



# Goose Creek District Newsletter



October 2016

Volume 8, Issue 3

from Bobwhite Blather, <http://bobwhiteblather.com/prepared-for-life-not-just-a-motto/>



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


## Training

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## Quick Calendar:

- Oct 8 – Den Chief Training
- Oct 12 – Roundtable
- Oct 14-16 – JOTA/JOTI
- Oct 17-18 – IOLS
- Oct 22-23 – Webelos-o-ree
- Nov 5 – SFF Bag Distribution
- Nov 8 – Roundtable
- Nov 12 – SFF Bag Pickup
- Nov 29 – Life to Eagle
- Dec 14 – Roundtable
- Dec 15 – Annual Business Meeting

## Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

## Prepared for life: Not just a motto

The Scout motto – Be Prepared – has been with us since the beginning, when Baden-Powell encouraged his young charges to be ready for whatever life might throw their way. It came from his days as a military leader, training his soldiers to be ready both in battle and in peacetime. When asked the meaning of be prepared was, he explained

*...a scout must prepare himself by previous thinking out and practicing how to act on any accident or emergency so that he is never taken by surprise.*

B-P said a Scout should be prepared for any old thing. The Scout handbook expands on this:

*The training you receive in your troop will help you live up to the Scout motto. When someone has an accident, you are prepared because of your first aid instruction. Because of lifesaving practice, you might be able to save a nonswimmer who has fallen into deep water.*

*But Baden-Powell wasn't thinking just of being ready for emergencies. His idea was that all Scouts should prepare themselves to become productive citizens and to give happiness to other people. He wanted each Scout to be ready in mind and body for any struggles, and to meet with a strong heart whatever challenges might lie ahead.*

*Be prepared for life – to live happily and without regret, knowing that you have done your best. That's what the Scout motto means.*

In 2011, as part of the centennial celebration, the Boy Scouts of America adopted the unique selling proposition of a five-year messaging campaign that Scouts are **Prepared. For Life.**® It encompasses the strategy that young people are prepared for the future through their involvement in Scouting.

It's not just a motto, a slogan or a marketing phrase. It really works.

I was reminded of this the other day when my older son, now a third-year medical student, texted me to say that one of the residents in the hospital where he is doing his clinical rounds taught him the "Scrubs Knot" for tying the waist cord of his pants. He described it as "two twists and then a loop, and it gets tighter when you pull on it, but doesn't get looser... sound familiar?" We both recognized it as a basic camping knot, the taut-line hitch, and he said "Yep! Same knot we tie tent stakes with."

He uses his Scout skills all the time, both in his medical studies and elsewhere in life. The leadership skills he acquired from National Youth Leadership Training helped him not only in the troop but as an undergraduate, where he led others in study groups, research projects and student organizations. He acquired a love of camping and uses his outdoor skills to enjoy nature's beauty and to preserve it. And my younger son, a future environmental scientist, applies the principles of Leave No Trace and doing a good turn for others almost daily in his summer internship at a community farm. He'll apply his leadership skills this year as the president of the student environmental club on campus.

So next time you think that Be Prepared is just a concept, a phrase to be memorized, realize that it's what we are all about. We are preparing our young people for the future. We are instilling the values of Scouting and getting them ready to make good ethical and moral choices over their lifetimes. And a good measure of getting ahead in school, college and life.

## District News

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

### Greetings from our New District Executive



Greetings Goose Creek District!

My name is Ray Posluszny, and I am the new District Executive for this district! I come to you from Pennsylvania, and have been involved in the scouting program for about 17 years now. I have been both a youth participant and an adult volunteer. I am an Eagle Scout and a Vigil Honor member in the Order of the Arrow, I have attended Philmont twice, and attended 3 National Jamborees. I have been blessed to have participated in all that, and I look forward to passing on my experiences and enthusiasm for the program to help this district continue to grow and advance!

I have had the pleasure of meeting and working with some of you already, and for those of you that I haven't, I look forward to it! This district has some of the best volunteers in the country and it will be exciting to see what great things we can accomplish!

If anyone needs to reach me, please feel free to contact me at my email; [Raymond.posluszny@scouting.org](mailto:Raymond.posluszny@scouting.org) or by phone 570-687-4904. If I don't answer right away by phone please leave a message for me! Again I look forward to meeting and working with you all for the benefit of our scouts!

### Webelos-o-ree 2016!



Goose Creek's annual Webelos-o-ree will be held October 22-23 at Camp Snyder. This camping event is designed to introduce Webelos and their parents to the Boy Scouting adventures.

The Webelos-o-ree starts off with an opening ceremony Saturday morning and wraps up Sunday after chapel services. Activities are run by our own Boy Scout troops and will include: Fire building, cooking, Monkey Bridge, BB shooting and archery, first aid, a campfire run by the Boy Scout Order of the Arrow, and much more. For the adults we will provide plenty of Scout leaders to answer questions about camping and joining Boy Scouts. We will also hold a Webelos to Scout orientation for Arrow of Light Scouts and an Introduction to Webelos meeting for the new Webelos (last year's Bears) and their parents.

The registration information is available on the district website, select Webelos-o-ree from the listing along the left side of the screen. Registration this year is electronic and you can either get to it from the Council calendar or by going to <https://scoutingevent.com/082-9760>. Note: Your registration will not be complete until payment is made online.

Be aware that Council only has a set number of listings it can be used to describe different registration options which did not match up with those that we are using for this event (Rate A, B, and C). On the registration page, first two listings (Webelos and Adult, at \$21) match our Rate A, the second two (Webelos Day Participant and Adult, at \$18) match our Rate B, and the last listing (Youth Day Participant, at \$10) matches our Rate C.

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Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](https://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)

## Scouting for Food 2016



Another season of Scouting for Food (SFF) is rapidly approaching. Please mark your calendars with the following dates for the 2016 SFF campaign.

- Saturday, November 5th – Bag Distribution
- Saturday, November 12th – Food Collection

To ensure that we have Goose Creek Territories properly covered, please respond directly to our district's SFF Campaign Coordinator, Brad Scales at [SFFGooseCreekDistrict@GooseCreekDistrict.org](mailto:SFFGooseCreekDistrict@GooseCreekDistrict.org), with the POC for your unit. In your response you should include the following information:

Unit Type (Pack, Troop, Crew) & Number:

POC Name:

POC Email:

POC Cell Phone #:

Confirmation of HOW your unit plans on participating (choosing one of the below):

- Our Unit will distribute bags (11/5) and collect food (11/12) this year ...
- Our Unit will provide support at one of the Collection Sites this year ...
- Our Unit will distribute bags, collect food, AND work at a collection site this year ...
- I'm sorry, our Unit will be unable to assist with SFF this year ...

The initial training/bag pick-up opportunity will be at the October Roundtable on Oct 13. Additional opportunities will be communicated by the SFF Coordinator via email. Dates will be determined by the coordinator once work commitments are more clear, and the locations will be determined by 'need', with an attempt being made to select locations that best accommodate the units who still need their bags.

Also, the territory maps will be posted at a later date and an email will be sent when they are available for viewing, so please be sure to respond quickly ... and get the word out within your units to drum up excitement. It's SO rewarding at the end of Collection Day to see how much food we've been able to collect to help those in our communities who are experiencing less fortunate times. (Last year, we exceeded 100,000 pounds of food; let's do that again!!)

As always, you are reminded that you should be reporting service hours (which includes bag distribution, bag pickup, and any hours you may spend at one of the collection sites) on the Journey to Excellence (JTE) website (<https://servicehours.scouting.org>), using the same unit account that you use to report advancement. Not only is it required for unit, district and council JTE results, but it is important to the council that we be able to demonstrate our community contributions. Reporting is easier than ever: there is a report button at the bottom of the front page of the council website that leads directly to the online form.

## Race Director Wanted



The Goose Creek Championship Pinewood Derby is looking for a new Race Director. Responsibilities include promoting event, working with sponsors and volunteers, coordinating Derby Diner, and running the event, including registration and tech inspection. Benefits include hundreds of smiles from hundreds of Cub Scouts watching their cars fly down the track. Can also be used as a fundraiser for the right unit, Pack, Troop or Crew. Turnkey operation, proven successful methods and plenty of support. Interested parties please contact Vice Chair of Programing at [stevewolfson@verizon.net](mailto:stevewolfson@verizon.net).

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## Den Chief Training



Goose Creek District Den Chief Training will be held in October 8, 2016, from 1:00 PM until 4:00 PM in Conference Room B of the Rust Library, 380 Old Waterford Rd NW, Leesburg Virginia 20176.

There is no charge for the training.

Please wear your Class A uniform.

If you need additional information, please email Walt Johnson ([walt.johnson@goosecreekdistrict.org](mailto:walt.johnson@goosecreekdistrict.org)).

Registration is online at <https://scoutingevent.com/082-9803>

## Rechartering 2017



Goose Creek District will recharter from **1 October to 30 November 2016**.

Rechartering is the act of re-establishing your unit for the next 12 months (Jan-Dec 2017). If the unit is not rechartered, the unit is **dropped from the rolls** effective 1 Jan 2017.

This year, unit recharter packets will be mailed on 22 September to the currently registered Unit Committee Chairman. If you have had a change in personnel and have not reported this change, please make sure that you coordinate with the past chairman, in order to receive your packet.

If you are prepared, your unit can start the recharter process on 1 October.

The biggest obstacle in rechartering is making sure that all of your registered adult volunteers are Youth Protection Trained (YPT) current. YPT is good for two years. You can check your status by going to [www.My.scouting.org](http://www.My.scouting.org) and looking at your unit's training stats. If necessary, the YPT training can be taken online (same URL as above). It only takes about 30 minutes. Don't forget to print out your training card.

The other issue is making sure that all applications for Scouts and adults are submitted to our DE and DD. **DON'T HOLD ON TO APPLICATIONS UNTIL THE LAST MINUTE.**

Our upcoming new District Commissioner, Dave Carty, will be honchoing our recharter efforts for this year.

As we have done in the past, units must turn in the completed recharter packets to their Unit Commissioner. We will not receive them at Roundtable. It causes too much disruption.

Lastly, we are calling 30 November as our drop-dead date for recharter turn in. No one wants to work recharter over the Christmas holidays, and getting your chartering organization's signature while they are away for the holidays can be very trying. For that matter, turn it in prior to Thanksgiving and then enjoy your Thanksgiving dinner too.

## Updating Youth Protection Training (YPT)



Per BSA policy, all registered adults must have a current Youth Protection Training (YPT) certificate in order to renew their registration at recharter time. For this year, YPT must have been completed no more than two years prior to the new charter date, i.e., January 1, 2015 or later.

In addition to whatever reminders unit leaders give their registered adults about updating YPT, BSA also sends automated email notices starting 90 days before each adult's YPT expires. In those notices, there's a link to the YPT web site intended to make renewal as easy as possible.

**PLEASE DON'T USE THAT LINK!** If you do, you'll be sent to the generic web site rather than your personal training record, so your personal record won't be updated when you complete the training.

Instead, always go to your personal training record on <https://my.scouting.org>, click on the Menu tab, then on My Dashboard. That will take you directly to your personal training record, where you can "Retake" YPT.

## Rocket into Scouting Launch Days



To make sure this year is a "BLAST", every new Scout that submits a paid application by October 31 will receive a free model rocket! This will help both their Scouting career and a lifelong love of STEM "take off". Launch Day events are being planned at multiple sites around the Council.

The event will also have additional fun events including a rocket building station, agility course, punt/pass/kick, fish casting practice, a scavenger hunt, and more!

The cost for each person - youth and adult - attending is \$5, which helps offset the cost of the event and materials. The entire family and current Scouts are welcome, and additional rockets kits can be purchased online (\$8) and built at the event. Each NEW Scout will receive a free launch engine and additional engines can be purchased (\$3) as desired.

Launch sites in our area are:

- One Loudoun, Ashburn, Saturday Oct 22, 10:00 AM to 2:00 PM (the Barn at One Loudoun, 20405 Savin Hill Drive, Ashburn, VA 20147)
- Camp Snyder, Saturday Nov 12, 10:00 AM to 2:00 PM

To find additional locations/dates, go to <https://scoutingevent.com/082-9194>

## Helping at the Webelos-o-ree



We are looking for some additional Range Safety Officers to help Rumsey Light at this year's Webelos-o-ree. If you are available that Saturday and can help please contact Rumsey Light at [rumsey.s.light@NAVIENT.com](mailto:rumsey.s.light@NAVIENT.com) and copy [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org)

We are also looking for 4-5 Scouts, age 13 and older, who would like to be part of the Webelos-o-ree staff. The service would include helping with the flag ceremonies, running the Webelos challenge event, working the food line for supper, assistance with the campfire, and general "go to" jobs during the day. Meals and work all provided free. Please contact [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org) if you are willing to be on staff.

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**This Year's High Adventure Treks**



Troop 2011 (Round Hill) did a 12-day Philmont Scout Camp trek this summer, August 3rd thru 15th. Here's Crew 803-I on top of Baldy Mountain, elevation 12,441 feet. From left to right; Elaina Lanzer, Committee Chairperson, Matthew Lanzer (Life Scout), Chaplain's Aide; Jim Masella, Philmont Lead Advisor; Matt Renner (Life Scout), Wilderness "Ghia" (Guide), Brian Leitner, Philmont Advisor; Andrew Leitner (Life Scout), Crew Leader; Evan Masella (Life Scout); Casey Sutara (Life Scout); Paul Sutara, Scoutmaster.



**"Cheerful Service Chatter"**

Chapter News for our Arrowmen  
Lodge Website: [www.ncacbsa.org/group/OA](http://www.ncacbsa.org/group/OA)

**Trail Cleanup**



The Goose Creek Order of the Arrow Chapter cleaned up trash along a mile long section of the W&OD trail. The 15 brothers gathered at the Tuscarora Park in Leesburg on the morning of September 24 and fanned out in both directions on the trail. About two cubic yards of trash was collected and the trash bags were left along the trail for pickup by park personnel. At the completion of the cleanup, the brothers adjourned for lunch (pizza) and fellowship. A total of 30 service hours were contributed to the community.

## “Onward and Upward” On the Advancement Trail

### New Eagles



Congratulations to Goose Creek's newest Eagles:

**Spencer Henry Benfell** – Crew 1106  
**Adam Broshkevitch** – Troop 969  
**Michael Bullard** – Troop 1550  
**Kevin Hudson Chiang** – Troop 966  
**Anthony Cox** – Troop 1168  
**Lance Czarnecki** – Troop 969  
**Dawson Drake** – Troop 58  
**Davis P. Forster** – Troop 1168  
**Zachary A Gardner** – Troop 1168  
**Michael Hornberger** – Troop 1154  
**William Iacononelli** – Troop 982  
**Matthew Keller** – Troop 58  
**David Patterson King** – Troop 1666  
**Tanner McKay** – Crew 1167  
**Nikhil Raheja** – Troop 572  
**Dylan Reed** – Troop 58  
**Luke Rider** – Troop 969  
**John Anthony Robic** – Troop 961  
**Larry Domenico Ryan** – Troop 1941  
**Jeremy Phillip Stalcup** – Troop 1154  
**Jack Ryan Stogoski** – Troop 1154  
**Ethan Swain** – Troop 572  
**Nathan C. Todd** – Troop 1168  
**Luke Nathaniel Voivoda** – Troop 1154

### Tech Talk at Microsoft for Cub Scouts



Microsoft has worked with Boy Scouts of America to design curriculae that meet Boy Scout and Cub Scout advancement requirements.

The Tech Talk! Class is for Cub Scouts (2nd grade - 5th grade) and covers requirements 3-5 of the Tech Talk! Nova Award. Scouts will also participate in an Hour of Code Minecraft activity. Please note that Tigers are not eligible for the STEM Award and should not register for this class. Cost is \$7.

Workshops are held on Thursdays, once a month, at the Tysons Corner Center Microsoft Store and Tuesdays at the Westfield Montgomery (MD) store. To register go to: <https://scoutingevent.com/082-TechTalkMSFT>

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## Life-to-Eagle Training



The next Life-to-Eagle (L2E) Training session for Goose Creek is coming soon. These training conferences are primarily targeted for the Life-to-Eagle Advisers & Coordinators at the unit level – but are by no means limited to same. Life Scouts and their parents are strongly encouraged to attend. The key goal is to get each of the unit Eagle Advisers up to speed on changes to the process, and some of the district-level mechanics of same. That way, they can help share the message to the Life Scouts in their units on a more frequent basis.

**Date:** Saturday, Nov 19th

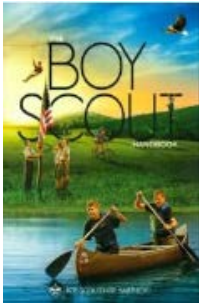
**Place:** Purcellville Library, Robey Meeting Room (still to be confirmed)

**Time:** 1030-1345 (also pending confirmation of room availability)

There is no cost to attend the session.

Also, if you ARE a Life-to-Eagle Adviser or Advancement Chair for your Unit, and have not attended one of these within Goose Creek within the last 2 years, you really should make an attempt to do so. Lots of things have changed over the years, and even the long-standing and experienced L2E Advisers will learn something new.

## List of Requirement Page Numbers for 13<sup>th</sup> Boy Scout Handbook



There's a lot to love about the 13th edition of the Boy Scout Handbook. But one bit of feedback the BSA has heard about the Handbook is that the rank requirements section (beginning on page 438) doesn't include page numbers next to each requirement, as it has in past editions.

That was an intentional step designed to encourage Scouts to actually read the Handbook instead of jumping to a specific page. Nevertheless, the BSA has heard you. Those page numbers will be included in a future edition.

In the meantime, Bob Gayhart, an enterprising volunteer from Peoria, Ill., has prepared a list of the page numbers for each requirement through First Class.

Check it out in this PDF: <http://blog.scoutingmagazine.org/wp-content/uploads/sites/2/2016/08/13th-Boy-Scout-Handbook-requirements-supplement-.pdf>

## US Dept. of Energy and Energy Information Administration Scout Day



The annual Nuclear Science and Energy Scout Day is just around the corner (November 5, 2016: 9AM – 1PM)! The event will be held at the US DOE building in DC and is a program for Boy Scouts to work on either their Nuclear Science or Energy Merit Badge with some pre-work.

Although the event is free, registration is required:  
[www.eia.gov/kids/activities/meritbadge/](http://www.eia.gov/kids/activities/meritbadge/)



## Filling In and Signing the Eagle Scout Rank Application



Filling in and getting the Eagle Scout Rank Application (ESRA) signed is the last step a Scout has to do before his Eagle Board of Review, and it's the one with the most mistakes made. Below are items to be aware of, those preceded by an asterisk are required items, everything else is a recommended practice.

### Filling in the ESRA

1. \*The 2016 version of the ESRA is the only one being accepted by Council, it can be found at: [www.ncacbsa.org/advancement/eagle-scout-information/](http://www.ncacbsa.org/advancement/eagle-scout-information/) (Note: units should use the link to the official version on their site, not a copy of the ESRA. This way the link will always point to the latest version).
2. Fill the form out electronically. It's easier to read and will prevent it from being rejected if a date cannot be read. It will also make revisions easier.
3. List elective merit badges in chronological order.
4. \*End date of the position of responsibility cannot be a future date, like the next troop election. It also cannot end on or after the Scout's 18<sup>th</sup> birthday.
5. \*The troop's advancement person should verify that all of the dates match the information in the Internet Advancement (IA) Member Summary. All discrepancies must be resolved and IA updated.
6. \*All information on the ESRA must agree with the data reported on IA.
7. \*The Scout's signature signifies that all information is correct **at that moment**. The only dates that can be after the date the Scout signs the ESRA are the unit leader and the committee chair signatures. So the end date of the position of responsibility should not be after the date the Scout signs the application.
8. You can find a checklist for verifying the ESRA at: [www.ncacbsa.org/wp-content/uploads/2015/10/NCAC\\_Eagle\\_Scout\\_Verification.pdf](http://www.ncacbsa.org/wp-content/uploads/2015/10/NCAC_Eagle_Scout_Verification.pdf)

### Signing the ESRA

1. \*After the Scout signs the ESRA the unit leader and the committee chairman sign. These signatures means that these leaders concur with the validity of the data and the Scout's 'approved readiness' for an Eagle Board of Review.
2. The dates accompanying these signatures may be after the Scout's 18<sup>th</sup> birthday. If a Unit Leader and/or Unit Committee Chairperson refuse to sign the application, the Scout should be directed to contact the District Advancement Chairperson for guidance.

### Verifying the ESRA

1. \*Once the unit committee chair has signed the application, the application and the Internet Advancement Member Summary is provided by the Scout to a District Eagle Representative for review. The District Eagle Representative is required to review the application and verify the advancement guidelines of the Boy Scouts of America are met, or request an explanation if there is any discrepancy.
2. Additional revisions may be required to reconcile any issues that were not caught at the Unit level.
3. Once the District Eagle Representative has initialed the ESRA, it may be sent in to Council for it's approval. The document with the checklist (listed above) provides the methods to do this.

## Cub Scout Campfire Programs: Much More than S'mores!



This is the time of year that Cub Scout packs should be conducting their annual program planning meetings. A valuable element to include in the annual plan is a campfire, whether it is a separate pack meeting or possibly part of a pack campout.

Just as they are for Boy Scouts, pack campfires are a great way encourage the creativity of each Scout and to develop youth leadership skills, as well as a time to relax, unwind, and enjoy the experience of being in the outdoors. A successful campfire should contain fun, entertainment, fellowship, action, adventure, training, and inspiration. The time-tested formula for having a successful campfire is to include the Four S's: Songs, Stunts, Stories, and Showmanship. Leaders should consider a safe campfire area, how to encourage participation by all boys, and most of all, encourage everyone to have safe fun. To ensure that only appropriate materials are used, all materials should be prescreened.

Cubmasters can help den leaders promote advancement for their boys by recognizing the various requirements that can be accomplished during a campfire. For example, the following Adventure requirements are necessary for advancement at each appropriate level:

- Tiger— Tigers in the Wild 5. Participate in an outdoor pack meeting or pack campout campfire. Sing a song and act out a skit with your Tiger den as part of the program.
- Wolf – Call of the Wild 6. On the campout, participate with your family or den in a campfire show. Prepare a skit or song, and then present it at the campfire for everyone else.
- Wolf – Howling at the Moon 3. Work together with your den to plan, prepare, and rehearse a campfire program to present to your families at a den meeting. 4. Practice and perform your role for a pack campfire program.
- Bear – Bear Necessities 2. Attend a campfire show, and participate by performing a song or skit with your den.
- Bear – Roaring Laughter 6. Practice at least two run-ons with your den, and perform them at a pack meeting or campfire program.
- Arrow of Light Adventure: Camper 4. On a pack campout, work with your den leader or another adult to plan a campfire program with the other dens.

Your campfire program should include an impressive opening, songs, skits, a Cubmaster's minute, and an inspirational closing ceremony. Webelos Scouts will be more successful in planning their campfire if their leader helps them use the Campfire Program Planner, which can be found at <http://www.scouting.org/forms.aspx>. There are two parts to the tool, one for general planning, and a second for detailed planning of a specific campfire's program, i.e., skits, songs, etc., as well as responsibilities, ranging from emcee to fire safety and cleanup.

A campfire is a great activity for the pack. It will encourage advancement, engage all Cub Scouts, and bring families together. It is also a great time to get everyone outdoors and to enjoy the beauty of nature.

## National Eagle Scout Service Project of the Year Award



The National Eagle Scout Association has established the Glenn A. and Melinda W. Adams National Eagle Scout Service Project of the Year Award to recognize valuable service of an exceptional nature by a Scout to a religious institution, a school, community, or other entity. The award recognizes the Scout for his Eagle Scout service project, which is part of the requirements for earning the Eagle Scout Award. Each local council will choose a council-level winner, and from that pool, each region will pick a region-level winner. A national winner then will be selected from the four regional finalists. The national award winner will receive a certificate, a silver device for the Eagle embroidered knot, and a cash award of \$2,500 that will be available for the Scout's future educational purposes or for him to attend a national or international Scouting event or venue.

The nomination shall be submitted to the NESAs committee of the council in which the service project was completed on or before January 21 of each year. The submission must include the application (found at [www.nesa.org/PDF/542-026.pdf](http://www.nesa.org/PDF/542-026.pdf)), a name and summary of the project, and the Eagle Scout's contact information. A complete duplicate copy of his Eagle Scout Service Project Workbook (previously submitted by the Scout to his Eagle board of review committee) must be attached to the application.

Each local council NESAs committee shall select one service project of the year from among those meeting the submission guidelines. The included criteria and other factors are all appropriate for consideration by the committee in selecting the winners. Evaluation criteria for this award should include consideration of at least the following:

- Project planning required
- Effort to develop the project
- Extent and character of the leadership provided by the Scout
- Extent of achievement of the planned result, including changes or modifications required to complete the project
- Project's impact on the beneficiary and/or on the community at large
- Originality of the project
- Scope of the work
- Time and materials contributed
- Level of skill employed to complete the project

## Pre 2016 Advancement Requirements Ending



Just a reminder that starting January 1, 2017 **ALL** Boy Scouts must use the new 2016 advancement requirements, even for the rank that they are currently working on. Our grace period year to transition is coming to an end.

This means that even if a Scout has done everything under the old requirements but has his Board of Review scheduled in January, he has to go back and add in all the new requirements that weren't listed previously before the Board of Review can occur.

## MITRE Scout Engineering Day



MITRE Scout Engineering Day was pioneered in 2012 at the headquarters of The MITRE Corporation in the Washington, DC area. Each year since its inception, Scout Engineering Day has hosted between 300 to 400 Scouts (both Boy Scouts and Girl Scouts) and 70 to 100 Scouters, Merit Badge Counselors and volunteers for an exciting day of STEM activities.

This year's event is scheduled for April 1, 2017 with registration opening up around January.

## Lion Hub



Scouting Wire (the official blog of the BSA) has launched a new Lion hub (<http://scoutingwire.org/lion/>) with resources like an FAQs, PowerPoint orientation and Lion promo materials.

## Council / National News

Council Website: [www.NCACBSA.org](http://www.NCACBSA.org)

## 2017 National Jamboree



The 2017 National Jamboree is loaded with activities; rock climbing, rappelling, zip lines, mountain biking, canopy tours, shooting sports, BMX racing, skateboarding, and kayaking; as well as the opportunity to complete merit badge; make new friends; and more. Enjoy arena shows with 30,000 of your closest friends from across the country. Jamborees are held about every four years; you only get one or two opportunities to attend as a youth member.

**Where:** Summit Bechtel Reserve, New Hope, West Virginia

**When:** July 19-28, 2017

**Requirements:** Scouts must have their leader's approval. Venturing members must be at least 14 years of age by July 19, 2017. Scouts must be First Class and at least 12 years of age by July 19, 2017.

**How Much:** \$1250 fee per Scout or Crew Member. Fees include all food, cooking equipment, stoves and fuel, as well as the use of a tent, cot, and dining shelters. The fee also includes bus transportation to and from the Summit. No major additional costs. A deposit of \$225 is due to complete the initial registration with NCAC; a more detailed payment schedule is at the NCAC Jamboree website: [www.ncacbsa.org/Jamboree](http://www.ncacbsa.org/Jamboree).

Camperships are currently available to help offset the cost. This form is listed at the bottom the the NCAC Jamboree website.

**Register Now – Limited Spaces are Going Fast!**

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

District Facebook: [www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739](https://www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739)

Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](https://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)

## 2016 Jamboree-on-the-Air, Jamboree-on-the-Internet Dates Set



On the third weekend in October, 1 million Scouts from 150 different countries will unite to celebrate the global power of Scouting. And they'll do it without leaving the neighborhood.

Join the fun by involving your pack, troop, team, post, ship or crew in the 2016 Jamboree-on-the-Air and Jamboree-on-the-Internet — held concurrently Oct. 14 to 16, 2016.

This year's theme — "Discover Our World" — challenges young men and young women to reach out to their fellow Scouts and learn about the differences and similarities that unite us as members of World Scouting.

The conversation topics are limitless: What's the Eagle Scout equivalent in Ecuador? Where do Scouts from Helsinki hike? Do Dutch Scouts ever use Dutch ovens?

The 59-year-old Jamboree-on-the-Air uses amateur radio to enable the exchange of questions like those. To participate, most units visit an amateur radio operator's ham shack or ask the radio operator to set up at a local park.

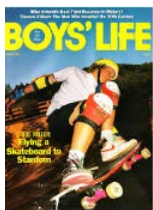
The smaller Jamboree-on-the-Internet is 20 years old and requires less setup. Scouts or Venturers use any internet-enabled device — computer, laptop, tablet or smartphone — to talk to Scouts from far-off places.

In addition to being incredibly fun, JOTA and JOTI count toward Scouting requirements:

- For Tigers, this meets requirements for the elective adventure Family Stories.
- For Webelos, it counts toward the Arrow of Light adventure Building a Better World.
- Boy Scouts can check off a requirement for the Citizenship in the World merit badge.
- All Cub Scouts, Boy Scouts, Varsity Scouts, Venturers and adult leaders can count the event toward the requirements for the International Spirit Award (<http://scoutingmagazine.org/2016/01/how-to-earn-the-international-spirit-award/>).

Visit the BSA's JOTA website ([www.scouting.org/jota.aspx](http://www.scouting.org/jota.aspx)) or JOTI website ([www.scouting.org/joti.aspx](http://www.scouting.org/joti.aspx)) for more details, participation certificates and info on ordering the 2016 patches.

## Digital Boys' Life



*Boys' Life*, the magazine about everything in a boy's life, has launched its digital version. Search "Boys' Life magazine" in the Apple App Store, Google Play, or Amazon Appstore to read *BL* on your tablet or smartphone. It's free for subscribers and is just \$12 for 12 issues with *BL*'s special print-and-digital bundle. Go to [www.BoysLife.org/subscribe-now/bundle](http://www.BoysLife.org/subscribe-now/bundle).

## Window for 2017 Eagle Scout Scholarships Open till Oct. 31, 2016



The National Eagle Scout Association wants to make college more affordable for more than 100 worthy Eagle Scouts across the country.

The window for 2017 Eagle Scout scholarships ([www.nesa.org/scholarships.html](http://www.nesa.org/scholarships.html)) opened Aug. 1, 2016, and will slam shut on Oct. 31, 2016.

In the 2015-2016 window, the National Eagle Scout Association (NESA) awarded \$640,000 in scholarships to 140 Eagle Scouts.

For the 2016-2017 window, the goal is to increase the number of recipients to 150. That includes scholarships ranging from \$1,000 to \$50,000.

Despite some online rumors about these scholarships, NESA doesn't have the funds to offer money to each of the more than 5,000 applicants. Less than 3 percent of those who apply will receive scholarships.

In the past, NESA scholarships were available only to Scouts attending four-year universities. Now Scouts attending vocational trade schools and other approved programs may apply.

### Academic scholarships

- Academic scholarships weigh school and Scouting participation, academic performance, and financial need.
- Academic scholarships include a range of scholarships, up to four \$25,000 scholarships (payable at \$6,250 per year for four years) and one \$48,000 scholarship (payable at up to \$12,000 per year for four years).
- Academic scholarships also include NESA's largest scholarship: the \$50,000 NESA STEM scholarship for an Eagle Scout planning to major in a science, technology, engineering or math field.
- Applicants must score a minimum 1800 SAT (if taken before January 2016) or 1290 (if taken after March 2016) — or an ACT score of at least 28 to apply.
- Applicants must be Eagle Scouts applying during their senior year of high school. Exception: Scouts whose Eagle Scout boards of review are held after Oct. 31 of their senior year may apply during the next scholarship cycle in the following year — even though they may be in college by this time.
- Winners may receive an academic scholarship one time only.
- Recipients will be notified by mail on July 15, 2017.

### Merit scholarships

- Merit scholarships weigh school and Scouting participation and community service.
- These awards cover the \$2,000 and \$4,000 Bailey scholarships, the \$2,500 Robert and Rebecca Palmer scholarships, and the \$5,000 Hall/McElwain merit scholarships.
- NESA merit scholarship applicants must be Eagle Scouts graduating high school or undergraduate college students no farther than completion of the junior year.
- Winners may receive a merit scholarship one time only.
- Recipients will be notified by mail on July 15, 2017.

NESA has posted this list of helpful FAQs ([www.nesa.org/scholarship\\_faq.html](http://www.nesa.org/scholarship_faq.html)). Good luck!

## High Adventure News



Registration for 2018 Philmont treks opens Oct 26<sup>th</sup>, 2016. Philmont Scout Ranch, the Boy Scouts of America's premier High Adventure™ base, challenges Scouts and Venturers with more than 214 square miles of rugged northern New Mexico wilderness. Backpacking treks, horseback cavalcades, and training and service programs offer young people many ways to experience this legendary country. For more information and promotional material go to <http://philmontscoutranch.org/trek.aspx>

Florida Sea Base is launching a new Marine STEM Adventure in 2017. Participants will discover Florida Keys ecosystems, sharks, underwater robotics, and much more. 2017 crews are restricted to council contingents. For more information on who/how to contact the council for this information go to [www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/](http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/)

The Summit Bechtel Reserve has a new river trek. Take a 50-mile trip deep in the heart of the Appalachian Mountains. Paddle, camp, fish, and enjoy all that the New River Gorge has to offer. Space is extremely limited for the inaugural 2017 season. Reservations for this program must be made directly by calling 304-465-2800. For additional information go to [www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/](http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/)

Northern Tier reports that there is still space available for summer 2017! For more information about Northern Tier go to [www.ntier.org](http://www.ntier.org)

## V3 HIKE-O-REE



The 27<sup>th</sup> Annual V3 (Venturing, Varsity, and Venture) Hike-o-ree will be held October 28-30, 2016, at the Northern Virginia 4-H Educational Center, Front Royal, VA. Registration is limited to trail capacities of the fifteen trails. The Hike-o-ree is open to all Scout units including Venturing Crews, Sea Scout Ships, Varsity Teams, Boy Scout Troops, and Girl Scout Troops.

Units are encouraged to form trail crews consisting of no more than twelve members, including at least two adults. Participation: minimum age for Boy Scouts and Girl Scouts is 13 years old as of January 1, 2017.

Registration on a FIRST COME, FIRST SERVED BASIS begins on September 1, 2016, on the BSA National Capital Area Council website.

## 2018 VenturingFest will Celebrate the Program's 20th Anniversary



Venturing turns 20 in 2018, and you and your crew are invited to the party. The BSA's high-adventure program for young men and young women has announced that the next VenturingFest, celebrating the program's 20th anniversary, will take place July 1 to 6, 2018, at the Summit Bechtel Reserve in West Virginia.

As always, the best place to get Venturing news first is on the Venturing Facebook page ([www.facebook.com/BSAVenturing/](http://www.facebook.com/BSAVenturing/)). Be sure you're following the updates there.

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

District Facebook: [www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739](http://www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739)

Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](http://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)

## Philmont Advisor Skills School



Hiking around your neighborhood wearing a brick-filled backpack is a good way to get your body in shape for Philmont. But what about your mind? That's where the Philmont Advisor Skills School and Philmont Advisor Workshop really shine.

These courses — offered both at Philmont and in a city near you — are designed for adult advisors signed up to take a Philmont trek in 2017 or 2018. But, really, anyone interested in learning more about Philmont is invited. Last year, more than 1,100 people attended. This year, that number will be even higher.

If you're committed to making your Philmont trek a great experience for the guys and girls in your troop or crew, you really should make plans to attend. Successful Philmont crews begin regular planning meetings and practice hikes more than a year before their trek, and these courses focus your efforts with information straight from the source.

### **Philmont Advisor Workshop (PAW):**

<http://philmontscoutranch.org/TrekPreparation/PASS/PAW.aspx>

PAW courses will be two hour evening workshops (typically 7:00pm-9:00pm) and will cover skills such as what kind of gear to take on your trek, tips and tricks for getting into the proper physical condition for a Philmont trek, and a rundown of the different leadership positions within your crew and how you can better prepare the youth for their leadership role.

Cost: \$10 and covers PAW materials including the PAW Patch.

When (in Washington area):

- Thursday, October 20 – Baltimore, MD
- Wednesday, October 26 – Richmond, VA

### **Philmont Advisor Skills School in the Field (Field-PASS):**

<http://philmontscoutranch.org/TrekPreparation/PASS/Field.aspx>

Field-PASS courses will begin at 9:00am and usually take place in council scout offices. Experienced members from the Ranger and Backcountry Departments will lead you in the backcountry and logistical fundamentals of Philmont over the course of the day. Participants will enjoy a trail lunch and dinner in between training sessions. At the conclusion of the course, advisors will receive PASS materials to share with crew members. Courses end around 5:00pm.

Cost: \$40 and covers a Philmont-style trail meal lunch, dinner, and PASS materials including the PASS Patch.

When (in Washington area):

- Saturday, October 22 – Washington D.C.
- Sunday, October 23 – Washington D.C.

### **Philmont Advisor Skills School at Philmont (PSR-PASS):**

<http://philmontscoutranch.org/TrekPreparation/PASS/PSR.aspx>

Four-day, three-night courses offering the ultimate guide to a Philmont trek. Because people learn best by doing, participants at PSR-PASS head into the Philmont backcountry for an overnight experience that will prepare them for their actual trek.

### **PASS and PAW video**

Prefer your information in video form? Philmont has you covered:

<https://www.youtube.com/watch?v=npgVVI9kr4Y&feature=youtu.be>



## Cub Scout Fall Expo



Come enjoy the fun and games! Cubs will take part in Jamboree on the Air, climb the Scouterhorn, play Gaga Ball, and so much more; in fact even the BB and Archery ranges will be open! There will be a wide variety of vendors, organizations, demonstrations on hand and food available for purchase that day.

**When:** Oct 15, 12 – 5 pm

**Where:** Camp Snyder(6100 Antioch Road, Haymarket, VA).\

**Cost:** \$5 per person

**Register at:** <https://scoutingevent.com/082-CubFallExpo>, registration closes Oct 7.

## Family Camping at Cub Scout Fall Expo



Come for the Expo, stay for the night! This promises to be a fantastically fun filled weekend for Cubs to enjoy the crisp fall air while camping with family and scouting friends. Even better, the event fee includes all access to the Cub Scout Fall Expo!

**Cost:** Scouts/Cub Scout age - \$30, Adults - \$10, Siblings age 5 and under are free

**Optional meal plan:** \$15 per person (lunch/dinner/continental breakfast), Siblings age 5 and under eat free

**TIMES:**

Check-in: Saturday 8 - 10am

Opening Ceremony 10:45am

Lunch 11am

Program Areas Open 12pm—5pm

Dinner 6pm

Campfire: Dusk

Lights out 9pm

Check-out: Sunday 9am

**Register at:** <https://scoutingevent.com/082-OctoberFamilyCamp>

## 2017 Goshen Summer Camp Staff Applicant



Every year, the seven camps and programs which make up the Goshen Scout Reservation employ close to 250 highly motivated individuals to participate in the experience of a lifetime. If you are 14 years of age or older by this summer, you could be a part of something huge!

Information will be available in early October. Staff must be able to work from June 17 until August 9, 2017.

Interviews will be the first two Saturdays in January.

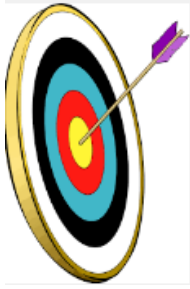
Please call or email Goshen Reservation Director Phil Barbash at (301) 214-9195 or [Philip.Barbash@scouting.org](mailto:Philip.Barbash@scouting.org) with any questions.

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

District Facebook: [www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739](https://www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739)

Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](https://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)

## Great Outdoors!



**When:** Nov 19, 10 - 3 pm

**Where:** Camp Snyder(6100 Antioch Road, Haymarket, VA).\

Activities include Air Gun Shooting ranges, Archery, Tomahawk throw, rock wall climbing and elements from the COPE Challenge Course.

Food Trucks will be on hand and there will be vendors from around the area showcasing recreational activities of all different types. Learn about kayaking, canoeing, skiing, white water rafting, rock climbing, shooting, archery, hiking, and backpacking. Along with representatives from the nearby county, state and federal parks, Scouts can meet staff from area stores that carry everything to meet your outdoor adventure needs.

Don't miss out on the exciting door prizes, games and food throughout the day!

Boy Scout Troops, Venturing Crews, Sea Scout Ships and Explorer Posts are encouraged to camp with us Friday and Saturday night to take full advantage of all that the Great Outdoors! event has to offer. As a special bonus campers will gather together at the end of the day for a group campfire program.

**Register at:** <https://scoutingevent.com/082-GreatOutdoors>

## Scouts, Win Big Prizes and Share your MacGyver-Inspired Projects



In celebration of an all-new *MacGyver* series, Scouts are invited to enter the MacGyver Challenge: Scout Edition Sweepstakes for a chance to win big prizes.

One Grand-Prize winner (plus one parent/guardian) will win a trip to the MacGyver set in Atlanta, Georgia, along with a pizza party for their Boy Scout troop. Ten second-place winners will each receive a collector's edition MacGyver bag including a backpack, t-shirt, MacGyver Paracord Survival Bracelet and a collector's-edition patch. All entrants will receive the collector's-edition MacGyver patch. Winners will be selected via random drawing after the end of the promotion. But don't delay. Like everything in MacGyver's world, there's not much time; the challenge ends Oct. 31, 2016.

The challenge is open to registered Scouts and Venturers ages 12 to 17. To find out more details go to <http://go.boyslife.org/macgyver>. All that is needed to enter is to submit your age, first name, your email address, and your parent/guardian's email address. No project is required.

Have a project you created, using your own "MacGyver" skills that you want to share with Boys' Life? During the promotion period, go to <http://boyslife.org/giveaways/macgyver/project-upload> to submit a picture of your project by uploading a photo or writing about it. Looking for some project inspirations to get started? Check out some cool projects from the Boys' Life Workshop (<http://boyslife.org/section/hobbies-projects/projects/>).

## Maryland Orienteering Day



The 40<sup>th</sup> annual Maryland Scout Orienteering Day is on Saturday, Oct. 29, 2016. Virginia troops (and Venture units) are also eligible, and a large number always attend and do well. There are self-guided instruction and courses designed for beginners to this forest navigation map sport, plus intermediate and advanced levels, all on a clear, professional color orienteering maps (two per Scout.) Last year a new morning instructional activity was a big hit.

This year we're at Patuxent River Park near Upper Marlboro in southern Prince George's County. Field camping is within a hundred yards of our event center and parking. Of the 900 Scouts and Scouters present for this day event last year, 350 camped Friday night and 175 camped Saturday night. Cost is \$4.00 per participant, plus, if camping, an extra \$2 per person per night. Over 100 awards (unique patches) will be presented.

Some of the tougher orienteering merit badge requirements can be met; this event does not focus on GPS or on the Geocaching or Search & Rescue merit badges.

On-line or surface mail registration, Oct. 17 deadline:  
[www.BaltimoreBSA.org/orienteering](http://www.BaltimoreBSA.org/orienteering) , or the contact event chair  
[DaveLinthicum@earthlink.net](mailto:DaveLinthicum@earthlink.net) .

Small troops can combine with other small troops to be eligible for the "premier" troop category (10+ youth.) Venture units, Girl Scouts (age 10.5 or above) also welcome; no Cubs, no Webelos. A minimum of two Scouts from every unit is required.

More local orienteering info may be found at <http://qocweb.org>, the public club based in the DC area. Whether or not you can join us Oct. 29, don't forget the spring 2017 12th Annual National Capital Area Council Scout Orienteering Day.

## International Scouting Day



The mandate of the International Committee of the National Capital Area Council is to help local Scouts learn more about Scouting overseas, and to help Scouts from abroad learn more about the BSA. Every year the International Committee works with the diplomatic community in our nation's capital to fulfil this mandate through an International Scouting Day at a local embassy.

This year the Embassy of the Kingdom of Saudi Arabia will host an International Scouting Day on Saturday, October 15th. Troops and Crews from across the Council are welcome to send a contingent to learn more about the Saudi people, their culture and Scouting on the Arabian peninsula. For more information contact [Mike.Sierra@GooseCreekDistrict.Org](mailto:Mike.Sierra@GooseCreekDistrict.Org) or look to <http://www.ncacbsa.org/council-committees/program-impact/international/>

## Goshen@50 Camporee



NCAC is commemorating the opening of the Goshen Scout Reservation in 1967 with a council-wide celebration! Mark your calendars for this one of a kind camporee on Memorial Day Weekend 2017.

The Camporee will be a great event for Scouts (of all ages and program levels) and their families. Activities will include waterfront, shooting sports, COPE and climbing courses, as well as a special arena show, campfires and Scouting skill competitions. There will also be Alumni events honoring key contributors to Goshen's history.

## Be on Staff for Goshen Camporee 2017



2017 marks the 50<sup>th</sup> anniversary of Goshen Scout Reservation, and to celebrate, Council is throwing a huge party with a council-wide camporee! Volunteers of all different skills are needed to be part of the team. If you are interested in helping out, send an email to [camporee@ncacbsa.org](mailto:camporee@ncacbsa.org).

Note: There will be no District Spring Camporee in 2017

## 2017 Camp Snyder Summer Camp Staff Applicant



Camp Snyder is seeking friendly, outgoing, fun and responsible individuals age 15 and up to be program wide Camp Counselors, and age 18 and up to lead our Fort, Big Dig, Ship, Nature, and Handicraft program areas. We are looking for age 18 and up to direct BB and Archery ranges. 21 and up to be Camp, Program and Aquatics Directors.

Registration opens 12-01-2016. Contact Camp Snyder for more information. Phone: (571) 248-4904, Email: [Camp.Snyder@Scouting.org](mailto:Camp.Snyder@Scouting.org)

## On-Line Resource of the Month



[www.EagleCoach.org](http://www.EagleCoach.org) provides coaching advice to Scouts seeking to become an Eagle Scout, tips, a movie list for the Citizenship in the Community requirement, and even some words to parents dealing with procrastinating Scouts. It is constantly updated to reflect the most current requirements from the Boy Scouts of America.

The site is managed by David G. Hunt who serves as a Vice President of Suffolk County Council, Boy Scouts of America (Long Island, NY.). He is also a member of the Executive Board, and has been an Eagle Scout Coach and merit badge counselor for many years

## Equipment / Gear / Tips

### When Cooking, Watch for the 'Danger Zone'



Nothing says “worst campout ever” like a bad case of food-borne stomach distress.

To make sure your campers steer clear of these potentially serious tummy troubles – which result in more than 100,000 hospitalizations each year – here’s the latest information on how to transport, cook, and store food on campouts.

Howard Seltzer, food safety education advisor at the U.S. Food and Drug Administration, says to watch out for the “Danger Zone” when it comes to serving perishables like meat, poultry, eggs, and seafood. When food is stored below 40 degrees Fahrenheit, the cold inhibits the growth of bacteria and other pathogens. When food is cooked above 140 degrees, heat does the same. Between 40 and 140 degrees, however, bacteria can grow quickly, so make sure your food doesn’t stay in the Danger Zone too long.

Food problems can start while you’re still in the driveway at home. Be sure to transport perishables in the air-conditioned part of the car, since car trunks can get pretty steamy on warm fall days. Don’t pack meat in the same coolers as vegetables, because if juices from meat or poultry leak into uncooked vegetables, the veggies will be contaminated. Likewise, don’t put cold drinks in with perishables, since the drink cooler will be opened frequently on a warm day. The more it’s opened, the faster ice or ice packs will thaw.

And make meat thermometers a must in patrol boxes. Cook ground meat (beef, pork, veal, or lamb) or meat mixtures until the thermometer reaches 160 degrees. For poultry, it’s 165 degrees. For other fresh meats, you’re safe at 145 degrees.

Finally, remember that food – cold or hot – should not be kept outside a cooler for more than two hours if the outside temperature is below 90 degrees. Above 90, it’s one hour.

For much more on safe cooking and food storage, check out [www.FoodSafety.gov](http://www.FoodSafety.gov). There you’ll find myths about food safety (no, spoiled food doesn’t always smell bad) and some fun “Recipes for Disaster” videos. You can also download the USDA Foodkeeper app for more advice on using food at peak quality.

LOL

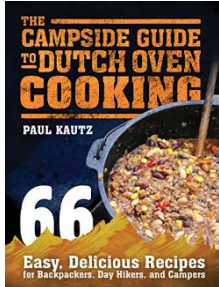


#### Some Camping Tips

- When using a public campground, a tuba placed on your picnic table will keep the campsites on either side vacant.
- When camping, always wear a long-sleeved shirt. It gives you something to wipe your nose on.
- You can compress the diameter of your rolled up sleeping bag by running over it with your car.
- A potato baked in the coals for one hour makes an excellent side dish. A potato baked in the coals for three hours makes an excellent hockey puck.
- The guitar of the noisy teenager at the next campsite makes excellent kindling.
- Bear bells provide an element of safety for hikers in grizzly country. The tricky part is getting them on the bears.

## Books

### The Campsite Guide to Dutch Oven Cooking



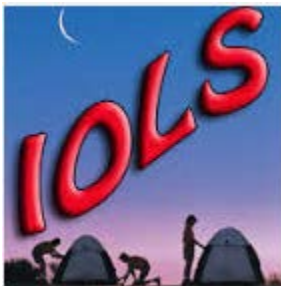
The cast iron Dutch oven is a classic workhorse for any camp cook, perfect for whipping up one-pot meals for breakfast, dinner, desserts, and beyond. Shared here in this compact, ready-made guide are 66 recipes and accompanying color photos that provide a delicious springboard for the new outdoor cook to launch his efforts at keeping fellow campers happily fed in the wild.

In addition to detailed and flavorful recipes, *The Campsite Guide to Dutch Oven Cooking* includes helpful advice on heating for different cooking styles, maintaining even cooking temperatures, cleaning and protecting your Dutch oven, and even tips on choosing the Dutch oven that's right for you. Readers will also find cooking hints and a list of useful accessories to ensure you have all the skills and tools to cook many easy outdoor meals.

Paperback: \$14, Kindle: \$10

## Training Opportunities

### Introduction to Outdoor Leader Skills



Introduction to Outdoor Leader Skills (IOLS) will be presented by Powhatan and Goose Creek Districts.

Outdoor skills are critical to the success of any Scouting program. IOLS provides leaders with the basic outdoor skills needed to start a program right and keep it going.

IOLS is the required outdoor training for all Scoutmasters, Assistant Scoutmasters, and Varsity Scout coaches. The course is also ideal for Venturing leaders because it focuses on building confidence and competence in Leaders conducting outdoor camping experiences.

Powhatan - Goose Creek Introduction to Outdoor Leader Skills (S11)

When: Oct 8-9, 2016

8:30 AM Sat to 3:30PM Sun

Where: Camp Highroad

21164 Steptoe Hill Road

Middleburg, Virginia 20117

Contact: Mark E Teare ([meteare@gmail.com](mailto:meteare@gmail.com))

Please register online at: <https://scoutingevent.com/082-8843>

If you need additional information, please email

[walt.johnson@goosecreekdistrict.org](mailto:walt.johnson@goosecreekdistrict.org)

## Pow Wow 2016



There's no information up yet on the Council website about Pow Wow 2016 but it is scheduled for Nov 19, at Annandale High School (4700 Medford Dr, Annandale, VA). If you did not attend last year's Cub Scout Leader Pow Wow, you missed one of the most exciting, fun-filled Cub Scout Leader training events in the nation.

Please keep checking [www.ncacbsa.org/training/pow-wow/](http://www.ncacbsa.org/training/pow-wow/) for additional information.

## Back Country Outdoor Leader Skills (BCOLS)



This course is aimed at all adults working with older youth regardless of program (Boy Scout, Varsity Scout, Venturer, or Explorer). This training IS NOT recommended for Cub Scout leaders. All participants must have completed Introduction to Outdoor Leader Skills, as well as the position-specific training for their program area (Venturing, Varsity or, Boy Scout) prior to attending this course, and be able to meet physical requirements of the BSA Annual Health & Medical Record.

The target audience are leaders planning High Adventure treks at backcountry venues not supported by BSA infrastructure; however, units planning to attend High Adventure bases supported by BSA will find this course useful, inasmuch as unit shakedowns will, most likely, take place in venues not supported by BSA infrastructure. Back Country Outdoor Leader Skills is offered by the Council Training Committee as an optional follow-on to the basic course, Introduction to Outdoor Leader Skills.

Part 1 – Addresses ways to effectively work with older youth and covers the detailed preparation and planning that must be done before you go out including risk management. Summarizes the personal and crew equipment used for lightweight camping. Plans are also made for the weekend overnight session.

Part 2 – Participants will practice core leader skills for the outdoor program — Leave No Trace, navigation (map & compass plus GPS), terrain awareness, expedition menu planning and food preparation, stove and stove maintenance, wilderness first aid issues, expedition health and hygiene, team building.

### 2017 Spring Course

**Classroom:** Sat. 18 March, from 8:00 AM to 5:00 PM at Scientist Cliffs Community (Alder Rd and Acacia Rd) 3500 Alder Rd, Port Republic, MD

**Overnite:** Sat. 22 April, 7:30 AM thru Sun. 23 April, 1:30 PM. American Chestnut Land Trust 676 Double Oak Rd, Prince Frederick, MD

### 2017 Fall Course

**Classroom:** Sat. 23 September, from 8:00 AM to 5:00 PM at Aldersgate United Methodist Church 1301 Collingwood Rd, Alexandria, VA

**Overnite:** Sat. 21 October, 7:30 AM thru Sun. 22 October, 1:30 PM. Camp William B. Snyder 6100 Antioch Rd, Haymarket, VA

## Leave No Trace Trainer Classes – BSA Outdoor Ethics



**What is the purpose of this class?** The Cub Scout, Boy Scout, Varsity Scout, Venturing, and Sea Scout programs all include outdoor stewardship, care for the environment, and Leave No Trace as part of their programs. This course is offered to train adults and youth aged 14+ to serve their units and districts as Leave No Trace Trainers and as Outdoor Ethics Trainers. Every Cub Scout, Boy Scout, Varsity Scout, Venturing, and Sea Scout unit should have at least one Leave No Trace/Outdoor Ethics Trainer. A Boy Scout must complete this course before he can serve in the Troop Leave No Trace Trainer position.

**Who should attend?** Venturers, Sea Scouts, Varsity Scouts, and Boy Scouts aged 14+; adult Cub Scout, Boy Scout, Varsity, Venturing, and Sea Scout leaders; and District and Council leaders and trainers.

**What will I learn?** This course is designed to enhance your understanding of Leave No Trace practices and outdoor ethics, and to increase your level of expertise and confidence in teaching Leave No Trace skills.

This class is both active and highly interactive. You will be introduced to concepts and methods that will advance your knowledge of Leave No Trace issues in both developed and high adventure environments, expand your repertoire of low-impact skills, and increase your effectiveness in teaching these important skills to others.

On completion of this course, participants will be registered as Leave No Trace Trainers with the Leave No Trace Center for Outdoor Ethics and with the BSA. Students will receive Leave No Trace teaching materials, a certificate of course completion, a Leave No Trace Trainer lapel pin, and a BSA Leave No Trace Trainer card.

This course is instructed by nationally designated Leave No Trace Master Educators and Trainers. Attendance for the entire duration of the training is required.

**When:** Mar 31, 2017 (5pm) – Apr 2 (10am)

**Cost:** \$75, non-refundable, which includes fees and materials. Meals are included. Registration for all courses is via the NCAC website [www.ncacbsa.org/training/outdoor-ethics/](http://www.ncacbsa.org/training/outdoor-ethics/)

**Where:** Northern Virginia (Editor Note: their site and flyer doesn't give the full address, please contact Victor Bieniek at [vbieniek@gmail.com](mailto:vbieniek@gmail.com) or 703-855-8428 (cell))



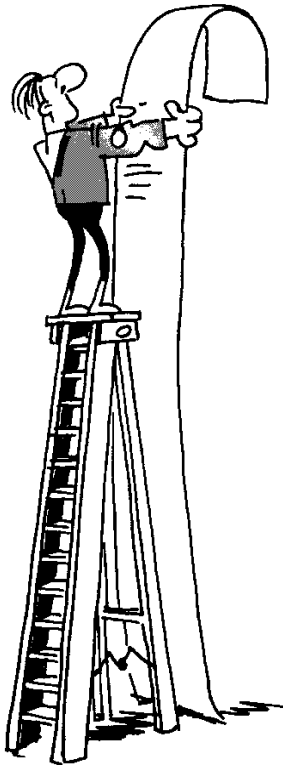
District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

District Facebook: [www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739](https://www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739)

Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](https://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)



# District Calendar



**OCTOBER 2016**

- 8 *Den Chief Training*
- 10 Columbus Day
- 12 Roundtable
- 12 OA Chapter Meeting
- 14-16 JOTA/JOTI
- 17-18 *Intro to Outdoor Leader Skills*
- 22-23 *Webelos-o-ree*
- 26 District Committee

**NOVEMBER 2016**

- 5 *SFF Bag Distribution*
- 9 Roundtable
- 9 OA Chapter Meeting
- 12 *SFF Food Pickup*
- 16 District Committee
- 19 *PowWow*
- 29 *Life to Eagle Seminar*
- 30 *Final Date for Recharter Turn In*

**December 2016**

- 14 Roundtable
- 14 OA Chapter Meeting
- 15 *Annual District Business Meeting*
- 22 Winter Break Starts

**JANUARY 2017**

- 2 Winter Break Ends
- 11 Roundtable
- 11 OA Chapter Meeting
- 16 MLK Jr. Day
- 25 District Committee
- 27 Moveable School Holiday
- 27-29 *Freeze-o-ree*

**FEBRUARY 2017**

- 5 Scout Sunday
- 8 Roundtable
- 8 OA Chapter Meeting
- 11 Scout Sabbath
- 18 *University of Scouting*
- 20 President's Day
- 22 District Committee

**MARCH 2017**

- 2 *AOL Recognition Ceremony*
- 4 *District Pinewood Derby*
- 8 Roundtable
- 8 OA Chapter Meeting
- 22 District Committee

**APRIL 2017**

- 7 Student Holiday
- 10-14 Spring Break
- 12 Roundtable
- 12 OA Chapter Meeting
- 15 Student Holiday
- 26 District Committee
- 28-30 *OA Spring Ordeal*

**MAY 2017**

- 10 *Program Launch*
- 10 OA Chapter Meeting
- 24 District Committee
- 29 Memorial Day

**June 2017**

- 3 *Soda Bottle Rocket Derby*
- 7 Roundtable
- 7 OA Chapter Meeting
- 9 Last Day of School
- 21 District Committee

**JULY 2017**

- 4 Independence Day

**AUGUST 2017**

- 9 Roundtable
- 9 OA Chapter Meeting
- 24 District Committee

**September 2017**

- 4 Labor Day
- 13 Roundtable
- 13 OA Chapter Meeting
- 23-24 *Webelos-o-ree*
- 27 District Committee