



Goose Creek District Newsletter



January 2020

Volume 11, Issue 6

Special Interest:

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
Quick Calendar:

- Jan 8 – Roundtable
- Jan 18 – Life to Eagle
- Feb 7 – Scout Jumuah
- Feb 7-9 – Freeze-o-ree
- Feb 8 – Scout Sabbath
- Feb 9 – Scout Sunday
- Feb 12 – Roundtable
- Feb 15 – Merit Badge University
- Mar 7 – District Pinewood Derby
- Mar 11 – Roundtable
- Mar 27-29 – Spring Camporee

Newsletter Key:

 Cub Scout Interest

 Boy Scout /
Venturing Interest

 For Everyone

 New Article



Using Personal Growth in Your Scouting Program

Every Scouting activity moves and motivates our youth toward our basic aims of character development, citizenship training, leadership development, and mental and physical fitness. We achieve mission fulfillment using the methods of Scouting: Ideals; Patrol Method; Advancement; Association with Adults; Outdoors; Leadership Development; Uniform; and Personal Growth. None of these methods is a goal by itself. All work together. They reinforce and enhance each other.

The crown jewel and capstone of Scouting's methods is "Personal Growth." In all Scouting activities our Scouts gradually become aware of how Scouting is changing their lives, often in subtle ways. For example, as they recite and learn about the Scout Oath and Law, they recognize how these precepts are becoming meaningful in their personal lives. As they "do a good turn daily," they learn the joy that helping others can bring.

As they plan and execute their own, their patrol's, and their troop's outdoor activities, they learn that they can have consequential influence on their own life and the lives of others. They learn that they can accomplish things that they never thought were possible. With help, they can learn that failure is not the end of the world but an opportunity for learning life's lessons by overcoming adversity. As they move through the advancement system and accomplish goals that they set for themselves, they see that planning and hard work can accomplish wonders when they sew their new rank badges on their Scout uniforms and merit badges on their sashes.

Adult leaders need to be alert for those 30-second moments of opportunity when the right word of encouragement at just the right time can have a vast influence on a Scout's life. Structurally, Scoutmaster conferences provide these opportunities on a regular basis, but these moments may occur at any time, especially when the youth is participating in new adventures. Adults need to be alert!

Make youth personal growth a major part of your unit's program. Be aware of the important part this plays in our Scouting mission. Do this and you will increase advancement and keep Scouts in Scouting longer. We will thus fulfill our mission. Now, isn't that what we're all about?

District News

District Website: www.NCACBSA.org/GooseCreek



Loudoun School Calendar 2020-2021



Below is the Loudoun County school calendar for the 2020-21 school year:

- August 27, First Day of School
- September 4-September 7, Holiday (Labor Day)
- October 12, Holiday (Columbus Day)
- October 29, End of Grading Period
- October 30, Student Holiday (County-Wide Staff Development)
- November 2-3, Student Holidays (Planning/Records/Conference Days)
- November 25-27, Holiday (Thanksgiving)
- December 23-January 1, Winter Break (Classes Resume January 4)
- January 15, End of Grading Period
- January 18, Holiday (Martin Luther King Jr. Day)
- January 19, Moveable Student Holiday * (Planning/Records/Conference Day)
- January 20, Holiday (Inauguration Day)
- February 15, Holiday (Presidents' Day)
- March 2, Student Holiday (County-Wide Staff Development)
- March 29-April 2, Holiday (Spring Break)
- April 9, End of Grading Period
- April 12, Student Holiday (Planning/Records/Conference Day)
- May 31, Holiday (Memorial Day)
- June 15, Last Day of School/End of Grading Period.

Spring Camporee 2020



The Goose Creek Spring Camporee will be held on March 27-29 and will take place at Camp Highroad (21164 Steptoe Hill Road, Middleburg, VA 20117). This Camporee will focus on outdoor Scouting fun as embodied in the theme, "Outdoor Adventure Challenge." Scouts BSA Troops, Varsity Teams and Venturing Crews are all welcome to join the fun.

Like last year, the Camporee will consist of two major events: a set of patrol challenges for half the day and a variety of Adventure choices the other half of the day. Extra fees will apply for Scouts participating in the "High Adventure" program activities. Each Unit will have an assigned period for each event, so that everyone will have equal opportunity for full participation.

Please contact Charles Thornton (Camporee Director) at scouterchalis@gmail.com or call 571-420-1035 with your questions.



2020 Goose Creek Pinewood Derby Championship



The 2020 Goose Creek Pinewood Derby Championship race is scheduled for March 7, 2020. Pack 1154 strives to make the event better every year and we listen to your input. Coming changes for 2020 will be faster streamlined heat races, Open Class available to everyone and new Outlaw MOD Class to stir on STEM innovations and deliver some crazy speeds! There are also new sponsorship opportunities to support this event.

Location: Sanders Corner Elementary School, 43100 Ashburn Farm Pkwy, Ashburn, VA 20147

Website: <https://facebook.us16.list-manage.com/track/click?u=2cf68613e5a2be5928a564e54&id=d8e63ff9a4&e=2bdeed10e3>

Who Qualifies?

Any Cub Scout who placed 1st thru 5th in their Den Rank (Lions, Tigers, Wolves, Bears, Webelos, Arrow of Light) at their Pack Pinewood Derby are eligible to attend. As a result, each pack may have as many as 30 scouts eligible for the district race. Friends, family of racers or any scouts who were not able to participate in their local pack race may participate in the Open Race.

Trophies and Medals

Each Rank Division (Lion, Tiger, Wolf, Bear, Webelos, Arrow of Light) and Open will be awarded a 1st, 2nd, 3rd, 4th, & 5th Place Speed Award and one Best Design. Outlaw class will be awarded 1st, 2nd and 3rd Place Speed Award. Grand Finals Championship will be awarded an overall 1st, 2nd, 3rd, 4th, & 5th Place Speed Award.

Race Rule Changes

The 2020 Race rules have received a format change with additional illustrations and clarifications. Notable rule clarifications on axle and wheel alignment (rule 29), wheel thickness (rule 30) and section V. Outlaw Mod Class. The spirit of the Outlaw Mod Class is to push the limits of modification with an official pinewood derby car kit. Max weight of a non-Outlaw class is still 5.00 oz, where the precision of the weight scales will be set to .01 (hundredths place), therefore a car weighing 5.009 oz is considered as the legal weight of 5.00 oz.

Registration

Registration: \$5.00 (+processing) per participant (online or in-person). Every participant will receive a Collector's Patch.

Questions

Direct questions to the Goose Creek Derby Event Managers, Jason Beshore and Robert Winter, at goosecreekderby@pack1154.org.



Scouts BSA Girl Troop 998 in Leesburg



We welcome prospective Scouts to observe and participate at upcoming Scouts BSA Girl Troop 998 meetings. We meet on Monday nights at Leesburg United Methodist Church, from 7:15 PM to 8:30 PM. Please contact Sue Breen at suebreen@verizon.net or 703-297-0085 to let us know you're coming, and also to confirm that schedule, which sometimes varies around the holidays.



District Derby Tinker



A big thanks to Mindframe Education for sponsoring the Goose Creek District Pinewood Derby Championship and offering a special District Derby Tinker Event on January 11, 2020 1PM-5PM @ Mindframe Education in Ashburn, VA - Open to everyone. Tinker with your cars on our official derby test track and explore the Mindframe Education STEM programs with hands on activities.

Location:

Mindframe Education
University Commerce Center
44933 George Washington Blvd.
Suite 160
Ashburn, VA 20147

Goose Creek Day/Twilight Camp - 2020



THE WORD IS OUT on Day and Twilight Camp for 2020! The plan is set, and details are already taking shape.

Dates: Camp will be held from June 15-19, 2020

Location: Loudoun County Fairgrounds

Theme: "Out On The Farm".....so break out your straw hats and overalls!

As always, we will be on the lookout for youth and adult volunteers to make this camp the best ever! We are looking forward to a truly great year.

For information, contact Shannon Klee at 317-833-3138, or email goosecreekcubcamp@gmail.com.



Goose Creek Help Wanted (actually, Help Desperately Needed)



Does your Pack rely on a strong JSN to keep your unit healthy? Does your Troop rely on District Events such as the Camporee, Freeze-o-ree and others to help deliver the best possible program to your Scouts? In order for this to continue to happen, the Goose Creek District Committee is in need of your help to grow the Membership and Development Committee. Work directly with the Vice Chairs and other committee members to help strengthen and grow Scouting in Goose Creek. Experienced and novice Scouters all have the ability to contribute and many hands will make light work. Please consider helping the Goose Creek Committee today!

Any questions, contact our District Committee Chair Jim Bonfils at JimBonfils@icloud.com or District Director Todd Bolick at Todd.Bolick@Scouting.org



Troop 1159's Journey to Valley Forge



In December, the Scouts of Troop 1159 took advantage of winter camping and spent the day at Valley Forge National Historical Park.

Excerpt from Historian's journal –

The cook's menu consisted of a Saturday morning warm, grab and go breakfast. Mid-day involved a packable lunch with the evening bringing forth a well-deserved pasta meal. Weather cooperated with us and we were prepared for the temps. I'd attribute the preparation to experience, planning and reminders from our leaders. While all campers had some level of frost on their tents both mornings, there was one tent with a good amount of frost to create a snowball.

Good attitudes and cooperation were present from the moment we left Leesburg to our return. Scouts worked well with one another and stayed true to the Scout Law. –Scout Historian.



“Cheerful Service Chatter”

Chapter News for our Arrowmen
Lodge Website: www.ncacbsa.org/group/OA

Order of the Arrow - Unit Elections



The annual OA Unit Election season runs from November 1, 2019 through April 2020. Troops and Crews may hold only one election per season and it is recommended that the election be held prior to April 1, 2020. This will allow all elected candidates to be able to attend the Spring Goose Creek Chapter Ordeal.

To learn more about the OA, what OA elections are all about, or to schedule your election go to <https://pmtexas.wixsite.com/GooseCreekOAVisit> .

“Onward and Upward”

On the Advancement Trail



New Eagles



Congratulations to Goose Creek’s newest Eagles:

Aidan Butler – Troop 1910

Matthew Federko – Troop 572

Conner Fondaw – Troop 982

Evan Fulmer – Troop 969

Nicholas Kaplan – Troop 1158

Cody Madson – Troop 663

Mark Matthews – Troop 39

Elijah McKay – Troop 711

Benjamin Nutzman – Troop 39

Kaya Oguz – Troop 572

Felix Peiler – Troop 58



Scouts Invent Handy Way to Remember First Aid Steps



Scouts in girls Troop 606 of Chicago recently reviewed the eight steps of handling an emergency as outlined in the First Aid merit badge pamphlet. As they went over the steps, the girls decided to create a mnemonic device, similar to the one they learned for Leave No Trace principles (<https://lnt.org/remember-the-7-principles-with-this-trick/>).

Take a look at what the Scouts came up with (<https://blog.scoutingmagazine.org/2019/12/19/scouts-invent-handy-way-to-remember-first-aid-steps/>), and see how their memory trick could be handy for your Scouts as well.

Goose Creek District Merit Badge University



The Goose Creek District Merit Badge University on Saturday, February 15, 2020 at Riverside High School in Leesburg, Virginia is still in need of merit badge counselors and volunteers. We are specifically looking for Citizenship in the Nation and Citizenship in the World merit badge counselors at this time. To register to be a merit badge counselor for these, or to teach another merit badge besides these, please contact Elizabeth Esper, ElizabethEsper@yahoo.com, or register at <https://scoutingevent.com/082-GCMeritBadge>

Life to Eagle Training Seminar



Keep your eyes open for an announcement of our 2020 offerings of the Life-to-Eagle (L2E) Training for Goose Creek.

These training conferences are primarily targeted for the Life-to-Eagle Advisers & Coordinators at the unit level – but are by no means limited to same. Life Scouts and their parents are strongly encouraged to attend as well. The key goal is to get each of the unit Eagle Advisers up to speed on changes to the process, and some of the district-level mechanics of same. That way, they can help share the message to the Life Scouts in their units on a more frequent basis.

Our first L2E Seminar in 2020 will be in Jan

Date: Jan 18, 2020

Time: 12:30-4:30

Place: Gum Spring Library, Stone Ridge, VA (Mtg Rm B)

Then, you can expect another 2-3 L2E offerings next year, typically mid-month in April, August and November.

Also, if you ARE a Life-to-Eagle Adviser or Advancement Chair for your Unit, and have not attended one of these in Goose Creek within the last 2 years, you **really** should make an attempt to do so. Lots of things have changed over the years, and even the long-standing and experienced L2E Advisers will learn something new.

Sons of the American Revolution Eagle Recognition



The Colonel James Wood II Chapter of the Virginia Society, Sons of the American Revolution serving Northwestern Virginia invites you to recognize your Eagle Scout with a letter and certificate of recognition for their Court of Honor. Application is easy but can take 4-6 weeks for delivery due to the approval process.

Please provide the following information when ordering a letter and certificate:

1. Scout's Full Name:
2. Scout's Troop Number:
3. Date for Court of Honor (if known):
4. Name/position of person requesting letter and certificate (for accounting purposes):
5. Address for mailing letter and certificate:

You may address all requests and inquiries to:

Robert Fagan

Colonel, U.S. Army (Ret)

Chapter Chairman, SAR Scouting Activities

Email: rjfm1f99@hotmail.com

LOL



You might have been a Scouter too long when:

- You always cook enough food for twelve
- Your favorite cologne is "Deep Woods Off!"
- You don't mind losing power to your house for three days.

Council / National News

Council Website: www.NCACBSA.org



VenturingFest 2020



VenturingFest 2020, the third national gathering of Venturers at the Summit Bechtel Reserve – a Scouting experience unlike any other before – is coming your way again from June 28 to July 3!

VenturingFest 2020 is a special Scouting event at SBR that's open to registered Venturers, Scouts and adult leaders across the U.S. This six-day high-adventure festival invites participants to explore the best the SBR has to offer. We're talking rock climbing, skateboarding, BMX biking, water sports, shooting sports, zip lines, challenge courses, and so much more!

As if the adrenaline-pumping activities weren't enough, festival goers will also get to jam out to concerts and meet new friends in Venturing at the event. What more could a Venturer want?

For more Information: www.summitbsa.org/venturingfest/

For any questions or comments please email venturingfest@scouting.org.

Some initial notes:

- The participant cost is \$525 per youth member and \$425 per adult for reservations made prior to April 30, 2020.
- All participants must be currently registered Venturers, Sea Scouts, or Scouts BSA.
- The ages for the youth registrants 14+ or 13 having graduated the 8th grade.
- Tents, cots and all program equipment are provided.
- There are additional fees for whitewater rafting and Kodiak training.
- Participant meals include dinner Sunday night through breakfast on Friday (departure day). Lunch on arrival day is not provided

Northern Tier High Adventure Bases Training



Crew chiefs and adult advisors for any crews headed to Northern Tier in 2020 are invited to this orientation program presented by the NCAC High Adventure Committee. Our training covers a bit of history, an overview of the three NT bases, what to expect upon arrival, life on the trail, and tips on how to improve your treks. Sign-in starts at 0830, training begins at 0900 and lasts about 5 hours (depending on questions). There is no cost; bring your own snacks and hydration.

When:

- 03-07-2020 8:30PM to 2:30PM
- 03-28-2020 8:30PM to 2:30PM
- 04-25-2020 8:30PM to 2:30PM

Where: Truro Church, 10520 Main St, Fairfax, VA 22030



Updated Annual Health and Medical Record to use for 2020



Every few years, the BSA updates its Annual Health and Medical Record (AHMR) after consulting with health care professionals, Scout executives, council and camp health officers and other experts to ensure it is up-to-date and helpful.

This was one of those years, meaning a new form is available for everyone to use for 2020. Your AHMR is valid through the end of the 12th month after the date it was administered by your medical provider. For example, if you got your physical on Nov. 3, 2019, it's valid until Nov. 30, 2020.

Next year will be a transition year, so you can use either the old or new form, but everyone in all Scouting programs must use the updated AHMR form starting Jan. 1, 2021. The old form will be obsolete at that date. So, the BSA recommends using the new form on your next physical exam or if you're a new participant in 2020.

You can download the new form at www.scouting.org/health-and-safety/ahmr/. The Annual Health and Medical Record is required for Scouts and adult leaders who want to go on Scouting events, campouts and high-adventure trips. Note that there are different parts to the AHMR:

- Part A is an informed consent, release agreement and authorization that needs to be signed by every participant (or a parent and/or legal guardian for all youth under 18).
- Part B is general information and a health history.
- Part C is your pre-participation physical exam completed by a certified and licensed health care provider.

Which part must be completed?

- For all Scouting events: Part A and B. Give the completed forms to your unit leader. This applies to all participants for all activities, day camps, local tours and weekend camping trips less than 72 hours.
- For events or camps: Part A, B and C. A pre-participation physical is needed for resident, tour, or trek camps or for a Scouting event of more than 72 hours, such as Wood Badge and NYLT. The exam needs to be completed by a certified and licensed physician (M.D. or D.O.), nurse practitioner or physician assistant. If your camp has provided you with any supplemental risk information, or if your plans include attending one of the four national high-adventure bases, share the venue's risk advisory with your medical provider when you are having your physical exam.
- For high-adventure trips: Part A, B and C. Plus, each of the four national high-adventure bases has provided a supplemental risk advisory that explains in greater detail some of the risks inherent in that program. Please review these as some Scouts or leaders may not be physically or mentally able to handle the trek. Others arrive at a high-adventure base without discussing that base's risk factors with their health care provider, meaning they have missing info at check-in that can slow down the process.

How do I fill it out?

Please review and complete the AHMR fully and carefully. If you have any questions how to review it, read this BSA Safety Moment (www.scouting.org/health-and-safety/safety-moments/how-to-review-the-ahmr/) or look at these frequently asked questions (www.scouting.org/health-and-safety/ahmr/medical-formfaqs/). Remember, these completed forms must be secure, so they are not to be digitized, scanned, emailed or stored electronically by unit leaders.



Check Out Some of the Best Pack, Troop and Crew Websites of 2019



Picking the best unit website is a bit like selecting the best recipe for Dutch oven cobbler. There are way too many to choose from, and because it's all about taste, the selection process is totally subjective.

But after browsing hundreds of unit websites, *Bryan on Scouting* come up with a list of 10 that do it really well

(<https://blog.scoutingmagazine.org/2019/12/11/check-out-some-of-the-best-troop-pack-and-crew-websites-of-2019/>)

Turns out the recipe for a great site is pretty simple: a clean, photo-forward design with information that's easy to find and intelligently organized. When you pair a great website with Scoutbook, the BSA's free app for tracking unit advancement, you'll have your bases covered for both prospective and current Scouting families.

With about 80,000 BSA units out there, most with their own websites, the list is far from comprehensive. But it's enough to get us thinking about unit websites and their two equally important audiences:

1. Prospective Scouting families: The website serves as a billboard and brochure as families "shop around" to decide which pack, troop or crew they want to join.
2. Current Scouting families: The website hosts a unit calendar, provides contact information for leaders, and offers a way to share important pack, troop or crew news.

Think your website does this well? Include a link in the comments so others can benefit from your ideas.

4 things to keep in mind when building your unit website

1. You don't have to reinvent the website: Want an easy way to create a site that's attractive, mobile-friendly and consistent with the current digital brand guidelines? The WordPress Theme for Councils (<https://scouting.webdamdb.com/bp/#/folder/5453352/>), available in the Brand Center, can be used for units, too. To get a sense of how the site might look, check out a few councils that use the theme: Daniel Webster Council (<https://nhscouting.org/>), Moraine Trails Council (<https://morainetrails.org/>) and Circle Ten Council (<https://c10bsa.org/>).
2. Remember internet safety: Follow the BSA's Cyber Safety guidelines (www.scouting.org/health-and-safety/safety-moments/cyber-safety/) and Social Media Guidelines (<https://scoutingwire.org/social-media-guidelines/>) to keep young people safe online.
3. Stay on brand: Consult the BSA Brand Identity Guide (<https://scoutingwire.org/bsa-brand-center/brand-identity/>) to make sure that your site looks great and is seen as part of the BSA.
4. Strive for "one source of truth": Rather than copying and pasting BSA policies or what is on Scouting.org to your website, instead have links that point directly to that Scouting.org content. This way, you don't have to worry about updating your site when things are updated on the BSA's pages.

See more great ideas about websites and social media in this post:

<https://blog.scoutingmagazine.org/2018/09/07/does-your-scout-unit-really-need-a-website-and-social-media-presence/>.



Scout Day at the Mount



When: Saturday, January 18th, 2020. 8:30 a.m to 1:30 p.m

Where: Seminary of Mount St. Mary's, Emmitsburg, MD

Cost: Cost for this event is \$10.

Register: <https://scoutingevent.com/082-ScoutDayatMount2020> Deadline for registration is January 16th, 2020.

A Day of Reflection for Scouts Ages 11 to 17, Adult Scouters, and AAD Counselors

GROUP A - Ad Altare Dei, Chapter 7, Holy Orders: Bring your AAD workbook and Counselor permission slip.

GROUP B - Religious Activity patch: St. Elizabeth Ann Seton: Also, learn about Blessed Stanley Rother of Mount St. Mary's.

GROUP C - Adult Scouters: Learn about the National Catholic Unit Award of Excellence, among other topics.

Cost for this event is \$10. Deadline for registration is January 16th, 2020.

Scouts should bring a bag lunch or extra cash to purchase lunch in the Cafeteria.

Class A Uniforms: We will be celebrating Mass with the seminarians at 11:00 a.m.

We will have tours of the Seminary before mass for all who are interested.

Optional Tour: The National Shrine of St. Elizabeth Ann Seton - Located 2.7 miles (5 minutes away by car) from Mount St. Mary's Seminary, the Basilica and Museum (including a Civil War exhibit) are open until 5:00 pm.

Optional Tour: The National Shrine Grotto of Our Lady of Lourdes - Directly above the seminary, this site can be reached by car or by foot.

Parking is available off St. Anthony Rd in front of Memorial Gym. Handicap parking is available in the staff parking lot on the south side of the seminary building. Please enter using the north entrance of the seminary building.

Contact markdclegg@yahoo.com if you would like to volunteer.

NCAC Philmont Training



NCAC High Adventure Committee Training: Philmont Skills Training for Adult Advisors & Crew Leaders Open to all 2020 Philmont-bound crews in NCAC.

When: 03-14-2020 9:00AM to 4:00PM

Where: Izaak Walton League, 19237 Mountain Spring Ln, Leesburg, VA 20175

Scholarships



Dozens of universities, BSA local councils, and religious, civic, and military organizations offer college scholarships to Eagle Scouts and Venturing Summit Award Recipients. Some scholarships are needs-based; others are merit-based. Some go to everyone who applies; others are highly competitive. A listing of these can be found at www.scouting.org/awards/scholarships/

The Akela Chess Classic Cub Scout Tournament



Take on the fun and challenge of playing chess! The Akela Chess Classic is a five-round chess tournament open to all Cub Scouts from Lions through Arrow of Light. Tournament play is in two brackets: Lions/Tigers/Wolves and Bears/Webelos/Arrow of Light.

Participants must know the rules of chess as there will be no instruction on site at the tournament. Tournament play is touch-move, meaning if a player touches a piece he must move it. Games are at a time limit of one hour.

Tournament rules can be found at the registration site. It is strongly recommended to read the tournament rules before registering. The rules will also be available on site at the tournament.

Awards: Each participating Scout receives a custom tournament patch and year rocker. Trophies/medals will be awarded to first, second, and third place by rank for each of the Cub Scout ranks. Multiple awards will be issued for ties.

Fees: The cost is \$25.00 per Scout.

What to bring: Each Scout is to wear the field uniform. It is preferred for the Scout to bring a bag lunch – no peanuts or nut products please. A responsible adult must be on site throughout the tournament. Chess sets will be provided.

When: February 1, check in at 8:30 AM. Rounds are at 9 AM, 10 AM, 11 AM, 1 PM and 2 PM. Awards at 3:30 PM.

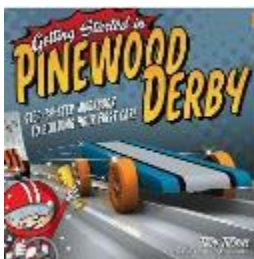
Where: Microsoft Technology Center, 12012 Sunset Hills Road, Reston, VA 20190

Register: <https://scoutingevent.com/082-cubsChess>. The registration deadline is midnight on January 25.

Contacts: Peter Snow, Tournament Director, chessacademician@aol.com, Roger Claff, Co-Director, reclaff@aol.com



Book – Getting Started in Pinewood Derby



This colorful workbook goes through all of the steps involved in building a car. One of the best things about the book is that it is directed at Cub Scouts – who should be doing most of the work on their cars. It includes lots of very nice step-by-step photos, so young car builders can understand what needs to be done.

Getting Started in the Pinewood Derby will take the fear out of participating in an inaugural pinewood derby race -- especially if you have no woodworking skills. Unlike any other pinewood book, it's not about building the most spectacular car, or winning the race; it's about spending time with a child building something together. It's about planning the activity so you both have some fun, a few laughs, learn a thing or two about friction and gravity, and walk away with a car you can both be proud of...even if it isn't perfect. *Getting Started in the Pinewood Derby* will eliminate any anxiety about the upcoming race because it will remind you that the race is not about the adults, it's about the kids. And what kid doesn't want to have fun? In the end, *Getting Started in the Pinewood Derby* will help kids and adult have a stress-free, good-time building a car that will get down the track. Maybe next year, you can worry about taking home first place.

Available from Amazon, \$10 paperback.

The Akela Chess Classic Scouts BSA Tournament



Take on the fun and challenge of playing chess! The Akela Chess Classic is a five-round chess tournament open to all Scouts BSA, Venturers, and Sea Scouts from age 10 to 20. Tournament play is in three brackets: age 10-12, age 13-15, and age 16 and up.

Participants must know the rules of chess as there will be no instruction on site at the tournament. Tournament play is touch-move, meaning if a player touches a piece he must move it. Games are at a time limit of one hour.

Tournament rules can be found at the registration site. It is strongly recommended to read the tournament rules before registering. The rules will also be available on site at the tournament.

Awards: Each participating Scout receives a custom tournament patch and year rocker. Trophies/medals will be awarded to first, second, and third place by rank for each of the Cub Scout ranks. Multiple awards will be issued for ties.

Fees: The cost is \$25.00 per Scout.

What to bring: Each Scout is to wear the field uniform. It is preferred for the Scout to bring a bag lunch – no peanuts or nut products please. A responsible adult must be on site throughout the tournament. Chess sets will be provided so please do not bring one.

When: February 8, check in at 8:30 AM. Rounds are at 9 AM, 10 AM, 11 AM, 1 PM and 2 PM. Awards at 3:30 PM.

Where: Microsoft Technology Center, 12012 Sunset Hills Road, Reston, VA 20190

Register: <https://scoutingevent.com/082-ScoutsBSAChess>. The registration deadline is midnight on January 25.

Contacts: Peter Snow, Tournament Director, chessacademician@aol.com, Roger Claff, Co-Director, reclaff@aol.com

2020 Goshen Family Camp



Come on down and enjoy some family fun at Goshen Scout Reservation over the long weekend. We will have the Waterfront, Shooting range, COPE course, and Handicraft areas open. All are welcome, not just registered scouts. Closing Campfire is on Sunday night so have some fun skits, songs, and cheers prepared.

When:

- Memorial Day Weekend, Friday 05-22-2020 5:00 PM ET to Monday 05-25-2020 11:00 AM ET.
- Labor Day Weekend, Friday 09-04-2020 5:00 PM ET to Monday 09-07-2020 11:00 AM ET

Cost: \$20 per person (non-refundable)

2020 Philmont & Sea Base Adventures Now Available!



The NCAC High Adventure Committee (HAC) has an allocation of Philmont treks and Sea Base Adventures for units or individuals in 2020!

Trip logistics are totally handled by the HAC, freeing crews to focus physical and mental preparation. This is terrific if your unit hasn't planned a High Adventure trip in a while or if you are newly-formed like the Girl Troops being created throughout NCAC. Make your trip of a lifetime come true next year! Three Philmont dates and one Sea Base date are open now, but hurry these trips will go fast:

Philmont

- Monday, June 22 – Saturday, July 4, 2020
- Tuesday, July 14 – Sunday, July 26, 2020
- Monday, July 20 – Saturday, August 1, 2020

Estimated cost of \$2,550 includes all air and ground transportation, lodging, meals, sightseeing activities (whitewater rafting and other local outdoor tours) and the Philmont base fee.

All payments (done in 4 installments) are made online at <https://scoutingevent.com/082-28283>.

Sea Base

- Saturday, July 18 – Friday, July 24, 2020

Estimated cost of \$1,950 includes all air and ground transportation, lodging, meals, sightseeing activity and the Sea Base fee.

All payments (done in 3 installments) are made online at <https://scoutingevent.com/082-28292>.

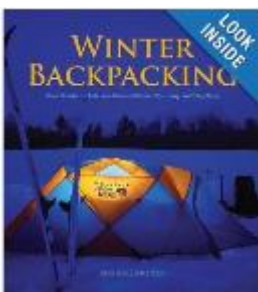
How to Apply

Download the appropriate application and send to: highadventure@ncacbsa.org

- 2020 Philmont Unit-Based Application - www.ncacbsa.org/wp-content/uploads/2019/05/HAC_2020-Philmont-Unit-based-applforms.pdf
- 2020 Philmont Provisional Application - www.ncacbsa.org/wp-content/uploads/2019/05/HAC_2020-Philmont-provo-applforms.pdf
- 2020 Sea Base Provisional Application - www.ncacbsa.org/wp-content/uploads/2019/05/HAC_2020-Sea-Base-Provo-applconduct.pdf



Winter Backpacking: Your Guide to Safe and Warm Winter Camping and Day Trips



Backpacking in the winter months can be exhilarating, refreshing, and-with the help of this book-remarkably safe and comfortable too! All it takes is some good planning and learning some tricks to keep warm, dry and happy.

Whether you're new to backpacking in the winter months and looking to make the first experience as warm and enjoyable as possible, or a practiced winter backpacker interested in making day trips and camping trips more comfortable, this easy-to-read guide was written for you.

Available from Amazon (paperback) for \$16.40.

Podcasts



January 2020 – What is a COR?



Do you know who your COR is? Do you what a COR is? COR is the acronym for Chartered Organization Representative. If that still doesn't ring a bell, this episode is for you! On second thought – even if you do know, you might want to tune in, anyway, because joining us is podcast favorite and a COR himself, Dennis Kampa, along with unit leader Wadene Bloms. Both are from the Rocky Mountain Council in Pueblo Colorado. Let's start 2020 with getting to know your COR.

Podcast: <https://podcast.scouting.org/cubcast/2019/january-2020-what-is-a-cor-2/>

Training Opportunities

University of Scouting 2020



When: February 29, 2020

Where: Hayfield Secondary School, 7630 Telegraph Road, Alexandria, VA

Registration: Opens early January 2020

University of Scouting is a supplemental training opportunity for all adult Scout leaders. It is the only time during the year where you can find, all in one place, the widest variety of training opportunities in all program areas (Cub Scouts, Boy Scouts, Venturing, Sea Scouting, District Operations, and Council). Whether you are new to the program or a veteran of many years, the University provides interesting courses in Cubbing, Scouting, and Adventure and leadership training for Venturing and Sea Scouting; Electives courses applicable across the Scouting programs, and District operations courses. For 2020 we will be offering over 150 classes in five colleges – truly something for everyone.

- The College of Cub Scouting provides a wide variety of courses from pack administration to planning for an outdoor program.
- The College of Boy Scouting provides an exciting variety of troop, patrol and outdoor planning supplemental courses to help manage the challenges of a great troop experience.
- The College of Adventure Scouting is an interesting combination of courses for those who are wish to learn more about Scouting's "senior" level programs and the challenges of an active high adventure experience.
- The College of Elective Programs offers many "general studies courses" that cut across all the programs. Just about everything from diversity and special needs to using technology can be found in the Elective Programs.
- The College of District Operations provides training to district committee members and Scouters with an interest in district operations. While no degree is conferred, those who take the required three courses are awarded the District Scouter Training Certificate and "Trained" patch

National Youth Leadership Training (NYLT) 2020



NYLT is the National Capital Area Council's presentation of the National Youth Leadership Training. The objective of our NYLT program is to equip our young people with leadership skills to help them succeed in their scouting program and in life. NYLT brings together scouts from all over the Council to learn and practice the leadership techniques in a risk free, scout friendly environment. The Scouts learn and practice leadership skills and styles together.

The course is presented primarily using a Scouts, BSA model as the vehicle which allows all attendees to see how leadership skills fit into the scouting program. These leadership skills are applicable to all scouting programs.

While it remains the responsibility of the unit leaders to train the youth leaders, this course is designed to supplement the adult leaders' role in the training process. NYLT skills build on the fundamental leadership skills presented in the unit basic leadership training in their home unit. This training conference has six specific objectives:-

- To give participants the confidence and knowledge to run their unit.
- To give participants the most contemporary, successful, and useful leadership tools available and allow them to "experiment" with them to help them better relate these skills to their unit responsibilities.
- To give participants the opportunity to share ideas and experiences with Scouts from other scouting programs.
- To create an atmosphere where Scouts will experience Scouting at its best.
- To enhance the relationship between the participant and their adult leaders.
- To have fun!

Dates: Jan 18-20, 2020 and Feb 16-17, 2020. Both weekends must be attended

Where: Camp William B. Snyder 6100 Antioch Rd, Haymarket , VA

Cost: Early Bird cost for the Course will be \$275 until 16 December 2019 then the cost is \$325.

To register and for more information: <https://scoutingevent.com/082-31404>

NCAC Camp's OPI: Wilderness First Aid



Presented by the NCAC Camps, the Outdoor Preparedness Initiative (OPI) offers Wilderness First Aid certification with CPR/AED. OPI aims to prepare Scouts, Scouters, and outdoor enthusiasts for high adventure activities and other outdoor adventures. Certification is provided through the American Red Cross.

Courses are offered at Camp Snyder in Haymarket, VA in the Fall, Winter, and Spring. Go to <https://scoutingevent.com/082-30602> to see and register for classes for 2020.



Leave No Trace Trainer Course - Outdoor Ethics



When: Saturday Apr 18, 2020 8:00 AM to Sunday Apr 19, 2020 12:00 PM

Where: Izaak Walton League Rockville Chapter, 12057 Clopper Rd, Gaithersburg, Maryland

Cost: \$50

Register: <https://scoutingevent.com/082-MD1#> Deadline for registration is Apr 3, 2020.

What is the purpose of this class?

The Cub Scout, Scouts BSA, Varsity Scout, Venturing, and Sea Scout programs all include outdoor stewardship, care for the environment, and Leave No Trace as part of their programs. This course is offered to train adults to serve as Leave No Trace Trainers and youth aged 14+ to serve their units as Outdoor Ethics Guides. Every Cub Scout, Scouts BSA, Varsity Scout, Venturing, and Sea Scout unit should have at least one individual fully trained in Leave No Trace.

We recommend that youth complete this course before serving as in the troop Outdoor Ethics Guide position.

Who should attend?

Venturers, Sea Scouts, Varsity Scouts, and Scouts BSA aged 14+; adult Cub Scout, Scouts BSA, Varsity, Venturing, and Sea Scout leaders; and District and Council leaders and trainers.

What will I learn?

This course is designed to enhance your understanding of Leave No Trace practices and outdoor ethics, and to increase your level of expertise and confidence in teaching Leave No Trace skills. This class is both active and highly interactive. You will be introduced to concepts and methods that will advance your knowledge of Leave No Trace issues in both developed and high adventure environments, expand your repertoire of low-impact skills, and increase your effectiveness in teaching these important skills to others.

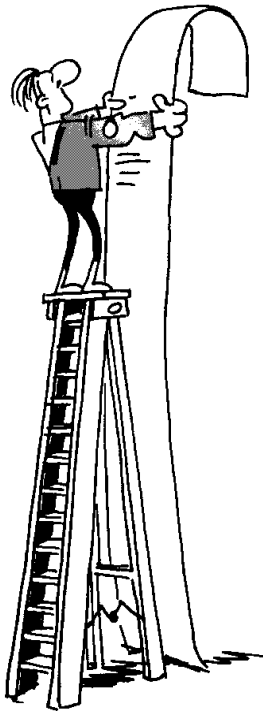
On completion of this course, participants will be registered as Leave No Trace Trainers with the Leave No Trace Center for Outdoor Ethics and with the BSA. Students will receive Leave No Trace teaching materials, a certificate of course completion, a Leave No Trace Trainer lapel pin and patch, and a BSA Leave No Trace Trainer card.

This course is instructed by nationally designated Leave No Trace Master Educators and Trainers. Attendance for the entire duration of the training is required.

Campsite location, equipment list, and other course details will be emailed to participants a few weeks prior to the course. Each participant will have an assignment to prepare for the training.

This course is taught almost entirely in the outdoors. We will camp out Saturday evening. Friday evening is optional starting at 5pm. Friday evening we will teach you some games and activities and assist with the student lessons.

District Calendar



January 2020	
1	Holiday
8	Roundtable
8	OA Chapter Meeting
18	Life to Eagle Seminar
20	MLK Jr. Day
21	Moveable School Holiday
22	District Committee & Commissioner Staff Mtg

February 2020	
7	Scout Jumuah
7-9	Freeze-o-ree
8	Scout Sabbath
9	Scout Sunday
12	Roundtable
12	OA Chapter Meeting
15	Merit Badge Univ.
17	President's Day
26	District Committee & Commissioner Staff Mtg

March 2020	
2	School Holiday
7	District Pinewood Derby
11	Roundtable
11	OA Chapter Meeting
25	District Committee & Commissioner Staff Mtg
27	School Holiday
27-29	Spring Camporee

April 2020	
6-10	School Holiday
8	Roundtable
8	OA Chapter Meeting
22	District Committee & Commissioner Staff Mtg
24-26	OA Ordeal

May 2020	
13	Program Launch
13	OA Chapter Meeting
25	Memorial Day
27	District Committee & Commissioner Staff Mtg

June 2020	
10	Roundtable
10	OA Chapter Meeting
15-19	Day/Twilight Camp
24	District Committee & Commissioner Staff Mtg

July 2020	
4	Fourth of July

August 2020	
12	Roundtable
12	OA Chapter Meeting
20	First Day of School
26	District Committee & Commissioner Staff Mtg
27	First Day of School

September 2020	
4-7	School Holiday
7	Labor Day
9	Roundtable
9	OA Chapter Meeting
23	District Committee & Commissioner Staff Mtg

October 2020	
3-4	Webelos-o-ree
7	Roundtable
7	OA Chapter Meeting
12	Columbus Day
21	District Committee & Commissioner Staff Mtg
30	Student Holiday

November 2020	
2-3	Student Holiday
7	SFF Distribution
11	Roundtable
11	OA Chapter Meeting
14	SFF Food Pickup
18	District Committee & Commissioner Staff Mtg
25-27	Student Holiday
30	Final Date for Recharter Turn In

December 2020	
9	Roundtable
9	OA Chapter Meeting
16	Annual District Business Meeting
23-31	Winter Break