



Goose Creek District Newsletter



October 2013

Volume 5, Issue 3

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Are You Sharing Too Much Information?

Information educates the mind, experience develops skill. Too much information can be paralyzing.

We live in the information age. Our Scouts get plenty of information, much more than they can do anything with. What they really need is experience.

Scouting is an educational movement, but it's not educational in the traditional sense. Scouting is a journey through experiences that develop skill.

Sometimes we get a little mixed up, we think our Scouts need a lot of information to develop skills. They don't. What they really need is experience. This is true of almost everything we do in Scouting.

If we wanted to teach someone to ride a bike we'd show them the bike, put them in the seat, give them a couple of pointers and tell them to try. As they figured things out we'd coach them, encourage them, and work with them until they developed enough skill to go ahead on their own.

We usually apply this method when we are instructing Scouts on building a campfire, safely handling woods tools, or flipping a flapjack. How can we apply it to training youth leaders?

Much of our training, both for youth and adults, is aimed at sharing information. More often than not we plopp folks down in front of a PowerPoint presentation or a video, fill their hands with handouts, and consider that they have been trained.

Measuring the information we share is important. I can sit a new senior patrol leader down and overload him with information to the point that he's not to sure where to turn. Things go better if I give him the most pertinent information he needs right now and let him gain some experience from applying it.

Scouts learning how to handle a pocketknife need short informational statements, lots of practice, and a little coaching.

Scouts learning to lead need the same thing; short informational statements, lots of practice, and a little coaching

Special Interest:

District

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Advancement

- Council Advancement Committee News – pg 6
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Council/National

- Recruiting Tools – pg 9




Training

- Boy Scout Leader Specific – pg 19
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- Leave No Trace Trainer – pg 21

Quick Calendar:

- Oct 5 – BSLST Training
- Oct 9 – Roundtable
- Oct 19 – IOLS Training
- Nov 2 & 9 – Scouting for Food
- Nov 13 – Roundtable
- Nov 16 – PowWow
- Dec 11 - Roundtable

Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

District News

District Website: www.GooseCreekDistrict.org

Rechartering!!!!



Goose Creek District will conduct Recharter Training on Wednesday, 9 Oct at 7:30 PM, Leesburg United Methodist Church. This is the same date and location as our monthly Roundtable, which will be conducted as usual. A sign will guide those attending the training to a different location in the church. We hope that your unit will send leaders to cover the Roundtable as well as attend the Recharter training.

Goose Creek District will hold only one training session for Recharter!

Now is an excellent time to start your preparation for Recharter. We strongly recommend that you obtain an up-to-date roster of your adult and youth members and identify those who plan to stay, those who will not, and those who have changed duties, update scout ranks, phone numbers and addresses as required. Also, now is the time to identify your unit adult leaders who require retraining in Youth Protection (YPT) or new leaders who require it for the first time. YPT is only good for 2 years at a time. **Having an adult listed in the recharter packet who has not taken YPT or whose YPT has expired can hold the entire charter approval for your unit!**

Mark up those rosters, when 1 Nov rolls around you will be ready to recharter and get it done. When you are through, contact your Unit Commissioner for review and turn-in. Turn-in of Recharter packets will **ONLY BE DONE THROUGH YOUR UNIT COMMISSIONER.**

If you do not know your Unit Commissioner, please contact our District Commissioner Kurt Struder, Kurt.Laing.Struder@gmail.com.

BSA Membership Fee Increase



The Boy Scouts of America will increase its annual membership fee for youth and adults to \$24 from \$15, beginning Jan. 1, 2014. This will affect your unit's rechartering fees this November.

The change was announced at the annual Top Hands meeting of professional Scouters in Washington, D.C. In a letter to Scouting professionals, Chief Scout Executive Wayne Brock explained the reasoning behind the increase.

"First, I want to make clear that the Boy Scouts of America maintains a strong financial position," he wrote. "In order to continue to deliver the nation's foremost youth program, it is occasionally necessary to increase membership fees so that we can offset rising administrative costs."

The BSA's last fee increase — to \$15 from \$10 — was in 2010, and since then, the organization has taken steps to control and reduce costs. But "administrative costs have continued to rise faster than projected," Brock wrote. "As always, our focus is to build the future leaders of this country by combining adventure, educational activities and lifelong values. The fee increase is a step we must take in order to continue providing the services you and our members expect and need."

District Website: www.NCACBSA.org/GooseCreek

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Sock Wars!



We're taking a quick survey to see if the District's packs would be interested in having a Sock Wars tournament in early December. What's a Sock War you ask, well...

Imagine two teams of Scouts (about 12-15 to a side). Each Scout is armed with six new, adult tube socks (white) that have been rolled up into a ball. Each team has their own area they can't leave and some forts they have made. At the sound of the whistle it's battle time and the socks go flying. One point is earned for every member of the opposite team hit by a sock (no Scouts are eliminated by being hit). Socks thrown into the team's area can be picked up again and thrown back. When the whistle blows again the throwing stops and everyone reloads to get ready for Round 2! At the end of the battle the team with the most points wins and goes on to meet the next foe. And what happens to the socks after the battle, they get rounded up and donated to a local shelter!

For the tournament we are looking at two divisions: a Junior division (mixed Tigers and Wolves) and a Senior division (mixed Bears and Webelos). Each pack would be able to enter one team for each division.

The tournament would be single elimination and there would be no entry fee, teams would just need to supply the socks.

If you believe your pack would be interested in this event or like more information about it please send an email to GCProgram@verizon.net, Subject Line 'Sock Wars', by October 15th. Also if you think you might have a large enough area that can be used for a battle please let us know.

Webelos-o-ree Results



This past weekend Goose Creek held our 9th annual Webelos-o-ree. This year we had a record breaking 320 Webelos (previous record was 245), 289 parents, and 10 troops participating. Taught by the Boy Scouts the Webelos were able to tie knots and cross a monkey bridge, shoot (BBs, arrows, and slingshots) learn knife safety; team building, cooking, and build fires.

The evening was filled with making and cooking meals in foil and a rousing campfire filled with skits and songs and finished with a Four Winds ceremony done by the Boy Scout Order of the Arrow. About the only complaint we heard from most people was that there was so much going on that the Scouts were exhausted by the end of the day.

Unfortunately with the large increase in participants we had to call our patch manufacturer to order more so the patches for the event were still in the mail. We hope to have them ready for pickup at the October Roundtable.

Silver Beaver Nominations



This national award is the highest form of recognition that a local council can bestow on an adult volunteer. Established in 1931, the Silver Beaver Award is presented for distinguished service to people within a BSA local council. A recipient must be a registered adult volunteer member of the BSA and show significant service and leadership in three areas: Boy Scouts, youth programs other than Boy Scouts, and the community.

It is extremely important that the nomination form includes information about all three of the service and leadership areas. The Council review committee can base their decision only on the submitted documentation and missing or ambiguous information often means that a deserving person does not get the award.

In order to ensure that all Goose Creek nominations have the best information before they are sent in to Council the District has set up a Goose Creek Silver Beaver Review committee. The purpose of this committee is not to decide which nominations to send in, but to review the nominations and to identify where additional information or clarification should be included. All members of the committee are Silver Beaver recipients including some who have served on the Council review committee.

The nomination form is available at:

www.scouting.org/filestore/pdf/512-103_WB.pdf and should be provided to the District Committee no later than November 15th, 2013.

Note from the District Committee: If you are submitting a nomination for a person who is a great Scouter that you think deserves recognition for their Scout involvement the chances of them receiving the award is minimal. If you are submitting it for a person who is not only a great Scouter but who is involved in other youth programs (preferably as a leader), and also does work in the community then you've found the person the Council committee is looking for.

Questions? Contact Sue Hogan at Susan.Hogan@scouting.org

Why You Should Turn in JSN Applications Right Away



For each new Scout that joins your unit, Council will add one ticket to a drawing for a pizza party (this does not include transfers or multiple registrations). The more Scouts you recruit, the better your chances of winning. The second and last drawing for a pizza party will occur Thursday, October 31st, so don't hold onto those applications. For additional information, rules, questions please contact Sue Hogan at 301-448-0656 or email Susan.Hogan@Scouting.org.



Order of the Arrow

Lodge Website: www.ncacbsa.org/group/OA

Chapter Chatter



Chapter Calendar:

- Wed, Oct 9 ... Our monthly Chapter Meetings are held every 2nd Wed, in the Red Room upstairs at the Leesburg United Methodist Church – the same building that hosts the monthly Round Table. The meeting starts at 7:30pm, and typically lasts until about 8:30. If you need a ride, take advantage of the whole reason we hold it during RT, ‘bum a ride’ from one of the adults from your unit who should be attending RT anyway. :-)
- Sat, Nov 9 ... This is “Collection-Day” for the annual Scouting-For-Food drive, and as we have done in the past, Chapter Arrowmen will be facilitating the collection efforts for Loudoun Interfaith Relief (LIR). LIR collection efforts this year will take place in the back of Rite Aid, at 448 South King Street, Leesburg. We could use your help, so please plan on showing up around 9am. We should be done by 3pm, but by all means, we’ll accept any service time you can muster.
- Sun, Nov 10 ... Don’t miss an opportunity to join your fellow ‘Mountain West’ Arrowmen at a fun training event (the Area Leadership Development Conference, or ALDC) at Camp Fraser in Great Falls. All of the training is provided BY the youth, and focused on what matters most – leadership and service. Lunch will be provided. (Adult Arrowmen are welcome too – we’ll be meeting separately and discussing an assortment of things of interest to the Chapters, Area & Lodge.

Are you getting Chapter Communications?

All Goose Creek Arrowmen are welcome to join the Chapter’s Yahoo Group, giving them access to an abundance of things like Calendar info, directions to upcoming events and even a peek at “Lost-and-Found” items (from prior/recent OA events). If you are NOT getting automated reminders of upcoming meetings (or fun events like our night of bowling in mid-September), please visit the website, and ask to join. (When doing so, please be sure to provide your name, and unit so we can verify your ‘Arrowman status’. Our Yahoo Group website is here: <http://groups.yahoo.com/neo/groups/GooseCreekOA470/info> .

(Alternatively, send an email to the Chapter Adviser (Bobbie Scales, ScalesBobbie@yahoo.com), and request access.)

“Onward and Upward” On the Advancement Trail

New Eagles



Congratulations to Goose Creek's newest Eagle Scouts:

Apoorva Arunkumar - Troop 1154
Aaron Davis - Troop 956
Alexander Charles Kittka - Troop 961
Jacob Stephen Miller - Troop 1158
Matthew D Radford - Troop 962
Joshua Eric Smallwood - Troop 1159
Nicholas Steven Stanford - Troop 1154

Council Advancement and Recognition Committee News



- Eagle Scout Rank Application (ESRA) – Effective Nov. 1, 2013, NCAC will not review the ESRA for certification **unless the District Eagle Representative (DER) has initialed it**. If the ESRA is not initialed by the DER it will be returned to the unit.
- NCAC Eagle Scout Procedures Guide (ESPG) – The updated ESPG is undergoing final review and will be available by Oct. 1, 2013. This guide is a valuable resource for Life Scouts working towards Eagle and the leaders mentoring those Scouts.
- NCAC Eagle Scout Fundraising Application – Effective immediately, NCAC only needs to approve the fundraising application included in the Eagle Scout Service Project Workbook if a Scout plans to solicit donations amounting to more than \$500 from area businesses or organizations that are not associated with your project. Please contact your District Advancement Chair for more information.
- Eagle Scout Board of Review Advancement Report – The BSA Advancement Report (#34403B) is no longer required to be submitted with the rest of the Eagle Scout Package following an Eagle Scout Board of Review.

Energy Action Day



The U.S. Energy Information Administration is again holding a merit badge day to mark "Energy Action Month." Last year's merit badge/patch day was a big success with about 180 Boy Scouts and Girl Scouts participating. This year's Energy Action Day will be Saturday, Oct. 26, 9:30am to 1pm in the Energy Department's cafeteria (located across from the Smithsonian Castle on the National Mall) and, in addition to Energy merit badge, EIA will teach two new classes: Electricity and Nuclear Science. Can't wait until then? Check out this video from last year's event:

<http://www.youtube.com/watch?v=qcr2RmvzGPo>

2013 Eagle Scout Rank Application (ESRA – Pub No. 512-728)

You may notice that the new 2013 Eagle Scout Rank Application (ESRA), http://www.scouting.org/filestore/pdf/512-728_web.pdf, contains a third page. This update did not change the content of the first two pages of the 2013 version of the ESRA (except for the NESA note at the bottom of page 2). The National Eagle Scout Association (NESA) wanted a way to maintain contact with new Eagle Scouts and this appeared to be the best way to start the process.

- Don't worry, the third page does not affect the processing of the ESRA and applications currently in processing do ***NOT*** need to be updated from the original 2013 version to this one!
- In fact, this third page is **OPTIONAL** – completed at the discretion of the Eagle Scout Candidates (and/or his parents). As such, the third page must **not** be sent with the ESRA for certification.

It must also **not** be included in the Eagle Scout Package. It is a voluntary form provided by NESA and should be sent directly to NESA, by the Scout's family.

District ARC Website



As promised last month, the Goose Creek Advancements & Recognition Committee (ARC) has a newly updated webpage, accessible off of the district's website. To get to the GC ARC page, simply click on the 'Advancements & Recognition Committee' text found among the listing of pages in **bold red** district pages listed near the top of the site ... or you can simply click here:

http://www.ncacbsa.org/members/group_content_view.asp?group=114098&d=272523, and then bookmark it

Troop/Team/Crew Advancement & Life-to-Eagle Coordinators, Who are you?



As you may have noticed elsewhere in this Newsletter, Council is heightening their enforcement the requirement for having a "pre-validation" review done by a district-level Advancements person before Eagle Scout Rank Applications (ESRAs) are submitted to Council for their formal validation. One way to facilitate this will be to make sure that the district Advancements & Recognition Committee knows who you are. Yep – you read that correctly – so please send the following information to the district Advancements Chair ASAP.

- Unit Type & #
- Full Name
- Position (Adv Chair, Life-to-Eagle Coord, etc)
- Preferred email
- Preferred phone

Thank you,
Advancement Committee Chair, MSVA_Tenor@yahoo.com

NESA Scholarships



Being an Eagle Scout pays off, in some cases literally. The National Eagle Scout Association offers scholarships for Eagles entering college, a big help for families as tuitions continue to rise at universities nationwide.

Graduating high schoolers can apply for 2014 NESA scholarships beginning Oct. 1, 2013, with a submission deadline of Dec. 31, 2013 (www.NESA.org/scholarships.html). The National Eagle Scout Association offers two types of Eagle Scout scholarships:

Academic Scholarships

The first type of scholarship offered by NESA is the academic scholarship, which includes a varying number of \$3,000 NESA scholarships, and a varying number of \$2,500 Mabel and Lawrence S. Cooke scholarships. The Mabel and Lawrence S. Cooke scholarships are awarded annually and include four \$20,000 scholarships (payable at \$5,000 per year) and one \$48,000 scholarship (up to \$12,000 payable for four years), plus a varying number of others.

NESA offers two additional academic scholarships including one \$50,000 STEM scholarship (up to \$12,500 payable for four years) to an applicant who plans to major in a science, technology, engineering, or math field, and one \$25,000 United Health Foundation scholarship offered to an applicant who plans to pursue a career in the healthcare arena and is willing to reinvest his knowledge and skills in an underserved community.

NESA academic scholarship applicants must be Eagle Scouts graduating high school and entering college in the year for which they apply for a scholarship. Scholarships are awarded only to those who graduate from high school in the calendar year in which scholarships are presented. Exception: Scouts whose Eagle Scout boards of review are held the same year of their high school graduation may apply in that calendar year. They may receive a scholarship one time only.

Scholarship committees are formed each year in each of the four BSA regions (Northeast, Southern, Central, and Western) to recommend recipients of these scholarships, with the final determination made by the national NESA Scholarship Committee.

Merit Scholarships

The second type of national Eagle Scout scholarship is the Hall/McElwain Merit Scholarship. Each BSA region reviews applications and awards a varying number of these \$1,000 scholarships.

NESA merit scholarship applicants must be Eagle Scouts graduating high school or undergraduate college students no farther than completion of the junior year. Recipients may receive the scholarship one time only.

More than 5,000 NESA scholarship applications are received each year, and fewer than 150 are awarded, so the competition is stiff. Plans are being formulated to greatly increase the amount of funds available to award NESA Eagle Scout scholarships through future years.

Council / National News

Council Website: www.NCACBSA.org

Three New Videos to Entertain, Inspire, and Help You Recruit



Authentic, gritty, visceral. That's how *Bryan on Scouting* describes three new videos released by the Boy Scouts of America:

<http://blog.scoutingmagazine.org/2013/08/30/three-new-videos-to-entertain-inspire-help-you-recruit/>

They're yours to view, download for offline viewing, share and use as you see fit. Each gives a compelling picture of what effect Cub Scouting and Boy Scouting can have on local communities like yours.

There's the story of a mom in East Los Angeles who started a Cub Scout pack and saw it bring families together in her community. Or the heroic tale of a Boy Scout in New York who jumped into action during Hurricane Sandy. And there's a nice piece released in conjunction with the new online Cub Scout idea repository called Cub Hub that shares the flavor of life in a den and pack.

Each video lasts less than two minutes. That's a good reminder to units creating videos that attention spans won't hold for very long — and that two minutes is often all you need to deliver a powerful message.

New MyScouting Tools



New features have been added to the MyScouting Tools on www.My.Scouting.org for Key 3 unit (Unit Leader, Committee Chair, Charter Organization Representative) and district volunteers. These new tools make the process easier and more transparent so that volunteers can focus more on Scouting. The MyScouting Tools work best on Google Chrome 14+ and Firefox 21+; Safari & Internet Explorer are not fully supported at this time. Follow the links for more information about:

- **TRAINING MANAGER** – see and update your leaders' training info – including YPT!
www.scouting.org/filestore/idg/Training_Mgr_Powerpoint_2013v6.pdf
- **MEMBER MANAGER** – view detailed unit rosters and update member profiles. www.scouting.org/filestore/idg/Member_Manager-v4.pdf
- **ORGANIZATION MANAGER** – Create sub-units and add unit social media information.
www.scouting.org/filestore/idg/Organization_Manager-v2.pdf
- **MY DASHBOARD** – Enhancements include the ability to update additional profile information, view your personal training history, and print training certificates and membership cards..
www.scouting.org/filestore/idg/MyDashboard-v2.pdf

Constitutional Essay Contest for Eagles



The Bill of Rights Institute, a nonprofit educational organization “whose mission is to educate young people on the ideas of the Constitution and the rights it protects,” has launched its second annual Eagle Scout Competition.

One grand prize winner will score \$1,000 for himself and \$500 for his unit. Two runners-up get \$500 for themselves and \$250 for their units.

To enter, Life Scouts and Eagle Scouts between the ages of 14 and 19 must write two short essays (500 words maximum) related to the Constitution and the Founding Principles. The topics are:

1. James Madison, often referred to as the Father of the Constitution, said in Federalist 51 that:

“If men were angels, no government would be necessary. If angels were to govern men, neither external nor internal controls on government would be necessary. In framing a government which is to be administered by men over men, the great difficulty lies in this: you must first enable the government to control the governed; and in the next place, oblige it to control itself.”

Read the U.S. Constitution and find 2 examples of “controls on government.” Explain why these specific controls are important and their relevance today.

2. Consider the following quote – “The First Amendment is dramatically inconvenient. It requires us to tolerate the very bad in order to protect the unpopular but good.” Do you agree or disagree? Defend your argument using examples.

The deadline — Feb. 10, 2014 — will be here before you can say “more perfect Union,” so send this to your Life Scouts and Eagle Scouts right away.

Apply Online: <http://BillOfRightsInstitute.org/EagleScout>

Contact: bbyrd@BillOfRightsInstitute.org

Help Your Units Plan Their High-Adventure Trips with New Videos



Are your council's units still trying to figure out where to head for some high-adventure action and excitement? Check out these new promotional videos from our high-adventure bases at Philmont, Northern Tier, Sea Base, and the Summit ... and start planning!

- Northern Tier – <http://www.youtube.com/watch?v=bNQ6s29TrJs>
- Philmont – http://www.youtube.com/watch?v=1_-DEn32Vx4
- Sea Base – <http://www.youtube.com/watch?v=Zo6YTl6dfUU>
- The Summit - http://www.youtube.com/watch?v=kF-cN_ufAmk&feature=youtu.be

Inaugural Summit High-Adventure Programs



Be part of the inaugural Summit high-adventure base programs that will open in June 2014. Activities will revolve around four program tracks. In addition, participants will experience activities centered on our core mission areas: adventure, sustainability, leadership, and service.

Be a member of the first NCAC Contingent crews going to SUMMIT in 2014. The crews will be departing for camp on July 26, 2014 and returning on August 2, 2014. Choice of two adventures - "THE RIVER" or "Helmets and Harnesses".

Find the application for this experience, plus other high adventure opportunities, at the new Council High Adventure Group site: <http://ncacbsa.site-ym.com/members/group.aspx?id=114116>

Join BSA in celebrating its 100-year partnership with the LDS church



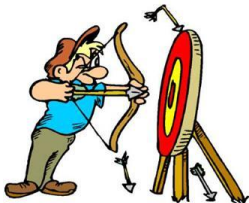
The Church of Jesus Christ of Latter-day Saints was the first sponsor of the Boy Scouts of America way back in 1913. One-hundred years later, the LDS church brings hundreds of thousands of Scouts into the movement each year.

Next month, your Scouting family can join the BSA family in celebrating that "Century of Honor" through a special live production held in Salt Lake City.

There's something in the show for Cub Scouts, Boy Scouts, Varsity Scouts, Venturers, Scouters, Scouting families and non-Scouting families of any religion. The live broadcast celebrates Scouting, not just the LDS church, so it's relevant to everyone.

The 85-minute performance will include original music and media, historical reenactments, special guests and a cast of hundreds of Scouts. The show originates from the Conference Center in Salt Lake City and will be broadcast to LDS church buildings nationwide and streamed online at 7 p.m. MDT on Tuesday, Oct. 29, 2013. Rebroadcasts at 9 p.m. MDT Oct. 29 and 5 p.m. MDT Oct. 30.

2013 Fall Outdoor Expo



The Fall Expo at Camp Snyder is a great event for Scouts of all ages and their families. This year will feature a wide range of static and interactive displays form around the area, and activities for Cub Scouts, Boy Scouts, and Venturers. Campsite spaces will be available for rent for units, who choose to take advantage of this weekend as a unit campout. Even if your unit is not coming, plan to bring your family and spend a beautiful October 19th, from 10AM to 4PM. exploring the camp, participating in the activities, and trying a wide range of food from local vendors.

More information is forthcoming and will be posted at:

http://c.ymcdn.com/sites/www.ncacbsa.org/resource/group/e93a63d7-2c87-4eae-924a-942218db10ac/events/2013_outdoor_expo_flyer.pdf

Got an Opinion about Scouting?



Voice of the Scout (VOS) is your opportunity to sound off. VOS is a national survey sent out twice a year - in fall and in spring - to all Scouts, leaders, and parents with current email addresses in ScoutNet. This is your chance to tell us how we're doing, share your love for the council and suggest areas for improvement.

How Can I Be Part of Voice of the Scout?

It's simple. First, update your email address using the new MyScouting tools at MyScouting.org (unit leaders can update their whole unit roster at once!). Then, watch for your invitation to arrive via email. The survey only remains open for two weeks so complete your survey as soon as possible.

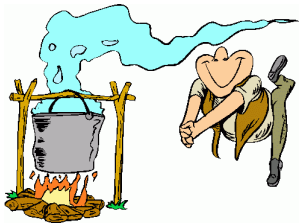
Help Us Get Gold!

VOS participation and email registration are important criteria in the new Journey to Excellence program at the council and district level. Help us get gold by registering, completing your survey, and encouraging your friends to do so as well!

Results from last year's Voice of the Scout surveys are available here:

http://www.scouting.org/sitecore/content/Home/Awards/JourneyToExcellence/vos_findings.aspx

Favorite Camp-Cooking Recipes



Are you the next Bobby Flay or Giada De Laurentiis when it comes to camp cooking? Share your Dutch oven concoctions, foil-pack delicacies, and camp-stove creations in *Scouting* and *Boys' Life* magazines' **Campout Cuisine Contest**. Submit your favorite recipes and a photo of the finished product at ScoutingMagazine.org/CampoutCuisine. And get your Scouts involved in the youth-only category. Contest ends Oct. 31, and winners will be announced in December.

Judges Tim and Christine Connors, authors of a camping cookbook series, will select six top campout chefs (three adults and three youths) as recipients of an MSR Dragonfly Stove, a \$140 value. Even if your recipe isn't chosen as a winner, it could still be published in an upcoming issue of *Scouting* – earning you \$50.

Plus, swap favorite campout recipes at pinterest.com/scoutingmag. Follow *Scouting* magazine on Pinterest, and pin your own creations – tagging each with #scoutingcuisine. We'll repin our favorite recipes. (You'll still need to fill out the contest's registration form for a chance to win.)

Scouting Salutes the Military



NCAC will host the 5th Annual Scouting Salutes the Military event on Capitol Hill on Tuesday, October 29, 6 to 9pm. Senator Jeff Sessions (R-AL), who is both a Distinguished Eagle Scout and representative from the Senate Armed Services Committee, will keynote this event which celebrates the special bond of service and honor that Scouting and the military share.

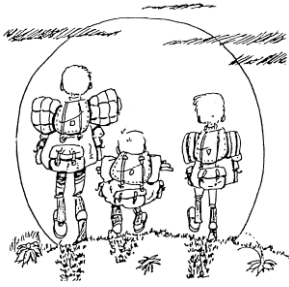
The event will honor one active duty enlisted person who personifies the values found in the Scout Oath and Law to represent each of the five U.S. military branches - Army, Marine Corps, Navy, Air Force and Coast Guard. Join us for a special evening that brings together the national community in support of Scouting's impact on today's youth and the tremendous service - on and off the battlefield - rendered by the men and women of our armed services.

District Website: www.NCACBSA.org/GooseCreek

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

V3 Hike-o-ree



The 24th Annual V3 (Venturing, Varsity, and Venture) Hike-o-ree will be held on, November 1-3, 2013, at the Northern Virginia 4-H Educational Center, Front Royal, VA. Registration will be limited to trail capacities of the fifteen trails. The Hike-o-ree is open to all Scout units including Venturing Crews, Sea Scout Ships, Varsity Teams, and Troops.

Units are encouraged to form trail crews, consisting of no more than twelve members, including at least two adults. Participation minimum age for Boy Scouts and Girl Scouts is 13 years old as of January 1, 2014. Girl Scout troops will be required to have at least one leader trained at the 200 level, a first aider with current CPR certification and a sufficient number of adults to meet the girl adult ratio requirements of Safety-Wise. Training at the 250 or 260 level would provide beneficial information for this event, but is not mandatory. Girl Scout troops should submit a 'Request for Council Approval' form to Girl Scout Council of the Nation's Capital. BSA units should file tour permits with National Capital Area Council.

Trail crews will be assigned a hike based on their preferences indicated on the registration form. All hikes are approximately ten miles in length and range in difficulty from moderate (1500 foot change in elevation) to super strenuous (2600 foot change in elevation). Other Hike-o-ree activities include a Friday night opening campfire, a high adventure rally on Saturday night, and a service project on Sunday morning. Camping Friday and Saturday night at the 4-H Center is to be backpacking style using ONLY backpacking equipment. Please do not bring chuck boxes, coolers, Dutch ovens, propane tanks, camp lanterns, and lawn chairs!!! Bring ONLY what you can carry in your backpack. Crews will receive their t-shirts at the completion of the Hike-o-ree. BSA Scouts and Scouters that hike must submit a current BSA Annual Health and Medical Record, parts A, B, and C and meet the weight limits on part B.

Registration will be made on a FIRST-COME, FIRST-SERVE BASIS. An initial deposit of \$60.00 is due to reserve a particular hike and must be made not later than October 11, 2013. All registration will be done on the Council website beginning early September, 2013. After you sign up for a hike and pay your deposit you will be sent a confirmation email and the advisor's package and detailed information about the hike you have selected. Because of the lead-time required to produce the t-shirts, the final date for call in of number and sizes (medium, large, extra large, extra extra large) of shirts to Bob Austin is October 18. No additional orders can be taken after that date. The remaining balance, including fees for any no-shows, is due on Friday night, at the Hike-o-ree registration. Please make checks out to Boy Scouts of America. The cost of the Hike-o-ree is \$15, \$17 for those ordering 2XL shirts.

For additional information contact: Bob Austin, (703) 425-9675(H) or (703) 244-5415(C) email at Bob.austin@verizon.net or Adair Petty, (703) 607-2190 (work), e-mail at ppetty1@cox.net

For a listing of trails go to:

http://ncacbsa.site-ym.com/events/event_details.asp?id=346044

High Adventure Myths and Facts



excerpted from www.ScoutmasterCG.com, April 22, 2011

Conversations of high adventure trips usually center on the B.S.A's popular and heavily promoted big three – Philmont, Seabase and Northern Tier. Council high adventure programs usually focus on putting crews together for trips to these three destinations but there are hundreds (if not thousands) of other places for Scouts to experience a high adventure trip. With a little ingenuity, planning and vision every Scout can participate in a high adventure trip.

MYTH

High Adventure trips must happen at a high adventure base or as part of an 'official' program

FACT

High adventure can happen anywhere! State and National Parks offer great places for hiking, backpacking, climbing, canoeing, and kayaking.

MYTH

High Adventure only happens in distant, exotic places.

FACT

High Adventure is not a place, it's a state of mind, a challenge beyond our normal weekend camping trips. High Adventure is about who you go with and what you do, not where you go!

Philmont may be a great location but it's not high adventure without the right mindset and the right participants. Four or five days backpacking hours rather than days from home can be as exciting, adventurous and rewarding. The most important location for high adventure is between your ears!

MYTH

To lead a High Adventure Trip I have to become a highly trained expert.

FACT

You do not have to be an expert to lead a High Adventure Trip but you'll need some important training (Weather, Safety, First Aid, etc.). You'll also need plan your trip to be slightly below your estimated skill level. High Adventure does not need to be dangerous to be challenging. Rely on the experience of others to educate yourself- talk to them, read their books, practice your skills.

MYTH

High Adventure trips are dangerous and risky.

FACT

The most dangerous part of your trip (statistically at least) will be driving to the location you choose. Risk must be carefully assessed and proper steps taken to assure everyone's safety.

MYTH

High Adventure trips require expensive equipment.

FACT

Some trips (like canoeing or kayaking) do require expensive equipment but this equipment is commonly offered for rent in the locations they are likely to be used. Backpacking is a great low-cost option. Equipment manufacturers have done a good job of equating comfort and safety with expense but this is only partially true. A little research will reveal viable, inexpensive alternatives to high-priced gear.

Stay closer to home, plan a challenging but attainable outing, make reasonable choices about gear and you can have a great High Adventure trip. You may find that a trip like this could be the catalyst that motivates your Scouts to work towards planning and financing more ambitious trips next year.

High Adventure is a great program builder and a fantastic opportunity for your Scouts! Don't let these common misconceptions make you reluctant to give it a go

Forty Phrases Every Scoutmaster Should Know



Forty Phrases every Scoutmaster should know:

1. "Ask your patrol leader."
2. "Well, ask him again."
3. "Well then, ask your senior patrol leader."
4. "I don't know."
5. "Where's your buddy?"
6. "Who is your buddy?"
7. "Do you do that at home?"
8. "We don't do that here."
9. "Stop!"
10. "Go!"
11. "What happens next?"
12. "Why?"
13. "Does that belong to you?"
14. "Checking my eyelids for leaks. Why? What are you doing?"
15. "You can do it!"
16. "Don't do that."
17. "Are you sure you do that at home?"
18. "Over there."
19. "Over here."
20. "It is not here."
21. "I am not the quartermaster."
22. "I am not the scribe."
23. "I am not the committee chairman"
24. "I am not... okay your get the idea."
25. "Because."
26. "I don't answer those questions."
27. "It's not stolen, it's lost."
28. "Here it is, right where somebody left it."
29. "What did you expect would happen?"
30. "So, that's what happens."
31. "Perhaps it will go better next time."
32. "It may have been wiser not to do that in the first place."
33. "It may have been wiser to do that in the first place."
34. "You did what?"
35. "Find something else to do."
36. "That's funny."
37. "That's not funny."
38. "When did that happen?"
39. "How did that happen?"
40. "Let's not have that happen again."

On-Line Resource of the Month



You may have heard rumors or even seen the teasers on Facebook ... and it's all true! At long last, parents have one online source they can turn to that pulls together Cub Scout-related content and social media onto one site. Called "Cub Hub" (<http://cubscouts.org/>), the new site gathers the very best ideas from the web to help maximize the Cub Scout experience.

Equipment / Gear

Sawyer 3-Way Water Filter



Extracted from a Review by Clarke Greene, Sept 5, 2013,
www.scoutmastercg.com/sawyer-3-way-water-filter-review/

I ran across the Sawyer 3-way water filter that employs hollow membrane technology derived from kidney dialysis. According to the company website they engineered a hollow fiber filter for quick flow, accurate filtration and to withstand back washing so the filter can be reused.

In the filter water passes through tiny micro-pores of many "U" shaped micro-tubes. The number of tubes in the filter creates a large surface area providing one of the fastest filter flow rates in the world. The pores are smaller than waterborne, illness-causing microorganisms. and the filters meet or exceed EPA and worldwide standards (there's extensive testing data here if you are interested).

I purchased three of the Sawyer 3-way water filter elements, refit our Katadyn bags and took them on our week-long canoe trip this summer. After a week of trouble-free filtering for three different crews (about 40 gallons during the week for each group of nine) I am sold, the Sawyer 3-Way worked like a champ. As each day passed I monitored the filter's performance and it didn't seem to slow down. Truth be told I was a little worried that we had done something wrong because the filter seemed to flow too fast!

The Sawyer 3-way water filter advertises 'one million gallons guaranteed'. I haven't any idea if that's possible, but so far so good.

Gravity filters are much more common now than they were several years ago. They have moving parts, and working from a reservoir rather than bending over a stream, are the quickest way (at least in my experience) to provide filtered water for a group. Sawyer offers a 2 and 4 liter filter system based on the 3-way filter element but anyone with a little ingenuity can modify a water bag for gravity filtration.

The 3-Way has quick tubing connectors (something increasingly common on outdoor gear) and includes a faucet adapter for back-washing the element. The instructions for back washing encourage using high pressure for back washing the filter, so hold the faucet adapter or you'll get wet! I back washed our filters and they still flow as freely as they did when new. That's really something.

Available from both Amazon and REI, \$55-\$60. 4.4 out of 5 stars with 44 reviews.

Seasonings in a Straw

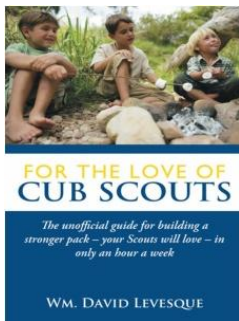


This tip comes from *Field & Stream Magazine* via Pinterest:

Use straws to store salt, pepper, and spices for camping trips. Heat one end of a clear plastic straw with a lighter, then crimp it with your fingers or a multitool. Fill the straw with the desired seasoning, and repeat the process on the other end. Just snip off one of the ends when you're cooking, and reseal it when you're done. Store in a plastic bag in case of a leak.

Books

For the Love of Cub Scouts

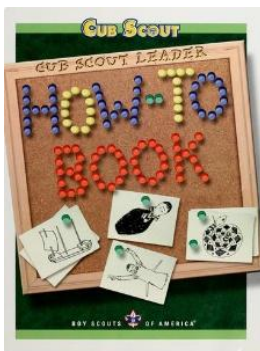


Where do you go find answers to Cub Leader questions? Formal training sessions help but the most valuable advice you can received often comes from those long talks in the parking lot with folks who had been there and done that. Wm. David Levesque's new book, "For the Love of Cub Scouts", contains the hard-won 'between the lines' sort of information and advice that can only come from an experienced Cub Scout Leader.

Levesque provides reassuring, friendly, direction that will help any Cub Scout leader deliver on the promise of Scouting. Chapters on Cub Scout Program Basics, Pack Structure , Pack Program Planning, Budgets and Fund Raising, Recruiting Scouts, Developing Volunteers, Program Ideas, and Running a Pack lay out the program and your place in it in a way that new leaders will find reassuring and will help experienced leaders deal with some of the bigger challenges we all encounter.

Available from Amazon and Barnes & Noble, paperback, for about \$13.

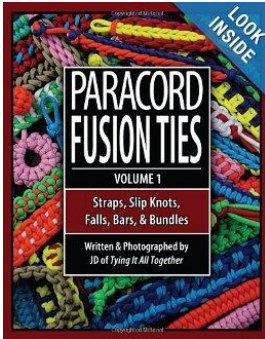
Cub Scout Leader How To Book Online in PDF Format



For those of you who aren't familiar with the How-To Book, it is full of games, activities, crafts, hikes, outdoor cooking recipes, skits, cheers, songs, magic tricks, special events and more. It is now available online in PDF format at:

http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

Paracord Fusion Ties



J.D. Lenzen is the creator of the highly acclaimed YouTube channel "*Tying It All Together*", and the producer of over 200 instructional videos. He's been formally recognized by the International Guild of Knot Tyers (IGKT) for his contributions to knotting, and is the originator of fusion knotting--the creation of innovative knots through the merging of different knot elements or knotting techniques.

Paracord Fusion Ties - Volume 1 is the first of a multiple volume set of books exclusively utilizing paracord for his fusion knotting techniques. Originally used as parachute suspension lines during World War II, paracord has since become a means to create an immeasurable variety of useful items, survival tools, and decorative ties. Lenzen guides readers through 35 different paracord fusion ties, all of which have never been presented in book form before. By way of over 800 crisp, clear, full-color photographs, coupled with succinctly written, easy to follow step-by-step instructions, he will show you how to create spherical ties, bars and bracelets, key fobs, medallions, straps, rapid deployment ties, falls, and more.

Paracord Fusion Ties - Volume 2 is the second installment in the paracord fusion ties book series. Like Volume 1, Volume 2 reveals innovative and stylish ways of storing paracord for later use. So once again you'll find crisp, clear, full-color photographs (over 950 in all!), coupled with succinctly written, easy to follow step-by-step instructions for bracelets, straps, and key fobs, as well as medallions and other storage ties that will keep your paracord on-hand and ready for deployment. It also provides directions for ties and techniques that represent the next level in paracording knowledge--the making of practical paracord objects.

Primarily designed to provide survival and/or tactical advantages, practical paracord objects are in themselves useful. That is, they provide benefits to those who tie them, in real time; as opposed to when they're unraveled and the cord within them used. Examples of the practical paracord objects in Volume 2 include: Bush Sandals, Emergency Snow Goggles, No-Slip Machete Grip, Single-Cord Rock Sling, and more; including pouches, baskets, secret compartment fobs, and tactical ties.

Both books are available from Amazon (paperback, about \$18 each). Each has received 4.5 to 5 stars in their reviews.



You might have been a Scouter too long when:

- You can recite the 12 points of the Scout Law backwards, in order, in 3 seconds flat.
- You actually own a left-handed smoke shifter.
- The Scouts in your troop chipped in to have you abducted by a professional cult de-programmer.

Training Opportunities

Boy Scout Leader Specific Training



BSLST is an indoor session that usually takes about 9 hours and is one of the two courses Scoutmasters and Assistant Scoutmasters must take in order to be fully trained. The second course is Introduction to Outdoor Leader Skills (IOLS) which is the outdoor training and is scheduled to take place Oct 19-20 at Banshee Reeks Nature Preserve (see next article).

Boy Scout Leader Specific Training (BSLST) will be conducted Oct 5 at the Leesburg Presbyterian Church (207 Market St, Leesburg). Registration and class starts at 8:30 am and ends at 3:00 pm.

All participants should wear their Scout Leader uniform and bring a bag lunch.

To register contact: Walt Johnson, Walt.Johnson@GooseCreekDistrict.org

Intro to Outdoor Leader Skills (IOLS) and Outdoor Leader Skills for Webelos Leaders (OLSWL)



Outdoor skills are critical to the success of any Scouting program. IOLS provides leaders with the basic outdoor skills needed to start a program right and keep it going. IOLS is the **required** outdoor training for all Scoutmasters, Assistant Scoutmasters, and Varsity Scout coaches. The course is also ideal for Venturing leaders because it focuses on building confidence and competence in Leaders conducting outdoor camping experiences. OLSWL prepares the Webelos Leaders for the camping experience.

Prerequisites: Youth Protection Training, (available online at www.MyScouting.org), and BSLST (for Boy Scout Leaders).

Date/Location: Oct 19-20, Banshee Reeks Nature Preserve (21085 The Woods Road, Leesburg, VA 20175). Registration begins at 8:00 am, class starts promptly at 8:30 am. There is a \$35 fee for this class.

All Leaders should wear their Class A Scout Leader Uniform. Please bring a chair and a water bottle for class sessions. Also bring full camping gear for an overnight stay; camping overnight is part of the course. Meals will be provided. Please provide any dietary restrictions.

Online registration (available until 10/16):

www.ncacbsa.org/events/event_details.asp?id=354878&group=114098

For additional information: Walt Johnson,
Walt.Johnson@GooseCreekDistrict.org

Catholic Religious Emblems Counselor Training



The Catholic Committee on Scouting - Diocese of Arlington presents Catholic Religious Emblems Counselor Training on Saturday, October 5, 2014, at Our Lady of Good Counsel School (in the Counsel Room), 88601 Wolftrap Rd, Vienna, VA 22182

Courses offered:

- Cub Scout Pack Coordinator
- Boy Scout Counselor (Middle School grades)
- Boy Scout Counselor (High School grades) & Venturing Facilitator

Cost: \$10 payable at the training. Covers cost for workbook, coffee, juices, snacks. There will not be a break for lunch, but you may bring a heavier snact to eat during training.

Schedule:

- 8:30 AM – Mass
- 9 AM – Opening Session (all)
- 9-11 AM – Cub Scouts
- 9 AM – 1 PM – Boy Scouts

Register by sending an email to:

Anne Souser – ASouser@verizon.net

Pat Berney – ccoscarlinton@gmail.com



District Website: www.NCACBSA.org/GooseCreek

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Leave No Trace Trainer Course



This course is offered to train Boy Scouts (age 14 and older), Venturers, and adults (Cub Scout, Boy Scout, and Venture) to serve as Leave No Trace Trainers for Scouting and the wider public. For a Scout to serve in the Troop Leave No Trace Trainer position, he must complete the Leave No Trace Trainer Course. For that reason and since space is limited, Scouts will be given priority for registration.

This course is designed to enhance your understanding of Leave No Trace practices and ethics and to increase your level of expertise and confidence in teaching Leave No Trace skills. Through focused activities, hands-on field experience and both formal and informal discussions, you will be introduced to concepts and methods that will advance your knowledge of Leave No Trace issues, expand your repertoire of low-impact skills and increase your effectiveness in teaching these important skills to others.

On completion of this course, participants will be registered as Leave No Trace Trainers with the national Leave No Trace Center for Outdoor Ethics and will receive a certificate of course completion as well as their Leave No Trace Trainer lapel pin.

This course is instructed by nationally designated Leave No Trace Master Educators and Trainers. Attendance for the entire duration of the training is required.

Where: Camp Snyder

When: October 25, 2013 (6pm) to October 27 (10am)

Cost: \$ 50.00 (non-refundable) includes all camping fees, course materials, and meals. Registration is via the NCAC website by October 11. (If unable to register online please contact Victor Bieniek below) Directions, equipment list, and other course details will be emailed to participants upon registration. Each participant will have pre-read materials and an assignment for the training.

Class sizes are limited, so register early!

For more information please contact Victor Bieniek at vbieniek@gmail.com or 703-855-8428 or Mike Mercer advisor@jmsat.com or 703-281-5816

Pre-registration is required. Participants must be at least 14 years old. We will offer this course again in the spring

Cub Leader Pow Wow



What is Cub Leader Pow Wow?

Cub Leader Pow Wow is a supplemental, action-packed all day training event for adult Cub Scout Leaders. You will spend the day learning new ideas and concepts with hands-on experiences that will enhance your ability to deliver and support a fun-filled, exciting program to Cub Scout boys.

When is Pow Wow?

Pow Wow is Saturday, November 16, 2013. Doors open at 7:30 am. Walk-in registration and pre-registered pack pick-up starting at 8:00 am. Please, no early arrivals.

Opening Ceremony begins at 8:40 am. The first training session starts promptly at 9:00 am. Some courses are 50 minutes long, some are 90 minutes long, some are 2 hours long and some are all morning or afternoon. BALOO is an all day course. We'll stop along the trail for Lunch, which is provided at noon.

Where is Pow Wow?

We're gathering at Annandale High School, 4700 Medford Drive, Annandale, Virginia.

Who should attend Cub Leader Pow Wow?

Everyone! All registered adult Cub Scout Leaders, potential leaders, and interested parents.

Training sessions offer relevant topics for every Cub Scout position to help you make your Cub Scout program more fun for the boys ... and you too!

What do I need to do to register online for Cub Leader Pow Wow?

Download and carefully review the course description and course schedule, then make your course selections. Have a major credit card handy when you register. All courses have limited enrollment and many fill quickly. Courses that reach maximum enrollment will not be available to select for registration. So register when it becomes available.

How Much Does Pow Wow Cost?

If you pre-register using our online registration system by November 13, the cost is \$35.00. After midnight on November 13, we stop electronic registration and you will have to register as a 'walk-in' on the day of the event. The cost for walk-in registration on the day of the event is \$45.00.

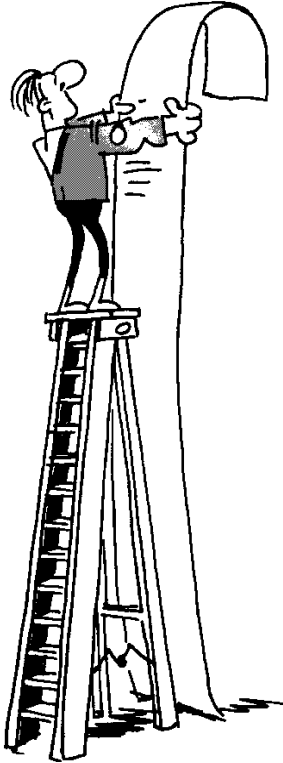
All courses have limited enrollment and many fill very quickly. Courses that reach maximum enrollment will not be available to be selected when you electronically pre-register or at walk-in registration. So register as soon as it is posted on this page!

What's Included for the Registration Fee?

Registration fee includes a day of training (as many as six courses, a patch, a Pow Wow CD, lunch, and as much Scout fellowship and sprit, and Cub Scout networking as you can take-in during the day!

For additional information: Go to www.BoyScouts-NCAC.org/PowWow

District Calendar



October 2013

- 5 **Training - BSLST**
- 7 Columbus Day
- 9 Roundtable
- 9 Venturing Forum
- 10 Commissioner RT
- 14 Columbus Day
- 19 **Training - IOLS**
- 19 Fall Expo
- 19-20 JOTA/JOTI
- 23 District Committee

November 2013

- 2 **Scouting for Food Bag Distribution**
- 4-5 Student Holiday
- 9 **Scouting for Food Bag Pickup**
- 13 Roundtable
- 13 Venturing Forum
- 14 Commissioner RT
- 16 PowWow
- 20 District Committee
- 27-29 Thanksgiving Break

December 2013

- 11 Roundtable
- 11 Venturing Forum
- 18 Annual District Business Meeting
- 23 Winter Break Starts

January 2014

- 1 Winter Break Ends
- 8 Roundtable
- 8 Venturing Forum
- 9 Commissioner RT
- 20 MLK Jr. Day
- 22 District Committee
- 24 LDS 6th Annual Merit Badge & Training Workshop
- 27 Moveable School Holiday
- 31 **Freeze-o-ree (TBD)**

February 2014

- 2-3 **Freeze-o-ree (TBD)**
- 2 Scout Sunday
- 8 Scout Sabbath
- 12 Roundtable
- 12 Venturing Forum
- 13 Commissioner RT
- 17 President's Day
- 26 District Committee

March 2014

- 6 **AOL Recognition Ceremony**
- 12 Roundtable
- 12 Venturing Forum
- 13 Commissioner RT
- 26 District Committee
- 31 Student Holiday

April 2014

- 4-6 **Spring Camporee**
- 9 Roundtable
- 9 Venturing Forum
- 10 Commissioner RT
- 14-18 Spring Break
- 23 District Committee

May 2014

- 3 **Cubmobile Derby**
- 8 Commissioner RT
- 14 **Program Launch**
- 26 Memorial Day
- 28 District Committee

June 2014

- 7 **Soda Bottle Rocket Derby**
- 11 Roundtable
- 12 Venturing Forum
- 12 Commissioner RT
- 13 Last Day of School
- 25 District Committee

July 2014

- 4 Independence Day

August 2014

- 13 Roundtable
- 13 Venturing Forum
- 14 Commissioner RT
- 27 District Committee

September 2014

- 1 Labor Day
- 10 Roundtable
- 10 Venturing Forum
- 13 Commissioner RT
- 20-21 **Webelos-o-ree (TBD)**
- 24 District Committee