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Advancement

- Merit Badge Concerns – pg 5
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- Cooking MB – pg 10

Council/National

- High Adventure Crews – pg 13




Training

- Wilderness First Aid – pg 20

Quick Calendar:

- Nov 2 & 9 – Scouting for Food
- Nov 13 – Roundtable
- Nov 16 – PowWow
- Dec 11 – Roundtable
- Jan 8 – Roundtable
- Jan 31 – Freeze-o-ree

Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

Goose Creek District Newsletter



November 2013

Volume 5, Issue 4

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Nostalgia, Tradition, and the Relevance of Scouting

Whenever two or three Scouters get together talk eventually turns to the relevance of Scouting in 'modern society'.

Some think we've diminished the ideals of 'manliness', traditional patriotism, bootstrap initiative, competitiveness and rigor in achievement but have they really examined what those ideas actually mean? Scouting does not consider that these things are scarce, unobtainable qualities, but that each individual Scout has vast potential to develop them .

We wrangle and argue over measurements; what is 'true' manliness, patriotism, achievement? Instead of a system of measurement Scouting sets a star to travel by: the full realization of each individual Scout's potential. Our principal aim is that individual ideal; interdependent, useful human beings who become active citizens and make the world a better place.

Detractors invoke creeping 'political correctness' and suggest that we have watered down our decisiveness and morality. This old chestnut of an argument was used to condemn innovation and change since the dawn of civilization; "Romans are so trendy and effete – what ever happened to good old Etruscans?" In their opinion all we have to do is reprint the original edition of the Scout handbook and return to our imagined ideal past that, of course, never existed. Nostalgia is pleasant, but it is not history. Our forebears had to muddle through the same sorts of flaws and pressures we encounter. They did their best and so can we.

Scouting has always been, and will always remain, something that principally happens when we are out-of-doors camping and trekking our way through the natural world. This is our tradition, but we don't do follow tradition blindly.

We don't go camping as a romantic, aesthetic, throwback to the good old days. We go camping because it is the most useful way to achieve the aims of Scouting. We use patrols and engage youth in leadership not because it's a quaint, anachronistic, tradition but because that's how we achieve the aims of Scouting.

Most importantly we do these things because that is what our Scouts want to do! Despite a century of societal and cultural changes there's not much difference between present day Scouts and those few that camped out on Brownsea island at the dawn of the Scouting movement.

That's our past, present and future all rolled into one.

Our Scouts neither need, nor do they particularly want, big flashy programs and entertainments. We aren't trying to entertain, we want to engage our Scouts.

Scouting is relevant, and it will always be, so long as we don't make it into a historic re-enactment, blindly follow tradition, and resist the temptation to misdirect it's simple intentions.

Scouting is not about recreating the past, we are looking toward the future.

District News

District Website: www.NCACBSA.org/GooseCreek

Sock Wars!



Imagine two teams of Scouts (about 12-15 to a side). Each Scout brings with them six new, adult tube socks (white) that have been rolled up into a ball. Each team has their own area they can't leave and some forts they have made. At the sound of the whistle it's battle time and the socks go flying. One point is earned for every member of the opposite team hit by a sock (no Scouts are eliminated by being hit). Socks thrown into the team's area can be picked up again and thrown back. When the whistle blows again the throwing stops and everyone reloads to get ready for Round 2! At the end of the battle the team with the most points wins and goes on to meet the next foe. And what happens to the socks after the battle? They get rounded up and donated to a local shelter!

For this District wide tournament we are looking at forming two divisions: a Junior division (mixed Tigers and Wolves) and a Senior division (mixed Bears and Webelos). Each pack would be able to enter one team for each division.

Registration for this event is now open and will close on Nov 20. For full details and information on how to register go to the District web page.

Scouting for Food



Just a reminder that when doing Scouting for Food units must track the hours spent by their members distributing bags on Nov 2, and collecting food on the 9th. However, any time/effort spent sorting food at a collection site is being reported by the collection site coordinators themselves

These numbers are just as important as how much food you collected when you send your numbers (weight collected and volunteer hours) into Council.

Also volunteers are always welcome to help out at the collection sites.

Red and Rover by Brian Basset



District Website: www.NCACBSA.org/GooseCreek

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Silver Beaver Nominations



This national award is the highest form of recognition that a local council can bestow on an adult volunteer. Established in 1931, the Silver Beaver Award is presented for distinguished service to people within a BSA local council. A recipient must be a registered adult volunteer member of the BSA and show significant service and leadership in three areas: Boy Scouts, youth programs other than Boy Scouts, and the community.

It is extremely important that the nomination form includes information about all three of the service and leadership areas. The Council review committee can base their decision only on the submitted documentation and missing or ambiguous information often means that a deserving person does not get the award.

In order to ensure that all Goose Creek nominations have the best information before they are sent in to Council the District has set up a Goose Creek Silver Beaver Review committee. The purpose of this committee is not to decide which nominations to send in, but to review the nominations and to identify where additional information or clarification should be included. All members of the committee are Silver Beaver recipients including some who have served on the Council review committee.

The nomination form is available at:

www.scouting.org/filestore/pdf/512-103_WB.pdf and should be provided to the District Committee no later than November 15th, 2013.

Note from the District Committee: If you are submitting a nomination for a person who is a great Scouter that you think deserves recognition for their Scout involvement the chances of them receiving the award is minimal. If you are submitting it for a person who is not only a great Scouter but who is also involved in other youth programs (preferably as a leader), and does work in the community then you've found the person the Council committee is looking for.



“Cheerful Service Chatter”

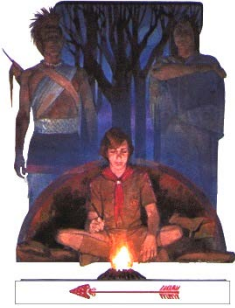
Chapter News for our Arrowmen
Lodge Website: www.ncacbsa.org/group/OA

Welcome



Welcome to the new column dedicated to our district's Arrowmen (and others particularly interested in the 'goings-on' of Goose Creek's members of Scouting's Honor Society).

Chapter Chatter



- **Sat, Nov 9 ...** This is "Collection-Day" for the annual Scouting-For-Food drive, and as we have done in the past, Chapter Arrowmen will be facilitating the collection efforts for Loudoun Interfaith Relief. LIR collection efforts this year will take place in the back of Rite Aid, at 448 South King Street (at the corner of Catoctin Circle and King St.). We could use your help, so please plan on showing up around 8:30am. We should be done by 3pm, but by all means, we'll accept any service time you can muster. Wear your sash and a class B shirt.
- **Sun, Nov 10 ...** Don't miss an opportunity to join your fellow 'Mountain West' Arrowmen at a fun training event (the Area Leadership Development Conference, or ALDC) at Camp Fraser in Great Falls. All of the training is provided BY the youth, and focused on what matters most – leadership and service. Lunch will be provided. The cost will be approximately \$10. This training is for current officers, those considering running for an office, or anyone wanting to learn more about how the different functions of the Chapter are run. (Adult Arrowmen are welcome too – we'll be meeting separately and discussing an assortment of things of interest to the Chapters, Area & Lodge.) Please let Mrs. Scales, Chapter Adviser, know if you are interested in going. Her contact information is scalesbobbie@yahoo.com.
- **Wed, Nov 13 ...** Our monthly Chapter Meetings are held every 2nd Wed, in the Red Room upstairs at the Leesburg United Methodist Church – the same building that hosts the monthly Round Table. The meeting starts at 7:30pm, and typically lasts until about 8:30. If you need a ride, take advantage of the whole reason we hold it during RT, 'bum a ride' from one of the adults from your unit who should be attending RT anyway. :-)

Preparing for Elections



Election season is upon us once again. We will be having training at the next few Chapter meetings. We need to get as many Arrowmen trained as possible so that each person will only have to do one or two elections. Scoutmasters wanting to schedule an election need to get in touch with Ben Gerhart at bbgerhart@gmail.com with their first and second choices for dates. We will have a handout at the next Round Table with the requirements needed and Ben's contact information. Scoutmasters need to be the one to contact Ben as there are new forms that they will need to fill out before the election this year, Previous years' forms will no longer be accepted.

Are you getting Chapter Communications?



All Goose Creek Arrowmen are welcome to join the Chapter's Yahoo Group, giving them access to an abundance of things like Calendar info, directions to upcoming events and even a peek at "Lost-and-Found" items (from prior/recent OA events). If you are NOT getting automated reminders of upcoming meetings (or fun events like our night of bowling in mid-September), please visit the website, and ask to join. (When doing so, please be sure to provide your name, and unit so we can verify your 'Arrowman status'. Our Yahoo Group website is here ... <http://groups.yahoo.com/neo/groups/GooseCreekOA470/info>. (Alternatively, send an email to the Chapter Adviser (Bobbie Scales, scalesbobbie@yahoo.com), and request access.)

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Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

“Onward and Upward” On the Advancement Trail

New Eagles



Congratulations to Goose Creek's newest Eagle Scouts:

Andrew Kyle Bailey - Troop 1158
Reece W Eisenhower - Troop 1158
David Gardiner Everhart - Troop 2970
Pranav Maheshwari - Troop 998
John (Jack) Minchew - Troop 998
Alexander Philip Mosher - Troop 1106
Vikram Seshadri Seshadri - Troop 1158
William W (Will) Stalcup - Troop 1154
Matthew D Stevens - Troop 982
James A Stowell - Troop 982

Reporting Merit Badge Counseling Concerns



Topic 7.0.0.1 in the *Guide to Advancement* reminds us that the benefits of the BSA merit badge program extend well beyond simply providing opportunities to learn new skills and gain new knowledge. In addition to introducing Scouts to areas of interest that can lead to lifetime hobbies and even careers, this program is founded on individual initiative. A Scout develops confidence as he works with adults he might not normally associate with to plan, organize, maintain a schedule, and overcome obstacles as they occur.

However, what happens when a unit leader discovers that a Scout, through no fault of his own, has not learned or done as much as a merit badge's requirements suggest? Perhaps a merit badge counselor working with a Scout to complete a summer camp "partial", notes that the Scout just does not understand some of the items that were marked off. Maybe a committee member sitting on a board of review learns from a Scout that due to time constraints at camp, an "alternative option" was substituted for one of the rank requirements.

Is there a way to correct these situations so future Scouts pursuing this merit badge may get full benefit from the program? You can find the answer (which is "yes," by the way) in Topic 7.0.4.7. It's also very important to recall that unit leaders cannot re-test Scouts when they turn in signed blue cards; that practice is prohibited. Should you encounter a situation you believe requires action, see topic 7.0.4.7 for guidance (and a form) on how to deal with the situation in a manner that does not penalize the Scout; who in most cases should never be made aware that an issue existed.

Venturing Program Changes



The Venturing award requirements and advancement structure are being reworked. Although final details have not been released, a broad outline of Venturing's "Direction for the Future" can be found in the Road Map to Venturing report (www.scouting.org/filestore/venturing/pdf/220-067_WB.pdf) presented at the BSA National Annual Meeting last May. The new program is scheduled for release in May 2014. It will be the general rule of thumb at that time to let the Venturers decide if they want to begin, or continue, work on the old awards, or to begin work on the new awards instead.

Advancement Committee Opportunities



The 2013 edition of the *Guide to Advancement* includes a new topic, 3.0.0.5, "Building an Advancement Committee," which provides chairs with a "shopping list" of positions they may recruit in order to get the work done as described in topic 3.0.0.1.

Our Advancements & Recognition Committee is currently staffed with top-notch volunteers, but "there is always room for improvement" in anything in life ... and perhaps your skills and interests would be exactly what we need to put us "over the top".

In the October Advancement News, the National Advancement Team reserved 2-3 pages to the many ways in which we can best serve the needs of our district Scouts and Scouters. Some of the more appealing positions that were elaborated upon – and which we would love to add to our district team – include:

- **Advancement promotions specialist** ... to help drive awareness of advancement as a means to encourage success.
- **Advancement training and events coordinator** ... to ensure active advancement training at all levels, ranging from district advancement committee members to unit advancement coordinators.
- **Internet Advancement specialist** ... to promote the use of Internet Advancement and ensures all units are able to access it, use it efficiently, and record youth achievement in a timely manner.
- **Awards and recognition chair** ... to focus on promoting and presenting non-advancement recognitions as determined by the local council, including those related to training, leadership, outdoors and conservation, among others.
- **Religious emblems coordinator** ... to track and encourage religious emblems across the council and districts at all levels of the BSA program.

These are just some of the ways in which you can broaden your skills and influence, and strengthen the program for our Scouts and Scouters in Goose Creek. If you're interested, please send an email to Brad Scales (MSVA_Tenor@yahoo.com).

Merit Badge Counselor Resource Page Available



A new BSA Web page is available for merit badge counselors searching for just the right resources. Recently posted, it contains informational fliers on all the newest merit badges – including Sustainability, Programming, Cycling, and Game Design.

You will find information on upcoming merit badges, a section on how to propose new merit badges, plus the latest news about competitions and scholarships. In addition, there are links to specific sites supporting merit badge requirements. The “Introduction to Merit Badges” link takes the Scouter on an informative walk through the merit badge process and then displays all the merit badges with links to requirements. For access, visit

<http://www.scouting.org/sitecore/content/Home/BoyScouts/GuideforMeritBadgeCounselors.aspx>

Council Advancement and Recognition Committee News



- Eagle Scout Rank Application (ESRA) – Effective Nov. 1, 2013, NCAC will not review the ESRA for certification **unless the District Eagle Representative (DER) has initialed it.** If the ESRA is not initialed by the DER it will be returned to the unit.
- NCAC Eagle Scout Procedures Guide (ESPG) – The updated ESPG has been released and is ready for your use, provided ‘you’ have any involvement in either executing (or guiding the execution of) the Life-to-Eagle process within NCAC. This guide is a valuable resource for Life Scouts working towards Eagle and the leaders mentoring those Scouts. You can find it on our Goose Creek webpage, or here ...
http://c.ymcdn.com/sites/www.ncacbsa.org/resource/group/dabf2b2b-f7f6-48ee-a27c-9cc7e1a94a55/Documents/Eagle_Scout_Procedures_Guide.pdf
- NCAC Eagle Scout Fundraising Application – Effective immediately, NCAC only needs to approve the fundraising application included in the Eagle Scout Service Project Workbook if a Scout plans to solicit donations amounting to more than \$500 from area businesses or organizations that are not associated with your project. Please contact your District Advancement Chair for more information.
- Eagle Scout Board of Review Advancement Report – The BSA Advancement Report (#34403B) is no longer required to be submitted with the rest of the Eagle Scout Package following an Eagle Scout Board of Review.

2013 Eagle Scout Rank Application (ESRA – Pub No. 512-728)

You may notice that the new 2013 Eagle Scout Rank Application (ESRA), http://www.scouting.org/filestore/pdf/512-728_web.pdf, contains a third page. This update did not change the content of the first two pages of the 2013 version of the ESRA (except for the NESA note at the bottom of page 2). The National Eagle Scout Association (NESA) wanted a way to maintain contact with new Eagle Scouts and this appeared to be the best way to start the process.

- Don't worry, the third page does not affect the processing of the ESRA and applications currently in processing do ***NOT*** need to be updated from the original 2013 version to this one!
- In fact, this third page is **OPTIONAL** – completed at the discretion of the Eagle Scout Candidates (and/or his parents). As such, the third page must **not** be sent with the ESRA for certification.

It must also **not** be included in the Eagle Scout Package. It is a voluntary form provided by NESA and should be sent directly to NESA, by the Scout's family.

Webelos Activity Badges “Cheat Sheets”



from www.CubScoutIdeas.com

A couple of years ago, I was responsible for awards in our pack. My sons were in lower ranks, so I was only vaguely familiar with the Webelos Activity Badges. That year, we had a very large group of Webelos who earned a very large number of Activity Badges in our pack.

When I sat down to sort out the awards so they could be presented, I realized it was going to be more difficult and time-consuming than I thought. All because I didn't know very much about the Webelos Activity Badges.

I kept asking myself, “Wait, is Athlete the guy running or the guy doing jumping jacks?” and “Is the blue thing a bird? And what's the difference between it and the red bird?” and even “What is that other blue thing that's sitting on a light blue rectangle?”

The smart thing would have been to create a chart for myself showing each Webelos Activity Badge and its corresponding pin. I totally forgot about that until I was working with the parent who is in charge of awards for us this year. Her son is a Wolf, so she's in the same situation I was. I suspect that there are a lot of parents who would benefit from having a Webelos Activity Badge “cheat sheet,” so here are two for you!

The first one is sorted alphabetically, and the second is sorted by group. I hope these make some awards person's life just a little easier!

<http://cubscoutideas.com/wp-content/uploads/2013/10/Webelos-Activity-Pins-in-Alphabetical-Order.pdf>

<http://cubscoutideas.com/wp-content/uploads/2013/10/Webelos-Activity-Pins-by-Group.pdf>

Cinematography Merit Badge Becomes Moviemaking Merit Badge



Think of it as the long-awaited sequel.

Cinematography merit badge is now Moviemaking merit badge, effective immediately. The design of the badge won't change, and new pamphlets are expected in Scout shops in mid-November.

Why make this change? Well, anyone who sticks around to watch a movie's credits knows that cinematography is just one specific part of making a movie. So calling a merit badge that covers all of moviemaking "Cinematography" was something of a misnomer.

The BSA's merit badge team also saw this as a chance to make a few other changes, including:

- Tweaked requirements in light of the title change and focus away from cinematography and more toward moviemaking in general (find the new requirements after the jump)
- Updated text in a number of places to reflect the name change and address newer technology
- New information about intellectual property

District Eagle Project POCs



Last month we mentioned that the Advancements & Recognition Committee webpage had been developed and was ready for use. One of the planned enhancements to same will be an area dedicated to Eagle candidates, offering them (and their unit Life-to-Eagle Coordinators) a list of places and point of contact for potential Eagle projects. We could use your help though in building that page, so if you know of (or are) the right person for a Life Scout to contact for Eagle project ideas for a camp, park or other non-profit group in the area, please let us know by sending the following information to the district Advancements Chair ASAP.

- Organization Name (& city/town)
- Point of Contact Full Name
- POC email
- POC preferred phone number

Thank you,

Advancement Committee Chair, MSVA_Tenor@yahoo.com

More Details On The Soon-To-Be Eagle-Required Cooking Merit Badge



There are two major revisions that are coming up on the Cooking Merit Badge. The first is that Cooking merit badge will become Eagle-required beginning Jan. 1, 2014. The second is a major overhaul to the requirements, which will take effect Jan. 1, 2015.

When will Cooking merit badge become required to earn the Eagle Scout Award?

Beginning Jan. 1, 2014. Regardless of when a Scout earned the Life rank or began working on Eagle, unless he fulfills all the requirements — with the exception of his board of review — before Jan. 1, 2014, he must earn the Cooking merit badge to become an Eagle Scout.

My Scout earned Cooking merit badge before it became Eagle-required. Does he have to earn it again?

No. Scouts who already earned Cooking merit badge are not required to re-earn the badge under the new requirements in order to qualify for Eagle.

The Eagle-required Cooking merit badge will have a silver border.

Can a Scout who already earned Cooking switch his badge from the green-bordered version to one with the silver border?

Yes. Once the Supply Group has released a new Cooking merit badge patch with a silver border — signifying it is Eagle-required — then any Scout who earned and received a green-bordered Cooking patch (regardless which requirements were involved) may purchase or be presented with one that has a silver border.

A Cooking merit badge certificate or blue card must be presented to buy the new patch. The green-bordered patch may then be retained as a keepsake.

Can you tell me what's changing in the requirements?

In compliance with national healthy eating standards, the requirements will move from My Pyramid to My Plate. Also to be added are sections on:

- Food allergies, cross-contamination awareness
- Reading Food Labels
- Daily level of activity and caloric need
- Better nutrition—Improving eating habits
- Variety of cooking methods
- Outdoor Code
- Home Cooking

To be deleted are the requirements of consecutive days for cooking, giving troops and Scouts more flexibility.

From National Advancement Team Tweets (10/27/13) ... "New Cooking MB requirements will be out around year end. During 2014 Scouts may choose to earn Cooking with either old or new requirements." ... and "If Scout chooses to earn Cooking with old requirements during 2014 he may continue using old requirements until age 18, even if takes many years."

Merit Badge Memorabilia



The National Advancement Committee has recently added 'options' to two Merit Badges. These two additions – to the Scouting Heritage & Sustainability MBs – are effective immediately, and will appear in the 2014 Boy Scout Requirements book and both MB pamphlets when they are next printed.

Scouting Heritage

Requirement 4(c) added ... Visit an exhibit of Scouting memorabilia or a local museum with a Scouting history gallery, or (with your parent's permission and counselor's approval) visit with someone in your council who is recognized as a dedicated Scouting historian or memorabilia collector. Learn what you can about the history of Boy Scouting. Give a short report to your counselor on what you saw and learned.

- To see this addition in context with the rest of the requirements, visit www.scouting.org/scoutsource/boyscouts/advancementandawards/meritbadges/mb-scout_heritage.aspx.
- Previously, requirement 4 had just two options, which required either (a) attending a jamboree or BSA high adventure base or (b) visiting or writing the National Scouting Museum in Irving. There are, however, many other opportunities to learn about Scouting history.

Sustainability

To meet the needs of Scouts who, for whatever reason, are not able to review water bills for their home, the National Advancement Committee has approved the following option to requirement 2(a).

- Develop and implement a plan that attempts to reduce your family's water usage. As a family, discuss water usage. To aid in your discussion, if past water bills are available, you may choose to examine a few. As a family, choose three ways to help reduce water consumption. Implement those ideas for one month. Share what you learn with your counselor, and tell how you think your plan affected your family's water usage.
- It should be noted that Scouts may choose to use the alternative requirement whether or not they have access to water bills. Both requirements are listed with the online merit badge requirements at <http://www.scouting.org/scoutsource/BoyScouts/AdvancementandAward/MeritBadges/mb-SUST.aspx>.

Troop/Team/Crew Advancement & Life-to-Eagle Coordinators, Who are you?



Last month we asked 'you' to let us know who you are. If you fulfill one of those positions mentioned above, and did not send an email to us to let you know that, please do. The district Advancements & Recognition Committee needs to know who you are. Please send the following information to the district Advancements Chair ASAP.

- Unit Type & #
- Full Name
- Position (Adv Chair, Life-to-Eagle Coord, etc)
- Preferred email
- Preferred phone

Thank you, Advancement Committee Chair, MSVA_Tenor@yahoo.com

Council / National News

Council Website: www.NCACBSA.org

Tuck everlasting: Scout uniform shirts should always be tucked in, BSA says



To tuck or not to tuck.

That was the question on the minds of hundreds of parents who have called the BSA headquarters over the past several months.

Their query: Does the Boy Scouts of America require uniform shirts to be tucked in? The questions are specifically referring to field uniforms (known to some by the unofficial name "Class A") and not activity uniforms ("Class B").

Problem is there hasn't been an official policy in the past. The requirement was that the uniform-wearer must be "neat in appearance." Most packs, troops, and crews interpreted that to mean tucking the shirts in, but a few didn't.

Now we've got our final answer. Read the BSA's official stance:

Effective Oct. 1, 2013, the official stance on the Boy Scouts of America's uniform policy is that shirts are to be worn tucked in, regardless of whether the wearer is a Cub Scout, Boy Scout, Varsity Scout, Venturer or adult Scouter. All Sea Scout uniforms are designed to be tucked in except youth dress whites and youth dress blues.

In the past, guidelines have simply stated the uniform wearer should be neat in appearance. Neatness includes tucking in the shirt. This update will appear in related resources, such as the uniform inspection sheets, as they are revised and printed.

So there you have it: Tuck those uniform shirts in. Though the official stance is new, the practice is old as the BSA itself. Any time you see a Scout wearing a uniform in an official BSA-printed publication, his shirt is tucked in. Just look through the *Boy Scout Handbook*, *Scouting* or *Boys' Life* magazines, a BSA Supply catalog, or any merit badge pamphlet, and you'll see exclusively tucked-in shirts.

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District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

High Adventure Contingency Crews



2014 NCAC Summit Provisional Opportunities: NCAC made deposits for two Summit provisional crews in 2014 and is desperate to fill these slots. The Summit is located in southern WV and is the newest BSA High Adventure base. See <http://www.summitblog.org/programs/> for more information. NCAC has reserved SMT726-A (The River 07/26-08/02) and SMT726-B (Helmets and Harnesses 07/26-08/02). Estimated cost is \$700 per person (includes all base fees and roundtrip transportation).

See <http://ncacbsa.site-ym.com/members/group.aspx?id=114116> or contact George Gadbois at gdbsrj@aol.com or 301-770-5386 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2014 NCAC Philmont Provisional Opportunities: NCAC is sponsoring two 2014 Philmont contingents: a standard P701 contingent (06/29-07/13) costing about \$2250 per person and an economy P708 contingent (07/07-20), about \$1950 per person.

See <http://ncacbsa.site-ym.com/members/group.aspx?id=114116> for more information or contact Dave Talbott at dave.talbott@uspto.gov or 301-933-0048 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2014 NCAC Florida Sea Base Opportunity: NCAC is sponsoring a Coral Reef Sailing Contingent S713 (07/13 – 07/19) at an estimated cost of \$1700 per person.

See <http://ncacbsa.site-ym.com/members/group.aspx?id=114116> for more information or contact Dana Abrahamsen at dabrahamsen@ftc.gov or 703-280-9782 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

Permanent On-Line World Jamboree



If you haven't visited <http://Scout.org> (the website of The World Organization of the Scouting Movement, WOSM) in a while you are in for a big surprise!

For the last ten months we have been reviewing and analyzing feedback from our readers, which resulted in the developing of an innovative concept for our Movement's web presence", recalls Srinath Tirumale, from WOSM's World Scout Bureau in Geneva, who co-leads the core team responsible for this relaunch, "and today, a radically new website saw the day.

We are offering open, easily accessible on-line space 24 hours per day, seven days per week and 365 days per year. Our national Member Organizations and their youth members can showcase the richness of diversity our Scout Movement is known for. Stories of past activities, current projects and future events can be shared by Scouts directly involved: everyone is a user and everyone is a contributor, everyone can reach out to 40 million other Scouts around the world !

A user-generated interface is at the centre of the new scout.org, with members of our Movement from all levels – local, regional and global, as well as volunteers and staff – providing stories, images, videos or any other piece of communication they want to share with others. Just like at a real World Scout Jamboree. But potentially with some 40 million participating Scouts, instead with only some 40000 lucky ones attending the Jamboree in Sweden in 2011.

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Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Facebook's New Privacy Policy for Teens



For your Scouts and Venturers on Facebook, the reminder to “think before you post” just got a lot more important. Facebook has changed its privacy policies for users age 13 to 17, a move with real implications for the social media users in your troop, post, ship, team or crew.

There are two changes you as a Scout leader should be aware of.

1. CHANGE TO DEFAULT AUDIENCE

The first change switches the default audience setting for posts by users age 13 to 17. It was “Friends of Friends” for new users when they sign up for an account; now it’s the more limited “Friends.”

That makes the initial audience of a new user’s post much narrower, which is generally a good thing. It means that what the teens in your unit share is only seen by people they have personally approved as their friends. (Though that brings up another point that they should only “Friend” people they actually know in real life.)

2. OPTION TO POST PUBLICLY

The somewhat controversial second change allows teens to choose to make their posts completely public. In defending this move, Facebook writes: “Teens are among the savviest people using social media, and whether it comes to civic engagement, activism, or their thoughts on a new movie, they want to be heard. So, starting today, people aged 13 through 17 will also have the choice to post publicly on Facebook.”

So they technically can, but should they? That’s up to parents to decide in a discussion with their teens. Remind teens that everything they post, whether it’s marked “Public” or not, could be seen by anyone. So sharing their address, phone number, birthday or other sensitive information is a no-no.

As a Scout leader, you should consider reminding teens that publicly posting specifics about an upcoming troop trip or crew campout could subject them and others to harm. Think twice before posting something like, “Can’t wait to head out to Big Bend National Park next week — will be gone till Saturday!” Does that teen really want the world to know he or she will be away from home all week?

It won’t be long before the teenagers in your unit apply for college or try to get a job. And you can bet today’s college admissions counselors and hiring supervisors will type that teen’s name into Facebook and Google. What will they find?

High Adventure Opportunities Bulletin Board



The High Adventure Committee hosts a forum at <http://ncacbsa.site-ym.com/members/forums/?group=114116> for crews to post notices looking for Scouts and Scouters to join a High Adventure crew or for individuals looking for a crew to join. To post a notice, send an e-mail with the details to Stan Turk at stanley.turk@verizon.net

District Website: www.NCACBSA.org/GooseCreek

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Winter Scout Jamboree



Philip Bolen Park will be hosting its first Winter Scout Jamboree on Saturday, December 7, 2013. It will be a full day event starting at 11am and ending at 10pm. This will be a rewarding, educational and fun event for scouts of all ages, ranks and skill levels. Scouts, together with their parents, pack leaders and friends can enjoy and participate in one of the many activities being offered; i.e., badges, advancements, astronomy, snow sports, day and night hikes, games, crafts, campfires, an evening sing-along and more. In addition to participants, we are looking for instructors (adults or older scouts) who are willing to teach badges and or skills. Our goal is to have a variety of instructors teaching a diversified selection of skills and badges. The more instructors that volunteer the more badges and skills we will be able to offer.

Participation as a pack/troop is encouraged. One adult registration required for (up to) every 8 youth participants. Full payment is due at time of registration. Make checks payable to "County of Loudoun." Register by mail or online at www.Loudoun.gov/webtrac Activity# 757700-01 (individuals), #757700-02 (groups). Please call 571-258-3487 before registering groups.

Cost: \$10.00 each Participant
Meals (optional): \$8.00 each

*Overnight Camping may be available at Banshee Reeks Nature Preserve. Please call 571-258-3487 by 12/1/13 to inquire. Open grills are prohibited in the park.

For more information about this event visit www.loudoun.gov/bolenpark or call 571-258-3487

Scuba Training Scholarships



Do you think scuba diving is too expensive for you to learn? The Professional Association of Diving Instructors (PADI) offers a multilevel scholarship program to introduce Boy Scouts and Venturers to the exciting underwater world. The scholarships applications must be submitted to BSA National Office no later than December 31, 2013. The forms are available at www.Scouting.org/filestore/pdf/PADIScholar.pdf. Many youth and units in NCAC have benefitted from these scholarships.

Huevos Rancheros – A Breakfast Idea



from www.ScoutMasterCG.com

I was introduced to huevos rancheros or “rancher’s eggs’ by one of my Scouts nearly twenty years ago when he was our grubmaster for a cabin camping trip. Since then it’s been one of my preferred camping breakfasts.

A lot of recipes call for toasting whole tortillas and serving whole fried eggs on top of them, but I like this version (where the tortilla is torn up and sautéed with onions) much better. Adding chorizo (spicy Mexican sausage) cilantro and raisins that have been soaked in hot water for a while make it even richer. An easy to prepare, filling breakfast that’s perfect for Scouts. Try huevos rancheros, the Tabasco and salsa adds a little zing to your morning – mucho gusto!

Utensils Needed: frying pan, bowl, knife, cutting board, spatula

Ingredients for 1 serving

1 egg
 1 teaspoon water
 1/2 10” flour tortilla
 1/2 cup diced onion
 Butter or margarine for frying
 Tabasco, Salt and pepper to taste
 1 tablespoon Salsa

1. Warm cast iron skillet on medium heat.
2. Break eggs into a bowl and stir until well scrambled.
3. Tear tortillas into approximately 1 inch squares.
4. Melt butter or margarine into hot skillet.
5. Sauté onions and tortilla pieces in skillet until tortilla starts to brown.
6. Add eggs to the sautéed onions and tortillas. Lightly scrape the eggs off the bottom and edges of the skillet as they cook, once the eggs are cooked remove the skillet from the heat and serve.
7. Top each serving with salsa, Tabasco, salt and pepper to taste.

Options Break up chorizo sausage and brown it after sautéing the onions and tortilla. Add fresh chopped cilantro and raisins that have been soaked in hot water for ten or fifteen minutes with the scrambled eggs.

You might have been a Scouter too long when:



- Your last birthday cake was prepared and served in a Dutch Oven.
- Your favorite color is "olive drab".
- A trip to Philmont is a pilgrimage.

Constitutional Essay Contest for Eagles



The Bill of Rights Institute, a nonprofit educational organization “whose mission is to educate young people on the ideas of the Constitution and the rights it protects,” has launched its second annual Eagle Scout Competition.

One grand prize winner will score \$1,000 for himself and \$500 for his unit. Two runners-up get \$500 for themselves and \$250 for their units.

To enter, Life Scouts and Eagle Scouts between the ages of 14 and 19 must write two short essays (500 words maximum) related to the Constitution and the Founding Principles. The topics are:

1. James Madison, often referred to as the Father of the Constitution, said in Federalist 51 that:

“If men were angels, no government would be necessary. If angels were to govern men, neither external nor internal controls on government would be necessary. In framing a government which is to be administered by men over men, the great difficulty lies in this: you must first enable the government to control the governed; and in the next place, oblige it to control itself.”

Read the U.S. Constitution and find 2 examples of “controls on government.” Explain why these specific controls are important and their relevance today.

2. Consider the following quote – “The First Amendment is dramatically inconvenient. It requires us to tolerate the very bad in order to protect the unpopular but good.” Do you agree or disagree? Defend your argument using examples.

The deadline — Feb. 10, 2014 — will be here before you can say “more perfect Union,” so send this to your Life Scouts and Eagle Scouts right away.

Apply Online: <http://BillOfRightsInstitute.org/EagleScout>

Contact: bbyrd@BillOfRightsInstitute.org

On-Line Resource of the Month



This is the time of year when many packs welcome new Cub Scouts and new leaders. Returning Scouts and leaders are tackling a new rank. Most of us are in planning mode, and we’re scouring the internet for good ideas. One new site that has come up is www.CubScoutIdeas.com. The site belongs to a Cub Scout mom, Sherry, who loves to find cool projects that fulfill requirements or that are fun for the boys. She especially likes it when those projects are cheap to do.

At Cub Scout Ideas, she has many articles that will be helpful to leaders—both new and experienced—as you get ready for your new year. She has pulled all of them together in one easy-to-use guide that’s available only to the site subscribers. And it’s totally FREE!

Note: She does accept advertising on her blog. She also participates in affiliate programs which means that if you click on an affiliate link, she will either be paid for referring you there or paid a commission if you make a purchase. From time to time, she writes product review. Some of those reviews are sponsored or she has been given a review copy.

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Equipment / Gear

Ultralight Versatile Windbreaker



This review comes from Cool Tools (<http://kk.org/cooltools>) reviewer Oliver Hlland:

The Patagonia Houdini jacket has become an essential piece of kit that I take with me nearly any time I leave the house. Its main function is as a windbreaker, but the DWR-treated nylon fabric works well in light rain. With that being said, in a downpour the jacket will wet out. But because its so thin and light it dries astonishingly fast, especially when compared to my bigger, heavier, rain jacket that feel wet for hours.

The jacket weighs around 3-ounces, and packs into its own chest pocket forming a baseball-sized bag that takes up minimal room. The fabric, despite being ultralight, is tough enough to survive most branches and scrapes seen while hiking, and it has found a permanent place in my pack while camping.

Above all else, it is the versatility of the Houdini that really sings. In the spring, I only need a light base layer and the Houdini when I go out. If I get chilled I toss it on to cut the wind and stay warm. Alternately, it works beautifully in the summer after a hot day when the temp starts dropping, or when I need a bit of lightweight sun and wind protection at the beach.

There are no doubt cheaper wind breakers out there, but for my money the Patagonia Houdini provides an incredible bang for the buck. Not only does it work just as well in the spring as it does in the summer, but its so light I know I'll actually have it with me when I need it.

Available from Patagonia (www.patagonia.com) for around \$99.



Improved Instant Coffee



This review comes from Cool Tools (<http://kk.org/cooltools>) reviewer Oliver Hulland:

Since learning how to roast my own beans I have come to appreciate the broader art of coffee making. However, I don't always have time to roast coffee weekly or bring along my burr-grinder and kettle to brew a fresh cup. This is especially the case while camping and travelling.

The best solution I have found for caffeinating while abroad or on the go is Starbucks VIA instant coffee. Unlike the distasteful and often saccharine Nescafe instant coffee (among other brands), VIA tastes like freshly brewed coffee. I recently compared it to fresh brewed Starbucks and found that I actually preferred VIA to the fresher, darker brew (perhaps because food scientists at Starbucks have eliminated the Barista variable).

Not only does the VIA taste better than other instant brands, but it also dissolves better. The fine powder (described in the marketing as soluble micro-grounds) dissolves equally well in cold water as hot, allowing for instant iced coffee in the summer (or when I need to run out the door and don't have time to wait for the kettle to boil). Each packet is supposed to make a strong 8-oz cup, but I find that it tastes best when diluted in about 12-oz of water.

VIA comes in small foil packets that are very similar to the previously reviewed Smart Spice packets, and like the spices the individual foil packets keep the coffee fresh when compared to the larger containers of instant coffee. The form factor is incredibly small (4 grams per packet) and as such the folks at Backpacking Light swear by it as a replacement for camp coffee.

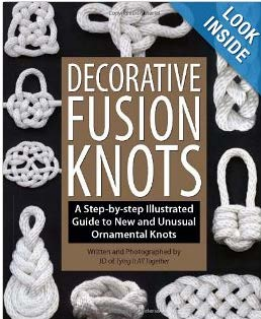
The only downside to VIA is its expense with each packet costing around 60 cents which when compared to Nescafe's 12 cents a cup seems a bit costly. However, it's still cheaper than buying a cup at the coffee shop, and probably on par with how much my beans cost from the store. Finally, I'd recommend that people stay away from the sweetened variety of VIA as they are more expensive, less compact, and not as good as the simpler stuff.

VIA represents a quantum leap in the quality of instant coffee I've tried, and I remain blown away that I find myself choosing instant coffee over fresh-brewed stuff. I highly recommend that people set aside any lingering instant coffee prejudice and try a cup for themselves.

Note: This is the coffee served at the Goose Creek Webelos-o-ree for the last 3 years, reviews on it have been great. We get ours from Costco (24 packs for around \$15).

Books

Decorative Fusion Knots



Respected internationally for his knotting skills and clear, concise video and book presentations, J. D. Lenzen shows how to tie knots like no others. Just as origami figurines are created through the merging of different folding techniques, he creates new knots by combining historical knot elements and new knotting techniques. The product of this intermingling is what he calls a fusion knot -- a brand new genre of knot in a centuries-old tradition. It is rare for a knot book to feature even one brand new, never-before-seen knot, but *Decorative Fusion Knots* features more than 20 brand-new knots created by the author. *Decorative Fusion Knots* is the culmination of ten years of study, practice, and creation. The knots within were inspired by history, nature, mythology, and more. Many of these incredible knots have never been presented or described publicly, until now. Never before has a knot book presented a step-by-step format to tying brand new knots like this in full-color. Alongside fusion knots, this book presents logical and comprehensive instructions for a plethora of historical knots, including Celtic knots, Chinese decorative knots, maritime knots, and popular paracord ties. Each historical knot instruction is presented in step-by-step fashion. Each of the 600 step-by-step color photographs is accompanied with clear, concise instructional captions. Whether you're a sailor, teacher, jewelry maker, survivalist, general knot enthusiast, or just looking for bush crafts, paracord ties, a curriculum for students, or a fun way to pass the time, *Decorative Fusion Knots* is the book for you. With easy-to-understand captions and clear step-by-step photos, readers can learn at their own pace, review whole techniques at a single glance and simply lay the book flat on the table and follow along as they tie.

Available from Amazon, \$14 paperback, \$10 Kindle. Has 4.5 out of 5 stars with 111 reviews in.

Training Opportunities

Wilderness First Aid Classes



Beginning in 2014, BSA High Adventure crews are required to have two members currently certified in Wilderness First Aid.

For a list of NCAC High Adventure Committee-endorsed classes, see http://c.ymcdn.com/sites/ncacbsa.site-ym.com/resource/group/95d23063-d63f-4ee8-858c-9c43c002b826/high_adventure/hac_2014-2013_wfa_courses.pdf.

BSA Venturing Crew 80, Alexandria, VA also offers Wilderness First Aid classes at a reduced rate. For more information, see <http://www.w3bsa.org/WFABPlan.htm> or contact Demi Pulas at demetrios.pulas@ferc.gov or 202-502-8676

Cub Leader Pow Wow



What is Cub Leader Pow Wow?

Cub Leader Pow Wow is a supplemental, action-packed all day training event for adult Cub Scout Leaders. You will spend the day learning new ideas and concepts with hands-on experiences that will enhance your ability to deliver and support a fun-filled, exciting program to Cub Scout boys.

When is Pow Wow?

Pow Wow is Saturday, November 16, 2013. Doors open at 7:30 am. Walk-in registration and pre-registered pack pick-up starting at 8:00 am. Please, no early arrivals.

Opening Ceremony begins at 8:40 am. The first training session starts promptly at 9:00 am. Some courses are 50 minutes long, some are 90 minutes long, some are 2 hours long and some are all morning or afternoon. BALOO is an all day course. We'll stop along the trail for Lunch, which is provided at noon.

Where is Pow Wow?

We're gathering at Annandale High School, 4700 Medford Drive, Annandale, Virginia.

Who should attend Cub Leader Pow Wow?

Everyone! All registered adult Cub Scout Leaders, potential leaders, and interested parents.

Training sessions offer relevant topics for every Cub Scout position to help you make your Cub Scout program more fun for the boys ... and you too!

What do I need to do to register online for Cub Leader Pow Wow?

Download and carefully review the course description and course schedule, then make your course selections. Have a major credit card handy when you register. All courses have limited enrollment and many fill quickly. Courses that reach maximum enrollment will not be available to select for registration. So register when it becomes available.

How Much Does Pow Wow Cost?

If you pre-register using our online registration system by November 13, the cost is \$35.00. After midnight on November 13, we stop electronic registration and you will have to register as a 'walk-in' on the day of the event. The cost for walk-in registration on the day of the event is \$45.00.

All courses have limited enrollment and many fill very quickly. Courses that reach maximum enrollment will not be available to be selected when you electronically pre-register or at walk-in registration. So register as soon as it is posted on this page!

What's Included for the Registration Fee?

Registration fee includes a day of training (as many as six courses, a patch, a Pow Wow CD, lunch, and as much Scout fellowship and spirit, and Cub Scout networking as you can take-in during the day!

For additional information: Go to

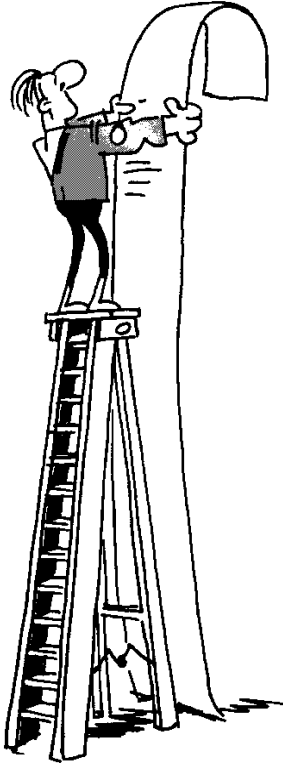
<http://www.ncacbsa.org/event/powwow2013>

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District Calendar



November 2013

- 2 **Scouting for Food Bag Distribution**
- 4-5 Student Holiday
- 9 **Scouting for Food Bag Pickup**
- 13 Roundtable
- 13 OA Chapter Meeting
- 14 Commissioner RT
- 16 PowWow
- 20 District Committee
- 27-29 Thanksgiving Break

December 2013

- 11 Roundtable
- 11 OA Chapter Meeting
- 18 Annual District Business Meeting
- 23 Winter Break Starts

January 2014

- 1 Winter Break Ends
- 8 Roundtable
- 8 OA Chapter Meeting
- 9 Commissioner RT
- 20 MLK Jr. Day
- 22 District Committee
- 24 LDS 6th Annual Merit Badge & Training Workshop
- 27 Moveable School Holiday
- 31 **Freeze-o-ree**

February 2014

- 1-2 **Freeze-o-ree**
- 2 Scout Sunday
- 8 Scout Sabbath
- 12 Roundtable
- 12 OA Chapter Meeting
- 13 Commissioner RT
- 17 President's Day
- 26 District Committee

March 2014

- 1 **District Pinewood Derby**
- 6 **AOL Recognition Ceremony**
- 12 Roundtable
- 12 OA Chapter Meeting
- 13 Commissioner RT
- 26 District Committee
- 31 Student Holiday

April 2014

- 4-6 **Spring Camporee**
- 9 Roundtable
- 9 OA Chapter Meeting
- 10 Commissioner RT
- 14-18 Spring Break
- 23 District Committee

May 2014

- 3 **Cubmobile Derby**
- 8 Commissioner RT
- 14 **Program Launch**
- 26 Memorial Day
- 28 District Committee

June 2014

- 7 **Soda Bottle Rocket Derby**
- 11 Roundtable
- 12 OA Chapter Meeting
- 12 Commissioner RT
- 13 Last Day of School
- 25 District Committee

July 2014

- 4 Independence Day

August 2014

- 13 Roundtable
- 13 OA Chapter Meeting
- 14 Commissioner RT
- 27 District Committee

September 2014

- 1 Labor Day
- 2 First Day of School
- 10 Roundtable
- 10 OA Chapter Meeting
- 13 Commissioner RT
- 20-21 **Webelos-o-ree (TBD)**
- 24 District Committee

October 2014

- 8 Roundtable
- 8 OA Chapter Meeting
- 9 Commissioner RT
- 13 Columbus Day
- 22 District Committee