

Goose Creek District Newsletter



May 2013

Volume 4, Issue 10

reprinted from The Scoutmaster Minute, February 12, 2013
(<http://thescoutmasterminute.net/2013/02/12/guided-discovery/>)



Special Interest:

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Council/National

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
Training

- Boy Scout Leader Training – pg 16

Quick Calendar:

- May 4 – Cubmobile Derby
- May 4 – Training - BSLST
- May 8 – Program Launch
- May 18-19 – Training IOLS/OLSWL
- Jun 1 – Soda Bottle Rocket Derby
- Jun 12 – Roundtable
- Jun 17-21 – Day Camp

Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

This weekend at the Trainers EDGE training we got into a discussion about “letting Scouts fail to learn”. About half of the room agreed with the idea and the other half agreed that the Scout needs to learn, but using the term ‘fail’ did not sit well with them.

I think its semantics but the goal is to get the Scout to learn. In Scouting we call it Guided Discovery. Allowing the Scout to learn by making mistakes, problem solving, and executing solutions to the situation. The adult leader is there to maintain safety, offer advice, and keep the Scout heading in the right direction. The leader does that in a subtle way, not doing the task, making the decision, or being up front. The leader is there to keep the Scout ‘in bounds’ so to speak. The Scout knows he has a safety net.

So how does this “Guided Discovery” concept work or get put into action. It is not about letting a Scout hang in the wind. It is not about allowing failure to occur just for the sake of letting a Scout fail. No, Guided Discovery happens when we ask questions. This implies that the leader is engaged fully in this process. Now that does not require the leader to hover and maintain an arms reach distance. It simply forces the issue through leading questions to assist in the Scout finding the answer.

Problem solving and role-playing can play a big part in guided discovery. Many times I ask a simple question, what do you think? Not what do you think is right.. rather, what are you thinking? Most of the time this question provokes enough thought and produces a clearer picture of the desired outcome. Problem solving and role-playing can spark thought and allow the Scout (s) to see possible outcomes both good and bad and allow the decision making process to happen. This is not lofty and can happen at every level.

Using the Start, Stop, and Continue assessment tool in the middle of a task is also a great way to discover solutions and assist in decision-making. The leader can act as a referee in some cases and step in with a well placed questions that may get the group thinking about alternative solutions.

The goal to allow the Scout to make decisions and learn. Through Guided Discovery, we teach, coach, train and mentor the Scout to better understanding of skills, leadership, and self-reliance.

District News

District Website: www.GooseCreekDistrict.org

Program Launch



What's a "Program Launch"? Are we sending Scouts into orbit? Not quite, Program Launch is run by the District Committee and is when Council provides us the Council Planning Calendar for the next program year, the various district committees are at hand to discuss what resources/events they have for you, and local vendors are present to show what they can do to enhance your program.

Program Launch will be held in place of the usual May Roundtable, same place (Leesburg United Methodist Church), same time (May 8th, 7:30 - 9).

2013 Soda Bottle Rocket Derby



When: Saturday, June 1. 9 a.m. – 4 p.m. Each pack will select their own 2-hour assembly/launch window for the day.

Where: George Washington University Campus, Route 7

Who can Attend: This event is open to all Cub Scouts, including new Tigers (Kindergarten aged Scouts who just registered and will be Tigers the next year) and siblings/friends. **This activity counts towards the Summertime Activity Pin!!**

Cost: \$8 per person, to be paid at the event. This covers the cost for all of the materials (except the soda bottle) needed to build the rockets.

For registration information: The information/registration packet is available on the district website. For additional information send an email to 786Troop@gmail.com

Goose Creek Earns Gold Journey to Excellence District Award



"Scouting's Journey to Excellence" is the BSA's council performance recognition program designed to encourage and reward success and measure the performance of units, districts, and councils.

For 2012, Goose Creek is one of the 16 NCAC Gold level districts under the new Journey to Excellence requirements. As the largest district in the National Capital Area Council we set the example for the others. A large part of the district's score was based on our individual unit's Journey to Excellence scores, training, and advancement. So congratulations to everyone for a job well done.

As a result of ours and other districts' achievements, National Capital Area Council also achieved Journey to Excellence Gold for the second year in a row.

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District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Day Camp 2013



Come out to an old-fashioned hoe down. This year's Day camp theme is Wild Western Adventures. Pan for Gold, learn how a telegraph works then build a working one, learn roping, enjoy an old-fashioned carnival, learn to handle the cold-blue steel of a BB-Gun, become a "dead eye" at Archery and Sling Shots, participate in up to four sports, earn belt loops! All this awaits Cub Scouts at this year's Goose Creek District Day Camp at Morven Park in Leesburg. Camp runs Monday – Thursday, 9 am – 4 pm with a half day on Friday. Siblings are welcomed.

Cost per Cub is:

- Registered on or before May 17, 2013 – \$185
- Registered after May 17, 2013 – \$205

Can't get to Day Camp? Goose Creek District offers the only twilight camp in the Council. The boys will shoot BB-Guns, Archery, Sling Shots and learn a Scout craft. Twilight camp is held Monday – Thursday from 6:30 pm until dusk. Price is only \$90.00 before April 16th.

Online registration is open: <http://www.boyscouts-ncac.org/cub-scout-day-camps/2013-camp-locations-online-registration/18462>

We're always looking for volunteers. Parents serving full-time on camp staff get one free registration for their Cub Scout! Registered youth members ages 14+ can earn \$75 towards their week at Goshen Scout Reservation! Service hours can also be earned by youth who work at Day Camp.

Let us know if we can come to your next Pack event and talk to your families about the exciting Camp opportunities that the NCAC offers.

For more information contact David.Carty@GooseCreekDistrict.org.

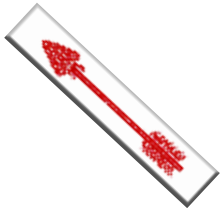
Are You Tougher Than a Scout – Camp-o-ree Report



We had a great Camp-o-ree, April 12 through 14. We were thrilled to have a new location for the Camp-o-ree located at Willowsford near Aldie Va. We had about 270 attend the event. We also had the first ever Older Scout/Adult challenge event. We had teams of 4 participate in a 7.1 mile course with 12 activities to be completed while all being timed. The events included items such as shooting and throwing sports, scouts skills including stretcher carry and ravine crossing and even a car tow.

The winner of the challenge was the adult team from troop 1158, 2nd place was the Scout team from 1158 Ultimate America and 3rd place was the Panthers. All greatly enjoyed the rigorous challenging events but were pretty tired at the end.

OA News



The Ordeal this past weekend was a success. We had 67 complete their Ordeal and 18 members complete their Brotherhood conversion. A new slate of officers were elected at the meeting that was held after the feast. The next Chapter meeting will be May 8, 7:30 pm, at the Leesburg United Methodist Church.

Spring 2013 Join Scouting Night Event



Goose Creek District has kicked off the Spring "Join Scouting Night" that will focus on the recruitment of new Tigers to get a head start on summer activities with packs, leading to the fall startup of cub scouting to coincide with the beginning of school. We will be reformulating and refocusing our approach to the Spring JSN event and look to tentatively hold this in either April or May immediately after the March Spring Break week. Our goal is to get the message out to the greatest audience possible detailing the value of Cub Scouting in the development of a young boy. To that, we are looking at a new District-wide Tigers event during the summer months to show that the fun never ends in scouting.

Previous JSN Coordinators at the Pack level have been notified via email to begin the preparation process by securing a date that coincides with an April or May Pack Meeting. Additional information will be routed via JSN specific newsletter directly to the coordinators. If you have any questions, comments or constructive advice, please route it directly to Chris Goda at ChrisGoda@gmail.com.

RELAY FOR LIFE - American Cancer Society - Community Service Event



Scouters, Venture Crews, Boy Scouts & Cub Scouts in Class A wanted to hold flags during the opening ceremony of the Western Loudoun Relay for Life to benefit the American Cancer Society on Saturday, June 1 from 12:30PM to 1:45PM. Over 100 Flag holders will line the path of the participants holding American Flags during the opening ceremony while the names of Cancer Survivors are read. Entire Crews, Troops and Packs are needed and may earn Community Service Hours. Join the event by contacting Michelle Johnson at loudounlearning@msn.com. If someone you know has survived cancer, this is a great way to honor them and support the American Cancer Society.

Middleburg Point to Point 5K Foot Race



On May 26 there will be a 5K cross country race that starts and finishes in Glenwood Park, Middleburg that benefits Glenwood Park, American Legion Post 295, and Boy Scout Troop 2950. While there is a \$25 registration fee **all Scouts run FREE** (if they show up in their uniforms and run with a buddy. \$5 will be charged to purchase a t-shirt).

There will be awards for top male and female finishers and the top three finishers in each male and female age group. There will also be door prizes from local businesses.

For more information and to register go to: www.MiddleburgFootRace.com/

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Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Scouting for Bricks™



Fans of all ages please join us in Leesburg, Virginia to share in the exciting world of LEGO® creations from every imaginable category, all to support a great cause: growing young men of character through Scouting & our local Boy Scout Troop 39! This is a special event for LEGO enthusiasts to exhibit their LEGO masterpieces which has drawn the attention of top name LEGO related vendors and exhibitors from as far away as California

Visitors will be treated to over 30,000 square feet of LEGO related exhibits and merchandise. The vendor Brixalot will have over 100,000 LEGO and DUPLO blocks affording visitors a hands-on opportunity to play and create. Additional exhibitors include the Washington, D.C. Metropolitan Area LEGO Train Club, Abbie Dabbles, Brick Brigade, Bricks 4 Kids, Classic Plastic Bricks, Clone Army Customs, Play-Well, Snapology, and The Great Adventure Lab. Ashburn Robotics will host a robotic scrimmage and the amazing Great Ball Contraption will be on display, while live Star Wars 'Stormtroopers' from the 501st Legion will be roaming the exhibit halls.

When: May 4, 2013 ~ 11 am - 5 pm -- special "MAY the FOURTH Be With You" exhibits

May 5, 2013 ~ 12 pm - 4 pm

Where: Heritage High School ~ Leesburg, VA

Cost: \$5 admission ~ if you just want to come visit the show - fun for ages 3-103
\$10 exhibitor fee ~ includes an exclusive event t-shirt - anyone ages 10-adult may exhibit. Troop 39 is still accepting exhibitor applications (from individuals (boy, girl, or adult) or troops until April 12.

Website: www.scoutingforbricks.com

Facebook: www.facebook.com/scouting4bricks

Twitter: www.twitter.com/scouting4bricks

Contact Us: Email: ScoutingForBricks@gmail.com or Phone: (571) 293-1975

Scouting for Bricks™ is NOT affiliated with the LEGO® Group.

“Onward and Upward”

On the Advancement Trail

New Eagles



Congratulations to Goose Creek’s newest Eagle Scouts:

William Paul Chrisman – Troop 997

Alexander Philip Greer – Troop 969

Chase A Langenbach – Troop 1154

Michael F Linville – Troop 2970

Brandon R Morris – Troop 969

Trevor Carlin Smith – Troop 997

Nicolas L Snyder – Troop 962

Eagle Career Day



Eagle Career Day gives Scouts who earned their Eagle Scout, Venturing Silver or Quartermaster Awards in the past year an opportunity to network with professionals from the career fields they wish to pursue. This year’s keynote speaker is Distinguished Eagle Scout Ray Suarez, Anchor of PBS' NewsHour.

When: Saturday, May 11, 2-4pm

Where: First Baptist Church of Alexandria (2932 King St., Alexandria, VA)

If you earned one of these awards between January 2012 and May 2013 or are an adult leader interested in helping, go to:

www.boyscouts-ncac.org/eaglecareerday

Hear it First on Twitter



Follow the national Advancement Team on Twitter. Topics cover the FAQs received at the national office, clarifications on policies and procedures, news on changes and new releases, and best practices in advancement.

If you already have a Twitter account, follow us at @AdvBSA or BSA Advancement Team. If you don’t have an account, it’s time to take the plunge. It’s a quick and easy process to set up an account at www.Twitter.com. To limit incoming emails (tweets), you can select the Advancement Team as the only account you want to follow.

Philmont Conference for Experienced Advancement Volunteers and Professionals



If you are an experienced volunteer advancement administrator, consider taking your game to the next level this June 16-22 at the Philmont Advancement Issues and Solutions Conference. Offered for the first time, this new case study-based conference is designed for unit, district, and council advancement coordinators, chairs, committee members, and staff advisors. Start making plans now to take advantage of this opportunity to share ideas with other committed advancement administrators at Scouting's premier destination—Philmont Scout Ranch.

Conference participants will not only learn about the latest updates on advancement issues, but more importantly, they will have a chance to analyze, discuss, and solve case studies similar to those regularly dealt with by the national Advancement Team and Committee and the Eagle Issues Task Force, which considers appeals and requests for extension of time to earn the Eagle Scout rank. The results will be a better understanding of the effective use of the Guide to Advancement and the confidence to handle difficult issues at the council level. To register, log on to www.MyScouting.org and select the "Event Registration" tab

Philmont Mechanics of Advancement Conference Set for August



Can't make it to New Mexico in June? The Philmont Training Center also will be hosting a Mechanics of Advancement course for unit, district, and council volunteers and professionals from August 4–10. The revised 2013 editions of the Guide to Advancement and the Eagle Scout Service Project Workbook will be distributed, featured, and covered in detail, and conference attendees will gain a more in-depth understanding of the essentials of advancement and an appreciation for the rationale behind the policies and procedures governing it. Presentations will come from members of the national Advancement Committee and its advisory panel. Group discussions will focus on effective ways to resolve advancement-related issues and challenges. Of course, this conference also offers a prime opportunity to share the beautiful Philmont Scout Ranch with your family and new Scouting friends from across the country. Register now at www.MyScouting.org.

You might have been a Scouter too long when:



- You say "signs up" in a business meeting to quiet everyone down.
- You really love your self-inflating sleep pad.
- You took a chemistry course at the local college to help you develop a better fire starter.

Council / National News

Council Website: www.BoyScouts-NCAC.org

Looking for Goshen Camp Staff



Goshen Scout Reservation is seeking camp staff for the summer of 2013. Qualified applicants must be at least 18 years of age or older, be willing to relocate to Goshen VA from June 8th until August 7th, be eligible for membership in the Boy Scouts of America and be able to pass a background check. Room and board is provided as well as a wages. Physical requirements for the positions include the ability to walk/ travel in various conditions and over uneven terrain; be able to lift at least 30 pounds, to be able to fulfill the physical demands of the position (such as swimming, rowing, etc.) and to be able to live and work in non-air conditioned facilities. For an application or more information please email: goshen.staff@gmail.com.

Youth Protection Champions



The new Youth Protection Champions program, debuting later this year, is designed to keep Youth Protection on everyone's mind by embedding key barriers to abuse into every aspect of the program and every unit in Scouting.

A unit-level Champion's job is about more than just making sure everyone is Youth Protection trained. (By the way, if your training isn't up-to-date, fix that immediately.) The Champions fill in that two-year gap between trainings to promote new initiatives, increase awareness, distribute materials, and monitor the unit's Youth Protection strategy. For more information check out this post at *Bryan on Scouting*: <http://blog.scoutingmagazine.org/2013/04/03/yp/>

Gettysburg Ceremony



2013 marks the 150th anniversary of the Battle of Gettysburg. The Gettysburg Foundation is hosting a commemorative illumination on June 30, 9-10:30pm at Soldiers' National Cemetery to pay tribute to the more than 3,500 soldiers who fought and were killed in Gettysburg in 1863. The Gettysburg Foundation invites you to assist in making this event a success. Volunteers are needed to help set-up and clean-up the cemetery. To register your unit or for more information write to aswade@gettysburgfoundation.org.

Venturing Officers Association Awards Picnic



Get ready for the NCAC Venturing Officers Association's (VOA) first Awards Picnic on June 1 at Burke Lake Park in Fairfax VA! We will present the Venturing Leadership Award and other prestigious awards, and engage in friendly competition tug-o-war, photo scavenger hunts and other field games.

The program will begin at 3 pm with a potluck-style picnic at 6pm; crews are encouraged to bring a dish to share. Registration will soon be available online at \$10 per person. Camping is available through Burke Lake but must be done individually. Look for more information in your Roundtable packets!

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Outdoor Ethics Awareness Award

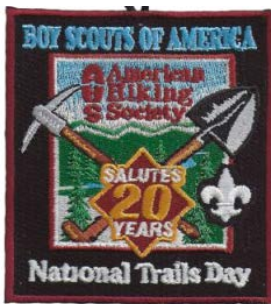


Guided by the Outdoor Code and Leave No Trace, millions of Scouts have enhanced their awareness of the natural world around them, minimizing impact to the land. For Scouts who have a deep interest in the outdoors, nature, and the environment, Scouting's outdoor ethics will give you an ever-deeper appreciation of the richness of the land and how we fit into it. If you are prepared to venture down the path of really becoming aware of your surroundings, of building the skills that will allow you to leave no trace on the land, then the Outdoor Ethics Awareness and Action Awards are for you.

For more information about the award go to:

www.scouting.org/sitecore/content/Home/OutdoorProgram/OutdoorEthics/Awards

National Trails Day



American Hiking Society's National Trails Day® (NTD) is a celebration of America's magnificent Trail System, occurring annually on the first Saturday in June. NTD features a series of outdoor activities, designed to promote and celebrate the importance of trails in the United States. Individuals, clubs and organizations from around the country host National Trails Day® events to share their love of trails with friends, family, and their communities. NTD introduces thousands of Americans to a wide array of trail activities: hiking, biking, paddling, horseback riding, trail running, and bird watching and more. For public and private land managers alike, National Trails Day® is a great time to showcase beautiful landscapes and special or threatened locales as thousands of people will be outside looking to participate in NTD events.

Locally, The Nature Generation will be offering two free nature hikes on the Chapman DeMary Trail in Purcellville. The two hikes will start at 10 a.m. One will feature butterflies, led by Loudoun Wildlife Conservancy President and monarch enthusiastic, Nicole Hamilton. The other will focus on birds and will be led by raptor expert and Loudoun Valley High School Environmental Explorations teacher, Liam McGranaghan. For more information on these hikes go to:

<http://AmericanHiking.org/NTDSearchResultOrganisationDetails.aspx?NTDId=4834>

Cub Scouts, Boy Scouts, and Venturers who participate in or host a National Trails Day event are eligible to purchase the limited-edition National Trails Day patch, available now at ScoutStuff.org or local Scout shops.

For more information on NTD go to: <http://AmericanHiking.org/ntd/>

33rd Annual Boy Scout Golf Classic



When: Monday, June 24, 2013

Where: Manor Country Club, 14905 Carrolton Rd, Rockville, MD 20853

What: Four-person full scramble, morning and afternoon shotgun starts. Luxury vehicles or \$100,000 cash prize for hole-in-one on every par 3! Hundreds of dollars worth of great giveaways!

For more information, visit www.BoyScouts-NCAC.org/Golf.

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Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

National Summertime Pack Award



The purpose of the National Summertime Pack Award is to encourage packs to provide a year-round program by continuing to meet during the time periods when school is out of session for several weeks or months. A pack can qualify for the award by planning and conducting three pack activities - one each in June, July, and August. This award can be an incentive for greater attendance at your summer pack activities.

Individual Scouts that participate in a pack event each month can receive the National Summertime Pack Award pin. Starting in 2008, there has been a different color pin for each Cub Scout rank so earning the pin each year has more incentive.

One activity in June, July, and August is the minimum requirement. But remember that few Scouts will be able to make three specific dates during the summer. Consider offering at least two pack events each month. Ask your dens to each host an event. Council/District events such as Cub Scout Day Camp and Cub Scout and Webelos Resident Camp qualify as well as a variety of other activities (such as the Soda Bottle Rocket Derby – June 1st) for you to put in your calendar. So realistically your Cub Scouts may be able to choose from four or more activities each month.

You can get the application from www.scouting.org/filestore/pdf/33748.pdf.

Get SAT and ACT Test-Prep Software Cheap



Boy Scout families — both current and former — can score \$250 SAT or ACT test-prep computer programs for less than \$20. That means the study materials, shipping, student support, and streaming content can be yours for less than half what it costs to take the actual tests themselves.

It's \$19.99 for either the SAT or ACT test-program, which includes 11 hours of video instruction, 3,000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, and practice tests.

Have a student who's taking both tests? Grab both programs for \$39.98 — a huge savings over the \$499.98 list price.

Mac or PC? Doesn't matter, because the software — available either as a DVD or streamed online — works on either platform. Request the almost-free programs online at www.eknowledge.com/BSA

Pre-Camp Swim Classification Tests



This is an opportunity for your unit to have your annual BSA swim classification check done under the supervision of NCAC-approved aquatics personnel at the Camp William B. Snyder pool. A unit swim classification record will be issued by NCAC Aquatics personnel to each unit showing the swim classification (swimmer, beginner, non-swimmer) of each participant. This event is open to all NCAC units.

Units must register online at www.boyscouts-ncac.org/aquatics for a 30 minute block. Up to 20 tests can be administered during a block. The date is Saturday, June 9 and available times start at 1:00pm, 1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30pm. Cost is \$2 per participant. Minimum preregistration is 10 per unit.

Note: Although these swim tests are being conducted prior to summer camp, the camp aquatics director is expected to review or retest any Scout or leader whose skills appear to be inconsistent with his classification. Additionally, the camp aquatics program director is authorized to retest any Scout or group of Scouts at his discretion. **Goshen Scout Camp waterfronts require swim classification tests to be conducted at Goshen in Lake Merriweather.**

For more information: Contact Reggie Cahoon (571) 358-4922

Scuba BSA



Scuba BSA introduces participants to the special skills, equipment, and safety precautions associated with scuba diving, encourages aquatics activities that promote fitness and recreation, and provides a foundation for those who later will participate in more advanced underwater activities.

The Scuba BSA experience contains two parts – Knowledge Development and Water Skills Development. During the first part, participants learn basic dive safety information and overview skills to be used during their water experience. The Water Skills Development session introduces essential dive skills, such as mask clearing, regulator clearing, and alternate air source use.

This is an introductory, try-it scuba experience. It does not result in certification for diving on your own. It is not the BSA Scuba Diving merit badge. Many people decide to go on and take a certification course after trying scuba.

The one hour Scuba BSA sessions start hourly at 2, 3, 4, and 5pm. This is for any scout-aged youth or adult. Maximum of 8 participants per one hour session. Preregistration is required, each participant must complete a medical questionnaire.

All you need to bring is your swimsuit, a towel, and a scuba medical statement (page 9 of the BSA Annual Health and Medical Record).

When: June 9, Camp Snyder pool.

Cost: \$25 (includes all equipment)

Registration deadline: June 3

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.

Cub Scout Resident Camp



Camp Snyder will conduct five 3-day sessions (Thursday 6 PM – Sunday 9 AM) for Cub Resident Camp in 2013. Cub Resident Camp is your introduction to what Boy Scout camp can be like. Scouts and their adult leaders/parents will live in 5-person BSA wall tents with cots and platforms, eat at the camp dining hall and experience a wonderful program. The program at camp includes opportunities for Scouts to earn Achievements, Pins, Belt Loops, and several just-for-fun activities. The importance of Cub Resident camp to a Cub Scout and their family is tremendous! Resident Camp will develop your son's or den's self-reliance and resourcefulness by providing learning experiences in which campers acquire knowledge, skills, and attitudes essential to their well being.

Session 1: July 4-7	Cost: \$200 – register by May 15
Session 2: July 11-14	\$220 – register after June 15
Session 3: July 18-21	
Session 4: July 25-28	\$85 – adults
Session 5: August 1-4	

Cub Adventure Days



Camp Snyder will conduct four Adventure Days sessions for Cub Scouts in 2013. Cub Adventure Days is a great Day Camp experience for all Scouts from Tiger through Webelos and their families to experience a campout without the overnight sleeping. Each day will begin at 9:00 AM and conclude at 4:00 PM with lunch included in the cost of camp. Every day will be different from the one before with Scouts visiting all of the Camp Snyder program areas by the end of the week.

Session 1: July 8-11	Cost: \$215 – register by May 15
Session 2: July 15-18	\$235 – register after Jun 15
Session 3: July 22-25	
Session 4: July 29 – Aug 1	\$20 – one adult for a week (may be a different adult each day)

Webelos Camp



Camp Snyder will conduct two Webelos Resident Camps in 2013. Webelos camp is a big step for the Webelos I or II working on Activity Badges. Scouts will camp overnight just like when they become Boy Scouts to get the full summer camp experience in a shorter setting. Most of your time will be spent working towards advancing in your Webelos trail on the way to becoming a Boy Scout. There are plenty of other fun activities to fill your week including games, trips to the pool and more. Webelos will also be able to work on some free time activities that will include the more advanced pins from the Cub Scout Academic and Sports program. Camps go from Sunday 6 PM to Friday 9 AM.

Session 1: Aug 4-9	Cost: \$250 – register by May 15
Session 2: Aug 11-16	\$270 – register after Jun 15
	\$50 – adults

Can Tiger Cubs Attend Resident Camp?



That's a trick question. Yes, they can. Effectively immediately, the policy forbidding Tiger Cubs from attending resident camp has been reversed. This change allows Tiger Cubs to go to resident camp with their adult partner or guardian.

Overnight camping by Tiger Cub, Wolf, and Bear Cub Scout dens as dens is still not OK, and certificates of liability insurance will not be provided by the Boy Scouts of America.

The language in the Guide to Safe Scouting and other publications will be updated as those documents are reprinted.

Dehydrated vs. Freeze-Dried Foods



When planning and purchasing your food storage, you are called to make many decisions because there are so many options. You want to purchase food you will enjoy eating and that will have a long shelf life. Somewhere along the search for the food storage you need, you will come across dehydrated and freeze-dried foods. Often times a product will look similar in freeze-dried and dehydrated form, and you may wonder what the difference is between the two. Or you may have been thinking about drying your own food and wonder if dehydrating or freeze-drying will better preserve your food.

The following article will help you to know how the two processes differ and what are the advantages and disadvantages of each:

www.PreparednessPlus.net/cms/education/articles/what%E2%80%99s-the-difference-dehydrated-versus-freeze-dried-foods/

Competitive Underwater Swimming Events Are Not Permitted



As summertime swimming activities continue and youth become more comfortable in the water, it's not uncommon for their water games to become more challenging and competitive. For qualified supervisors of Safe Swim Defense activities, for parents watching their children in the water, and for youth participants themselves, hyperventilation has been cited as a factor in numerous drowning incidents.

Breathing is triggered by a buildup of carbon dioxide rather than the depletion of oxygen. Holding your breath is an important stage in learning to swim, and the ability to swim underwater is an important skill for snorkeling and lifesaving. However, repeated deep and rapid breathing, or hyperventilation, before underwater swimming can result in a loss of consciousness by delaying the urge to breathe.

Contestants in underwater swimming events may be especially prone to this danger because, under the stress and excitement of competition, they may ignore their own built-in urge to breathe. In such cases, the swimmer may have little or no warning that he or she is about to pass out.

Caution anyone who is obviously breathing heavier than normal before they swim underwater. Because of concerns with hyperventilation, competitive underwater swimming events are not permitted in Scouting.

NYLT (IMPEESA) 2013



The National Youth Leadership Training (NYLT) is the council-level youth leadership course provided by BSA. In order to reach the widest possible youth audience with our BSA training, NYLT is open to Boy Scouts, Varsity Scouts, Venturing members and Sea Scouts. This is in line with the Mission and Vision of the BSA as well as the Strategic Plan of BSA. In NCAC, the course has adopted a Baden-Powell nickname, "Impeesa" (the wolf that never sleeps), to further identify our program.

The objective of our NYLT program is to equip our young people with leadership skills to help them succeed in their Scout unit and in LIFE. Impeesa brings together Scouts from all over the Council to learn and practice the leadership techniques in a risk-free, Scout-friendly environment. The Scouts learn and practice leadership skills and styles together.

NYLT is an experience designed to train the participant in team building and leadership skills, taught in an outdoor setting. The course is led by a staff of Scouts from the Council. These peer level instructors have completed the Impeesa course and an intense staff development process.

The course is presented around actual Scout events and activities. Scouts will get to SEE the Scouting program modeled and the Scouting ideals come to life as they learn and practice their leadership skills.

Impeesa is not another summer camp; it is an intense and challenging leadership experience. There is no merit badge training offered. Every game, activity, ceremony, and even each meal is designed to be part of a total training experience. Participants are treated with the respect they are due as future leaders in their troops. They are expected to put forth the time and energy needed to learn and practice the leadership skills.

The course fee is \$225. A \$50 non-refundable deposit must accompany the participant application.

There are three courses during 2013:

Impeesa Weeklong Course

Date: June 23-28, 2013

Time: 1:00 PM (Sunday) - 5:00 PM (Friday)

Location: Cheltenham, MD

Impeesa Weeklong Course

Date: July 14-19, 2013

Time: 1:00 PM, July 14 - 5:00 PM, July 19

Location: Camp William B. Snyder, Haymarket Virginia

Impeesa Weekend Course

Date: July 26-28, 2013 and August 2-4, 2013 (2 Week-ends)

Time: 1:00 PM (Friday) - 5:00 PM (Sunday)

Location: Camp William B. Snyder, Haymarket Virginia

For more information go to: www.boyscouts-ncac.org/impeesa-nylt/18907

NOVA Awards Program



The Boy Scouts of America's NOVA Awards program incorporates learning with cool activities and exposure to science, technology, engineering and mathematics for Cub Scouts, Boy Scouts, and Venturers. The hope is that the requirements and activities for earning these awards stimulates interest in STEM-related fields and shows how science, technology, engineering and mathematics apply to everyday living and the world around them. Counselors and mentors help bring this engaging, contemporary, and fun program to life for youth members.

There are four Nova awards for Cub Scouts, Webelos Scouts, Boy Scouts, and Venturers. Each award covers one component of STEM—science, technology, engineering, or mathematics. For their first Nova award, Scouts earn the distinctive Nova award patch. After that, a Scout can earn three more Nova awards, each one recognized with a separate pi (π) pin-on device that attaches to the patch. The patch and the three devices represent each of the four STEM topics—science, technology, engineering, and mathematics.

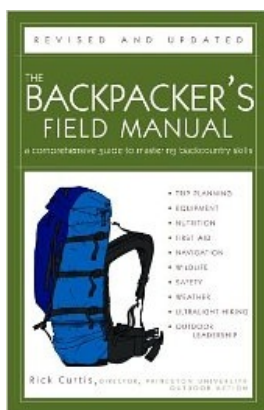
The Supernova awards have more rigorous requirements than the Nova awards. The requirements and activities were designed to motivate youth and recognize more in-depth, advanced achievement in STEM-related activities.

All requirements may be found in the Nova awards guidebooks, available through local Scout shops—one for Cub Scouts, one for Boy Scouts, and one for Venturers. The requirements can be completed with a parent or an adult leader as the counselor (for the Nova awards) or mentor (for the Supernova awards). Each guidebook includes a section for the counselor and mentor.

To look at the requirements:

- Cub Scout:
www.BoyScoutTrail.com/content/award/cub_scout_nova-2296.asp
- Boy Scout:
www.BoyScoutTrail.com/content/award/boy_scout_nova-2295.asp

The Backpacker's Field Manual



When it was first published in 1998, The Backpacker's Field Manual by Rick Curtis set the standard for comprehensive backpacking books. Updated to offer a more complete view of backpacking today, it covers the latest developments in gear—such as Global Positioning Systems and ultralight hiking equipment—first aid, and Leave No Trace camping, and includes a chapter devoted to outdoor leadership resources and basics. Beginners and experienced hikers alike will find this book indispensable for trip planning strategies and also as a quick reference on the trail for:

BACKCOUNTRY SKILLS—how to forecast the weather, identify trees, bear-proof your campsite, wrap an injured ankle, and more--illustrated with more than 100 line drawings.

TRICKS OF THE TRAIL—time-tested practical lessons learned along the way

GOING ULTRALIGHT—downsizing suggestions for those who want to lighten up

Available from Amazon, \$17 (paperpack) ★★★★★

District Website: www.GooseCreekDistrict.org

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

On-Line Resource of the Month



www.WildBackpacker.com has all the backpacking knowledge you could want in one easy place. Find trail guides, gear guidelines, backpacking recipes, food articles, survival tips, and other backpacking and hiking information.

Trained

Training Opportunities

Boy Scout Leader Specific Training

Trained

BSLST is an indoor session that usually takes about 9 hours and is one of the two courses Scoutmasters and Assistant Scoutmasters must take in order to be fully trained. The second course is Introduction to Outdoor Leader Skills (IOLS) which is the outdoor training and is scheduled to take place May 18-19 at Banshee Reeks Nature Preserve (see next article).

Boy Scout Leader Specific Training (BSLST) will be conducted May 4 at the Sterling United Methodist Church. Registration and class starts at 8:30 am and ends at 3:00 pm. Cost of the class is \$5.

All participants should wear their Scout Leader uniform and bring a bag lunch.

To online register: www.doubleknot.com/event/1332492

Intro to Outdoor Leader Skills (IOLS) and Outdoor Leader Skills for Webelos Leaders (OLSWL)

Trained

Outdoor skills are critical to the success of any Scouting program. IOLS provides leaders with the basic outdoor skills needed to start a program right and keep it going. IOLS is the **required** outdoor training for all Scoutmasters, Assistant Scoutmasters, and Varsity Scout coaches. The course is also ideal for Venturing leaders because it focuses on building confidence and competence in Leaders conducting outdoor camping experiences. OLSWL prepares the WEBELOS Leaders for the camping experience.

Prerequisites: Youth Protection Training, (available online at www.MyScouting.org), and BSLST.

Date/Location: May 18-19, Banshee Reeks Nature Preserve (21085 The Woods Road, Leesburg, VA 20175). Registration begins at 8:00 am, class starts promptly at 8:30 am. There is a \$35 fee for this class.

All Leaders should wear their Class A Scout Leader Uniform. Please bring a chair and a water bottle for class sessions. Also bring full camping gear for an overnight stay; camping overnight is part of the course. Meals will be provided. Please provide any dietary restrictions.

Please register online at: www.doubleknot.com/event/1323147

District Website: www.GooseCreekDistrict.org

District Facebook: www.facebook.com/pages/NCAC-Goose-Creek-District/150234058338739

Roundtable Facebook: www.facebook.com/pages/Goose-Creek-District-Cub-Scout-Roundtable/122441441115224

Training Records



Have you ever wondered if your BSA adult leader training record is up-to-date? Or why leaders are listed as Untrained on your unit roster even though you know they've taken the appropriate courses? There is now online assistance available to answer those questions via www.MyScouting.org.

"Training Validation" is a menu item located under E-Learning on the left hand side menu. Clicking on Training Validation opens a new Training Search window. Searching via the BSA member identification number usually works best. A link for "Advanced Search" allows for the input of a Scouter's name. A help button on the upper right side of the web page (the question mark) can also provide assistance.

If completed training is not shown, training points of contact or individual leaders can submit changes to official BSA training records by filling out a Training Update Form and sending it to the district leadership development chair. The form is available at:

<http://www.boyscouts-ncac.org/openrosters/ViewOrgPageLink.asp?LinkKey=35029>

NOTE: When completing online training make sure you enter your full name, council number (082), and BSA membership ID number. That way, your permanent BSA training record will be AUTOMATICALLY UPDATED

NCAC Powder Horn 2013



Scouting leaders want to provide challenging and fun outdoor programs to meet the needs of their older youth members, but may lack the knowledge and/or resources to do so. Powder Horn responds to this problem with an exciting training opportunity that exposes Venturing, Boy Scout, and Varsity adult leaders to a wide range of outdoor, high-adventure activities. Powder Horn provides its participants with valuable resources and contacts to assist leaders in delivering the promise of Scouting's high-adventure experiences to our youth.

Powder Horn is based on the requirements for the prestigious Venturing Ranger Award. This award requires demonstrated proficiency in a challenging set of core and elective topics. During the course, presentations on Ranger topics are made by knowledgeable consultants with demonstrated skills and certifications, as appropriate. They demonstrate the skills required and explain where resources, such as equipment, facilities, guides, instructors, and certifications that can be obtained locally. Most of the presentations involve actual hands-on experience by the participants, including shooting (pistol, rifle, shotgun), archery, kayaking, canoeing, sailing, fly fishing, mountain biking, SCUBA, land navigation, Leave No Trace, Project COPE, and much, much more.

The course is 4-days long, August 22-25, and will be held at Camp Snyder. Details for registration and cost (in the past it was about \$275) will be forthcoming. It is for any older Scouts, Venturers, and adult leaders interested in experiencing a unit-level, high-adventure program.

For more information: contact Steve Wolf at NCACPowderhorn2013@gmail.com

BSA Swimming & Water Rescue



Training for BSA Swimming & Water Rescue provides BSA leaders with information and skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. It expands the awareness instruction provided by Safe Swim Defense training. Persons completing the training should be better able to assess their preparation to supervise unit swimming events. The BSA recommends that at least one person with this training is present to assist with supervision whenever a unit swims at a location that does not provide lifeguards. This training is open to any registered adult leader, Scout, Venturer, or Explorer who is age 16 or older. A council approved instructor must directly supervise all training. The course takes approximately eight hours and is valid for three years.

Although the training is consistent with training provided professional life-guards, the Swimming & Water Rescue course is not a lifeguard training course and is not a substitute for BSA Lifeguard training for summer camp aquatics staff. On the other hand, this course addresses important information that may not be covered in generic lifeguard training programs such as: preventative measures, including the buddy system and swim classification tests; how to set up a safe swim area in diverse situations; the use of non-standard rescue equipment; and emergency action plans in remote settings. Therefore, BSA leaders with lifeguard training from other agencies are encouraged to complete this course prior to supervising unit swim activities in remote settings. A 'challenge' option is provided to foster cross-training of individuals with training from other agencies.

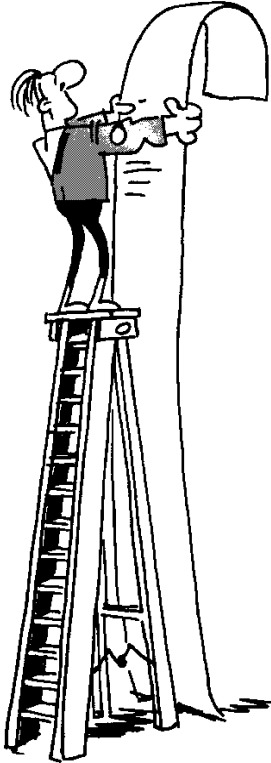
Registration is \$25 and classes are held at the Hylton Training Center, Camp William B. Snyder 6100 Antioch Road, Haymarket, VA 20169. Classes will be held:

June 1	registration deadline: May 24
July 27	registration deadline: July 22
Oct 5	registration deadline: Sept 39

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.



District Calendar



May 2013

- 4 **Cubmobile Derby**
- 4 **Training – Boy Scout Leader Specific**
- 8 **Program Launch**
- 9 Commissioner RT
- 12 Mother's Day
- 18-19 **Training – IOLS/OLSWL**
- 22 District Committee
- 27 Memorial Day

June 2013

- 1 **Soda Bottle Rocket Derby**
- 6 Last Day of School
- 12 Roundtable
- 12 Venturing Forum
- 13 Commissioner RT
- 17-21 **Day Camp**
- 26 District Committee

July 2013

- 4 Independence Day
- 15-24 National Jamboree

August 2013

- 8 Commissioner RT
- 9-10 **Training - IOLS**
- 14 Roundtable
- 14 Venturing Forum
- 28 District Committee

September 2013

- 2 Labor Day
- 3 First Day of School
- 11 Roundtable
- 11 Venturing Forum
- 12 Commissioner RT
- 28-29 **Webelos-o-ree**
- 25 District Committee

October 2013

- 5 **Training - BSLST**
- 7 Columbus Day
- 9 Roundtable
- 9 Venturing Forum
- 10 Commissioner RT
- 14 Columbus Day
- 19 **Training - IOLS**
- 19-20 JOTA/JOTI
- 23 District Committee

November 2013

- 2 **Scouting for Food Bag Distribution**
- 4-5 Student Holiday
- 9 **Scouting for Food Bag Pickup**
- 13 Roundtable
- 13 Venturing Forum
- 14 Commissioner RT
- 16 PowWow
- 20 District Committee
- 27-29 Thanksgiving Break

December 2013

- 11 Roundtable
- 11 Venturing Forum
- 18 Annual District Business Meeting
- 23 Winter Break Starts

January 2014

- 1 Winter Break Ends
- 8 Roundtable
- 8 Venturing Forum
- 9 Commissioner RT
- 20 MLK Jr. Day
- 27 Moveable School Holiday
- 22 District Committee

February 2014

- 2 Scout Sunday
- 8 Scout Sabbath
- 12 Roundtable
- 12 Venturing Forum
- 13 Commissioner RT
- 17 President's Day
- 26 District Committee

March 2014

- 6 **AOL Recognition Ceremony**
- 12 Roundtable
- 12 Venturing Forum
- 13 Commissioner RT
- 26 District Committee
- 31 Student Holiday

April 2014

- 4-6 **Spring Camporee**
- 9 Roundtable
- 9 Venturing Forum
- 10 Commissioner RT
- 14-18 Spring Break
- 23 District Committee