



# Goose Creek District Newsletter



August 2016

Volume 8, Issue 1



from Scoutmaster Clarke Green, <http://scoutmastercg.com/what-do-scouts-decide/>, Oct 18, 2013

## Special Interest:

### District

- Webelos-o-ree – pg 2
- Join Scouting Night – pg 4

### Advancement

- Merit Badge Group Instruction Guide – pg 5

### Council/National

- Goshen Camporee – pg 7
- International Scouting Day – pg 10




### Training

- IOLS/OLSWL – pg 13
- Back Country Outdoor Leader Skills – pg 13
- BALOO – pg 14

## Quick Calendar:

- Aug 5-6 – IOLS/OLSWL
- Aug 10 – Roundtable
- Sep 14 – Roundtable
- Oct 8 – Den Chief Training
- Oct 12 Roundtable
- Oct 15 – Life to Eagle
- Oct 17-18 – IOSL
- Oct 22-23 – Webelos-o-ree

## Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

## What Do Scouts Decide?

There's a lot of discussion about who makes decisions about what activities Scouts put on their schedule. What do Scouts decide? Should adults be part of that process, or must we always allow Scouts to make these decisions? Some would argue that who makes these decisions is a good test of whether a troop is youth-led or not. 'Youth led' is a key component of the patrol system, so the question we ought to be asking is if we are applying the patrol system.

I think it's safe to say we sometimes place too much value in the "what and where" decisions in Scouting and don't think enough about the "why, how, and who".

Where you go camping is inconsequential, how you go camping is everything.

All of Scouting's program elements (pioneering, backpacking, cooking, cycling, canoeing, etc.) are slightly different iterations of putting the patrol system into practice. We could return to the same campsite ten times a year and do ten different things, or the same thing each time, but in the end applying the patrol system is all that really matters.

If you ask a patrol leader's council to start with a blank calendar and fill it in you are asking them to re-invent the wheel. Some Scoutmasters complain if patrol leaders choose the same activities from year to year, there are a few that require they don't repeat anything from one year to the next.

I don't see any appreciable difference between a camping trip to a local park where patrols are functioning at a high level, cooking, hiking, playing games, and a high dollar trip to an incredible something-or-other. I like a change of scenery, enjoy a big exciting activity or challenging adventure; but I see comparatively little value in those things when compared to the real work of Scouting that happens in a humble campsite set up by a patrol.

A common counter argument is "If we don't go to different places and do different things our Scouts will get bored and quit". This is only true if you aren't applying the patrol system. Scouts, especially older Scouts, aren't nearly as interested in doing new, different, big things as they are in the patrol system. They are endlessly inspired and energized when they have real responsibility with the accomplishment and freedom that comes from governing themselves. If they are just participants in various activities and those activities don't change, yes, they will get bored and quit.

All that being said Scout should choose their own activities, and adults should respect those decisions so long as they within the bounds of the program. We encourage invention and innovation, but I don't think we need to require it. Some of my Senior Patrol Leaders have been very energetic and interested in new ideas, some are happy to use ones we have repeated many times.

Who makes 'where and what' decisions is a small percentage of what constitutes any objective indication of a troop applying the patrol system. The "why, how, and who" are much more important.

## District News

District Website: [www.NCACBSA.org/GooseCreek](http://www.NCACBSA.org/GooseCreek)

### Webelos-o-ree 2016!



Goose Creek's annual Webelos-o-ree will be held October 22-23 at Camp Snyder. This camping event is designed to introduce Webelos and their parents to the fun Scouting adventures ahead and to help make the transition into Boy Scouts exciting.

The Webelos-o-ree starts off with an opening ceremony Saturday morning and wraps up Sunday after chapel services. Activities will be run by our own Boy Scout troops and can include such things as: Fire building, cooking, monkey bridge, BB shooting and/or archery, a campfire run by the Boy Scout Order of the Arrow, and much more. For the adults we'll provide plenty of Scout leaders to answer questions about camping, joining Boy Scouts, and camping equipment. We will also hold a Webelos to Scout orientation for Arrow of Light Scouts and an Introduction to Webelos meeting for the new Webelos (this year's Bears) and their parents.

The registration information will be up on the district website by the beginning of September. This year we will be doing online registration. Requests for the packet can also be emailed to [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org)

### A Message from Peggy Durban, our District Director



Scouters in Goose Creek District. It is with mixed feelings I send out this notice. I would like to take this opportunity to let you know, that I have accepted the position of Mountain West Field Director, effective now.

What does this mean? It means, I will now be serving all of the Scouts and Scouters in Frederick County, Loudoun County, and the Western side of Fairfax County. What this also means, as a Field Director, in the absence of a District Executive, the Field Director serves as a Districts' Executive until a person is named. So....along with my additional duties, I will still be your District Director in Goose Creek until I find my replacement(s) and I will be the person training your new District Executive and District Director. Currently there is not any one in these two positions

I would also like to take this opportunity to thank each and every Scouter who has allowed me the privilege of representing them in Scouting. I'm not leaving the area, but obviously my time will be spent in a much broader capacity. But know, I value highly and always will, the friendships of the people who have been integral in helping me be a successful servant for the Boy Scouts of America.

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District Facebook: [www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739](https://www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739)

Roundtable Facebook: [www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224](https://www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224)

## Honoring The Highest Scouting Awards



Beginning September 1, 2016, if you have recently earned the highest rank in Boy Scouts or Girl Scouts--and you live in Loudoun County, VA -- Sumser Photography would consider it an honor and privilege to symbolize your achievement with a free portrait in uniform. The cost of the session itself as well as one 8x10 print are our gifts to you in recognition of this outstanding accomplishment.

Chas Sumser writes: As an Eagle Scout myself, I know what it takes to reach this goal. Typically, not only are you working on the scouting requirements, but you're also juggling the demands of high school academics, sports, family, church, and other extra-curricular activities. The commitment you have made to yourself, to your life, and to your community is more than worthy of special recognition.

To arrange a session, please use our contact page (<http://sumserphotography.com/post-portraits/honoring-the-highest-scouting-awards/>) and put "Scout Award" in the subject. Include scout's name, troop number and date of award.

Please note that eligibility is limited to scouts who contact us prior to or within one month after their Eagle Court of Honor or Gold Award Ceremony.

Congratulations on your amazing achievement.

## Court of Honor for 7 Eagle Scouts

Troop 982 of Leesburg, Virginia held a special Court of Honor for seven (SEVEN!) Eagle Scouts on June 15th. Those Eagles were:

Tyler W. Daily  
 Kyle P. Reimer  
 Owen M. Little  
 Daniel M. Malloy  
 Scott W. Stowell  
 George T. Crew II  
 Parker S. Hough



## Join Scouting Night 2016



Well it is getting close to that time of year and summer will be coming to a close. That means back to school and JSN Night.

JSN night this year will be held Wednesday, September 21, 2016.

In order to prepare your unit for Stacy Noll, our District Membership Vice-Chair is organizing some training sessions. For more information contact her at: [Stacey.Noll@GooseCreekDistrict.org](mailto:Stacey.Noll@GooseCreekDistrict.org).

## Troop Participation in the Webelos-o-ree



Over the years we have heard from several troops that one reason that they don't participate in the Webelos-o-ree (Oct 22-23 at Camp Snyder) is that they already have enough Webelos joining their troop and don't need to do another recruiting event. What the troops who do participate, and keep coming back, found is that this is not a recruiting event; it's a chance for their Scouts to teach skills to others. Teaching others is the best way to really acquire deep knowledge of an area. By sharing their skills, Scouts retain their knowledge better and provide service to others.

At the Webelos-o-ree each troop selects a different activity/skill that their Scouts teach the Webelos and their parents during a morning and afternoon session. And the cost? Nothing! There is no registration fee for Boy Scouts, even if they camp. The only thing required is a service project to help keep the event running (starting cooking fires, cleanup, food prep, etc.).

If your troop is interested in participating in this year's Webelos-o-ree, even if you were at last year's, please contact [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org) so we can coordinate the activities to be run.

We are also looking for 4-5 Scouts, age 13 and older, who would like to be part of the Webelos-o-ree staff. The service would include helping with the flag ceremonies, running the Webelos challenge event, working the food line for supper, assistance with the campfire, and general "go to" jobs during the day. Meals and work all provided free.

## Flag Retirements at Webelos-o-ree



At the Webelos-o-ree this year we would like to again set up a flag retirement station and have the Scouts join in the ceremony. If anyone has, or know someone who has, a flag that is ready for retirement please contact at [Webelosoree@GooseCreekDistrict.org](mailto:Webelosoree@GooseCreekDistrict.org) or bring them to one of the Roundtables.

## Race Director Wanted



The Goose Creek Championship Pinewood Derby is looking for a new Race Director. Responsibilities include promoting event, working with sponsors and volunteers, coordinating Derby Diner, and running the event, including registration and tech inspection. Benefits include hundreds of smiles from hundreds of Cub Scouts watching their cars fly down the track. Can also be used as a fund raiser for the right unit, Pack, Troop or Crew. Turn-key operation, proven successful methods and plenty of support. Interested parties please contact Vice Chair of Programming at [stevewolfson@verizon.net](mailto:stevewolfson@verizon.net).

## Report Those High Adventure Treks



If your troop had a crew or two do one of the BSA high adventure camps this summer we would like to post of a photo of the crew in the newsletter. Just send a photo of the crew and tell us which trek they did to [GCProgram@verizon.net](mailto:GCProgram@verizon.net). This way everyone can see what great fun your Scouts are having and wonder why they aren't doing the same. Think of it as bragging rights.

## “Onward and Upward”

On the Advancement Trail

## New Eagles



Congratulations to Goose Creek's newest Eagles:

**Matthew Bixler** – Troop 1550

**Noah Gleason** – Troop 39

**Cameron Morrison** – Troop 1910

**Matthew E. Rivinius** – Troop 2970

**Dallin Smith** – Crew 953

**Benjamin Testa** – Troop 163

**Samuel Turner** – Troop 1910

## Merit Badge Group Instruction Guide



This new document was recently posted! Merit Badge Group Instruction Guide can now be found at the Advancement Resources web page: [www.scouting.org/advancement](http://www.scouting.org/advancement). Located under the Merit Badge category, this document provides a review of Guide to Advancement Topic 7.0.3.2, with highlights on planning the event as well as evaluating the event. Review this document when your unit, district, or council is anticipating conducting a merit badge event where group instruction will take place.

## Pictures from Eagle Projects

Below are pictures of Troop 1154's Jonah Hyatt's Eagle Scout project. For his project six benches and two tall vertical gardens were built for an outdoor education classroom for Dominion Trail Elementary School in Ashburn. A lot of neighbors, fathers and even the Cubmaster for Pack 1151, Mr. Weitzel, came out to test the benches.



Patrick Rice's Eagle Project of Troop 982 of Leesburg was the construction of a pergola (a shaded walkway, passageway, or sitting area of vertical posts or pillars that usually support cross-beams and a sturdy open lattice, often upon which woody vines are trained) at Temple Hall Farm Regional Park.



## Council / National News

Council Website: [www.NCACBSA.org](http://www.NCACBSA.org)

### Jeff Segler Named BSA's National Artist



The story of Scouting has been told through campfire tales, physical and digital photo albums, and official Boy Scouts of America paintings.

In history, only two men have created those official paintings: Norman Rockwell and Joseph Csatari.

Now a third has joined that colorful lineage.

Jeff Segler, an Eagle Scout and former Philmont staffer who has been involved with Scouting for nearly 50 years, has been named national artist of the Boy Scouts of America.

Segler, who lives in Santa Fe, N.M., says he was “stunned” and “honored” to be offered the position. He says he will continue to showcase the magic of Scouting in the spirit of Rockwell and Csatari.

“Both were such great visual storytellers, and there are so many new stories to be told,” Segler says. “It is going to be fun. I’m excited for the challenge.”

### Surprise, You're the Cubmaster! Here's a Guide to Getting Started



The moment arrives slowly, then all at once. You've been involved with the Cub Scout pack for a few months. You have led a few field trips, brought snacks to a few meetings and even led a pack meeting or two all by yourself.

Then suddenly it dawns on you. You're the Cubmaster.

That all-too-familiar tale happened to Matt Janchar in 2013. He's been Cubmaster of Pack 157 in Weston, Mass., ever since. And whether you're a veteran Cubmaster, new Cubmaster or a Cubmaster-in-training, Janchar has some essential tips to surviving and thriving in this vital role.

Janchar was the guest on the July 2016 edition of CubCast, which you can listen to here ([www.scouting.org/Scoutcast/Cubcast2016.aspx](http://www.scouting.org/Scoutcast/Cubcast2016.aspx)) or by searching “CubCast” on your favorite podcasting app.

### Goshen@50 Camporee



NCAC is commemorating the opening of the Goshen Scout Reservation in 1967 with a council-wide celebration! Mark your calendars for this one of a kind camporee on Memorial Day Weekend 2017.

The Camporee will be a great event for Scouts (of all ages and program levels) and their families. Activities will include waterfront, shooting sports, COPE and climbing courses, as well as a special arena show, campfires and Scouting skill competitions. There will also be Alumni events honoring key contributors to Goshen's history.

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## Why Shouting 'Sign's Up' to Quiet Scouts Kind of Defeats the Purpose



Without saying a word, a leader can raise the Scout sign and transform a room of rowdy Scouts into a quiet, attentive group.

Sometimes it takes a few moments, but eventually the Scouts notice the silent signal and raise their sign. Like magic, the effect spreads until everyone quiets down.

But on a few occasions this act is accompanied by an unnecessary, not-so-silent exclamation: "Sign's up!" Moment over. Magic ruined.

Page 42 of Vol. 1 of the Troop Leader Guidebook says adults should never shout "sign's up" to shush Scouts: "The Scout sign is a silent signal, and getting control of the group is the senior patrol leader's responsibility."

A Cubmaster or senior patrol leader might have to stand up there, sign raised, for 20 seconds or even a full minute for the group to quiet down, but the lesson learned will have been worth it.

Yep, it takes patience to stand there with your arm up, waiting on the Scouts, parents, siblings and sometimes leaders to quiet down and pay attention. But it needs to be done that way. In the end, it's worth it. Eventually, the Scouts will learn that things will go smoother and faster if they are paying attention and quiet down quickly when the sign goes up.

## American Hiking Society has a Deal for 2016 High-Adventure Base Attendees



If your Summer of Scouting 2016 included (or will include) a trip to a BSA high-adventure base, you're pretty lucky. And not just because you experienced the adventure of a lifetime in New Mexico, Florida, Minnesota, Canada or West Virginia.

The American Hiking Society has a special offer for participants of 2016 high-adventure programs at Philmont, Sea Base, Northern Tier or the Paul R. Christen High Adventure Base at the Summit Bechtel Reserve.

Scouts and Scouters can get a membership to the American Hiking Society — normally \$40 — for just \$10. Membership comes with benefits: tips about backpacking, camping and hiking; gear reviews; and a one-year digital subscription to Backpacker magazine. All that while helping the American Hiking Society's mission of protecting the places you love to explore.

If you attended one of those four national high-adventure bases in 2016, you qualify. Use the links below to get started.

- Northern Tier - [www.americanhiking.org/bsant/](http://www.americanhiking.org/bsant/)
- Philmont - [www.americanhiking.org/bsapr/](http://www.americanhiking.org/bsapr/)
- Sea Base - [www.americanhiking.org/bsahighadventure/](http://www.americanhiking.org/bsahighadventure/)
- Summit Bechtel Reserve - [www.americanhiking.org/bsasb/](http://www.americanhiking.org/bsasb/)

The BSA and the American Hiking Society are natural allies, and each year the BSA helps promote the society's National Trails Day, which was June 4, 2016.



## Drone Safety



Now that drones, or small unmanned aircraft systems (sUAS), are readily available, Scouts and Scouters may be considering incorporating them in an activity or using them to capture photos and videos. BSA local councils may also be considering using them as part of a camp program. We continue to monitor their use and application for future program opportunities.

At this time, we would point potential users to the preface of the Guide to Safe Scouting: "In situations not specifically covered in this guide, activity planners should evaluate the risk or potential risk of harm, and respond with action plans based on common sense, community standards, the Boy Scout motto, and safety policies and practices commonly prescribed for the activity by experienced providers and practitioners."

If considering the use of a drone, or sUAS review and be familiar with the information at <http://knowbeforeyoufly.org> so you can fly responsibly. The organization provides these recommendations:

- Fly no higher than 400 feet and remain below any surrounding obstacles when possible.
- Keep your sUAS in eyesight at all times, and use an observer to assist if needed.
- Do not intentionally fly over unprotected persons or moving vehicles, and remain at least 25 feet away from individuals and vulnerable property.
- Ensure the operating environment is safe and that the operator is competent and proficient in the operation of the sUAS.
- Do not conduct surveillance or photograph persons in areas where there is an expectation of privacy without the individual's permission.
- Be aware of and guided by the Sweet 16 of BSA Safety ([www.scouting.org/scoutsource/HealthandSafety/Sweet16.aspx](http://www.scouting.org/scoutsource/HealthandSafety/Sweet16.aspx)).
- Complete a Program Hazard Analysis ([www.scouting.org/filestore/pdf/680-009.pdf](http://www.scouting.org/filestore/pdf/680-009.pdf)) to identify and be familiar with the hazards and risks associated with this activity. Pay particular attention to the potential legal liability for injuries and invasion of privacy.
- Take a PAUSE ([www.scouting.org/filestore/healthsafety/pdf/680-046.pdf](http://www.scouting.org/filestore/healthsafety/pdf/680-046.pdf)) for safety prior to a flight.
- Additional risk assessment tools can be found in the Enterprise Risk Management Committee Guidebook, No. 680-026 , Appendix 1 ([www.scouting.org/filestore/healthsafety/pdf/680-026.pdf](http://www.scouting.org/filestore/healthsafety/pdf/680-026.pdf)).

## Be on Staff for Goshen Camporee 2017



2017 marks the 50<sup>th</sup> anniversary of Goshen Scout Reservation, and to celebrate, Council is throwing a huge party with a council-wide camporee! Volunteers of all different skills are needed to be part of the team. If you are interested in helping out, send an email to [camporee@ncacbsa.org](mailto:camporee@ncacbsa.org) .

- Note: There will be no District Spring Camporee in 2017

## International Scouting Day



The mandate of the International Committee of the National Capital Area Council is to help local Scouts learn more about Scouting overseas, and to help Scouts from abroad learn more about the BSA. Every year the International Committee works with the diplomatic community in our nation's capital to fulfil this mandate through an International Scouting Day at a local embassy.

This year the Embassy of the Kingdom of Saudi Arabia will host an International Scouting Day on Saturday, October 15th. Troops and Crews from across the Council will welcome to send a contingent to learn more about the Saudi people, their culture and Scouting on the Arabian peninsula. For more information contact [Mike.Sierra@GooseCreekDistrict.Org](mailto:Mike.Sierra@GooseCreekDistrict.Org) or look to <http://www.ncacbsa.org/council-committees/program-impact/international/>

## ScubaJam Virginia 2016



**What:** The ScubaJam Virginia program was created to provide a great SCUBA diving experience to BSA registered youths, boys and girls, ages 11-20. The event has been created by interested divers representing dive shops, scuba training operations, and various BSA Troops and Venturing Crews.

**Where:** Lake Phoenix, VA (1 Quarry Ln, Rawlings, Virginia 23876)

**When:** Sept 2-5, 2016

**Cost and Registration:** [www.scubajam-va.org](http://www.scubajam-va.org) (Note: ScubaJam is not a BSA sponsored event but rather an event provided for BSA Units and Crews).

**Prerequisites for Participation:**

- Youth must be 11-20 years of age
- Hold an Open Water Certification Card or be under the training supervision of a current and insured Scuba Instructor (Non-divers are welcome to camp and snorkel. Or better yet – get certified before you arrive!); and
- Be registered with a participating BSA Troop or Crew or other youth group and the group must (1) register themselves and their members with the event, (2) take responsibility for meeting youth protection and control requirements of their respective organizations and (3) must have a dive professional attached to the registration.

If you are a small group of less than 6 youth divers or an individual, please contact [info@scubajam-va.org](mailto:info@scubajam-va.org). Volunteer staff can assist you with joining another small group and if needed, ensure you have a Dive Pro available for a safe diving experience.

## On-Line Resource of the Month



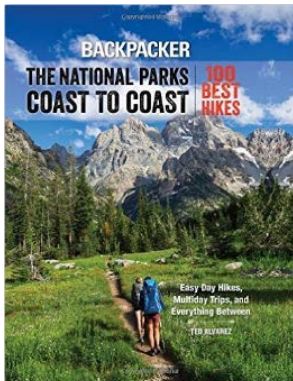
[www.Hillmap.com](http://www.Hillmap.com) is a free and powerful mapping website that allows you to create & print high-quality topo maps, share your maps and trails with your trip partners, calculate slope, check the weather & snowpack and upload & download gpx files among other tools.

The hillmap webpage opens with a split screen of two maps (a topo map right beside a satellite view at the same scale), and a header that opens up a variety of tools you can use to customize a map, analyze terrain and derive more information about your trip.

Activate the Points tab and click the map to measure the elevation, location and slope at a point anywhere in the world. Links to a weather.gov forecast for the point and a peakfinder.org panoramic display of visible named peaks will also appear. Use the Paths tab to construct and measure a route or trail.

## Books

### Backpacker The National Parks Coast to Coast: 100 Best Hikes



Three great things about hiking in a national park: fresh air and your own two feet. Now a new book from *Backpacker* magazine can guide you to finding the best trails.

*Backpacker: The National Parks Coast to Coast: 100 Best Hikes*, a new book by Ted Alvarez, the magazine's Northwest editor, offers park-specific visiting tips and detailed hike profiles. Explore the crystal clear waters on the Summit Lakes Trail at Lassen Volcanic National Park, take in the expansive views at Shenandoah National Park's Old Rag Mountain, or traverse the sandstone cliffs at Angel's Landing in Zion National Park. Choose your adventure from any of the forty-four national parks profiled throughout the book. This book delivers jaw-dropping photos, detailed hike descriptions and maps, ranger essays, and more, all of which combine to create an intimate look at the best our national parks have to offer.



#### FAMOUS LAST WORDS

- ... the campsite is just another half-mile up the trail.
- ... of course I packed the food.
- ... and I checked and no rain is expected this weekend.
- ... one match is all I ever need to start a campfire.
- ... bugs never bite me.
- ... so I volunteered, they said it would take just one hour a week.

## Equipment / Gear / Tips

### Cookware: How to Choose



**Cookset or Individual Pieces?** You can buy a complete cookset or cookware items piece by piece. Cooksets are collections of pots, pans and lids designed to nest together. Some cooksets include extras such as cups, mugs or plates that nest within the pots. Individual pieces allow you the freedom to build your set exactly the way you want it. This method may not be ideal if you're looking to save weight for backpacking. However, it's a great way to build versatility into your cookware collection.

#### Cookware Material Options

##### Aluminum

**Pros:** Lightweight, affordable and a good conductor of heat. Good for simmering foods without scorching.

**Cons:** Breaks down slowly when exposed to acidic foods. Dents and scratches easily. Some people ask if using aluminum cookware is unhealthful. Based on reports from the National Institutes of Health, the Food and Drug Administration and the London-based Alzheimer's Society, no health risks are associated with the use of aluminum pots, pans or skillets. States the Alzheimer's Society: "There is no conclusive medical or scientific evidence of a link between aluminum and Alzheimer's disease." While not a health concern, cooking leafy greens or cauliflower in aluminum cookware is not recommended since it can impact the taste and appearance.

##### Hard-anodized aluminum

**Pros:** This oxidized material resists scratches and abrasion and is long lasting.

**Cons:** None.

##### Stainless steel

**Pros:** Tougher, more scratch-resistant than aluminum.

**Cons:** Heavier than aluminum, doesn't conduct heat as uniformly (can cause hot spots that scorch food).

##### Titanium

**Pros:** Super lightweight—it's your lightest option without compromised strength. Highly corrosion-resistant, heats up quickly and operates effectively without maximum heat.

**Cons:** More expensive than other options. Conducts heat less evenly than stainless steel. Take care not to overheat it.

##### Cast iron

**Pros:** It's tough and ideal for baking or cooking.

**Cons:** Very heavy; not for backpacking. Requires proper care.

##### Nonstick coatings (available on some metal cookware)

**Pros:** Make clean up a breeze.

**Cons:** Less durable than regular metal surfaces. Most can be scratched by metal utensils.

Cookware coated with food-grade fluoropolymer PTFE can emit toxic fumes if severely overheated. Inhaling these fumes can cause flu-like symptoms in humans, and they have been known to kill pet birds. Use caution when cooking with nonstick-coated cookware (don't use when broiling food, for example) or consider using uncoated options instead.

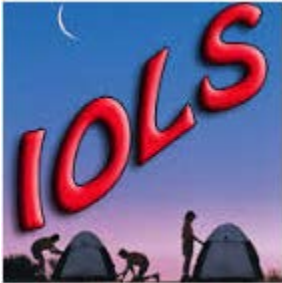
##### Plastic

**Pros:** Lightweight, cheap, non-abrasive. Perfect for utensils and air-tight food containers.

**Cons:** Not as durable or heat-resistant as metal. Some plastics can pick up and retain food flavors/odors.

## Training Opportunities

### Introduction to Outdoor Leader Skills and Outdoor Leader Skills for Webelos Leaders



Introduction to Outdoor Leader Skills (IOLS) and Outdoor Leader Skills for Webelos Leaders (OLSWL) Training will be presented by Goose Creek District Training at Blue Ridge Regional Park on August 5-6, 2016 (4 PM Fri – 4 PM Sat).

Outdoor skills are critical to the success of any Scouting program. IOLS provides leaders with the basic outdoor skills needed to start a program right and keep it going and is the required outdoor training for all Scoutmasters, Assistant Scoutmasters, and Varsity Scout coaches. The course is also ideal for Venturing leaders because it focuses on building confidence and competence in Leaders conducting outdoor camping experiences.

OLSWL prepares the WEBELOS Leaders for the camping experience.

All Leaders should wear their Class A Scout Leader Uniform.

Please bring a chair and a water bottle for class sessions. Also bring full camping gear for an overnight stay; camping overnight is part of the course.

Meals will be provided. Please provide any dietary restrictions.

There is a \$35 fee for this class.

The web registration is at this link: <https://scoutingevent.com//082-8915>

If you need additional information please email  
[walt.johnson@goosecreekdistrict.org](mailto:walt.johnson@goosecreekdistrict.org)

### Back Country Outdoor Leader Skills (BCOLS)



This course is aimed at all adults working with older youth regardless of program (Boy Scout, Varsity Scout, Venturer, or Explorer). This training IS NOT recommended for Cub Scout leaders. All participants must have completed Introduction to Outdoor Leader Skills, as well as the position-specific training for their program area (Venturing or, Varsity or, Boy Scout) prior to attending this course and be able to meet physical requirements of the BSA Annual Health & Medical Record.

The target audience are leaders planning High Adventure treks at backcountry venues not supported by BSA infrastructure; however, units planning to attend High Adventure bases supported by BSA will find this course useful, inasmuch as unit shakedown will, most likely, take place in venues not supported by BSA infrastructure. Back Country Outdoor Leader Skills is offered by the Council Training Committee as an optional follow-on to the basic course, Introduction to Outdoor Leader Skills.

**Classroom:** Sat. 9/24 from 8:00 AM to 5:00 PM at Aldersgate United Methodist Church 1301 Collingwood Road Alexandria, VA

**Overnight:** Sat. 10/22, 7:30 AM thru Sun. 10/23, 1:30 PM Camp William B. Snyder 6100 Antioch Road Haymarket, VA

The registration for the course is now open. Details can be found at:  
<http://www.ncacbsa.org/training/back-country-leadership-skills/>

BALOO Training



Are you a Pack parent? Does your family like to go camping? Do you want your unit to be in compliance with BSA policies AND benefit for liability coverage in case of accident for approved activities? Then Basic Adult Leader Outdoor Orientation (BALOO) is the course for you!

The Boy Scouts of America offers a day long course in all things camping, from site selection, to program, menu, campfire and more. BALOO certification of at least one adult is required for every Pack campout, and BALOO never expires.

BALOO training will be offered for any parent who wishes to attend. Save the date of September 17th and look to the Goose Creek District pages for more detail in the day ahead. For additional information, contact [Mike.Sierra@GooseCreekDistrict.Org](mailto:Mike.Sierra@GooseCreekDistrict.Org).

# HERMAN

by Jim Linger



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## Leave No Trace Trainer Classes – BSA Outdoor Ethics



**What is the purpose of this class?** The Cub Scout, Boy Scout, Varsity Scout, Venturing, and Sea Scout programs all include outdoor stewardship, care for the environment, and Leave No Trace as part of their programs. This course is offered to train adults and youth aged 14+ to serve their units and districts as Leave No Trace Trainers and as Outdoor Ethics Trainers. Every Cub Scout, Boy Scout, Varsity Scout, Venturing, and Sea Scout unit should have at least one Leave No Trace/Outdoor Ethics Trainer. A Boy Scout must complete this course before he can serve in the Troop Leave No Trace Trainer position.

**Who should attend?** Venturers, Sea Scouts, Varsity Scouts, and Boy Scouts aged 14+; adult Cub Scout, Boy Scout, Varsity, Venturing, and Sea Scout leaders; and District and Council leaders and trainers.

**What will I learn?** This course is designed to enhance your understanding of Leave No Trace practices and outdoor ethics, and to increase your level of expertise and confidence in teaching Leave No Trace skills.

This class is both active and highly interactive. You will be introduced to concepts and methods that will advance your knowledge of Leave No Trace issues in both developed and high adventure environments, expand your repertoire of low-impact skills, and increase your effectiveness in teaching these important skills to others.

On completion of this course, participants will be registered as Leave No Trace Trainers with the Leave No Trace Center for Outdoor Ethics and with the BSA. Students will receive Leave No Trace teaching materials, a certificate of course completion, a Leave No Trace Trainer lapel pin, and a BSA Leave No Trace Trainer card.

This course is instructed by nationally designated Leave No Trace Master Educators and Trainers. Attendance for the entire duration of the training is required.

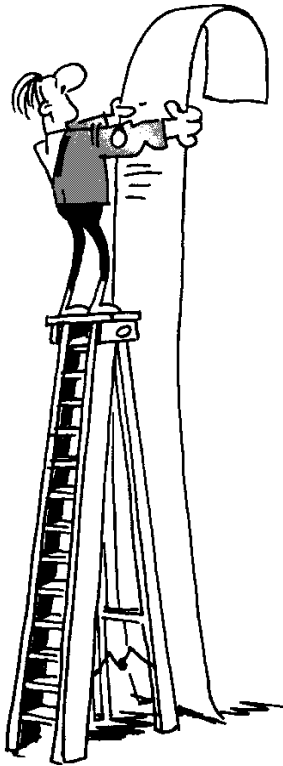
**When:** (both of these are a separate class, you do not need to do both)

- Sep 23 (5pm) – Sep 25 (10am)
- Mar 31, 2017 (5pm) – Apr 2 (10am)

**Cost:** \$75, non-refundable, which includes fees and materials. Meals are included. Registration for all courses is via the NCAC website [www.ncacbsa.org/training/outdoor-ethics/](http://www.ncacbsa.org/training/outdoor-ethics/)

**Where:** Northern Virginia (Editor Note: their site and flyer doesn't give the full address, please contact Victor Bieniek at [vbieniek@gmail.com](mailto:vbieniek@gmail.com) or 703-855-8428 (cell))

# District Calendar



## AUGUST 2016

- 5-6 **Intro to Outdoor Leader Skills**
- 10 Roundtable
- 10 OA Chapter Meeting
- 24 District Committee
- 29 First Day of School

## SEPTEMBER 2016

- 5 Labor Day
- 14 Roundtable
- 14 OA Chapter Meeting
- 28 District Committee

## OCTOBER 2016

- 8 **Den Chief Training**
- 10 Columbus Day
- 12 Roundtable
- 12 OA Chapter Meeting
- 15 **Life to Eagle Seminar**
- 17-18 **Intro to Outdoor Leader Skills**
- 22-23 **Webelos-o-ree**
- 26 District Committee

## NOVEMBER 2016

- 5 **SFF Bag Distribution**
- 7-8 Student Holiday
- 9 Roundtable
- 9 OA Chapter Meeting
- 12 **SFF Food Pickup**
- 16 District Committee
- 23-25 Holiday

## December 2016

- 14 Roundtable
- 14 OA Chapter Meeting
- 15 **Annual District Business Meeting**
- 22 Winter Break Starts

## JANUARY 2017

- 2 Winter Break Ends
- 11 Roundtable
- 11 OA Chapter Meeting
- 16 MLK Jr. Day
- 25 District Committee
- 27 Moveable School Holiday

## FEBRUARY 2017

- 5 Scout Sunday
- 8 Roundtable
- 8 OA Chapter Meeting
- 11 Scout Sabbath
- 18 **University of Scouting**
- 20 President's Day
- 22 District Committee

## MARCH 2017

- 2 **AOL Recognition Ceremony**
- 8 Roundtable
- 8 OA Chapter Meeting
- 22 District Committee

## APRIL 2017

- 7 Student Holiday
- 10-14 Spring Break
- 12 Roundtable
- 12 OA Chapter Meeting
- 15 Student Holiday
- 26 District Committee

## MAY 2017

- 10 **Program Launch**
- 10 OA Chapter Meeting
- 24 District Committee
- 29 Memorial Day

## June 2017

- 3 **Soda Bottle Rocket Derby**
- 7 Roundtable
- 7 OA Chapter Meeting
- 9 Last Day of School
- 21 District Committee

## JULY 2017

- 4 Independence Day