Units must provide a tentative registration by Tuesday, April 2, 2019.** It is important that units notify Pat Ring by e-mail (pring978camporee@gmail.com) or by phone (703) 674-6178) that they plan to attend the camporee, together with estimated numbers of Scouts and adults expected to participate. Final camporee registration and payment will take place Friday evening on-site as units arrive. Units and individual staff members are asked to pay by check made out to NCAC-BSA.

The Order of the Arrow will provide the Camporee Senior Patrol Leader and the Flag Detail for the Opening and Closing ceremonies. The Camporee Senior Patrol Leader is responsible for conducting the Camporee Opening and Closing ceremonies. Also, a member will act as the Master of Ceremonies for the Saturday night campfire. This is a great opportunity for a senior Scout to display his leadership abilities. The camporee is looking for at least two Scout buglers or trumpet players. Additionally, as always, the camporee staff is in need of adult volunteers to support the various events. Volunteers should phone William Dexter, the Camporee Director at (703) 978-2632 or send an e-mail to wtdexterjr@gmail.com.

Bill Dexter
Vice Chair, Program

Upcoming Patriot District and Other Training Activities

Planned Patriot District Training

- March 29-30 – Introduction to Outdoor Leader Skills (IOLS) and Basic Adult Leader Outdoor Orientation (BALOO). Please register at: <https://scoutingevent.com/082-PatriotSpring19IOLS>

Upcoming Other Districts and NCAC Training Opportunities

- April 27 – NCAC – Back Country Outdoor Leader Skills (BCOLS)
- March 16 – NCAC – Den Chief Training Conference
- March 16 – Seneca District – Scoutmaster Position Specific Training
- March 16 – Seneca District – Commissioner Basic Training
- March 16 – Colonial – Scoutmaster Position Specific Training
- March 30 – NCAC – Leave No Trace Trainer Course – Outdoor Ethics
- April 5-6 – Aquia – BALOO
- April 6 – Colonial – Scoutmaster Position Specific Training
- April 13 – Powhatan – Scoutmaster Position Specific Training

Additionally, in conjunction with the Outdoor Preparedness Initiative (OPI), NCAC will soon be offering a number of sessions of Wilderness First Aid. There will be one session per month starting this month and continuing through May. If you are interested, you can find the dates and registration at: <https://scoutingevent.com/082-24507>

As always, help is still much needed to put on a full training program for the District. Please consider joining the training committee, a minimal commitment, and participating when you can to help train new generations of Scout leaders! Every Scout deserves a trained leader.

*Justin Day
Training Chair*



**Item of the month at
your Scout Shop!**

Patriot District Introduction to Outdoors Leader Skills (IOLS)

Patriot District will conduct an **Introduction to Outdoors Leader Skills (IOLS)** training course on March 29-30, 2019 at Camp Snyder. The course will follow the new curriculum published by BSA in 2018.

The course will start at 7 PM on Friday, March 29th with a robust “Cracker Barrel” and end by 6 PM on Saturday, March 30th, 2019. Attendees will enjoy the “Cracker Barrel” and be provided food to cook for breakfast and lunch. Attendees with special dietary needs need to notify the Quartermaster/Grub master, Don Northcutt by Tuesday, March 26, 2019 at (571) 232-6076 or DonaldNorthcutt@gmail.com.

Adult leaders will be divided into patrols and will model the patrol method during the course. There will be two patrols and the course needs two participants to volunteer before the course begins to serve as patrol leaders and bring a patrol cook kit with them. Patrol leader volunteers should contact the course Senior Patrol Leader, Justin Day, at (540) 308-1626 or kappasighacksaw@yahoo.com.

The cost for the course is \$28 for students and \$10 for instructors that are camping overnight. The course is free to instructors that are not camping. All participants who are camping need to register on line with NCAC. Registration opened on January 18, 2019 and will end on Tuesday, March 26, 2019. A preliminary weather decision will be made on Wednesday, March 27th by the Camporee Director.

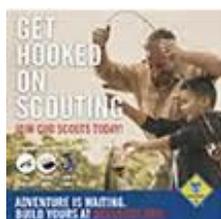
The director for IOLS is William Dexter Patriot District Vice Chair, Program. He can be contacted by phone at (703) 978-2632 or by email at wtdexterjr@gmail.com.



2019 Events to Wear Your Uniform: Celebrate Fairfax, Burke Fest, Hooked on Scouting

This year’s **Celebrate Fairfax** event is scheduled for June 7th -9th at the Fairfax County Government Center. It is Northern Virginia’s largest community-wide celebration and takes place on the 25 acres of the Fairfax County Government Center. For the last two years our District has participated in this event by sponsoring the Climbing Wall. We are looking for anyone who wants to help run and staff this activity to allow the community to observe and experience Scouting fun. Even if you are just attending the event wear your uniform to “advertise” Scouting.

This year’s **Burke Fest** will be held on September 8th and 9th at the Burke Conservancy Festival Grounds, 6060 Burke Centre Parkway, Burke, VA. Some of our units participate in this event with their Chartered Organizations as a fund raiser, some units participate by putting on a display of a demonstration of Scouting such as a large monkey bridge, and some units participate in the opening parade. If you are planning to attend this event please wear your uniform to show your Scouting spirit and encourage others to join. For more info on Burke Fest 2019 please go to <https://festivalnet.com/9106/Burke-Virginia/Festivals/Burke-Centre-Festival>



Our Fall “Hooked on Scouting” event date will be announced soon. This event provides an opportunity for newly recruited Scouts to participate in fishing-oriented activities and fun. If you have an interest or experience in fishing please send contact Ashley Felton, Patriot District Executive at Ashley.felton@scouting.org or John Stewart, District Vice Chair for Membership, at john.r.stewart.mha@gmail.com.

Recruiting, Lions, Bridging Arrow of Light Scouts



Recruiting is a year-round activity. We should put an emphasis on it at meetings and activities throughout the year in seeking to attract new youth members at quality events. This doesn't take away from our usual recruiting big pushes in the Spring and Fall, but it provides an opportunity at each meeting and event to let prospective Scouts and their parents see the fun of Scouting.

Attempt now to reach out to local pre-schools and other pre-K organizations such as MOPs to stimulate the interest of future kindergartners who can join Cub Scouting as Lions. We have done well with the addition of Lions as a permanent part of our Cub Scout Packs this year. Getting kindergartners to join us as



Lions is important, but it is also important to ensure that they are having a GREAT Scouting experience at their twice a month gatherings (one meeting and one outing) so that they will want to continue on up the Cub Scout trail. Try to have for an "experienced" Den Leader to lead your Lion Den, or to have an experienced Leader help coach your new Lion Den Leaders.



At the other end of Cub Scouting experience are the second-year WEBELOS Scouts who have been working toward earning the Arrow of Light (AoL). They should be visiting Scouts BSA Troops as part of their AoL requirements. These Scouts and parents should both assess how well the visited Troops feel as a good "fit" as the decision is made regarding which unit to Bridge into upon award of the AoL. Packs should try to follow-up with their Bridging Scouts to ensure that there is a good hand-off to the gaining Troop.



Yours in Sharing Scouting,

John R. Stewart
Vice Chair, Membership
john.r.stewart.mha@gmail.com



Summer 2019 High Adventure Opportunities

Troop 1525 has some available slots for Scouts who would like to attend Sea Base or Northern Tier this summer. Three slots are available for Sea Base Keys Adventure from August 12-18. Interested Scouts or parents should contact Kate McManus at kate.mcmanus@berylresearchproject.com. The Troop also has room to add one Scout to its crew for a trek at Northern Tier from July 27 to 3 August 3. The point of contact for this trip is Mike Vassalotti, who can be reached at mjvassalotti@gmail.com.

This is a great opportunity for Scouts whose troop doesn't have a high adventure activity scheduled this summer to participate in some great Scouting fun. If there are other troops with available slots in their high adventure crews this summer, please contact Dave Astle, Patriot District Commissioner (dave.sonia@verizon.net), who will assist in trying to fill them.



Youth Mental Health First Aid (YMHFA) Training Available at the Spring Camporee

The YMHFA course that folks in the Patriot District help coordinate is a nationally recognized course of instruction. A Patriot Scoutmaster discovered this course while researching training options after a Scout in his unit committed suicide. It is not a Scout course in that it's not organized by the BSA, but we do have local leadership (the NCAC Chief Executive) permission to be advocates for this training in scout units. We work with the Fairfax County Mental Health department who provide the trained instructors. <https://www.mentalhealthfirstaid.org/>. The course is 8 hours long. You will receive a national certification after completion.

We're offering the next iteration during the Patriot District spring camporee. You do not need to register for the camporee if you are only attending the class. If doing both (e.g., supporting your unit Fri and Sat night, but taking the class during the day on Saturday), then you do need to register for the camporee separately.

The training will take place on Saturday, April 27, at Camp Snyder from 9 AM – 6 PM with an hour for lunch (which you should bring). The cost is \$30. All you need to register for the class is to send Mark Greer an email at mfgreer@verizon.net. He is also available to answer any questions at that email address.

Abira and the Mountain Performances

Unit Leaders: Please share with your Scouts and Families

The Connor Strong Foundation is sponsoring performances of the play *Abira and the Mountain* (created by A Place To Be – APTB) at Robinson High School. There are two presentations: Saturday, March 23, at 2 PM; and Tuesday, March 26, at 1:20 PM. The Patriot District has been asked to help publicize these performances. This activity is related to our ongoing efforts to promote a better understanding of Youth Mental Health. APTB is an organization dedicated to helping people face, navigate, and overcome life's challenges using clinically based practices of music therapy and expressive arts therapy. There is no charge for admission to these presentations.

Why attend? The play is a story about a young child born to a King and Queen. The child is different: she has cerebral palsy, is wheelchair bound, and has never been outside the walls of the castle because her parents are afraid that she might be mistreated. Her brother sneaks her out to the local village where she meets various individuals with special talents. Each actor/actress has some form of physical/mental/emotional problem that they have accepted and overcome. The play has been shown to all Loudon Valley middle school students. At a performance at GMU Manassas, 900 middle school students overwhelmingly cheered the program. Most impressive was the insightful questions they asked of the cast at the conclusion of the performance. ConnorStrong and APTB are addressing teen mental health issues/suicide prevention in a number of different ways. Through their involvement, APTB performers demonstrate their ability to overcome their challenges and lead fruitful lives. Hopefully, an individual sitting in the audience who is facing their own set of internal challenges can gain strength by seeing *Abira and the Mountain*.



FRIENDS OF SCOUTING 2019

Important Message for all Committee Chairs and Unit Leaders

The 2019 Friends of Scouting (FOS) Campaign is well underway. If your unit does not yet have a time scheduled for your Family FOS presentation, please sit down at a computer right now and send an email to Mark Greer, District Vice Chair for Development, at mfgreer@verizon.net to get on the schedule. Thanks! Ideal FOS presentation times are Courts of Honor for Troops and General Meetings for Packs.

Help make the 2019 FOS Campaign a Great Success!

Mark Greer
Vice Chair, Development



Goshen 2019 Registration Is Open!



Get ready for Summer, 2019! Goshen registration opened October 1st. Check out the updated dates, fees, and all the new information on the Goshen website, <https://www.gotogoshen.org/> Forming a new girls Troop in 2019 and want to reserve space? No problem! Reach out directly and we'll help you get started. Can't wait for next summer? Neither can we. Check out upcoming events in your own backyard at Camp William B. Snyder.



**The Patriot Press, Patriot District
National Capital Area Council**

The Patriot Press is the monthly newsletter of the Patriot District, NCAC, Scouts BSA. The views expressed herein do not necessarily represent the official policies of the National Capital Area Council or Scouts BSA. This newsletter is provided eleven times each year (not in July) and posted at <http://www.ncacbsa.org/PatriotPress>

Deadline for copy inclusion in The Patriot Press is the two Sundays prior to Roundtable. Using MS Word, articles may be emailed to the editor at bsnowden419@gmail.com.

Key District Contacts

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Join Scouting: Bring a Friend, March in a Parade, Community Events

There are many ways to share Scouting with others. Part of the sharing can be encouraging Scouts to “bring a friend” to a unit event that demonstrates the fun of Scouting. Another way is for your unit to find out when local community events are scheduled and then coordinating to participate in the event(s). These events can range from the unit conducting the opening flag ceremony and leading attendees in the Pledge of Allegiance; to marching in a community-wide parade for the 4th of July or other event; organizing a fundraising booth or assisting at a Scouting demonstration booth at events like Celebrate Fairfax, the Lake Accotink Cardboard Boat Regatta, or the City of Fairfax 4th of July Parade. Your unit might also attend fall Burkefest wearing your uniforms to hand out flyers.

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law. What better way is there to help others participate in the “lifelong learning” that Scouting is than to “show and tell” others how great the program is? Do your best to “share” Scouting in your daily life too by continuing to “do a good turn daily” and to “Be Prepared” for whatever may come your way.

Help other see and join in the Scouting adventure.

John Stewart
Vice Chair, Membership
john.r.stewart.mha@gmail.com

B-P Still Wants You!



To Join the Patriot District Committee Great Jobs for Great Volunteers

Take your Scouting leadership to an exciting and rewarding new level.

Work with other great Scouters providing great programs for great Scouts.

Yes, B-P Needs You...On the Patriot District Committee

The Patriot District thrives because of dedicated volunteers like yourself. In the units, you bring the promise of excellent programs and activities to the young people who join Scouting to have FUN! Now, as more and more girls join to share in the fun we have been providing since 1910, all Scouters have more and more opportunities to impact the adults of the future.

Behind all the programs and organized activities are a group of dedicated Scouters on the Patriot District Committee. The District Chair and the District Commissioner work with our District Executive, and the Program Chair has a staff for camporees, day camp, advancement, pinewood derby, STEM, Scouting for Food, and the all-important training all Scouters need to be effective in their unit roles. The Membership Chair facilitates attracting new Scouts. The Development Chair (formerly called Finance) leads the Friends of Scouting, Popcorn Kernel, and our internal fundraising among Scouters and families. The Patriot Press, our website and Facebook presence are overseen by the Communications Chair. And all of these important activities are enhanced by the supporting efforts of Order of the Arrow and our wonderful Roundtable Commissioners.

It takes a lot of people behind the curtain pulling everything together and making it work when your Pack, Troop, or Crew arrives ready to have fun and learn. Many of these District volunteers also are active in the units. How do busy Scouters find time to work with the District as well? *Just one hour each week!* We all know that's not so, but by many people each doing one thing, we can accomplish a lot. It may sound impossible, but that's exactly how it all works.

If you would like to learn how the District Committee can enhance your leadership skills and learn of the important contributions you can make to the continuing success of the Patriot Districts Scouting program, please contact me: DonaldNorthcutt@gmail.com The District Committee meets at St. Stephen's UMC at 7.30 PM on the 4th Tuesday of each month. Plan to join us at our next meeting on March 26th!

Yours in Scouting,

*Don Northcutt
Nominating Committee Chair*



American Red Cross

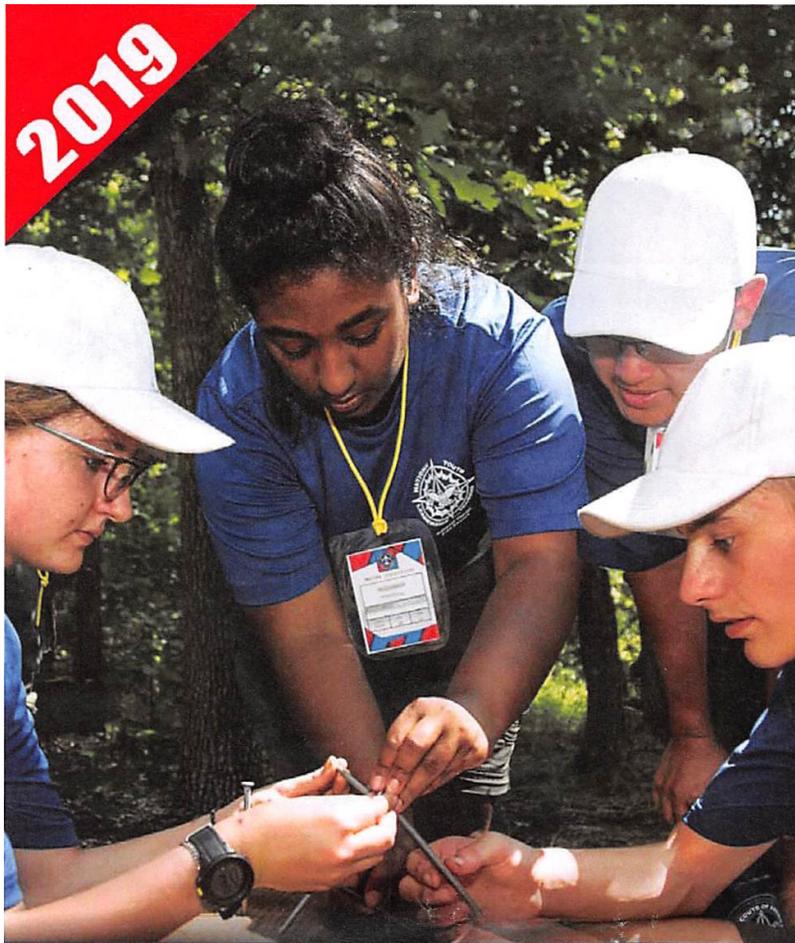
First Aid-CPR-AED Certification Class

(Rescheduled Date and Location)

- When:** 8:30 am to 12:30 pm, Saturday, March 23, 2019
- Who:** Leaders and Scouts, especially those going to Philmont, Sea Base, Northern Tier, etc. Others may sign up to participate on a space-available basis. Class size is limited.
- Where:** Church of the Good Shepherd, 9350 Braddock Road, Burke, VA 22015
- What:** A course sponsored by the Jewish Committee on Scouting. Participants will earn the American Red Cross *First Aid-CPR-AED* certification. Note: BSA High Adventure programs require First Aid and CPR certified participants (and Wilderness First Aid certified participants) in each crew; it's a good idea to have several people certified, including youth members.
- Register:** Send the following contact information to Philip Sternberg:
phil.sternberg@gmail.com.
Name, Mailing Address, Email Address, home and cell phone numbers,
BSA unit type and number, and BSA Personal ID number
(from BSA membership card).
- Bring:** We will have lemonade and snack food refreshments available.
- Cost:** Thirty dollars (\$30.00) covers American Red Cross fees and classroom training materials. Make checks out to "Jewish Committee on Scouting," and write "ARC First Aid Training" on the memo line. Payment due at check-in.
- Questions:** John Merchant <merchantj@verizon.net>, Phone: 703-489-7906
Philip Sternberg <phil.sternberg@gmail.com>, Phone: 703-960-0205



2019



NYLT

National Youth Leadership Training (NYLT) equips young people with leadership skills to help them succeed in their Scouting program and in life. NYLT brings together Scouts from all over the council to learn and practice leadership techniques in a risk free, Scout-friendly environment. The Scouts learn and practice leadership skills and styles together.



6 DAYS OF FUN & ADVENTURE

TEAMWORK • GAMES • FOOD

CHALLENGES • CAMPING • LEARNING

WHO SHOULD ATTEND?

NYLT is for Scouts who are likely to take on leadership positions in their Troop, Crew, Ship or home unit.

REQUIREMENTS

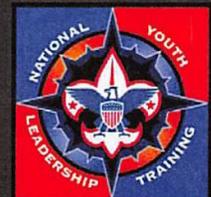
- 14 years or older (13 with permission)
- First Class Rank
- Scoutmaster approval
- Completed ILST*
- BSA Med Form: Parts A, B & C

NYLT is an *intense course* for *mature Scouts* who want to become *better leaders*. Scouts must be *respectful* of each other and their actions must be consistent with the *Scout Oath and Law*.

* Introduction to Leadership Skills for Troops (ILST), Crews (ILSC), or Ships (ILSS)

COURSE DATES

- 19-21 January & 16-18 February
Camp William B. Snyder
(Must complete both weekends)
- 16-21 June 2019
Cheltenham, MD
- 23-28 June 2019
Cheltenham, MD
- 28 July-2 August 2019
Camp William B. Snyder
- 4-9 August 2019
Camp William B. Snyder

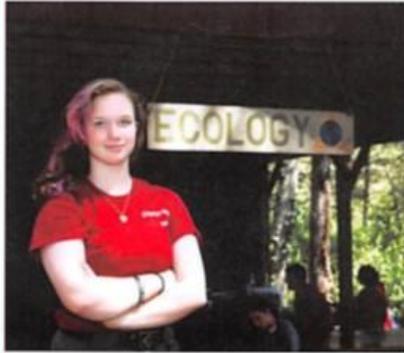


REGISTRATION AND MORE INFORMATION:

www.myNYLT.org



JOIN GOSHEN CAMP STAFF 2019!



GENERAL INFORMATION

Every year, the seven camps and which make up Goshen Scout Reservation employ close to 250 highly motivated individuals to participate in the experience of a lifetime.

Goshen is comprised of two Webelos Resident Camps, three Scout & Venturing Resident Camps, one High Adventure Base, and one Administrative Camp.

For all positions, the primary focus is delivering program to youth and adult participants, whether that's in a program area or a wilderness outpost. Other responsibilities include general duties based on the operations of camp.

At the resident camps (and for High Adventure staff when at base camp), staff have a canvas tent on a wooden platform to stay in and store personal equipment.

JOB REQUIREMENTS

We're seeking motivated and enthusiastic people who enjoy the outdoors. Prior experience in the Boy Scouts of America is not required.

Applicants must be 15 years of age or older to work at one of the Webelos or Scout/Venturing Resident Camps and 16 years of age to work at Lenhok'sin High Adventure Base and Camp Post. We are also seeking those 18 years of age and older for leadership and other positions.

Are you 14 years of age? Be a Counselor-in-Training at one of our resident camps.

Employment dates are from June 15 to August 7, 2019.

The National Capital Area Council, Boy Scouts of America, is an equal opportunity employer.

Please visit WWW.GOTOGOSHEN.ORG to learn more and apply!



CAMP SNYDER

NATIONAL CAPITAL AREA COUNCIL
BOY SCOUTS OF AMERICA

2019 SUMMER CAMP COUNSELORS WANTED!

WORK WITH CUB SCOUTS

LEAD FUN ACTIVITIES

GAIN VALUABLE EXPERIENCE

MAKE LIFELONG FRIENDS

BI-WEEKLY PAY + ROOM & BOARD

TRAINING BEGINS JUNE 29TH
CAMP ENDS AUGUST 16TH

Seeking friendly, outgoing, fun, and responsible individuals age 15 and up to be program wide Camp Counselors and age 18 and up to lead our Fort, Big Dig, Ship, Nature, and Handicraft program areas and to direct BB and Archery Ranges. We are looking for age 21 and up to direct Waterfront and Pool activities, as well as Camp Commissioner, Summer Director, and Program Director. Only 14 years old? Be a Counselor-in-Training!

LEARN MORE AND APPLY

www.GoToSnyder.org

