



Special Interest:

District

- Program Launch – pg 2
- Special Presentation – pg 2
- Fill the Bus – pg 3
- Soda Bottle Rocket Derby – pg 4

Advancement

- Internet Advancement Reports – pg 6

Council/National

- Online Tour Permits – pg 8
- Embassy Tours – pg 9
- AARL Field Day – pg 11




Training

- BSLST – pg 14
- IOLS and OLSWL – pg 14

Quick Calendar:

- May 5 – Cubmobile Derby
- May 5 – Training - BSLST
- May 9 – Program Launch
- May 10 – Venturing Forum
- May 18 – District Banquet
- May 19-20 – Training IOLS/OLSWL
- Jun 2 – Soda Bottle Rocket Derby
- Jun 13 – Roundtable
- Jun 18-22 – District Day Camp

Newsletter Key:

-  Cub Scout Interest
-  Boy Scout / Venturing Interest
-  For Everyone

Goose Creek District Newsletter



May 2012

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Experience, maturity and skill are not prerequisites to leadership; they are the traits produced as we practice leadership.

We often get email or comments from Scoutmasters with a troop of young Scouts wondering how they can be anything like boy led. They look around a bunch of 11-year-old boys and don't see anyone who measures up to their preconceived notion of a leader so the adults take over the leadership and may never let it go.

A lot of Scouting goes off the rails when adults think that they are the only ones with the maturity and experience to lead. To prevent this from happening I challenge you to get rid of all preconceived qualifications for youth leaders. Instead of a *perfect* troop envision an *ideal* troop; one that elects their own leaders from the Scouts who are there, not the ones you wish you had.

Other than they are freely elected by their patrol or troop there are no qualifications in Scouting literature for youth leadership positions. You may read guidelines or suggestions but there's no *required* age or rank.

Could it be advantageous if a patrol leader was first class rank? Sure. Is it required? No. Would it be a good thing if the senior patrol leader is mature, experienced and organized? Sure. Is it required? No.

Every troop has at least one patrol leader, and if they have more than one they have a senior patrol leader. Every patrol leader in a Scout troop is elected by the Scouts in his patrol. Every senior patrol leader in a Scout troop is elected by the Scouts in the troop. If you want to develop youth leadership first dismiss your preconceived notions about those two positions, resolve to never worry about, think about or manipulate a patrol or troop election and let the Scouts choose their leaders.

Does this whole idea sort of give you the willies? Good. It means that you are trying to learn something!

If I have a troop of 11-year-old boys, then I do Scouting with 11-year-old boys. If I have a troop of 17-year-old boys, then I do Scouting with 17-year-old boys. This is one of the cool things about Scouting!

Will these troops look alike or do things the same way? No way. Those older boys may be all over the place camping, climbing, backpacking, canoeing, while the younger troop may be having "four hour breakfasts" and almost getting lost on a short afternoon walk!

The important thing is that both troops are doing Scouting.

Experience, maturity and skill are *not required*. Experience, maturity and skill are the *goal*.

When you hire an intern experience is not *required*, experience is the *goal*. A baseball player is a baseball player if he hits home runs or not; hitting home runs is the *goal* but they are not *required*.

Let's not make the goals of Scouting into prerequisites for actually *doing* Scouting!

District News

District Website: www.GooseCreekDistrict.org

Program Launch



What's a "Program Launch"? Are we sending Scouts into orbit?

Not quite sending them into orbit, but ideally the program launch will give Scouters a bunch of great information to help them begin planning for the upcoming year. With schools letting out, summer camp's gearing up, and bags being packed for summer vacation now is the time to plan.

Make sure you get a copy of the upcoming Council Planning Calendar and lots of great handouts and flyers to make the '12-'13 year an awesome one. You'll also get a chance to talk to all of those 'mysterious' district committee representatives you keep getting emails from and find out what they have planned for the district next year.

Program Launch will be held in place of the usual May Roundtable, same place, same time.

Special Presentation – Julian Kulski



Goose Creek District presents "The Legacy of the White Eagle", May 16th, 2012 7pm-8pm: Tuscarora High School.

Come hear the story, watch a short documentary and meet Mr. Julian Kulski who shares his experience as a Polish Boy Scout when Nazi Germany invaded his nation in 1939. Mr. Kulski's troop became part of the Polish Resistance and staged a number of events in furtherance of their patriotic mission in defense of the Polish people. On one particular night, during a troop "outing", Mr. Kulski's Scoutmaster gave up his life so that his Scouts could avoid capture and likely torture. Mr. Kulski wrote of his Scouting memories in a book entitled "The Legacy of the White Eagle".

For Scouts: This opportunity may meet some of the requirements in Citizenship in the World, Citizenship in the Community and the Scouting Heritage (if questions are prepared) Merit Badge. Please confirm with your Merit Badge Counselor ahead of time.

After the event there will be a small reception to meet Mr. Kulski and who will be available for questions. His book will also be available for purchase.

For more information please contact: Sue Hogan at Susan.Hogan@scouting.org or Randy Minchew at JRMinchew@aol.com

Fill the Bus... with FOOD!



On June 9, 2012 Goose Creek would like to fill a bus or two or more with food for the food banks we support in the area. This event is nothing like the November Scouting For Food. The boys will not be handing out fliers and bags door to door. We will have buses at various locations to be filled with food. Loudoun Transit has agreed to help with these efforts and will provide the buses and also deliver the food. The buses being used are not the big tour buses. They are the one used by Loudoun Regional Transit.

The boys role will be to help collect the food brought to the bus and put it on the bus. Once the time frame is finished it will then be delivered to the Food Banks. We will need boys and adults to go to the food banks to help unload the food. The only area assignment that will be given depends on where your unit is from. They will go to the store(s) where we have buses located and help there. After the food is delivered the boys are done. We would collect food for about two hours. 10:00am - 12:00pm then deliver it.

At this point we need to know if anyone (individuals, packs, troops) has any interest in helping with this event so that we can determine the number, and location, of the buses needed. Please call Stacey Noll (Goose Creek Scouting for Food Coordinator, StaceyNoll@NollCentral.com).

Cub Scout Day Camp: High Seas Adventure



Goose Creek Day Camp: June 18-22, 8 AM – 4 PM, Morven Park, Leesburg

Walk the plank, swim with the sharks, hunt for treasure, and sing your favorite sea shanties at day camp this summer! Cub Scout Day Camp is a great opportunity for Cub Scouts to experience all that camp has to offer, and come home each night to tell their family all about it.

Boys in grade 1 (as of September, 2012) through Webelos are eligible to attend day camp. Boys will receive a camp t-shirt, water bottle, craft supplies, and all the goodies needed for a week of fun. One adult is needed for every five boys to escort the adventurers through camp. Tiger Cub adult partners must attend camp with their Tiger.

Can't get leaders to commit for an entire day? Goose Creek is also running a **Twilight Camp**, same dates, that will run from 6:30 PM (6:00 PM check-in) until 8:45 PM and will include many of the activities done during the day.

ACTIVITIES

Activities range from traditional Scouting games and achievement opportunities to archery, slingshots, BB instruction, crafts, nature study, soccer, fishing, swimming, handicrafts, leatherwork, and camp skills. Dedicated family members, Scout leaders, and other adults can turn out to assist volunteer camp staff members.

FEES

This year's fees for day camp are:

| | |
|-------------------|-------|
| April 16 - May 18 | \$185 |
| After May 18 | \$205 |
| Twilight Camp | \$100 |

Robin Hayes Campership



In the Summer of 2011, our community lost a leading figure: Robin Hayes, wife, mother, Scouter, passed away suddenly and unexpectedly. In the days following her death her family and friends gave thought as to how to best honor her memory and ultimately decided upon a memorial "Campership" program. "Camperships," like scholarships, help offset the cost of sending someone to camp. Robin was a great lover of the outdoors and a frequent attendee and booster of the Goshen Scout Reservation, so it seemed fitting to create a fund that would help those in need enjoy something that she held so dear. Camperships will be made available to any and all who have a financial need and want to go to Goshen.

Anyone with a financial need to offset the cost of camp may attend. Applications are available at www.doubleknot.com/openrosters/DocDownload.aspx?id=109525 and will be accepted through April 28th, 2012. There is no burden of documentation of need – if you are pressed to send someone to camp, download the form and submit it to your unit leader. Email any questions to Campership@GooseCreekDistrict.Org

2012 Soda Bottle Rocket Derby



When: Saturday, June 2. 9 a.m. – 4 p.m. Each pack will select their own 2-hour assembly/launch window for the day.

Where: TBD

Who can Attend: This event is open to all Cub Scouts, including new Tigers (Kindergarten aged Scouts who just registered and will be Tigers the next year) and siblings/friends. **This activity counts towards the Summertime Activity Pin!!**

Cost: \$8 per person, to be paid at the event. This covers the cost for all of the materials (except the soda bottle) needed to build the rockets.

For more information: Send an email to GCCubEvent@verizon.net and look for the information/registration packet that will soon be on the district website.

Goose Creek Patchboard



Since mid 1996 Goose Creek has maintained a board with a patch from each district event that we have run. This board is brought out for display at several events during the year, next will be at Program Launch (in place of the May Roundtable).

Now while the board is pretty impressive we would like to see if we can make it even better by back filling in those years prior to 1996. If you have a patch from and Goose Creek district event (camporee, derby, Freeze-o-ree, Webelos-o-ree) prior to 1996, or a patch from either the 1996 Freeze-o-ree or Pinewood Derby that you would like to donate to the board please contact Alan Steiner (GCProgram@verizon.net) or bring it to Program Launch or a district Roundtable.

High Adventure Opportunities



2012 Lenhok'sin High Adventure Provisional Opportunity: Lenhok'sin is NCAC's high adventure program at Goshen Scout Reservation. It offers a variety of less costly programs that are excellent for crews doing their first high adventure program and for more experienced crews. The High Adventure Committee is sponsoring a 7/22/12 provisional crew for youth unable to attend with their unit. For more information, contact Tom Wheatley at TMWheatley1981@gmail.com or 301-371-4797 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2012 Lenhok'sin Staff Opportunities: Lenhok'sin is still looking for a rock climbing director and a few other staff members. For more information, contact Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2012 NCAC Florida Sea Base Disadvantaged Crew Opportunity: NCAC is sponsoring a Sea Base crew for disadvantaged youth for a week beginning 7/11/12. The estimated cost per person is \$100 to 350. For more information, contact Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2013 NCAC Philmont Provisional and Unit-Crew Opportunities: NCAC has space on its three 2013 Philmont contingents: P709 (7/7-21) and P716 (7/14-28) are standard trips estimated at \$2100 per person and include an extra day for rafting and other activities. P723 (7/22-8/4) is an economy trip estimated at \$1800 per person. Unit-crews should apply using the fax in unit application (www.doubleknot.com/openrosters/DocDownload.aspx?orgkey=1988&id=107214). All provisional and unit crews will travel together under arrangements made by NCAC. For more information, see www.boyscouts-ncac.org/highadventure or contact Dave Talbott at Dave.Talbott@uspto.gov or 301-933-0048 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

2013 NCAC Florida Sea Base Opportunity: NCAC is sponsoring a Coral Reef Sailing Contingent S717 leaving Washington on July 17 and returning on July 23 at an estimated cost of \$1600 per person. An application is available at www.doubleknot.com/openrosters/DocDownload.aspx?orgkey=1988&id=107213. For more information, contact Dana Abrahamsen at DAbrahamsen@ftc.gov or 703-280-9782 or Wes Haynes at Wes.Haynes@scouting.org or 301-943-8376.

"Onward and Upward"

On the Advancement Trail

New Eagles

Congratulations to Goose Creek's newest Eagle Scouts:

Ross Baigis – T1158
 Michael Campbell – T1550
 David Garber – T711



Merit Badge Updates



Stumped when Scouts question you about new merit badges?

With so many new and exciting merit badges, keeping up isn't easy. That's why Bryan Wendell, the senior editor of *Scouting* magazine, has created a guide to New Merit Badges — a concise, regularly updated information source. Located at <http://blog.scoutingmagazine.org/merit-badge-calendar/> this site will tell you about:

- Merit badges that have been announced but not yet released
- Merit badges that are scheduled to get major updates
- Merit badges that have debuted in the past three years.

The next two new merit badges will be:

Kayaking, Estimated release: May 2012

Description: A basic-level merit badge for flat-water kayaking — whitewater kayaking will still fall under Whitewater merit badge.

Search and Rescue, Estimated release: June 2012

Description: Scouts won't fly helicopters, but they'll get practice in finding and rescuing people in case a real emergency ever happens

IMPORTANT!!! - Internet Advancement Reports



Starting April 1, **ALL** advancement reports must be turned in electronically. The Scout Shop **will not** accept paper reports when purchasing ranks for your unit.

For more information on how internet reporting works check out the Council notice at: www.boyscouts-ncac.org/openrosters/ViewOrgPageLink.asp?LinkKey=17096&orgkey=1988

Guide to Advancement 2011 Now Online



The 2011 Guide to Advancement is the **official** source for administering advancement in all Boy Scouts of America programs: Cub Scouting, Boy Scouting, Varsity Scouting, Venturing, and Sea Scouts. It is now available online with helpful internal links. The online site is:

www.scouting.org/scoutsource/GuideToAdvancement.aspx

From Dear Andy (No. 303 – April 17, 2012)



Dear Andy,

When do Cub Scout advance their ranks? Is it at the end of the current school year/grade, or in September, when school starts up again?

All Cub Scout ranks advance at the end of the current school grade; not in September when school starts up again.

Goose Creek District Editor Note: For practical purposes our school year ends May 31st. That means that all activities from June 1 onward thru the summer are for the next rank.

Dear Andy,

I have a concern about Webelos req. 8: Faith. According to the book, the Webelos Scout has to talk about his beliefs. Included also is a possible visit to a place of worship, then a discussion about what he's learned. When I was a Cubmaster, I didn't have this issue because we were sponsored by a church, and the pastor was very much involved in our program. He was always available to discuss with anyone any questions about faith, even if someone didn't profess to having any. This is a problem that really takes special importance when many of today's families don't belong or go to any church, synagogue, temple, or other place of worship; plus, with so many units meeting at schools, there could be a "separation of church and state" issue. So how do we help the boys with this requirement without making it look like we are sponsoring or supporting a particular faith?

In its Statement of Religious Principles—which is printed in every youth and adult application—the BSA affirms that while a belief in God is expected (“On my honor, I will...do my duty to God...”) it further affirms that this is completely non-sectarian and non-denominational. In this area, to earn the Webelos badge requires either earning the religious emblem of one's own faith or completing two of six other options, none of which is either denominational or sectarian. Today, while Scouts in various BSA programs might meet at schools, schools represent merely 8.2% of all sponsoring organization, while 68.4% are sponsored by religious institutions representing at least 25 different faiths (the balance are sponsored by civic organizations and other groups). However, membership in the unit (or in the BSA for that matter) in no way requires being simultaneously a member of any religious institution. Consequently, the Scout has the option of choosing whichever he wishes, including no organized religion at all. In fact, two of the six Webelos Req. 8 options require no involvement with any religious leader. This means that you can continue to have boys follow Req. 8 as written without fear of appearing biased in any particular direction.

Council / National News

Council Website: www.BoyScouts-NCAC.org

IMPORTANT!!! - Online Tour and Activity Plan Goes Live



The new Tour and Activity Plan officially replaces the old Tour Plan beginning May 1, 2012. All of your previously approved Tour Plans will cross over and be archived in the new system, but any *outstanding* ones will not. If you have submitted a Tour Plan and it is yet to be acted upon, please contact council ASAP and check on the status. You may need to resubmit the trip via the new Tour and Activity Plan.

An informative training video has been developed on how to use the new Tour and Activity Plan application. It can be found at www.scouting.org/scoutsource/HealthandSafety/demotourplanvideo.aspx. The Tour and Activity Plan FAQ page can also be viewed www.scouting.org/sitecore/content/Home/HealthandSafety/DemoTourPlanFAQ.aspx. Please contact council with any questions or concerns.

Take the NCAC Scouting Challenge!



Have you heard about the NCAC Scouting Challenge? It's a fun, dynamic way to earn your activity and merit badges while showing your commitment to being "Prepared. For Life."

The Challenge covers four areas:

- Challenge 1: I'm Prepared
- Challenge 2: I'm Eco-Friendly
- Challenge 3: I'm Fit
- Challenge 4: I'm Connected

There are separate requirements for every age level, so Scouts can continue to work on the Challenge throughout their entire Scouting career. A Scout who completes all four challenges receives a truly unique patch and develops the skills that he'll need to be successful. Read more about this exciting new program at www.BoyScouts-NCAC.org/challenge and see if your unit is up for the Challenge!

Embassy Tours



May is "International Cultural Awareness Month" in Washington DC and in keeping with that over forty Embassies and diplomatic missions will throw open their doors to the public on Saturday, **May 5th from 10AM - 4PM** and on Saturday **May 12th from 10AM - 4PM**. History, local dress, music, cuisine and art will all be on display at venues usually not accessible.. This is a great opportunity for Scouts of all ages, either with a unit or with their families, to get some international flavor. Visiting an embassy counts to progress for the Language and Culture Academic Pin for Cub Scouts and to the Citizenship in the World Merit Badge for Boy Scouts. It can also fulfill a requirement for the International Activity Badge that is available to Cub Scouts, Boy Scouts, Venture Scouts, Varsity Scouts, Sea Scouts and Scouters alike.

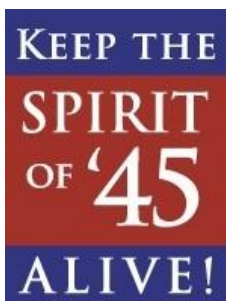
There is no scripted series of events, no need to RSVP and no price of admission. Pick just one Embassy or visit all of Embassies participating. For more information go to www.CulturalTourismDC.Org or just click the WOSM logo on the Goose Creek District website. Free shuttle buses are available on both days. If you want to learn more about International Scouting consult the International pages of the NCAC web site or send an email to Mike.Sierra@GooseCreekDistrict.Org.

World Jamboree



Fresh on the heels of the World Jamboree in Rinkaby, Sweden, neighboring Denmark will celebrate its own National Jamboree from July 21st – 29th. Over 35,000 Scouts and Guides are expected to attend. Like many national jamborees, foreign participation is encouraged and the Danes welcome Scouts and Scouters from abroad to attend. Individuals may register up until the start of the Jamboree and the price is right – only \$350 for more than a week of international Scouting! (Granted you have to get there, but still that's very affordable). For more information click <http://2012.spejderne.dk/en>

Keep the Spirit of '45 Alive!



Youth ages 12-20 are invited to take part in a Day of Service (May 28) honoring the memory of the men and women of the World War II generations! We will assemble for a special youth-led ceremony at the National Archives steps to honor the more than 400,000 soldiers who gave their lives in WWII and who are represented by the wall of Gold Stars.

Following this youth-led ceremony of speaking, dance and singing, 400 youth will carry enlarged portrait photos of these American Heroes as they march in America's largest Memorial Day Parade alongside the Spirit of '45 float carrying veterans of World War II. After the parade, join the 400 youth and World War II veterans social hour of chat and ice cream. Parents and friends are invited.

The Parade is approximately 1 mile long. Family and friends are encouraged to watch the Parade, which will be televised live. Participating Scouts are eligible for 6 hours of community service

For more information go to: www.spiritof45.org/home0.aspx

From Dear Andy (No. 303 – April 17, 2012)



Dear Andy,

I've been reading your columns for years, and finally have a question... One of our council people made a statement at a recent meeting about e-mails and Youth Protection guidelines. He stated that, in communicating via email with a youth, an adult must copy another adult. However, when asked, he couldn't pinpoint where this supposed rule is written. Now I do this myself as a regular practice anyway, just so there's no mis-interpretation, but I couldn't find anything in writing on this anywhere, either. Is this in fact BSA policy? Or not?

You're correct that there's no specific BSA "edict" on how best to correspond via email, between an adult and a Scout, but there are certainly other BSA stipulations that, with a little thought, sensibly carry over to email. For instance, we know that Scoutmasters' conferences are conducted one-on-one but "in public." We also know that there must be a "buddy" when a Scout meets personally with a Merit Badge Counselor (the "buddy" can be another Scout, a parent or other relative, the counselor's spouse or other relation, etc.). And we know from our YP training that a Scout and an adult are not to find themselves in "isolated" situations (including an adult driving a lone Scout not his or her son). So it's a very tiny step to understand that, when emailing, it's always best to include a third person as a "Cc," so as to avoid the one-on-one situation.

Competitive Underwater Swimming Events Are Not Permitted



As summertime swimming activities continue and youth become more comfortable in the water, it's not uncommon for their water games to become more challenging and competitive. For qualified supervisors of Safe Swim Defense activities, for parents watching their children in the water, and for youth participants themselves, hyperventilation has been cited as a factor in numerous drowning incidents.

Breathing is triggered by a buildup of carbon dioxide rather than the depletion of oxygen. Holding your breath is an important stage in learning to swim, and the ability to swim underwater is an important skill for snorkeling and lifesaving. However, repeated deep and rapid breathing, or hyperventilation, before underwater swimming can result in a loss of consciousness by delaying the urge to breathe.

Contestants in underwater swimming events may be especially prone to this danger because, under the stress and excitement of competition, they may ignore their own built-in urge to breathe. In such cases, the swimmer may have little or no warning that he or she is about to pass out.

Caution anyone who is obviously breathing heavier than normal before they swim underwater. Because of concerns with hyperventilation, competitive underwater swimming events are not permitted in Scouting.

Propane/Natural Gas Canister Disposal



Spring is in the air; time to start planning trips, sorting gear, and possibly, replacing old equipment. But what are you supposed to do with those old, empty (and partially full) gas canisters for your stove? It's not always as easy as tossing it into the trash. Here are some things to know when disposing of old gas canisters:

- Most fuel canisters are steel and can be recycled along with your Dr Pepper cans. Just burn off any residual fuel and puncture empty canisters before recycling. Crushing empty cans with big rocks seems to work well. **Note:** Make sure canister is completely empty before puncture!
- Coleman, which makes Powermax aluminum fuel canisters, used to manufacture a "Green Key" puncture tool with compatible stoves. While no longer produced, this key is still effective at discharging residual fuel in canisters. However, JetBoil has produced a similar tool called the "Crunchit" that simultaneously vents the remaining fuel and punctures the can for recycling. The "Crunchit" can be used on any fuel canister, not just JetBoil!
- Call your local Public Works Department and ask about rules in your area.
- Additionally, <http://earth911.com/> is a very useful website for finding disposal facilities in your area. Simply enter your location and search for "propane tanks", "fuel canisters", etc.

Remember, in the U.S., one person creates about 1,700 pounds of trash every year. So keeping just another item out of our landfills is one more step in the right direction.

AARL Field Day



The American Radio Relay League (ARRL) Field Day is the single most popular on-the-air event held annually in the United States. Each year, more than 35,000 amateur radio operators gather with their clubs, their friends, or by themselves to operate their radios as an emergency preparedness exercise or a public relations demonstration. It's also a great way for ham radio clubs to have fun and get on the air contacting other stations.

This year's ARRL Field Day is June 23–24. This event is a great way to connect with local amateur radio operators to open the discussion about getting them involved in Jamboree-on-the-Air this coming. It is also a wonderful activity for your Scouts or Venturers to introduce them to the fun and technology of amateur radio.

You can locate the events near you by using the online locator map (www.arrl.org/field-day-locator). The ARRL (www.arrl.org) is the national organization for amateur radio. The BSA and ARRL signed a memorandum of understanding in early 2011 recognizing their work together that began in 1918 with the introduction of the Wireless merit badge, now called the Radio merit badge.

For more information contact Jim Wilson, K5ND, national JOTA organizer, at Jim.Wilson@scouting.org.

Pre-Camp Swim Classification Tests



This is an opportunity for your unit to have your annual BSA swim classification check done under the supervision of NCAC-approved aquatics personnel at the Camp William B. Snyder pool. A unit swim classification record will be issued by NCAC Aquatics personnel to each unit showing the swim classification (swimmer, beginner, non-swimmer) of each participant. This event is open to all NCAC units.

Units must register online at www.boyscouts-ncac.org/aquatics for a 30 minute block. Up to 20 tests can be administered during a block. The date is Saturday, June 9 and available times start at 1:00pm, 1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30pm. Cost is \$2 per participant. Minimum preregistration is 10 per unit.

For more information: Contact Reggie Cahoon (571) 248-4904

Scuba Certification and Scuba Diving Merit Badge



What: PADI open water scuba certification and the BSA Scuba Diving merit badge. The class is limited to 24 students.

Who: For any scout-aged youth at least 11 years old and adults. Participants younger than 15 years old will receive PADI Junior Open Water Diver Certification. 15 years and older receive PADI Open Water Diver Certification.

When/Where:

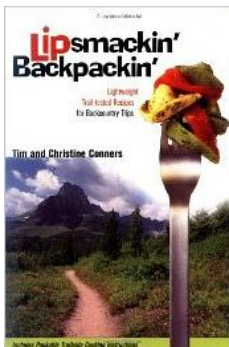
- Orientation (Camp Snyder) – Aug 5 1-3pm
- Class/pool sessions (Camp Snyder) – Aug 18 & 19, 9am-5pm
- Open water training dives (quarry in Fredericksburg) – Aug 25 & 26
- Scuba Diving merit badge counseling session (A.B. Sea's Diving in Fairfax Station) – Aug 26, 4-6pm

Cost: Scuba certification class and merit badge session - \$450 (includes all equipment); Scuba diving merit badge session only - \$5

Registration deadline: July 30

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.

Book – Lipsmackin' Backpackin'



Tired of gorp, cereal bars, and beef jerky? Would you instead like to dine on spaghetti, chicken salad, and cheesecake in the backcountry? Now you can. Lipsmackin' Backpackin' is your guide to essential eating on the trail. A new kind of outdoor cookbook, this all-in-one food guide is filled with trail-tested recipes providing at-home preparation directions, on-the-trail preparation directions (including a special take-along section), nutritional information, the number of servings each recipe will produce, and the weight the ingredients will add to your backpack. You'll also get food preparation and meal-planning tips from experienced long-distance hikers. And once you have chosen your favorite recipes, mastered your outdoor cooking skills, and are ready for a hike, consult the back of this book for information on America's National Scenic and Historic Trails. Available on Amazon.

BSA and American Red Cross Lifeguard



What: BSA Lifeguard is professional level training that meets the requirements of government agencies for professional lifeguards at regulated swimming activities. The course will include American Red Cross CPR/AED for the Professional Rescuer and Standard First Aid Training along with ARC Lifeguard certification.

Who: The program is open to all registered adults and older youth (15+) and is a recommended adjunct to the Aquatics Supervision awards for unit leaders who wish to expand their water safety skills and for youth who wish to work on the aquatics staffs at BSA camps. Participants must attend all scheduled sessions.

When/Where:

- May 20 3-6 pm - prerequisites & orientation, Henderson Hall Pool, Arlington VA
- June 9-10, 16-17, & 23-24, 9am - 5pm – Camp Snyder

Cost: \$120, class size limited to 16 participants.

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net. Registration deadline is May 7

Scuba BSA



Scuba BSA introduces participants to the special skills, equipment, and safety precautions associated with scuba diving, encourages aquatics activities that promote fitness and recreation, and provides a foundation for those who later will participate in more advanced underwater activities.

The Scuba BSA experience contains two parts – Knowledge Development and Water Skills Development. During the first part, participants learn basic dive safety information and overview skills to be used during their water experience. The Water Skills Development session introduces essential dive skills, such as mask clearing, regulator clearing, and alternate air source use.

This is an introductory, try-it scuba experience. It does not result in certification for diving on your own. It is not the BSA Scuba Diving merit badge. Many people decide to go on and take a certification course after trying scuba.

The one hour Scuba BSA sessions start hourly at 2, 3, 4, and 5pm. This is for any scout-aged youth or adult. Maximum of 8 participants per one hour session. Preregistration is required, each participant must complete a medical questionnaire.

All you need to bring is your swimsuit and a towel!

When: June 19, Camp Snyder pool.

Cost: \$25 (includes all equipment)

Registration deadline: June 11

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.

On-Line Resource of the Month



www.EveryTrail.com is a great resource for researching and sharing outing information. EveryTrail is free and useful for a variety of trips – including road trips, sight-seeing tours, sailing trips, hiking, cycling, flying, hang gliding, geocaching, skiing, kayaking trips and more. EveryTrail has trips from over 80 countries in all corners of the world.

Users can download GPS information and create trips that others can use to plan their own outings. Tracks and maps can be annotated with trail descriptions and photos.

iPhone and Android smart phone apps are available to map your trip route while you move, add trip photos and videos to your map instantly, share trips right from your phone, and find and follow trips from other travelers



Training Opportunities

Boy Scout Leader Specific Training



BSLST is an indoor session that usually takes about 9 hours and is one of the two courses Scoutmasters and Assistant Scoutmasters must take in order to be fully trained. The second course is Introduction to Outdoor Leader Skills (IOLS) which is the outdoor training and is scheduled to take place May 19-20 at Banshee Reeks Nature Preserve (see next article).

Boy Scout Leader Specific Training (BSLST) will be conducted May 5 at the Sterling Library. Registration and class starts promptly at 10:00 am.

All participants should wear Class A Scout Leader uniform and bring a bag lunch.

Intro to Outdoor Leader Skills (IOLS) and Outdoor Leader Skills for Webelos Leaders (OLSWL)



Outdoor skills are critical to the success of any Scouting program. IOLS provides leaders with the basic outdoor skills needed to start a program right and keep it going. IOLS is the **required** outdoor training for all Scoutmasters, Assistant Scoutmasters, and Varsity Scout coaches. The course is also ideal for Venturing leaders because it focuses on building confidence and competence in Leaders conducting outdoor camping experiences. OLSWL prepares the WEBELOS Leaders for the camping experience.

Prerequisites: YPT, (available online at www.MyScouting.org), and BSLST.

Date/Location: May 19-20, Banshee Reeks Nature Preserve (21085 The Woods Road, Leesburg, VA 20175). Registration begins at 7:30 am, class starts promptly at 8:00 am. There is a \$35 fee for this class.

All Leaders should wear their Class A Scout Leader Uniform. Please bring a chair and a water bottle for class sessions. Also bring full camping gear for an overnight stay; camping overnight is part of the course. Meals will be provided. Please provide any dietary restrictions.

BSA Swimming & Water Rescue



Training for BSA Swimming & Water Rescue provides BSA leaders with information and skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. It expands the awareness instruction provided by Safe Swim Defense training. Persons completing the training should be better able to assess their preparation to supervise unit swimming events. The BSA recommends that at least one person with this training is present to assist with supervision whenever a unit swims at a location that does not provide lifeguards. This training is open to any registered adult leader, Scout, Venturer, or Explorer who is age 16 or older. A council approved instructor must directly supervise all training. The course takes approximately eight hours and is valid for three years.

Although the training is consistent with training provided professional life-guards, the Swimming & Water Rescue course is not a lifeguard training course and is not a substitute for BSA Lifeguard training for summer camp aquatics staff. On the other hand, this course addresses important information that may not be covered in generic lifeguard training programs such as: preventative measures, including the buddy system and swim classification tests; how to set up a safe swim area in diverse situations; the use of non-standard rescue equipment; and emergency action plans in remote settings. Therefore, BSA leaders with lifeguard training from other agencies are encouraged to complete this course prior to supervising unit swim activities in remote settings. A 'challenge' option is provided to foster cross-training of individuals with training from other agencies.

Registration is \$25 and classes are held at the Hylton Training Center, Camp William B. Snyder 6100 Antioch Road, Haymarket, VA 20169. Classes will be held:

| | |
|---------|--------------------------------|
| May 26 | registration deadline: May 18 |
| July 28 | registration deadline: July 20 |
| Sept 29 | registration deadline: Sept 21 |
| Dec 8 | registration deadline: Nov 30 |

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.

You might have been a Scouter too long when:

- You hoard tent stakes.
- You know 365 one pot meals.
- You carry a dufflebag sized first aid kit in your car. .

Paddle Craft Safety Training



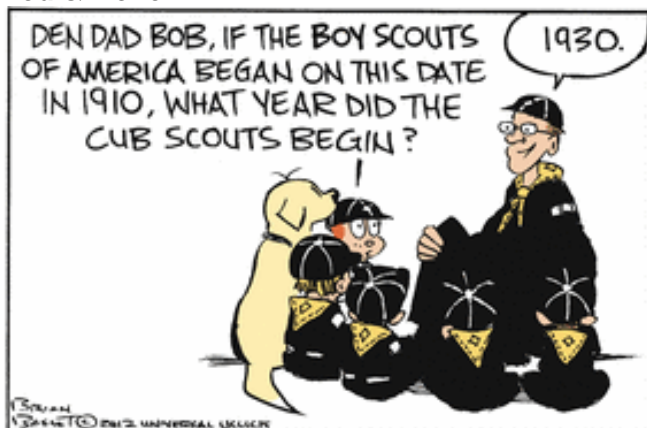
Float trips are popular Boy Scout and Venturing activities. Safety Afloat awareness training provides guidelines for safe float trips and is required of unit leaders, but does not provide the skill training mandated by those guidelines. BSA Paddle Craft Safety expands Safety Afloat training to include the skills, as well as the knowledge, needed for a unit leader to confidently supervise canoeing or kayaking excursions on flat water. Persons completing the training should be better able to assess their preparation to supervise paddle craft activities. The training is open to any registered adult leader, Scout, Venturer, or Explorer who is age 16 or older. The training must be conducted by a council approved instructor, takes roughly eight hours and is valid for three years.

Registration is \$25 and classes are held at the Hylton Training Center, Camp William B. Snyder 6100 Antioch Road, Haymarket, VA 20169. Classes will be held:

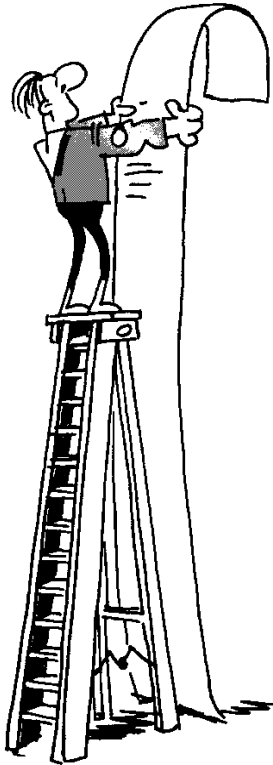
| | |
|---------|--------------------------------|
| June 30 | registration deadline: June 22 |
| Oct 27 | registration deadline: Oct 19 |

To register or for more information: www.boyscouts-ncac.org/aquatics or contact Mike Meenehan (703) 400-2176 MMMeenehan@cox.net.

Red & Rover



District Calendar



May 2012

- 5 **Cubmobile Derby**
- 5 **Training – Boy Scout Leader Specific**
- 9 **Program Launch**
- 10 Venturing Forum
- 10 Commissioner RT
- 13 Mother's Day
- 18 **District Award Banquet**
- 19-20 **Training – IOLS/OLSWL**
- 19-20 Snyder Parent/Son Overnight
- 23 District Committee
- 28 Memorial Day

June

- 2 **Soda Bottle Rocket Derby**
- 8 Last Day of School
- 13 Roundtable
- 14 Venturing Forum
- 14 Commissioner RT
- 18-22 **District Day Camp**
- 27 District Committee

July

- 4 Independence Day
- 6-8 Snyder Resident Camp
- 16-19 Snyder Adventure Days
- 20-22 Snyder Resident Camp
- 23-26 Snyder Adventure Days
- 27-29 Snyder Resident Camp
- 29-30 Boy Scout Week at Camp Snyder
- 30-8/2 Snyder Webelos Camp

August

- 3-5 Snyder Resident Camp
- 6-9 Snyder Adventure Days
- 8 Roundtable
- 9 Venturing Forum
- 9 Commissioner RT
- 10-12 Snyder Resident Camp
- 22 District Committee
- 27 First Day of School

September

- 3 Labor Day
- 12 Roundtable
- 13 Venturing Forum
- 13 Commissioner RT
- 22-23 **Webelos-o-ree**
- 26 District Committee

October

- 6 **Training – Boy Scout Leader Specific**
- 8 Columbus Day
- 10 Roundtable
- 10 Venturing Forum
- 11 Commissioner RT
- 13 **Training – Den Chief**
- 20-21 **Training – IOLS/OLSWL**
- 20-21 JOTA/JOTI
- 24 District Committee

November

- 2-4 NCAC Venturing Hike-o-ree
- 3 **Scouting for Food Bag Distribution**
- 5-6 Student Holiday
- 8 Venturing Forum
- 8 Commissioner RT
- 10 **Scouting for Food Bag Pickup**
- 14 Roundtable
- 15 District Committee
- 17 PowWow
- 21-23 Thanksgiving Break

December

- 12 Roundtable
- 13 Venturing Forum
- 13 Commissioner RT
- 19 District Committee
- 24 Winter Break Starts

January 2013

- 1 Winter Break Ends
- 9 Roundtable
- 10 Venturing Forum
- 10 Commissioner RT
- 18 Moveable School Holiday
- 19 **Training – Boy Scout Leader Specific**
- 21 MLK Jr. Day
- 23 District Committee
- 25-27 Freeze-o-ree

February

- 10 Scout Sunday
- 13 Roundtable
- 14 Venturing Forum
- 14 Commissioner RT
- 16 Scout Sabbath
- 18 President's Day
- 23 Univ. of Scouting
- 27 District Committee

March

- 4 **AOL Recognition Ceremony**
- 10 Roundtable
- 11 Venturing Forum
- 11 Commissioner RT
- 25-29 Spring Break
- 27 District Committee

April 2012

- 1 Moveable School Holiday
- 6 **Training – Den Chief**
- 10 Roundtable
- 10 Venturing Forum
- 11 Commissioner RT
- 13 **Training – Boy Scout Leader Specific**
- 19-21 **Spring Camporee**
- 24 District Committee