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From the District Chairman

Scouters, Scouts, and Families of Patriot District,

Wow, it’s February already!

What an historic moment for the Patriot District and Scouts everywhere! Scouts from Troop 1965 hosted a LAUNCH CEREMONY for new Troops for Girls on the first of February. The event, held at St. Stephens United Methodist Church, included a Flag Ceremony to unfurl new Troop flags and presentation of neckerchiefs to the new Scouts. More details and pictures are provided in the article on page 4.

Other great news: Our very own District Executive, Ashley Felton, will be recognized by National Scout Leadership at a Region Growth Conference hosted by Assistant Chief Scout Executive Patrick Sterrett in Philadelphia in early February as one of the 100 top unit-serving executives in the Northeast region with highest percentage of growth in their districts in 2018. Congratulations, Ashley!

We are well into the Friends of Scouting campaign. If your unit does not have a presentation planned, please contact Mark Greer, Vice Chair for Development, ASAP. Please encourage your families to participate! FOS is very important for the National Capital Area Council. Let’s keep a great Scouting program in the National Capital Area growing.

The annual Patriot District Pinewood Derby will be held on Saturday, March 2nd. I know that there are a lot of excited Cub Scouts waiting for this big event!

We have plenty of volunteer opportunities available District level. You can assist with something that is a once a year event, or you can take on responsibility for a more involved position. We have Scouter volunteer opportunities available on the District committee or as a member of the Commissioners Corps. For additional information, please feel free to approach me or any member of the committee at any time or at the next roundtable.

Each unit Key Three, please share this Patriot Press with your families this month. If you know a Scouter or family in the District that is not getting Patriot Press, please send their name to patriotdistrictcommunication@gmail.com. The Patriot District is a very active and successful district; let’s make sure everyone knows our story!

Spring is just around the corner and summer camp planning is underway. Always remember to keep the “outing” in Scouting, and get those campouts planned!

Yours in Scouting,

Steve

Steve Smith
Patriot District Committee Chair
From the District Commissioner

All of our units have completed the rechartering process and we’re the first district in the Council to get that behind us. Thanks to everyone who had a role in getting everything done and turned in to our district. We did have two packs that did not recharter, and one new pack was established, for a net loss of one unit. As the other NCAC districts continue to struggle with getting rechartering completed, Patriot can look to coming events.

By the time you read this, February 1st will have come and gone, but that date was a very significant one for the Boy Scouts of America. With the introduction of girls effective that date, the BSA program for 11-18-year-old boys dropped its traditional name and became Scouts BSA. The Patriot District will have about 60 girls joining our six new girl troops. These new troops and Scoutmasters are Troop 1345 (Kate Mattice), Troop 1347 (Jessica Norsky), Troop 1526 (Keith Robertory), Troop 1533 (Bob Phillips), Troop 1865 (Bob Novy), and Troop 1965 (Erica Hosken).

With rechartering comes a lot of volunteers taking on new positions. As everyone knows, Scouts BSA affords training for every registered position. We don’t expect someone to do a job without having the information needed to perform effectively. In looking at training records of Patriot’s units, the percentage of untrained volunteers in our units runs between 30 and 94%. I would encourage every registered volunteer to take the position specific training, which can be found on the my.scouting.org website. Another opportunity for training in general is the Council’s University of Scouting, which is scheduled to be held at Hayfield High School on February 23rd. The event offers over 200 different courses spread over several different colleges, and it provides a great opportunity to learn more about specific topics that interest you. Registration and the course catalog can be found on the home page of ncabsa.org website. Courses do have a limit on the number of students that can be accommodated, and course registration is on a first-come first-served basis, so sign up soon. Currently we only have about 25 out of a couple of hundred adults in our district registered.

Our Friends of Scouting (FOS) season has begun once again, and we frequently are asked “Why should I participate in this when I spend money on unit dues, uniforms, weekends camping, summer camp, etc?” One way to respond to the question is to use the iceberg analogy. What you see is about 20% of what Scouts BSA (i.e., the National Capital Area Council) provides. The money we raise goes toward a host of things such as volunteer and professional training, staff support, our camps and the upkeep of their facilities, camp rangers to look after our camps, postage, council website, and camp scholarships for Scouts needing assistance to enjoy the summer camping experience. These are only a few of the things your contributions go toward ensuring our youth are afforded the best possible Council support for their Scouting journey. So please consider participating in the FOS campaign this year, even if only at a modest level, when we come to your unit with a FOS presentation.

David Astle
District Commissioner
Patriot District Celebrates New Girl Troops and Scouts BSA

Friday, February 1st, was a great day for Scouting and the Patriot District! The BSA program for Scouts of ages 11-18 became Scouts BSA and the Boy Scouts of America organization expanded its ability to provide the great benefits of Scouting to many more youth by establishing girl troops. To celebrate this Scouting milestone, more than 200 Scouts, Scouters, and family members participated in a special Scouts BSA Ceremony at St. Stephen’s United Methodist Church. The event celebrated the formation of six new girl troops in the Patriot District. The new girl troops and their Scoutmasters are Troop 1345 (Kate Mattice), Troop 1347 (Jessica Norsky), Troop 1526 (Keith Robertory), Troop 1533 (Bob Phillips), Troop 1865 (Bob Novy), and Troop 1965 (Erica Hosken).

The celebration was hosted by Girl Troop 1965 and organized under the direction of Becky Clark, Committee Chair. The Troop SPL served as Master of Ceremonies. The event included traditional opening activities (presentation of the colors, the Pledge of Allegiance, and invocation); a candle lighting ceremony highlighting key aspects of Scouting; unfurling of the new Troop flags; welcoming remarks by Dave Astle, District Commissioner, and Steve Smith, District Committee Chair; and special recognition of each of new Troop and its founding Scouts and leaders. Following retirement of the colors, refreshments were served to all participants and attendees.

This was a great Scouting event. A hearty welcome to our new troops and to more than 60 new Scouts!
The Patriot Press

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Patriot District Events
Web Calendar: www.ncacbsa.org/patriot

February 2019
7 Roundtable
7 OA Chapter Meeting
12 Commissioner Meeting
16 Red Cross CPR/First Aid/AED Training
16-18 NYLT (winter session, weekend 2)
18 Presidents’ Day
23 University of Scouting
26 PD Committee Meeting

March 2019
2 Pinewood Derby
3 Patriot Press Deadline – March
7 Red Cross First Aid/CPR/AED Training – Session 1
9 Commissioner College
11 Red Cross First Aid/CPR/AED Training – Session 2
12 Commissioner Meeting
14 Roundtable
14 OA Chapter Meeting
26 PD Committee Meeting
29-30 IOLS
31 Patriot Press Deadline – April

April 2019
6 Life-to-Eagle Seminar
9 Commissioner Meeting
11 Roundtable
11 OA Chapter Meeting
12-14 OA Lodge Spring Fellowship
21 Easter
23 PD Committee Meeting
26-28 Patriot District Spring Camporee
28 Patriot Press Deadline – May

<table>
<thead>
<tr>
<th>BALOO Basic Adult Leader Outdoor Orientation</th>
<th>NYLT National Youth Leadership Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCOLS Back Country Outdoor Leader Skills</td>
<td>OA Order of the Arrow</td>
</tr>
<tr>
<td>CPST Cubmaster Position-Specific Training</td>
<td>SPST Scoutmaster Position-Specific Training</td>
</tr>
<tr>
<td>IOLS Introduction to Outdoor Leader Skills</td>
<td>VAPST Venture Advisor Position-Specific Training</td>
</tr>
<tr>
<td>JSN Join Scouting Night</td>
<td>VCPST Varsity Coach Position-Specific Training</td>
</tr>
<tr>
<td>NLE New Leader Essentials</td>
<td>VOA Venturing Officers Association</td>
</tr>
</tbody>
</table>

The best way to predict your future is to create it.

~ Abraham Lincoln (b. February 12, 1809)
Cub Scout Roundtable!

All Cub Scout Leaders, Come Out and Join us for Fun & Fellowship and to Pick-Up some New Ideas for your Pack and Den Programs!

The Purpose of the Roundtable:

To provide the skill to do – skills, techniques, information, program ideas – and the know-how that makes for successful unit operation.

To provide unit leadership with the will to do – the morale, enthusiasm, inspiration, and vision that periodically renew the desire to serve youth.

When: Thursday, February 7th, 2019

Where: Saint Stephen's United Methodist Church, 9203 Braddock Road

Midway: 7:30 – 8:00 PM, Roundtable: 8:00 – 9:00 PM

Topics: Summertime planning, outdoor coordinator position, and spring conservation project

Word of the month: Obedient

Please bring a snack to share!

Cory Okouchi, Cub Scout Roundtable Commissioner
cweskridge@gmail.com

Scout Roundtable

Not just for Scoutmasters

Patriot District Scout Roundtable
Thursday, February 7th, 2019

Saint Stephen's United Methodist Church, 9203 Braddock Road, Burke

Midway: 7:30 PM – Pre-Opening: 7:40 PM – Roundtable: 8:00 to 9:00 PM

Topics: Scout Spirit/Discipline, Guide to Safe Scouting, Scoutmaster Minute

Randy Witter, Scout Roundtable Commissioner
703-323-5220, Randy.Witter@gmail.com

Asst. Scout RT Commissioners: Joe Margraf, Rick Priest
University of Scouting 2019

Saturday, February 23, 2019
7:30 AM – 5:00 PM

Hayfield Elementary School
7630 Telegraph Road
Alexandria, VA

Tuition: $40.00

Online registration is now open and will close at midnight on Sunday, February 17, 2019. After that date, tuition increases to $60.00. Save the date and plan to register early.

Courses will be offered in five specific program areas:

1. Cub Scout College
2. Boy Scout College
3. College of Adventure
4. College of Effective Programs
5. College of District Operations

• Approximately 160 different classes will be offered throughout the day!

• Coursework leads to Bachelors, Masters, and Doctorate recognition. Enjoy a Scouting museum and vendor displays along the midway.

• This is an event not to be missed. It is the only time during the year where you can find in one place the widest variety of training opportunities.

• Last year, more than 900 Scouters attended this event!!! More information is available at http://www.ncacbsa.org/uos
STEM Courses at University of Scouting 2019

If you are looking for course concentrated on STEM topic, look no further. At the University of Scouting on February 23, the College of Elective Programs, will offer a dozen brand new ELC500 series courses:

ELC501 – STEM/Nova Counselor & Mentor Certification Training: The BSA STEM/Nova awards program incorporates learning with cool activities and exposure to STEM for you in all programs. This course is intended to provide you with the basic information you need to conduct successful Nova counseling and Supernova mentoring sessions and activities. Come to this exciting class and discover how the NOVA Awards Program helps youth be “Prepared for Life.” This is a TWO-HOUR course and requires two consecutive periods.

ELC502 – What are STEM Scouts? Using experiential activities and interaction with STEM professionals, the goal of the STEM Scouts program is to help young people grow in character and skills as they explore their curiosity about STEM fields. It is hoped that their growing knowledge will translate into the STEM-related careers that are so crucial to our country’s future economy. While the program focuses on future careers in STEM, it is ultimately designed to be challenging, thought provoking and, most importantly, fun. Learn about this new fun program now available in NCAC!

ELC503 – Scouts BSA & Venturing STEM Nova and Supernova Awards – A Roadmap to Success: This session will outline the BSA STEM Nova and Supernova Awards and provide a roadmap for a unit leader to guide successful implementation and a Scout’s achievement of these awards. Emphasis will be on the Scout BSA and Venturing programs to show how STEM can be integrated into troop activities and programs. Both “how-to” and “go-to” resources will be described to show how science, technology, engineering and mathematics can be utilized to provide a fun and engaging opportunity for our Scouts.

ELC504 – Sally’s STEM Shack Training: The National Capital Area Council recently opened up a makerspace at Camp Snyder called Sally’s STEM Shack. It’s a place with woodworking equipment, laser cutters, a 3D printer, CNC mill, soldering equipment etc. where units can hold pinewood derby build days, work on STEM adventures/Merit Badges and innovate. This class gives you the training you need to reserve this space for your next event!

ELC505 – How to plan a large STEM-themed event: Do you want to plan your own STEM Camporees? Or a STEM-focused event in your district like Geology Days or a Chess Tournament? Find out how you can tailor your idea into a successful unit or district event.

ELC506 – STEM and Special Needs: Every scout goes through life with unique skills and unique challenges. During this period we will provide experiences to help "temporarily able bodied" adults better understand how Cubs participating in the same STEM activity may experience it differently, how to understand "what works and what doesn’t" for each Scout, and how using an inclusive approach when planning and executing STEM programs makes them more meaningful for ALL scouts, whether or not they are identified as having "special needs."

ELC507 – STEM in Cub Scouting: STEM amounts to an investigation into how the world works the way it does. Boys and girls tend to have a natural curiosity, inclination, and proficiency toward STEM! In this course we will describe the nature of scientific inquiry and how to incorporate STEM thinking into the usual Cub Scout program to meet Scouting’s goals of character development, citizenship training, and personal fitness. We will also discuss how BSA’s exciting new Nova and Supernova STEM awards, complement and enrich the ordinary advancement and recognition program.

ELC508 – How to Incorporate STEM into you Scoutcraft Skills: Did you know that scoutcraft is a STEM activity? “Scoutcraft” refers to the skills and knowledge which are a core of our program, like camping, cooking, first aid, wilderness survival, orienteering and pioneering in STEM lingo, that means engineering, biology and chemistry.

ELC509 – Bungee Barbie® and Kamakaze Ken: Take this class to try out our STEM Bungee Jumping Challenge so you can plan a fun Supernova Mathematics Activity for Scouts BSA and Venturing youth!
ELC510 – STEMMING in the Outdoors: Why make STEM an indoors-only activity? Learn how to take STEM outside and incorporate it into your existing programs. Good for all leaders.

ELC511 – STEM Committee: Who We Are and What We Do: Meet some of the members of the STEM council committee and pick their brain a bit. You can ask questions from how to put STEM into your unit meetings to how do I get on the committee and help out at council events.

More About STEM

STEM Scouts is a national pilot program from the Boy Scouts of America (BSA). It is focused on fun ways for girls and boys to learn more about STEM subjects. Through hands-on activities delivered directly to the unit, this 26-week program is ultimately designed to be challenging, thought-provoking and, especially, fun.

How is the program delivered?

• The 26-week curriculum, designed and vetted by STEM educators, unfolds in modules that each address a single topic, such as chemistry or gravity, over several meetings. The activity materials for all meetings are shipped directly to the unit. At each meeting, STEM Scouts explore a hands-on activity. They rotate through different roles to learn leadership and cooperation, they discuss and apply the Scout Oath & Law, and they feature a STEM innovator or STEM professional who inspires the youth.

Who can join?

• The program is open to 3rd – 12th graders, split in three divisions: grades 3-5, 6-9, and 9-12.
• Starting a new STEM Scouts lab (unit) requires a minimum of 5 youth and 3 adults.
• The unit fee is $40; adult fee is $25 and youth fee is $200 (includes all activity materials).

Website: www.NCACBSA.org/STEMscouts  e-mail: STEM@NCACBSA.org  Phone: (301) 295-0601

STEM University June 19, 2019 Microsoft Technology Center in Reston, VA

This is the fourth annual STEM University held by the NCAC STEM Committee! This event is for youth and adults. Adults may select from several of the following classes: Nova Counselor & Supernova Mentor Training, STEM Scouts, BSA STEM Roadmap to Success, Cub Scouts Science, and how to organize a large STEM event. Youth are invited to display their Supernova projects at our Einstein’s Science Fair, or attend the hands-on activities rotations. The registration page will open in January 2019 on www.NCACBSA.org/STEM. In the meanwhile, please mark your calendars for STEM U 2019!
Pssst..., Guess what time of year it is (and no fair reading the article title)?  
That’s right, it’s Cub Scout Pinewood Derby season!!

No doubt our Cub Scouts in the Patriot District are creatively, diligently and safely(!) carving, sanding, painting, tuning, and primping their cars for the pinnacle of Cub Scouting fun: the annual Pinewood Derby!! The 2019 Patriot District Pinewood Derby will be held on Saturday, March 2, at Living Savior Lutheran Church located at 5500 Ox Road (Route 123) in Fairfax Station (same site as last year).

Cub Scouts will compete in either Speed or Show categories, with their respective Ranks/Dens. Registration and competition times for each Den are as listed in the table below. All participating Cub Scouts should plan to arrive early enough to get registered within the period specified for their rank. Registration lines will close promptly at the time indicated in order to help ensure that the overall competition schedule for the day can be maintained.

The Pinewood Derby Committee is pleased to announce that the world-renowned tag-team of Andy Chaves (Pack 1101) and Joe Margraf (Troop 1346) will once again be serving as Masters of Ceremony this year. Rumor has it that the event will feature an array of strange visitors, bad jokes, a return of the legendary “starter-plunger” and general goofiness, along with the finest Pinewood Derby competition in the BSA (yeah, we’re biased)! We look forward to having loads of fun again this year with all participating Scouts, families and friends.

Each Pack in the Patriot District may register one Cub Scout in each of six age/rank categories, and in one of two event competitive categories (either Speed or Show). Each Pack may therefore register up to 12 Cub Scouts total (but a Cub Scout may not compete in both Speed and Show categories).

The Patriot District Pinewood Derby is not an open event; all participants must be pre-registered by their respective Pack Committee. The registration fee for each participating Cub Scout is $10.00. Your Pack leadership has already received and should have disseminated the 2019 Patriot District Rules (the rules are essentially the same as last year). If you have any questions about the rules or need a copy of them, please contact Pete Griffiths at (571) 466-8679 or via email at PinewoodDerby.Patriot@gmail.com.

### Patriot District Pinewood Derby Schedule, 2 March 2019

<table>
<thead>
<tr>
<th>Rank/Den</th>
<th>Registration</th>
<th>Speed/Show Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lions</td>
<td>9:00 am to 9:50 am</td>
<td>10:00 am to 10:30 am</td>
</tr>
<tr>
<td>Tigers</td>
<td>10:00 am to 10:50 am</td>
<td>11:00 am to 11:30 am</td>
</tr>
<tr>
<td>Wolves</td>
<td>11:00 am to 11:50 am</td>
<td>12:00 pm to 12:30 pm</td>
</tr>
<tr>
<td>Bears</td>
<td>12:00 pm to 12:50 pm</td>
<td>1:00 pm to 1:30 pm</td>
</tr>
<tr>
<td>Webelos Scouts</td>
<td>1:00 pm to 1:50 pm</td>
<td>2:00 pm to 2:30 pm</td>
</tr>
<tr>
<td>Arrow of Light</td>
<td>2:00 pm to 2:50 pm</td>
<td>3:00 pm to 3:30 pm</td>
</tr>
</tbody>
</table>

Pete Griffiths  
Pinewood Derby Chair
Patriot District Spring Camporee: “Zombie Apocalypse”

April 26 – 28, 2019
Camp William B. Snyder
(571) 248-4904

The Patriot District Spring Camporee will be held the last weekend in April at Camp William B. Snyder in Haymarket, Virginia. The theme for the Camporee is “Zombie Apocalypse” – Scout Survival Skills in Action. The main element of the overall Camporee program will consist of a Patrol Survival Skills Competition. Scout patrols will be challenged at several stations to demonstrate their proficiency on basic Scout skills. Participating troops will be asked to sponsor a station and the senior Scouts running the station will work with members of the Order of the Arrow to organize and execute the competition.

Background: In 2010, while studying Ebola outbreaks and disease mutations, the Center for Disease Control (CDC) in Atlanta became concerned about the probable outbreak of ”zombie-like” epidemics. In 2011, the CDC published guidance concerning “How to survive a Zombie Apocalypse” and started coordinating with the Federal Emergency Management Administration (FEMA) in planning responses. Details are available at a FEMA website: https://www.fema.gov/blog/2011-05-19cdc-preparedness-101zombie-apocalypse.

Camporee scenario: An active Ebola outbreak in the Congo is out of control. Besides the Ebola epidemic there is a civil war raging in the affected area. Due to the violence, the World Health Organization (WHO) has pulled out United States and European medical teams. Additionally, there are persistent rumors that mutated individuals are showing zombie-like symptoms. The CDC speculates that the Ebola virus may spread to the United States by late summer or fall 2019. Should an epidemic appear, it could create zombie-like mutated individuals. Basic Scout skills to be evaluated at the camporee are recognized as being of critical importance to individual survival. These skills are consistent with skills recommended by the CDC and FEMA.

In addition to the Scout skills competition, Scouts participating in the camporee will have numerous other opportunities to challenge themselves and have fun. Activities will include air rifle marksmanship, archery, STEM activities, rock wall climbing, volley ball, and dodge ball (how do Scouts dodge zombie throws?). The camporee will also include all of the traditional events (opening and closing ceremonies, SPLs/Scoutmaster cracker barrel, outdoor religious services, Saturday night campfire, and OA call-out) that bring us together, as well as a special dessert competition. Scout teams will be encouraged to prepare and enter their favorite dessert, with no limit as to the number of teams that can participate. Deserts will be judged for their taste, presentation, and ingredients.

The camporee will be held from Friday night, April 26, until Sunday morning, April 28. All participants will camp on the camporee field at Camp Snyder. The cost is eighteen dollars ($18) per participant. There is no charge for adults who are just helping out on Saturday or Sunday and not camping overnight. Units must provide a tentative registration by Tuesday, April 2, 2019. It is important that units notify Pat Ring by e-mail (pring978camporee@gmail.com) or by phone (703) 674-6178 that they plan to attend the camporee, together with estimated numbers of Scouts and adults expected to participate. Final camporee registration and payment will take place Friday evening on-site as units arrive. Units and individual staff members are asked to pay by check made out to NCAC-BSA.

The Order of the Arrow will provide the Camporee Senior Patrol Leader and the Flag Detail for the Opening and Closing ceremonies. The Camporee Senior Patrol Leader is responsible for conducting the Camporee Opening and Closing ceremonies. Also, a member will act as the Master of Ceremonies for the Saturday night campfire. This is a great opportunity for a senior Scout to display his leadership abilities. The camporee is looking for at least two Scout buglers or trumpet players. Additionally, as always, the camporee staff is in need of adult volunteers to support the various events. Volunteers should phone William Dexter, the Camporee Director at (703) 978-2632 or send an e-mail to wtdexterjr@gmail.com.

Bill Dexter
Vice Chair, Program
Upcoming Patriot District and Other Training Activities

Registration is now open for University of Scouting, to be held on Saturday, February 23. Please register early to can get your choice of classes. Register at: https://scoutingevent.com/082-24188

Planned Patriot District Training

- March 29-30 – Introduction to Outdoor Leader Skills (IOLS) and Basic Adult Leader Outdoor Orientation (BALOO). Please register at: https://scoutingevent.com/082-PatriotSpring19IOLS

Upcoming Other Districts and NCAC Training Opportunities

- February 9 – Aquia District – Cub Scout Leader Position Specific Training
- February 9 – Aquia District – Den Chief Training
- February 23 – Colonial District – Scoutmaster Position Specific Training
- March 2 & April 27 – NCAC – Scoutmaster Position Specific Training (BCOLS)
- March 16 – NCAC – Den Chief Training Conference
- March 16 – Seneca District – Scoutmaster Position Specific Training
- March 16 – Seneca District – Commissioner Basic Training
- March 16 – Colonial – Scoutmaster Position Specific Training
- March 30 – NCAC – Leave No Trace Trainer Course – Outdoor Ethics
- April 5-6 – Aquia – BALOO
- April 6 – Colonial – Scoutmaster Position Specific Training
- April 13 – Powhatan – Scoutmaster Position Specific Training

Additionally, in conjunction with the Outdoor Preparedness Initiative (OPI), NCAC will soon be offering a number of session of Wilderness First Aid. There will be one session per month starting this month and continuing through May. If you are interested, you can find the dates and registration at: https://scoutingevent.com/082-24507

As always, help is still much needed to put on a full training program for the District. Please consider joining the training committee, a minimal commitment, and participating when you can to help train new generations of Scout leaders! Every Scout deserves a trained leader.

Justin Day
Training Chair

American Red Cross
CPR / First Aid / AED Training
Saturday, February 16, 2019 8:30 AM - 12:30 PM
The Church of the Good Shepherd
9350 Braddock Road, Burke, VA
Cost:$20 per participant
A few slots remain for the class.
Questions or to register contact: johnshep106@gmail.com
Patriot District Introduction to Outdoors Leader Skills (IOLS)

Patriot District will conduct an Introduction to Outdoors Leader Skills (IOLS) training course on March 29-30, 2019 at Camp Snyder. The course will follow the new curriculum published by BSA in 2018.

The course will start at 7 PM on Friday, March 29th with a robust “Cracker Barrel” and end by 6 PM on Saturday, March 30th, 2019. Attendees will enjoy the “Cracker Barrel” and be provided food to cook for breakfast and lunch. Attendees with special dietary needs need to notify the Quartermaster/Grub master, Don Northcutt by Tuesday, March 26, 2019 at (571) 232-6076 or DonaldNorthcutt@gmail.com.

Adult leaders will be divided into patrols and will model the patrol method during the course. There will be two patrols and the course needs two participants to volunteer before the course begins to serve as patrol leaders and bring a patrol cook kit with them. Patrol leader volunteers should contact the course Senior Patrol Leader, Justin Day, at (540) 308-1626 or kappasighacksaw@yahoo.com.

The cost for the course is $28 for students and $10 for instructors that are camping overnight. The course is free to instructors that are not camping. All participants who are camping need to register online with NCAC. Registration opened on January 18, 2019 and will end on Tuesday, March 26, 2019. A preliminary weather decision will be made on Wednesday, March 27th by the Camporee Director.

The director for IOLS is William Dexter, Patriot District Vice Chair, Program. He can be contacted by phone at (703) 978-2632 or by email at wtdexterjr@gmail.com.

2019 Events to Wear Your Uniform: Celebrate Fairfax, Burke Fest, Hooked on Scouting

This year’s Celebrate Fairfax event is scheduled for June 7th -9th at the Fairfax County Government Center. It is Northern Virginia’s largest community-wide celebration and takes place on the 25 acres of the Fairfax County Government Center. For the last two years our District has participated in this event by sponsoring the Climbing Wall. We are looking for anyone who wants to help run and staff this activity to allow the community to observe and experience Scouting fun. Even if you are just attending the event wear your uniform to “advertise” Scouting.

This year’s Burke Fest will be held on September 8th and 9th at the Burke Conservancy Festival Grounds, 6060 Burke Centre Parkway, Burke, VA. Some of our units participate in this event with their Chartered Organizations as a fund raiser, some units participate by putting on a display of a demonstration of Scouting such as a large monkey bridge, and some units participate in the opening parade. If you are planning to attend this event please wear your uniform to show your Scouting spirit and encourage others to join. For more info on Burke Fest 2019 please go to https://festivalnet.com/9106/Burke-Virginia/Festivals/Burke-Centre-Festival

Our Fall “Hooked on Scouting” event date will be announced soon. This event provides an opportunity for newly recruited Scouts to participate in fishing-oriented activities and fun. If you have an interest or experience in fishing please send contact Ashley Felton, Patriot District Executive at Ashley.felton@scouting.org or John Stewart, District Vice Chair for Membership, at john.r.stewart.mha@gmail.com.
Recruiting, Lions, Bridging Arrow of Light Scouts

Recruiting is a year-round activity. We should put an emphasis on it at meetings and activities throughout the year in seeking to attract new youth members at quality events. This doesn’t take away from our usual recruiting big pushes in the Spring and Fall, but it provides an opportunity at each meeting and event to let prospective Scouts and their parents see the fun of Scouting.

Attempt now to reach out to local preschools and other pre-K organizations such as MOPs to stimulate the interest of future kindergartners who can join Cub Scouting as Lions. We have done well with the addition of Lions as a permanent part of our Cub Scout Packs this year. Getting kindergartners to join us as Lions is important, but it is also important to ensure that they are having a GREAT Scouting experience at their twice a month gatherings (one meeting and one outing) so that they will want to continue on up the Cub Scout trail. Try to have for an “experienced” Den Leader to lead your Lion Den, or to have an experienced Leader help coach your new Lion Den Leaders.

At the other end of Cub Scouting experience are the second-year WEBELOS Scouts who have been working toward earning the Arrow of Light (AoL). They should be visiting Scouts BSA Troops as part of their AoL requirements. These Scouts and parents should both assess how well the visited Troops feel as a good “fit” as the decision is made regarding which unit to Bridge into upon award of the AoL. Packs should try to follow-up with their Bridging Scouts to ensure that there is a good hand-off to the gaining Troop.

Yours in Sharing Scouting,

John R. Stewart
Vice Chair, Membership
john.r.stewart.mha@gmail.com

Summer 2019 High Adventure Opportunities

Troop 1525 has some available slots for Scouts who would like to attend Sea Base or Northern Tier this summer. Three slots are available for Sea Base Keys Adventure from August 12-18. Interested Scouts or parents should contact Kate McManus at kate.mcmanus@berylresearchproject.com. The Troop also has room to add one Scout to its crew for a trek at Northern Tier from July 27 to 3 August 3. The point of contact for this trip is Mike Vassalotti, who can be reached at mjvassalotti@gmail.com.

This is a great opportunity for Scouts whose troop doesn’t have a high adventure activity scheduled this summer to participate in some great Scouting fun. If there are other troops with available slots in their high adventure crews this summer, please contact Dave Astle, District Commissioner (dave.sonia@verizon.net), who will assist in trying to fill them.
Youth Mental Health First Aid (YMHFA) Training Available at the Spring Camporee

The YMHFA course that folks in the Patriot District help coordinate is a nationally recognized course of instruction. A Patriot Scoutmaster discovered this course while researching training options after a Scout in his unit committed suicide. It is not a Scout course in that it’s not organized by the BSA, but we do have local leadership (the NCAC Chief Executive) permission to be advocates for this training in scout units. We work with the Fairfax County Mental Health department who provide the trained instructors. https://www.mentalhealthfirstaid.org/. The course is 8 hours long. You will receive a national certification after completion.

We’re offering the next iteration during the Patriot District spring camporee. You do not need to register for the camporee if you are only attending the class. If doing both (e.g., supporting your unit Fri and Sat night, but taking the class during the day on Saturday), then you do need to register for the camporee separately.

The training will take place on Saturday, April 27, at Camp Snyder from 9 AM – 6 PM with an hour for lunch (which you should bring). The cost is $30. All you need to register for the class is to send Mark Greer an email at mfgreer@verizon.net. He is also available to answer any questions at that email address.

Abira and the Mountain Performances
Unit Leaders: Please share with your Scouts and Families

The Connor Strong Foundation is sponsoring performances of the play Abira and the Mountain (created by A Place To Be – APTB) at Robinson High School. There are two presentations: Saturday, March 23, at 2 PM; and Tuesday, March 26, at 1:20 PM. The Patriot District has been asked to help publicize these performances. This activity is related to our ongoing efforts to promote a better understanding of Youth Mental Health. APTB is an organization dedicated to helping people face, navigate, and overcome life's challenges using clinically based practices of music therapy and expressive arts therapy. There is no charge for admission to these presentations.

Why attend? The play is a story about a young child born to a King and Queen. The child is different: she has cerebral palsy, is wheelchair bound, and has never been outside the walls of the castle because her parents are afraid that she might be mistreated. Her brother sneaks her out to the local village where she meets various individuals with special talents. Each actor/actress has some form of physical/mental/ emotional problem that they have accepted and overcome. The play has been shown to all Loudon Valley middle school students. At a performance at GMU Manassas, 900 middle school students overwhelmingly cheered the program. Most impressive was the insightful questions they asked of the cast at the conclusion of the performance. ConnorStrong and APTB are addressing teen mental health issues/suicide prevention in a number of different ways. Through their involvement, APTB performers demonstrate their ability to overcome their challenges and lead fruitful lives. Hopefully, an individual sitting in the audience who is facing their own set of internal challenges can gain strength by seeing Abira and the Mountain.
Troop 50’s 25th Anniversary Reunion

On January 5, 2019, Patriot District’s Troop 50 celebrated a major milestone. Troop 50, chartered by Holy Spirit Catholic Church in Annandale, has been continuously chartered and active for more than a quarter of a century. The chartering in May 1993 launched a vibrant Troop known for producing 142 Eagle Scouts, for high-impact Eagle Projects throughout the local area, and for frequent high-adventure trips. Both the Troop’s history and the anniversary reunion celebration merit special recognition at this historic moment.

The celebration featured a large display of historic photos, patrol flags, mementos, excerpts from past newsletters, and a slideshow. More than 230 current and former Scouts and leaders and their families were in attendance, and the night was very lively. The event included a full dinner showcasing Dutch oven cobbleris for dessert. The current Scoutmaster and Committee Chair welcomed the crowd and shared their reflections. The program paid special tribute to the founders who launched the Troop in 1993, and it closed with the “Original Scoutmaster’s Minute” from founding Scoutmaster Dennis McFaden. He recalled both the principles that have shaped the Troop over a quarter century, as well as some humorous moments from the early years. Of course, Scouts had a major role in the evening. The current Senior Patrol Leader served as Master of Ceremonies, and Troop historians presented the “Top Ten Moments” in Troop 50’s history. Five former SPLs and the current SPL organized a tribute to the Troop’s Scoutmasters. Of the ten Scoutmasters in the Troop 50’s history, eight were present to join in the celebration. All the Troop 50 Eagle Scouts in attendance had the chance to reconnect, and lots of old friendships were rekindled.

Troop 50 is going strong in its 26th year, and the Troop looks forward to celebrating more milestones and continuing to have significant impacts on its Scouts, families, and the community in the years ahead.

Current and former Scouts and leaders in attendance at the January 5th Troop 50 25th Anniversary Reunion
Eight of Troop 50’s 10 Scoutmasters (left to right): Craig Turner, RJ Levin, Mike Meenehan, Steve Polchek, Jon Regan, Dennis McFaden, Tim Ryder, and Dan Brunk

At least 35 of Troop 50’s 142 Eagle Scouts came out for the celebration.
FRIENDS OF SCOUTING 2019

Important Message for all Committee Chairs and Unit Leaders

It’s time to get your slot for the 2019 Friends of Scouting (FOS) Campaign. Please contact the District Vice-Chair for Finance, Mark Greer, to schedule your Family FOS presentation. Ideal times are Courts of Honor for Troops and General Meetings for Packs.

We need a date, time, and POC for every unit in the District.

So please take this opportunity to sit down at a computer right now and send an email to Mark Greer at mfgreer@verizon.net to schedule your presentation. Thanks!

Mark Greer
Vice Chair, Development

VFW 2019 Scout of the Year

Each year Veterans of Foreign Wars VFW Posts nationwide accept applications for SCOUT OF THE YEAR from Eagle Scouts, Girl Scouts Gold Award recipients, Venture Summit Award Recipients, and Sea Scout Quartermasters. Nationally, three Scouts are selected to receive a share of $10,000 scholarship money. The first step is to get complete information at vfw.org/community/youth-and-education/scout-of-the-year; the second step is to contact a local VFW Post at FairfaxVet@gmail.com.

The deadline for submitting an application to a local VFW Post is March 1, 2019.

Goshen 2019 Registration Is Open!

Get ready for Summer, 2019! Goshen registration opened October 1st. Check out the updated dates, fees, and all the new information on the Goshen website, https://www.gotogoshen.org/ Forming a new girls Troop in 2019 and want to reserve space? No problem! Reach out directly and we'll help you get started. Can't wait for next summer? Neither can we. Check out upcoming events in your own backyard at Camp William B. Snyder.

There is but one straight course, and that is to seek truth and pursue it steadily.

~ George Washington (b. February 22, 1732)
Join Scouting: Bring a Friend, March in a Parade, Community Events

There are many ways to share Scouting with others. Part of the sharing can be encouraging Scouts to “bring a friend” to a unit event that demonstrates the fun of Scouting. Another way is for your unit to find out when local community events are scheduled and then coordinating to participate in the event(s). These events can range from the unit conducting the opening flag ceremony and leading attendees in the Pledge of Allegiance; to marching in a community-wide parade for the 4th of July or other event; organizing a fundraising booth or assisting at a Scouting demonstration booth at events like Celebrate Fairfax, the Lake Accotink Cardboard Boat Regatta, or the City of Fairfax 4th of July Parade. Your unit might also attend fall Burkefest wearing your uniforms to hand out flyers.

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law. What better way is there to help others participate in the “lifelong learning” that Scouting is than to “show and tell” others how great the program is? Do your best to “share” Scouting in your daily life too by continuing to “do a good turn daily” and to “Be Prepared” for whatever may come your way.

Help other see and join in the Scouting adventure.

John Stewart
Vice Chair, Membership
john.r.stewart.mha@gmail.com
Be Prepared.
To Welcome Girls.

Do...
...ONLY use official Boy Scouts of America (BSA) materials, which are located on the BSA Brand Center, available at scoutingwire.org.

Don’t...
...compare the BSA programs to the Girl Scouts of the USA (GSUSA) programs.

Do...
...refer all questions about GSUSA programs to the local GSUSA council or GirlScouts.org.

Do...
...refer ALL media inquiries (TV, radio, newspapers, online) to the BSA PR team by email at pr@scouting.org.

Do...
...share your passion for the BSA. We believe the BSA offers the best program for youth, but we also believe it's important for youth to be involved in whichever programs they feel are the best fit for them.

A Scout is Courteous
The Boy Scouts of America applauds the work of the GSUSA in service to our nation’s youth and is committed to respecting the organization’s rights and programs.

Do...
...remember girls who will be in our programs will be members of the Boy Scouts of America. Never use the word “girl” before “Scouts.” This includes fliers, in conversation, social media, etc.

Do say:
• Join Troop 123 for girls.
• Our church has a boy troop and is forming a girl troop.
• Join the BSA. Find a troop for girls near you at BeAScout.org.

Don’t...
...use names, programs, marks, logos, or images of the GSUSA or combine them with those of the BSA.
B-P Still Wants You!

To Join the Patriot District Committee
Great Jobs for Great Volunteers

Take your Scouting leadership to an exciting and rewarding new level.

Work with other great Scouters providing great programs for great Scouts.

Yes, B-P Needs You...On the Patriot District Committee

The Patriot District thrives because of dedicated volunteers like yourself. In the units, you bring the promise of excellent programs and activities to the young people who join Scouting to have FUN! Now, as more and more girls join to share in the fun we have been providing since 1910, all Scouters have more and more opportunities to impact the adults of the future.

Behind all the programs and organized activities are a group of dedicated Scouters on the Patriot District Committee. The District Chair and the District Commissioner work with our District Executive, and the Program Chair has a staff for camporees, day camp, advancement, pinewood derby, STEM, Scouting for Food, and the all-important training all Scouters need to be effective in their unit roles. The Membership Chair facilitates attracting new Scouts. The Development Chair (formerly called Finance) leads the Friends of Scouting, Popcorn Kernel, and our internal fundraising among Scouters and families. The Patriot Press, our website and Facebook presence are overseen by the Communications Chair. And all of these important activities are enhanced by the supporting efforts of Order of the Arrow and our wonderful Roundtable Commissioners.

It takes a lot of people behind the curtain pulling everything together and making it work when your Pack, Troop, or Crew arrives ready to have fun and learn. Many of these District volunteers also are active in the units. How do busy Scouters find time to work with the District as well? Just one hour each week! We all know that’s not so, but by many people each doing one thing, we can accomplish a lot. It may sound impossible, but that’s exactly how it all works.

If you would like to learn how the District Committee can enhance your leadership skills and learn of the important contributions you can make to the continuing success of the Patriot Districts Scouting program, please contact me: DonaldNorthcutt@gmail.com  The District Committee meets at St. Stephen’s UMC at 7.30 PM on the 4th Tuesday of each month. Plan to join us at our next meeting on February 26!

Yours in Scouting,

Don Northcutt
Nominating Committee Chair
NYLT

National Youth Leadership Training (NYLT) equips young people with leadership skills to help them succeed in their Scouting program and in life. NYLT brings together Scouts from all over the council to learn and practice leadership techniques in a risk-free, Scout-friendly environment. The Scouts learn and practice leadership skills and styles together.

WHO SHOULD ATTEND?
NYLT is for Scouts who are likely to take on leadership positions in their Troop, Crew, Ship or home unit.

REQUIREMENTS
- 14 years or older (13 with permission)
- First Class Rank
- Scoutmaster approval
- Completed ILST*
- BSA Med Form Parts A, B & C

NYLT is an intense course for mature Scouts who want to become better leaders. Scouts must be respectful of each other and their actions must be consistent with the Scout Oath and Law.

* Introduction to Leadership Skills for Troops (ILST), Crews (ILSC), or Ships (ILSS)

COURSE DATES

- 19-21 January & 16-18 February
  Camp William B. Snyder
  (Must complete both weekends)

- 16-21 June 2019
  Cheltenham, MD

- 23-28 June 2019
  Cheltenham, MD

- 28 July-2 August 2019
  Camp William B. Snyder

- 4-9 August 2019
  Camp William B. Snyder

REGISTRATION AND MORE INFORMATION:

www.myNYLT.org
American Red Cross
First Aid-CPR-AED Certification Class

What: A course sponsored by the Jewish Committee on Scouting. Participants will earn the American Red Cross *First Aid-CPR-AED* certification. Note: BSA High Adventure programs require First Aid and CPR certified participants (and Wilderness First Aid certified participants) in each crew; it's a good idea to have several people certified, including youth members.

When: Session #1, 6:30 pm to 8:30 pm Thursday, March 7, 2019
Session #2, 6:30 pm to 8:30 pm Monday, March 11, 2019

Who: Leaders and Scouts, especially those going to Philmont, Sea Base, Northern Tier, etc. Others may sign up to participate on a space-available basis. Class size is limited.

Where: St. Stephen's United Methodist Church, 9203 Braddock Road, Burke, VA 22015

Register: Send the following contact information to: Philip Sternberg, phil.sternberg@gmail.com
- Name, Mailing Address, Email Address, home and cell phone numbers,
- BSA unit type and number, and BSA Personal ID number (from BSA membership card).
- Email this information as soon as possible to: phil.sternberg@gmail.com

Bring: Personal dinner and beverages, or "chip in" for pizza. We will have a working dinner, and lemonade and snack food refreshments will be available.

Cost: Thirty dollars ($30.00) covers American Red Cross fees and classroom training materials. Make checks out to “Jewish Committee on Scouting,” and write “ARC First Aid Training” on the memo line. Please provide payment due by Monday, 25 February 2019 to Philip Sternberg, P.O. Box 4052, Alexandria, VA 22303. Those with a financial need, please contact Philip Sternberg <phil.sternberg@gmail.com>.

I know in my heart that man is good, that what is right will always eventually triumph, and there’s purposes and worth to each and every life.

~ Ronald Reagan (b. February 6, 1911)
40 km CARPE Adventure Trek
CAT – 40
Saturday, March 9. 2019

Registration: NCAC Website → Select Calendar & Activities → Scroll to 9 March on Calendar

What: 40 kilometer (~25 mile) high adventure hike from Good Shepherd Parish (near Mount Vernon Mansion) to National Harbor’s The Awakening statue, returning to Good Shepherd Parish

Who: Troops, Venturing Crews, Sea Scout Ships, and Explorer Posts (and adult leaders)

When: 9 March 2019 (Second Saturday in March)

Why: A high adventure team-building experience for Scouts that also fulfills the Hiking Merit Badge 20-mile hike requirement

Hike Overview

This hike provides Scouts the opportunity to participate in a high adventure activity on the Potomac River’s scenic Mount Vernon Trail. The 40-km hike is equivalent to walking a marathon; successful completion will require adult leaders to ensure that Scouts are prepared for this distance through shakedown hikes. The 20-km hike (HALF-CAT) provides an opportunity for younger Scouts to develop and test their endurance in a safe-to-fail environment. The hike is “supported,” meaning there are Support Stops along the way that provide food, drink, first aid, encouragement, and bail-out options. The hike can also be used as a team-building and training event for Lenhok;sin, Philmont, or other backpacking adventures.

Volunteer-Based Participation

The Colonial District sponsors the CAT-40, but participating units from across the Council contribute the support staff that makes the event a successful one. Sometimes referred to as “pay to play,” participating units provide the adult volunteer support required to plan and execute the hike. Support levels are linked to the number of hikers from the respective unit. Units with large numbers of hikers are tasked to run full-service Support Stops, while units with fewer hikers are tasked to run smaller Support Stops or perform other duties as assigned (such as morning check-in, bicycle escorts, shuttle drivers, etc.). Units must provide adult volunteer support in order to register for the hike. The minimum unit signup is two hikers and one adult volunteer. Participating units may not register Scouts from other (i.e., non-volunteering) units.

Cost: $20 for CAT–40 (40 km); $15 for HALF-CAT (20 km)

Recognitions: Participating Units receive a CAT–40 flag streamer

All hikers receive a patch and Euro sticker

All hikers who complete 40 km also receive the coveted Cat Claw challenge coin

All hikers may purchase a wicked cool CAT–40 t-shirt
CAT–40 Hike Route

CAT–40 Point of Contact
Matt O’Brien, Hike Coordinator: va.mobrien@gmail.com
COLLEGE OF COMMISSIONER SERVICE

PREPARING TODAY’S YOUTH FOR TOMORROW

MARCH 9TH
ANNANDALE, VA

Join National Commissioner Ellie Morrison and other faculty from the National Commissioner Service Team.

REGISTER NOW
MYNCAC.ORG

Open to all adult volunteers. Sign up online by Feb 24th to receive commemorative patch and lunch for just $30.

facebook.com/myNCAC

college@myNCAC.org
DO SOMETHING COOL WITH YOUR SUMMER

JOIN GOSHEN CAMP STAFF 2019!

GENERAL INFORMATION
Every year, the seven camps and which make up Goshen Scout Reservation employ close to 250 highly motivated individuals to participate in the experience of a lifetime.

Goshen is comprised of two Webelos Resident Camps, three Scout & Venturing Resident Camps, one High Adventure Base, and one Administrative Camp.

For all positions, the primary focus is delivering program to youth and adult participants, whether that’s in a program area or a wilderness outpost. Other responsibilities include general duties based on the operations of camp.

At the resident camps (and for High Adventure staff when at base camp), staff have a canvas tent on a wooden platform to stay in and store personal equipment.

JOB REQUIREMENTS
We’re seeking motivated and enthusiastic people who enjoy the outdoors. Prior experience in the Boy Scouts of America is not required.

Applicants must be 15 years of age or older to work at one of the Webelos or Scout/Venturing Resident Camps and 16 years of age to work at Lenhok’sin High Adventure Base and Camp Post. We are also seeking those 18 years of age and older for leadership and other positions.

Are you 14 years of age? Be a Counselor-in-Training at one of our resident camps.

Employment dates are from June 15 to August 7, 2019.

The National Capital Area Council, Boy Scouts of America, is an equal opportunity employer.

Please visit WWW.GOTOGOSHEN.ORG to learn more and apply!
CAMP SNYDER
NATIONAL CAPITAL AREA COUNCIL
BOY SCOUTS OF AMERICA

2019 SUMMER CAMP COUNSELORS WANTED!

WORK WITH CUB SCOUTS
LEAD FUN ACTIVITIES
GAIN VALUABLE EXPERIENCE
MAKE LIFELONG FRIENDS
BI-WEEKLY PAY + ROOM & BOARD

TRAINING BEGINS JUNE 29TH
CAMP ENDS AUGUST 16TH

Seeking friendly, outgoing, fun, and responsible individuals age 15 and up to be program wide Camp Counselors and age 18 and up to lead our Fort, Big Dig, Ship, Nature, and Handicraft program areas and to direct BB and Archery Ranges. We are looking for age 21 and up to direct Waterfront and Pool activities, as well as Camp Commissioner, Summer Director, and Program Director. Only 14 years old? Be a Counselor-in-Training!

LEARN MORE AND APPLY
www.GoToSnyder.org