



# Goose Creek District Newsletter



June 2019

Volume 10, Issue 11

## Special Interest:

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
## Quick Calendar:

- Jun 7 – Last Day School
- Jun 12 – Roundtable
- Jun 15 – Soda Bottle Rocket Derby
- Jun 17-21 – Day/Twilight Camp
- Aug 14 - Roundtable

## Newsletter Key:

 Cub Scout Interest

 Boy Scout /  
Venturing Interest

 For Everyone

 New Article



from Bobwhite Blather: <https://bobwhiteblather.com/how-the-methods-strengthen-scouting/>

## How the Methods strengthen Scouting

The aims of the Boy Scouts of America – character development, citizenship training, and mental and physical fitness – are carried out through application of the methods of each program. You can probably name at least a few of them off the top of your head. Advancement, uniforming and the outdoors come to mind right away, but they all work together to help ensure that our core values are carried out.

For example, in Cub Scouting, the first two methods are Living the Ideals and Belonging to a Den. Den members help each other learn the Scout Oath and Scout Law and, through their actions, put those values into practice – by helping others, keeping active, and living up to the twelve points. Part of helping others is Serving the Neighborhood, helping neighbors, the needy, and family members, which wraps around to Family Involvement. Together with his or her family, the Cub Scout engages in Activities – fun things to do appropriate to age – and earns Advancement for doing so. It's all done in Uniform, which identifies the Scout as part of our movement, unifying their actions and equalizing the differences while giving the Scout a way to display his or her accomplishments.

In Scouts BSA, a similar dynamic is at work, relying on many of the same methods to accomplish our goals. It all starts with the Ideals of the Oath and Law which guides their actions. Instead of dens, there are Patrols where the Scouts interact with one another, planning and conducting activities in the Outdoors in conjunction with the resources available through Adult Association. In working together cooperatively, Leadership is developed, as the Scouts learn not only to be leaders but through being led. In the process, Scouts experience Personal Growth and through setting and achieving goals that are within the realm of their abilities, they complete Advancement in many forms – ranks, merit badges and special recognitions. Tying it all together is the Uniform, which every Scout wears and recognizes as the most visible symbol of Scouting.

As you can see, removing any of the methods of Scouting from these programs results in the loss of key elements. If the Patrol method is weak – patrols not meeting and carrying out hikes and campouts as a unit – other methods suffer, such as the Outdoors and Leadership. Without adult association, personal growth becomes more difficult, as adults are there to encourage Scouts to do their best and be continuously and incrementally advancing the goalposts of what “their best” is. And without a uniform, Scouts are just a bunch of young people. Imagine a soccer team where everyone wears what they want. It wouldn't be a very cohesive team, and neither is a troop, patrol, den or pack without uniforming.

Emphasize all of the methods of our program. Don't put one above or before another. Each one is essential to a successful Scouting program. Think of ways to reinforce all the methods of Scouting so as to give our young people the best of the best youth program available to them..

## District News

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)



### District Events for 2019-2020



For those who haven't checked out the district events on the NCAC calendar here are the following event dates:

**Webelos-o-ree** – Oct 12-13

**Scouting for Food:** Bag/Flyer Distribution Nov 2, Pickup Nov 9

**Annual Business Meeting:** Dec 18

**Freeze-o-ree:** TBD

**District Pinewood Derby:** Mar 7

**Spring Camporee:** Mar 27-29

**Day Camp:** TBD



### District Court of Honor



On May 1st we held the District Court of Honor to recognize those Scouts who made Eagle and the Scouters who have provided outstanding service to their units or to the district.

This year's District Award of Merit honorees were:

**Michael Capell**

**Pete Jones**

**Rob Painter**

**Sara Phillips** (to be awarded at Day Camp)

**John Witek**

Unit Volunteers of the Year who were recognized were:

Troop 572 – **Gordon Lane**

Pack 572 – **Arthur Pence**

Pack 910 – **Emily A. Kleinsmith**

Pack 950 – **Stephen Cook**

Troop 961 – **MaryAnn Stetter**

Pack 961 – **Amanda Yound**

Pack 961 – **Kathi Hottinger**

Pack 962 – **Shannon Wilt**

Pack 1148 – **Michael Mahoney**

Pack 1154 – **Trevor Alpeter**

Troop 1159 – **Elizabeth Kraatz**

Troop 1430 – **Michael Westberry**

Pack 1500 – **Jeff Wright**

Troop 2012 – **Michelle Moomey**

Troop 2970 – **Shawn Carroll**

Crew 1430 – **Lee Neuse**



## District Soda Bottle Rocket Derby - 2019



Troop 786 is organizing a Soda Bottle Rocket Derby that is open to all Cub Scouts, siblings, and friends.

**When:** Saturday, June 15, 9 AM to 4 PM. Each pack will select their own 2-hour assembly/launch window for the day. Last slot of the day is 2-4 PM.

**Where:** Enterprise Hall, George Washington University Campus @ RT 7, (44983 Knoll Sq., Ashburn VA 20147)

**Cost:** \$12 per participant (to be paid at the event). This covers the cost for all of the materials (except the soda bottle) needed to build the rockets and the patch. Patch will be given out at the event.

**Required:** Each participant must bring their own (empty) 20 oz. soda bottle

**Extra:** Dens can also build a bottle rocket in their den meeting using a 2-liter soda bottle and launch it at the event (limit one per den) and participate in the Best Rocket Award.

For more information and to register contact: [saleem.arif@gmail.com](mailto:saleem.arif@gmail.com) / 703-439-9600



## New Scouts BSA Female Troops



Goose Creek District is pleased to announce two new Scouts BSA Female Troops.

Troop 1158 in Ashburn is a linked Troop with Troop 1158B. It meets at Ashburn Presbyterian on Tuesday nights at 7pm. The Scoutmaster is Lynda Clarkson. Contact email is [scoutsbsafemale@gmail.com](mailto:scoutsbsafemale@gmail.com).

Troop 955 in Sterling is in the process of submitting their charter. It is holding organizing meetings at Galilee United Methodist in Sterling on Tuesday nights at 7:30 pm. The Scoutmaster is Suzi Bryant. The organizers are Ann & Tim Kuo. Contact email is [info.troop955@alpost150.org](mailto:info.troop955@alpost150.org).

Troops in Purcellville, Leesburg, and Sterling are still in the process of forming.

Our established & chartered Goose Creek Scouts BSA Female Troops in Ashburn, Leesburg, and South Riding have had a very successful spring program of meetings, hikes, trips, camping, rank advancement, and merit badges. They are all looking forward to an active summer, including Summer Camp, and are always welcoming new members.

- For Ashburn Troop 2970G contact SM Karen Rollason, [Karen.rollason@gmail.com](mailto:Karen.rollason@gmail.com).
- For Leesburg Troop 998G Contact CC Jen Swain, [swainjen@gmail.com](mailto:swainjen@gmail.com).
- For South Riding Troop 1148G Contact SM Stacey Capell, [scoutsbsagirls@gmail.com](mailto:scoutsbsagirls@gmail.com).

If you are interested in connecting with a Female Troop or looking to organize one, please contact Goose Creek Family Scouting Champion, Dave Weitzel, [david@weitzel.com](mailto:david@weitzel.com), or Todd Bolick, [Todd.Bolick@scouting.org](mailto:Todd.Bolick@scouting.org) for more information, resources, and recruiting materials.

## Webelos-o-ree 2019



The date for the Goose Creek's annual Webelos-o-ree is set for October 12-13, 2019 at Camp Snyder. This event is open to all Webelos so mark the date down on your calendar now. Note: Those that are currently Bears will be Webelos this fall and are eligible to attend.

This camping event is designed to show Webelos and their parents what a Scouts BSA troop is all about. The activities will be run by our own troops and can include such things as: Fire building, cooking, monkey bridge, BB shooting and/or archery, first aid, and knife safety. We provide dinner and in the evening there is a campfire run by the Order of the Arrow. For the adults we'll provide plenty of Scout leaders to answer questions about camping, joining a troop, and camping equipment. We will also hold a Webelos to Scout orientation for Arrow of Light Scouts.

The Webelos-o-ree starts off with an opening ceremony Saturday morning and wraps up Sunday after chapel services. For those who don't want to camp over, there are also registration options for staying just for the activity periods and for joining us for dinner and the campfire before going home.



## Commissioners Needed in Goose Creek District



Is your scout aging out of the Scout BSA program? If so, and if you're interested in staying in the Scouting program and willing to help other adults keep their units thriving, then we have a position for you!

The Goose Creek District currently has a shortage of Unit Commissioners to effectively provide quality commissioning service to our units. Our ratio of Units to UCs is too high at this time and we need to get it closer to the ideal ratio of 3:1. Now that BSA is adding young ladies to the program, we need both men and women to help our units through the transition.

### So, what is a Unit Commissioner?

A Unit Commissioner (UC) is a volunteer position that serves as a friend to their unit(s), and as a link between the unit and district to ensure Scouts are receiving a quality experience. A UC helps by ...

- Supporting unit growth and retention through the Journey to Excellence program
- Contacting units and capturing their strengths and needs in an on-line tool, and helping their unit develop a Unit Service Plan that enables continuous improvement.
- Linking unit needs to District Operating Committees and other resources
- Supporting timely unit, district and council charter renewals.
- Attending meetings and activities they'd like

### But I've never been a Commissioner; how can I help?

Fear not, training is available, both on-line and/or in-classroom. And what's probably more important is that you simply need a desire to help, and the willingness to find the right resource ... you don't need to know all the answers.

For more information, please visit <https://www.scouting.org/commissioners/> For more details on how to become a Unit Commissioner, contact John Witek @ [john.witek@goosecreekdistrict.org](mailto:john.witek@goosecreekdistrict.org) or call: 571.354.9904.



## Troop Participation in the Webelos-o-ree



At the Webelos-o-ree each troop selects an activity/skill that their Scouts teach the Webelos and their parents during a morning and afternoon session. And the cost? Nothing! There is no registration fee for Boy Scouts, even if they camp. The only thing required is a service project to help keep the event running (starting cooking fires, cleanup, food prep, etc.).

If your troop is interested in participating in this year's Webelos-o-ree, even if you were at last year's, please contact [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org) so we can coordinate the activities to be run. We have space for seven troops to camp over and, as always, there is no fee for troops to attend. They just have to supply their own food.

For the past few years we have tried to keep certain activities reserved for the troops that have done them in the past, this has often had us scrambling to fill them in when we finally heard that a troop doing one could not come that year. **This year all activity slots are open and will be given to the first troop that requests them.**

Possible Activities	Availability
Dutch Oven Cooking	Taken
Campfire/Stove Cooking	Open
Fire Building	Open
First Aid	Open
Monkey Bridge/Knots	Open
Knife Safety/Ax Yard	Open
Scout Games (no gaga pit this year)	Open
Survival	Open
Team Building	Open
Range Support (dependent on availability of range supervisors)	Open

We are also looking for some qualified range supervisors and 4-5 Scouts, age 13 and older, and some additional adults who would like to be part of the Webelos-o-ree staff. The service would include helping with the flag ceremonies, running the Webelos challenge event, working the food line for supper, assistance with the campfire, and general "go to" jobs during the day. Meals and work all provided free.

**The newsletter staff is taking the month of July off. The next district newsletter will be August 2019. Enjoy summer camp!**





## Loudoun County Youth Initiative Survey



The Loudoun County Youth Net Initiative is developing ways to improve and expand youth services in Loudoun County. They are launching an online survey of youth, parents, and providers to identify needs and make recommendations to the Board of Supervisors about youth services and activities in Loudoun County. As an active member of the Scouting community, they would greatly value your perspective and encourage your participation. To learn more about Youth Net and to complete the survey now, visit [www.loudoun.gov/youthnet](http://www.loudoun.gov/youthnet). The survey will be active through June 30, 2019.

They would really like to hear from as many youth and adults as possible. Please share this request with other parents and youths.

## “Onward and Upward” On the Advancement Trail



### New Eagles



Congratulations to Goose Creek’s newest Eagles:

**Jared Beasley** – Troop 950

**Ashton Datey** – Troop 1430

**Connor Kokel** – Troop 982

**Matthew LaClare** – Troop 1430

**Nicholas Nappi** – Troop 969

### Life-to-Eagle Seminar



Keep your eyes open for an announcement of our next 2019 offering of the Life-to-Eagle (L2E) Training for Goose Creek.

These training conferences are primarily targeted for the Life-to-Eagle Advisers & Coordinators at the unit level – but are by no means limited to same. Life Scouts and their parents are strongly encouraged to attend as well. The key goal is to get each of the unit Eagle Advisers up to speed on changes to the process, and some of the district-level mechanics of same. That way, they can help share the message to the Life Scouts in their units on a more frequent basis.

**Date:** TBD – either mid-July or mid-Aug 2019

**Time:** TBD – typically 10:30-2:30

**Place:** TBD – typically a Loudoun County Library meeting room

Then, the last L2E Seminar for 2019 is targeted for mid-November

Also, if you **ARE** a Life-to-Eagle Adviser or Advancement Chair for your Unit, and have not attended one of these in Goose Creek within the last 2 years, you **really** should make an attempt to do so. Lots of things have changed over the years, and even the long-standing and experienced L2E Advisers will learn something new.



## Does Helping Fellow Scouts Count for Service Requirements?



When someone needs help, Scouts are there to jump in and serve. That's what Scouts do, even when it's their fellow Scouts who are in need.

Service plays an integral part in rank advancement, so when Scouts help each other out, the question sometimes comes up: Can helping another Scouting unit count for service hours for advancement?

*Bryan on Scouting* received this question numerous times from Scouters with many different projects in question:

- Volunteering at Cub Scout day camp
- Improving trails at a council camp
- Helping a Cub Scout pack set up for a blue and gold banquet or Pinewood Derby
- Cleaning up another troop's trailer or meeting place
- Assisting Cub Scouts during a Cub Scout fundraiser

The simple answer is: Any of those projects could count.

With a unit leader's approval, many projects could count toward rank advancement. It is recommended the Scout consult with his or her leader prior to doing the work to prevent any later issues, but it's not necessary. It's also not necessary that all projects be done within unit-sponsored events. Here is some guidance for those types of projects:

<https://blog.scoutingmagazine.org/2013/05/17/service-hours/>

We also recommend that you encourage your Scouts to look for opportunities to help others wherever and whenever they can. You can point them to projects they can do for their fellow Scouts, chartered organization, community, environment and country. Here are 101 project ideas

(<https://blog.scoutingmagazine.org/2015/10/09/101-great-scout-service-project-ideas/>) to consider for you and your Scouts; make sure you consult the *Guide to Safe Scouting* for any and all ideas.

## NCAC Canoe Clinic - Canoeing Class



**What:** This class includes material from both the Canoeing merit badge and the ACA Level 1: Introduction to Canoeing course, and successful completion earns the Scout the Canoeing merit badge. It is intended to teach effective and efficient paddling skills, for future use in canoe touring or canoe tripping. It is the prerequisite to the canoe-tripping class.

**Where/When:**

- September 13-15 2019, Camp William B. Snyder. Registration deadline: Sept 1.

**Class Hours:** Friday 7pm-10pm, Saturday 8am-5pm, Sunday 8am-5pm.

**Cost:** \$35, which includes the Canoeing merit badge pamphlet.

Registration: <https://scoutingevent.com/082-27548>



## Upgrades to Internet Advancement



Good news for unit leaders who use Internet Advancement to track their Scouts' progress along the Scouting trail.

The BSA has introduced an array of upgrades designed to make your life easier. The improvements make inputting advancement updates faster, allow leaders to search advancement history in a snap and give Scouters more control over printable reports — like the kind used to make purchases at the Scout Shop.

And because sometimes those rare pockets of free time happen when you're away from your desktop or laptop, the BSA has optimized Internet Advancement for all devices: desktop, tablet or smartphone.

Internet Advancement is primarily used by unit leaders who have decided they aren't yet ready to switch over to Scoutbook. If you're already using Scoutbook's robust and user-friendly features, you can stop reading now. You already have these new features baked into the unit-management platform you love.

The previous version of Internet Advancement will be retired for all programs except Exploring on June 10, 2019. Non-Exploring units — that means Cub Scout packs, Scouts BSA troops, Venturing crews and Sea Scout ships — will have until June 10 to download any advancement forms they need from the previous version of Internet Advancement.

New features include:

- The ability for unit leaders to quickly select multiple youth before recording one or more advancements, speeding up data entry.
- A notification for unit leaders when youth have completed advancements. All pending items can be approved at once.
- The ability for unit leaders to quickly search the full advancement history for all youth in their unit using the activity tab. Search criteria may include youth name, rank, advancement type or advancement status.
- A choice of three reports — all of which can be run for one or more selected youth in the roster or for everyone in the roster if no one is selected. These reports are: Advancement History, Unit Roster and the Advancement Report, which is used to make purchases at the local Scout Shop.
- A Private Unit Forum, where unit leaders can hold private discussions within their unit. Go to [discussions.scouting.org](https://discussions.scouting.org) to give it a try.
- A unit roster that's fully searchable by youth name, member ID or rank.
- The ability for unit leaders with multiple units to quickly switch between units by clicking on their unit icon in the upper right corner.
- The ability for unit leaders with multiple units to save a default unit in their settings page so their device remembers which unit to load by default.
- Instant feedback if the unit leader attempts to record a rank out of order or after the youth has aged out of a program.
- The ability to provide a partially completed Eagle application for youth who have completed the Life rank. Unit leaders can find this by attempting to record the Eagle Rank for a youth.
- Unlike before, advancement approvals are immediately stored in the BSA database with the new version. There is no longer a "Submit to Council" step after users have approved all desired items



## Be Prepared to Earn Awards this Summer



You and your Scout might already be looking forward to summertime fun. It's a great time to get outdoors, earn some awards a little more conducive to the season and make lifelong memories. But to ensure maximum enjoyment, you should make sure you're in shape to accomplish your goals.

As Scouting magazine columnist Jeff Csatri points out in the latest issue, now is the time to get physically fit for the summer. His column on the Mile Swim BSA award (<https://scoutingmagazine.org/2019/04/go-the-extra-mile-for-the-mile-swim-bsa-award/>) breaks down how you can gradually train for the challenging award. The Boy Scouts of America offers many awards, some perfect to do during the summer, like hiking, conservation and, especially, aquatics.

To see a list of most of the awards that can be worked on over the summer by Cub Scouts, Scouts BSA, Sea Scouts, Venturers, and adults go to Bryan on Scouting's post at: <https://blog.scoutingmagazine.org/2019/04/25/be-prepared-to-earn-awards-this-summer/>

### Scuba Certification and Scuba Diving Merit Badge



**What:** PADI open water scuba certification and the BSA Scuba Diving merit badge.

**Who:** For any Scouts BSA-aged youth or adult leader.

**Where:** Camp Snyder & local quarry

**When:** Aug 4, 1-3pm; Aug 17 & 18 9am-5pm; Aug 24 & 25, 9am-1pm

**Cost:** \$600 (includes all equipment); Aug 25 Scuba diving merit badge session only - \$5

**Registration deadline:** July 29

**Registration:** <https://scoutingevent.com/082-25415>

### Sons of the American Revolution Eagle Recognition



The Colonel James Wood II Chapter of the Virginia Society, Sons of the American Revolution serving Northwestern Virginia invites you to recognize your Eagle Scout with a letter and certificate of recognition for their Court of Honor. Application is easy but can take 4-6 weeks for delivery due to the approval process.

Please provide the following information when ordering a letter and certificate:

1. Scout's Full Name:
2. Scouts' Troop Number:
3. Date for Court of Honor (if known):
4. Name/position of person requesting letter and certificate (for accounting purposes):
5. Address for mailing letter and certificate:

You may address all requests and inquiries to:

Robert Fagan  
Colonel, U.S. Army (Ret)  
Chapter Chairman, SAR Scouting Activities  
Email: [rjfm1f99@hotmail.com](mailto:rjfm1f99@hotmail.com)

## Aquatics Merit Badge Completion Day



If you end up with partial aquatics merit badges (swimming or lifesaving) at camp this summer then you'll probably want to go to Camp Snyder on Saturday August 17 to complete those requirements. They will have trained BSA aquatics instructors there to work with you on your remaining requirements.

Registration deadline is August 12. Cost is \$10 per person.

Registration: <https://scoutingevent.com/082-25418>

## Council / National News

Council Website: [www.NCACBSA.org](http://www.NCACBSA.org)



### Michael's Woodshop



Michael's Woodshop is one of the newest additions to the facilities at Camp William B. Snyder. It is a well outfitted shop with tools and work space to complete almost any wood working project. For a more detailed view of the tools and workspace, please view the photo gallery on the camp website.

Michael's Woodshop is available for use by Scouts and Units in the National Capital Area Council. Since opening in November 2018 we have had a great deal of activity in the shop. We hosted a series of Pinewood Derby Day workshops (over 250 Cub Scouts attended), held a number of Woodworking Merit Badge sessions, supported two District events and supported many Volunteer Service Days at Camp Snyder. In addition, we hosted our first Eagle Scout Project in May! Shop activities and events are led by an experienced group of volunteer Shop Stewards. Training is available for leaders interested in using the shop or running their own unit events.

Registration is now open for June and July Events

**Troop Trailer Day** – full shop access for Units to build out or renovate their trailer

**Woodwork Merit Badge** – classroom and shop sessions to work on merit badge requirements

**Woodworking 101** – introductory level class to teach basic woodworking skills

Michael's Woodshop may also be reserved for District Events, Unit Activities (all age groups), Eagle Scout Projects and other service projects and activities. Our volunteer Shop Stewards are available to provide assistance with event planning. To register for classes or for information about reserving Michael's Woodshop, please visit the Camp Snyder website at <https://www.gotosnyder.org/>

Michael's Woodshop was constructed and is operated entirely by volunteers. In addition, a majority of the tools and equipment were acquired through donations from the Scouting community. For more information about volunteering or if you would like to donate tools or equipment to the shop, please visit the Camp Snyder website or contact us at [Camp.Snyder@Scouting.Org](mailto:Camp.Snyder@Scouting.Org) (please include "woodshop" in your email subject line)



## Boys' Life Honored with Prestigious Publishing Award



Scouts know every issue of *Boys' Life* is full of fascinating features. Publishing industry leaders recognize that, too.

*Boys' Life* won a Maggie Award and was named a finalist in three other award categories.

The annual Maggie Awards, presented by the Western Publishing Association and B2B Media, are the country's longest reigning awards program in the publishing and media industries. This year marked the 67th installment of the awards, which are judged by industry peers and publishing executives. Some of the other 500 brands competing for awards included Variety, Sierra and PCWorld.

Senior Editor Aaron Derr's story "It's Our Duty to Help Others" in the March 2018 issue of *Boys' Life* (<https://boyslife.org/magazine/158400/inside-the-march-2018-issue/>) earned a Maggie Award as the best magazine news story of the year. The story featured Scouts doing their part to rebuild their communities after three devastating hurricanes in 2017.

"When disasters like this strike, it's an opportunity for Scouts to make a real impact in their community," Derr says. "I had the honor of speaking with dozens of youth and adults who could have been doing a million other things, but instead decided to spend their time picking up trash, serving food, collecting items, and otherwise spending time with their fellow citizens who had lost so much. Just talking to them was personally very inspiring."

That issue also was a finalist in the "Best Publication" category.

The August 2018 issue (<https://boyslife.org/magazine/160476/inside-the-august-2018-issue/>) was nominated in the "Best Special Issue" category. That issue specialized in summer reading featuring "The Gentleman and the Tiger," "And So Then I...", "The Nebula Secret," "Buffalo Smoke" and "Danny's Big Win."

In November's issue (<https://boyslife.org/magazine/161842/inside-the-november-2018-issue/>), the "Breaking into Backpacking" story, written by Derr, highlighted a Venturing crew's trek into the Mark Twain National Forest in Missouri. It was a finalist for "Best Feature Article."

If your boys or girls don't subscribe to *Boys' Life*, they're missing out on a key part of the Scouting experience. Use promo code DIGPRT12 to subscribe for half-price at <https://boyslife.org/subscribe-now/>

## Mount Vernon Celebrates Scouting



In celebration of the World Scout Jamboree in West Virginia, Mount Vernon is offering a special program for scouts July 15 - August 9. On these days, scout troops can visit the Ford Orientation for a greeting and orientation, participate in a flag raising, and participate in activities to earn badges.

Discounts: Special admission price for scouts \$8.

To make a reservation or find out more about the type of activities go to: [www.mountvernon.org/plan-your-visit/group-reservations/student-groups/boys-girls-scouts/](http://www.mountvernon.org/plan-your-visit/group-reservations/student-groups/boys-girls-scouts/)



## When a Bakery Tells You It Won't Put a Trademarked BSA Logo on your Cake



Plans for the Eagle Scout court of honor were chugging along until the parents started looking for a bakery to prepare an Eagle Scout-themed cake for the big day. Bakery after bakery told them they wouldn't put any trademarked BSA logos on the cake.

It's common for bakeries to take that approach with trademarked logos and insignia, requiring you to take additional steps before they'll make a cake featuring an MLB team, Marvel character, the Coca-Cola logo and more.

That's why the BSA developed a simple process so bakeries can make that BSA-themed cake for you. It's completely free, but you'll need to allow two or three days for the BSA to process your request.

Use the steps below for courts of honor, blue and gold banquets, district or council dinners, or any other Scouting celebration involving edible BSA-decorated or BSA-themed cakes.

### Step 1: Plan ahead

The BSA gets a ton of requests, so allow for two to three business days to process the cake release form. That doesn't include the several days' notice the bakery will need to make the actual cake.

### Step 2: Find your bakery

Select a bakery and make sure they're able to produce the design you want for your special Scouting day.

The BSA does not provide artwork to bakeries, so make sure the bakery can create the sugary dessert themselves. For a visual guide, consult this repository of BSA logos: <https://scouting.webdamdb.com/bp#/folder/564999/>

Once you've found a suitable bakery, be sure to get the name of the bakery and the bakery's mailing address. You'll need that for step 3.

### Step 3: Complete the form

Next, complete the form found at <http://licensingbsa.org/trademarks/cake-request/>.

Filling out the form takes about three minutes. You'll need the bakery's name and address, the date of the event, and the name of your council.

### Step 4: Wait for the form and take it to your bakery

Within two to three business days after the form has been submitted, the BSA will send you an electronic document you can take directly to the bakery so they can get started on your order.

### Step 5: Pick up the cake; eat the cake

Go ahead and grab an extra piece. You earned it.

Oh, and be sure to send a picture of the cake to Scouting magazine: <https://scoutingmagazine.org/contact/send-in-your-photos-for-show-tell/>





## Parental Tips for Preventing Homesickness at Summer Camp



It is not at all uncommon for kids to get homesick at camp, especially their first time. Parents can do a lot to help with the situation. These recommended steps may seem counter-intuitive in some cases, but they're based on many years of summer camp experience. The key is helping the boy to live in the moment – to stay focused on the activities he's involved in at camp rather than dwelling on what he's missing back home.

- It helps if your son attends Webelos resident camp with a parent along, before he first goes off to Boy Scout camp on his own for a week. Although he may still get homesick his first time at camp without you, he will get over it more quickly because camp is not a totally unfamiliar experience.
- Your attitude before camp makes a huge difference. As much as you might want to tell your son how much you (and his siblings, Grandma, the dog, etc.) will miss him ... don't. We are not suggesting you lie to him about it or act as if you're glad to get rid of him, but focus your conversations on the things he will be doing at camp, rather than what he will be missing at home.
- Do not make promises that you will come get him early if.... Instead, help him to focus on how he can use the resources available to him at camp – his fellow campers, unit leaders, and the camp staff – to deal with any problems or concerns he has while away.
- Send letters or even care packages. Make sure you mail them early enough to get to camp while he's there. If you send them early, mark on the envelope what day you want us to give them to him. Keep the letters positive, and again focus on what a good time he must be having at camp, rather than what he is missing at home. And whatever you do, don't say that you miss him (even though you do). This can often trigger a major case of homesickness.
- Don't plan on phone calls to or from camp. Do not ask your son to call you and do not promise to call him. Most camps have limited phone service that might make it impossible for him to call or for you to reach him. More importantly, experience shows that boys often become more homesick, not less, after a call home. Talking to Mom or Dad makes them focus on what's happening at home rather than what's going on at camp.

For the same reason, do not allow your son to take a cell phone to camp, even if there is cell service available.

LOL



The US Forest Service, 1998, received these actual comments from backpackers after wilderness camping trips:

- Too many bugs and spiders. Please spray the area to get rid of these pests.
- Trails need to be reconstructed. Please avoid building trails that go uphill.
- Chairlifts are needed so we can get to the wonderful views without having to hike to them.
- A McDonald's would be nice at trailhead.
- Too many rocks in the mountains.
- The coyotes made too much noise last night and kept me awake. Please eradicate these annoying animals.





## Sunscreen: You're Doing It Wrong



**True or False** – sunscreen should be rubbed in thoroughly to protect skin from dangerous sun rays.

**False.** Sunscreen should not be rubbed in vigorously upon application. Simply, if you rub it in too much, you're essentially wiping it off and losing your barrier to the sun. And it's a safe bet you don't apply enough of the stuff – most people don't.

After slathering on some sunscreen and applying it according to label instructions, your or your kids' sunscreen might leave a white layer on top of your skin (yes, think the lifeguard look). That's OK.

Proper sun protection is a necessity for heading outdoors. This is especially true for sensitive skin most frequently exposed to the sun.

"Use sunscreen to protect exposed skin, giving special attention to your face, ears, nose, and neck," the Boy Scouts of America's Fieldbook explains.

Always follow the application instructions on your sunscreen bottle (or can if you're using a spray applicator).

Also, be aware of the elements. If you're using a spray sunscreen and applying it in windy conditions, take extra care to make sure you're in the path of the sunscreen stream. If you or your kids go for a swim or get wet, apply sunscreen more frequently (even if your brand is water resistant).



## Making Sense of SPF



SPF stands for "sun protection factor." And the numbers included after "SPF" on your sunscreen indicate what level of protection is offered.

The Fieldbook states, "An SPF of 25 shields skin from about 94 percent of damaging rays and provides 15 times the protection of no sunscreen at all, provided that the the sunscreen has been applied according to label instructions."

And yes, going up to SPF 30 offers higher protection from the sun – 30 times the protection of no sunscreen to be exact. That means it's filtering out 97 percent of harmful rays.

But here's where it gets tricky.

"SPF numbers above 30, however, add only marginally more protection," the Fieldbook says.

So grab a bottle or spray can of SPF 25 or 30 if you want effective protection. Then, apply it correctly and liberally.

Remember: use a lot, create an even layer/barrier, and don't rub it in too much. A (possibly visible) layer of sunscreen will keep you and your kids safe in the fun of the sun.



## How to Prevent and Overcome Heat Exhaustion



From *Scouting* magazine, <http://scoutingmagazine.org/2015/04/how-to-survive-heat-exhaustion/>

**Emergency Situation:** You're hiking with some friends in July at Zion National Park. It's high noon when you begin to feel faint. Sweat pours down your forehead and into your eyes, causing you to stumble down the trail. You're dizzy. You open your canteen for a drink of water, but it's empty. Your pulse quickens, and then you collapse.

**Solution:** First, choose wisely when planning your summer hikes. Walking in the desert at noon puts you at a higher risk for overheating. If you must hike when it's hotter (noon versus early morning), always carry extra hydration and dress for the expected temperatures.

Now let's make a distinction: Heat exhaustion is different from heat stroke. This column deals with the former, which can lead to the latter — but they are not the same thing. Heat stroke is a serious condition that can be fatal and demands urgent hospital care. (Recovery requires immediate full-body cooling to avoid permanent brain injury or death.)

Heat exhaustion, while serious, can be field-treated in most cases if you know what you're doing.

Heat exhaustion is the body's way of telling you that it's water- and salt-depleted, typically because of excessive perspiration without proper replenishment. There are numerous signs of the condition: profuse sweating (as the body tries to cool itself), dizziness, fatigue and muscle cramps. Other signs might be less obvious: general confusion, very dark yellow (or even brownish) urine, nausea and a rapid heart rate.

The first step in treating heat exhaustion is to stop, sit and cool down. Next, move to a cool(er) place. If you're near a swimming hole or an air-conditioned building, go for it. It's more likely you're near an air-conditioned car: Use one, if it's close. If not, move to a shady spot (try a north-facing slope).

Once you cease activity, rehydrate slowly while removing tight-fitting clothing. Water is a good choice. But because heat exhaustion might also be caused by mineral depletion, electrolyte-enhanced sports drinks are also effective. If a banana is available, eat one for added mineral replenishment. Salt tablets can also be dissolved in water, but don't overdo it ... you're trying to rehydrate, not dehydrate. Rehydrate with a mouthful of liquid at a time. This should eventually lead to urination, a sign that the kidneys are functioning normally and the body is no longer fluid-depleted.

There are additional ways to treat heat exhaustion. Full-body immersion in cool water is ideal. If you have water to spare, cool the victim's skin with dampened T-shirts. Also, fanning speeds up the skin-cooling effects of sweating. Use a map, book, magazine or hat. A few people fanning the overheated hiker can be helpful.

Recovery times vary for heat exhaustion. Don't expect someone to take off down the trail after swallowing some Gatorade. Activity should be kept to a minimum. If you need to hike out, wait until it's cooler and then take your time.

## 2020 NCAC Philmont Trips Available!



Are you yearning for a High Adventure Expedition to Philmont Scout Ranch in 2020 but thought there were no openings left? NCAC's High Adventure Committee (HAC) now has an allocation of 2020 Philmont treks available for units or individuals!

Logistics for these trips are totally handled by the HAC, freeing you to focus on your crew's physical and mental preparation. This opportunity is particularly beneficial if your unit hasn't planned a High Adventure trip in a while, or if you are newly-formed like the Girl Troops being created thru-out Goose Creek. Philmont contains over 140,000 acres of mountain terrain, making it the largest organized youth camp in the world. You and your buddies can make this trip of a lifetime come true next year!

Three trip dates are available:

- Arriving Philmont Monday, June 22, 2020 and returning home Saturday, July 4, 2020
- Arriving Philmont Tuesday, July 14, 2020 and returning home Sunday, July 26, 2020
- Arriving Philmont Monday, July 20, 2020 and returning home Saturday, August 1, 2020

Total cost is estimated at \$2550 and includes all air and ground transportation, lodging, meals, sightseeing activities (whitewater rafting and other local outdoor tours) and the Philmont base fee. Two other lower-cost options are available at \$2350 or \$2200, without the tours and sightseeing.

These trips will go fast! Reserve your spot today by completing the 2020 Philmont application found at: <https://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/> and securing it with a \$100 deposit. Contact HAC Chair John Blackwell at 301-346-0551 or [john.blackwell@goosecreekdistrict.org](mailto:john.blackwell@goosecreekdistrict.org) as needed.

With decades of collective experience developing and leading High Adventure programs, the HAC is also a resource for experienced crews planning their own excursions. We provide comprehensive Philmont and Northern Tier training sessions which are open to all participants, not just those on NCAC trips. You can also book a HAC'er to deliver a custom HA presentation directly to your unit. For example, a new session just created this Spring, "Oh, the Places You'll Go!" introduces Arrow of Light Cub Scouts to the High Adventures that await them in the Troop they'll soon join.

The HAC maintains a cache of information on the three other BSA National High Adventure Bases (Northern Tier, Sea Base, and Summit Reserve), plus data on even more adventures at locally-operated bases such as Lenhok'sin (Goshen), Maine, Adirondacks, Louisiana Bayou country, Montana and Utah.

## How to Join the BSA Contingent at Scouting Events in Brazil or Poland in 2020



The signature event of international Scouting is the World Scout Jamboree, held every four years. This summer's World Scout Jamboree at the Summit Bechtel Reserve will be the first on U.S. soil since 1967.

But the excitement, camaraderie and unity of world Scouting doesn't end when the tents come down in West Virginia. In 2020, the BSA will send a contingent of Scouts and adult leaders to international Scouting events in Brazil and Poland. Registered BSA members who meet the age requirements are invited to attend as participants or unit leaders. They also may apply to serve on staff, known in world Scouting parlance as the International Service Team.

For each event, the cost for youth and adult participants includes event registration, round-trip travel, custom contingent swag and event-specific insurance.



### JamCam 2020

- What: The Interamerican Region JamCam, bringing together Scouts and leaders from all over North America, Central America, South America and the Caribbean. It's a weeklong jamboree/camporee (hence the name JamCam) that aims to strengthen the bonds of Scout values.
- When: Jan. 4 to 10, 2020
- Where: Foz do Iguaçu, Brazil, the main base for visiting the famous Iguaçu Waterfalls
- Age requirements (youth): Boys or girls must be age 15 to 17 (with birthdays between Jan. 11, 2002, and Jan. 3, 2005)
- Age requirements (adults): Unit Leaders must be age 21 or older (birthday before Jan. 4, 1999); members of the International Service must be 18 or older (birthday before Jan. 4, 2002)
- Cost: \$4,400 for youth participants or adult until leaders, \$780 for members of the International Service Team (IST fee does not include travel)
- Learn more at [www.scouting.org/international/events/jamcam-2020/](http://www.scouting.org/international/events/jamcam-2020/)

### European Jamboree 2020

- What: The European Jamboree, the first such event since 2005. Participants will use their Scouting skills to make new friends and learn how to make a difference in the world.
- When: July 27 to Aug. 6, 2020
- Where: Gdańsk, Poland
- Age requirements (youth): Boys or girls must be age 14 to 17 (with birthdays between Aug. 6, 2002, and July 26, 2006)
- Age requirements (adults): Unit Leaders must be age 21 or older (birthday before July 27, 1999); members of the International Service must be 18 or older (birthday before July 27, 2002)
- Cost: \$3,300 for youth participants or adult until leaders, \$650 for members of the International Service Team (IST fee does not include travel)
- Learn more at [www.scouting.org/international/events/european-jamboree-2020/](http://www.scouting.org/international/events/european-jamboree-2020/)



## ScubaJam 2019



**What:** The ScubaJam Virginia program was created to provide a great SCUBA diving experience to BSA registered youths, boys and girls, ages 11-20. The event has been created by interested divers representing dive shops, scuba training operations, and various BSA Troops and Venturing Crews.

**Where:** 1754 Timberwood Blvd, Charlottesville, VA 22911

**When:** Aug 30 – Sep 2, 2019

**Cost and Registration:** [www.scubajam-va.org](http://www.scubajam-va.org) (Note: ScubaJam is not a BSA sponsored event but rather an event provided for BSA Units and Crews).

### Prerequisites for Participation:

- Youth must be 11-20 years of age
- Hold an Open Water Certification Card or be under the training supervision of a current and insured Scuba Instructor (Non Divers are welcome to camp and snorkel. Or better yet – get certified before you arrive!); and
- Be registered with a participating BSA Troop or Crew or other youth group and the group must (1) register themselves and their members with the event, (2) take responsibility for meeting youth protection and control requirements of their respective organizations and (3) must have a dive professional attached to the registration. If you are a small group of less than 6 youth divers or an individual, please contact [info@scubajam-va.org](mailto:info@scubajam-va.org). Volunteer staff can assist you with joining another small group and if needed, ensure you have a Dive Pro available for a safe diving experience.

## How to visit the 2019 World Scout Jamboree: Day Passes, Dates and Details



This summer, get a taste of the worldwide fellowship of Scouting without even leaving the country.

Day passes for the 2019 World Scout Jamboree are now available, giving everyone a chance to experience this summer's global gathering of Scouts.

If your summer plans don't involve attending the World Scout Jamboree or serving on staff (known as the International Service Team), point your compass to the Summit Bechtel Reserve in West Virginia.

Jamboree visitors can sample unique food, learn about other cultures and meet Scouts from the more than 150 countries represented. They'll also be part of a World Scouting tradition that began in 1920 with the first World Scout Jamboree.

This summer's big event is just the 24th World Scout Jamboree in history and only the second in the United States. (The other was in 1967 at Farragut State Park in Idaho.)

Here's everything you need to Be Prepared for this once-in-a-lifetime event:

<https://blog.scoutingmagazine.org/2019/03/21/how-to-visit-the-2019-world-scout-jamboree-day-passes-dates-and-details/>



## Podcasts



### June 2019 – Preview Adventures



We've got something brand new to talk about for this episode, something called (drum roll, please) preview adventures. Hmm, you might be saying to yourself, I wonder what that's about?

Joining us to tell us all about this exciting new initiative is Lisa Wylie, the brand-new chair for the National Cub Scouting Committee.

Podcast: <https://podcast.scouting.org/cubcast/2019/june-2019-preview-adventures/>



### June 2019 – Security



Imagine this: Your unit is ready to depart for a big adventure. All the Scouts and adult volunteers are on time, the weather is perfect, and everything is ready. Then you realize you're missing something, and it's a big something: Your unit's trailer and all the gear inside—hundreds or even thousands of dollars' worth of stuff—is gone, all gone. So, after you call the police, you might be asking yourself, how can we make sure our stuff is secure?

Keeping Scouts, volunteers, and their gear safe and sound—whether at your meeting place or on the trail—is Richard Bourlon's mission in life. Richard is the team lead for Health and Safety Services here at the national service center and will share with us some do's and don'ts and helpful tips to keep everyone and everything safe and secure.

Podcast: <https://podcast.scouting.org/scoutcast/2019/june-2019-security/>



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## Training Opportunities



### Pow Wow 2019



Cub Scout Leaders save the date, November 16, 2019, for National Capital Council's Cub Scout Leader's Pow Wow (the Super Bowl of Training for Cub Scout Leaders)

Location: TBD

Date: Saturday, November 16, 2019

### Powder Horn 2019



#### What is Powder Horn?

In Scouting, Powder Horn is the vessel to sustain the spirit of the outdoors in our youth today. Along with the spirit of the outdoors, you will also gather knowledge to share, motivate and direct youth. Powder Horn will give you the necessary skills to oversee a high adventure program. It will also help you identify local resources for your group's program.

#### What do I need to do before the course?

Complete the following on-line trainings at My.Scouting.org:

- Youth Protection: Boy Scout or Venturing
- Safety Afloat
- Safe Swim Defense
- Weather Hazard
- Climb on Safely
- Trek Safely

#### What will we do?

Powder Horn is organized around the Venturing Program's High Adventure elements and Boy Scouting's High Adventure Merit badge elements. It is intended to help adult leaders get started finding and using the resources for high-adventure programs.

#### Who can attend Powder Horn?

All registered adult leaders and youth (14 and up) are welcome. All participants must be registered members of the Boy Scouts of America. Adults must have completed Leader Specific Training for your registered position.

Youth participants will be provided a Personal Resource Questionnaire which must be completed by the applicant; a letter of recommendation from their Scoutmaster or Advisor is also required.

**When:** 24 – 26 August 2019 (Saturday – Monday)

**Where:** Camp St Charles, 15375 Stella Maris Dr, Newberg, MD 20664

**Registration:** <https://scoutingevent.com/082-24637>

**Cost:** \$300, \$350 if registered after May 5, 2019.

## Aquatics Supervision Training: Paddle Craft Safety (PCS)



**What:** This is the hands-on training that is recommended in Safety Afloat guidelines for anyone conducting Scout boating activities. Two versions of the course are offered: The Basic course covers flat water introductory boating skills and basic trip planning. The River course includes skills and knowledge development that are required for conducting trips on moving water. The Basic course is a prerequisite for the moving water course.

These courses are required for any NCAC Scouters who are leading James River Canoe Treks out of the Lenhok'sin High Adventure Camp.

**Who:** Older youth (min. 15 years old) and adult leaders.

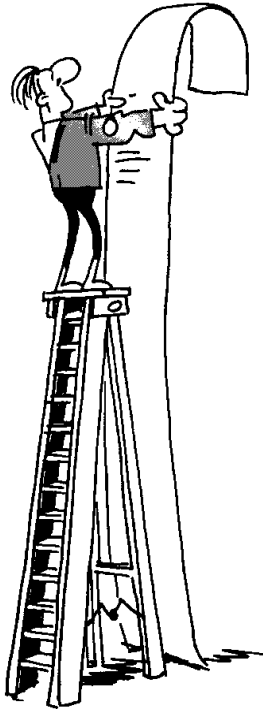
**Where/When:**

- Basic sessions .
  - September 21, 2019, 9am-5pm Camp William B. Snyder. Registration deadline: Sept 16Cost: \$30 + \$30 for the required textbook: BSA's Aquatics Supervision
- River sessions.
  - September 22, 2019, 9am-5pm Potomac River. Registration deadline: Sept 16Cost: \$50

**Registration:**

- basic - <https://scoutingevent.com/082-25420>
- river - <https://scoutingevent.com/082-25419>

# District Calendar



**June 2019**  
 12 Roundtable  
 12 OA Chapter Meeting  
 15 **District Soda Bottle Rocket Derby**  
 17-21 **Goose Creek Day Camp**  
 17-20 **Goose Creek Twilight Camp**  
 26 District Committee & Commissioner Staff Mtg

**July 2019**  
 4 Independence Day

**August 2019**  
 14 Roundtable  
 14 OA Chapter Meeting  
 22 First Day of School  
 28 District Committee & Commissioner Staff Mtg

**September 2019**  
 2 Labor Day  
 11 Roundtable  
 11 OA Chapter Meeting  
 25 District Committee & Commissioner Staff Mtg

**October 2019**  
 9 Roundtable  
 9 OA Chapter Meeting  
 12-13 **Webelos-o-ree**  
 14 Columbus Day  
 23 District Committee & Commissioner Staff Mtg  
 28 Student Holiday

**November 2019**  
 2 **SFF Post-it Note Distribution**  
 9 **SFF Food Pickup**  
 13 Roundtable  
 13 OA Chapter Meeting  
 27 District Committee & Commissioner Staff Mtg  
 27-29 School Holiday  
 30 **Final Date for Recharter Turn In**

**December 2019**  
 11 Roundtable  
 11 OA Chapter Meeting  
 18 **Annual District Business Meeting**  
 23-31 Winter Break

**January 2020**  
 1 Holiday  
 8 Roundtable  
 8 OA Chapter Meeting  
 20 MLK Jr. Day  
 21 Moveable School Holiday  
 22 District Committee & Commissioner Staff Mtg

**February 2020**  
 7 Scout Jumuah  
 8 Scout Sabbath  
 9 Scout Sunday  
 12 Roundtable  
 12 OA Chapter Meeting  
 17 President's Day  
 26 District Committee & Commissioner Staff Mtg

**March 2020**  
 2 School Holiday  
 7 **District Pinewood Derby**  
 11 Roundtable  
 11 OA Chapter Meeting  
 25 District Committee & Commissioner Staff Mtg  
 27 School Holiday  
 27-29 **Spring Camporee**

**April 2020**  
 6-10 School Holiday  
 8 Roundtable  
 8 OA Chapter Meeting  
 22 District Committee & Commissioner Staff Mtg

**May 2020**  
 13 **Program Launch**  
 13 OA Chapter Meeting  
 25 Memorial Day  
 27 District Committee & Commissioner Staff Mtg