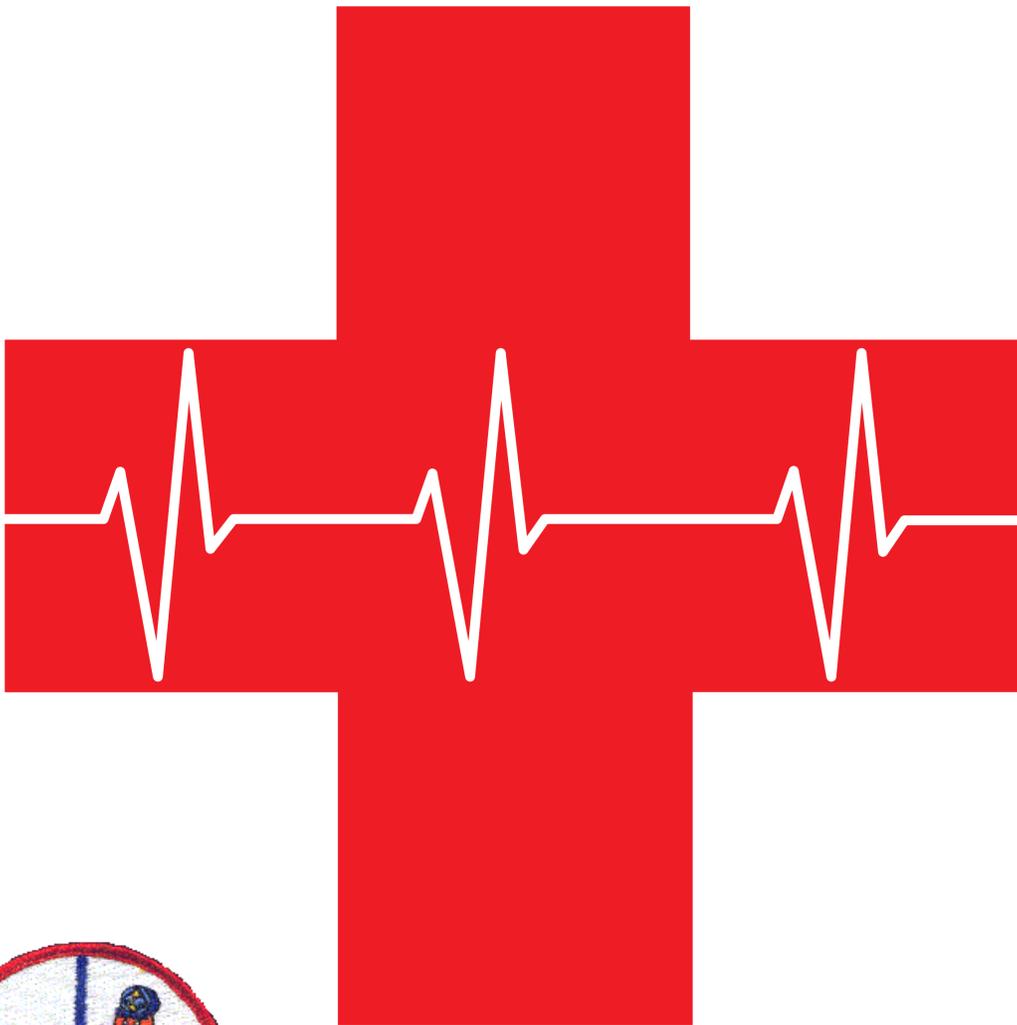


Patuxent District First  
Search and Rescue Exercise  
**Scouts to the Rescue!**

March 24, 2018

Cheltenham American Legion Camp  
Cost \$9 per person by March 15, 2018



The Patuxent District will hold a Search and Rescue Exercise First on Saturday, March 24, 2018. WEBELOS, Troops and Crews earn credit toward First Responder, Adventure, First Aid Merit Badge, Search and Rescue Merit Badge and the BSA Emergency Preparedness Award.

# PATUXENT DISTRICT FIRST AID MEET

## + DATE

March 24, 2018

## + PLACE

American Legion Youth Camp  
9201 Surratts Road  
Cheltenham, MD 20623  
(See Map on pg. 6)

## + TIME



8:15am – 8:45 am Registration (please bring a copy of the Team roster on pg.7 for all teams)

8:45 am – 9:00 am Opening Ceremony

9:00 am – 12:30 pm Round Robin Sessions (Six Rotations Every 30 Minutes)

12:30 pm— 1:00 pm Lunch (Troops provide their own, no food will be available at the event)

1:00 pm—1:30 pm Search and Rescue Briefing/Preparation (Teams)

1:00 pm—1:30 pm Victim Preparation and set-up for Search and Rescue (Victims, Judges, Staff)

1:30 pm—3:30 pm Search and Rescue Exercise

3:30 pm—3:45 pm Clean-up and Prepare to Leave

3:45 pm—4:00 pm Awards Ceremony/Closing

4:00 pm Departure

## + COMPETITION SETUP

The early fee is **\$9.00 per Scout** for teams registering on or before March 15, 2018. After that date, registration fee turns to **\$15.00 per Scout**. The fee includes a patch and fees. **Staff Cost** remains **\$9.00** per person.

We will have round robin style training, challenging each team to master First Aid and Search and Rescue knowledge and skills. Teams will need to bring a stocked first aid kit for each team. We will then do a Search and Rescue Exercise in the afternoon. **Field (Class A) Uniforms** are required for this event. Neckerchiefs are highly recommended.

## + TEAMS

Troops can send Junior teams and/or Senior teams to the competition. Each team should have a minimum of 4 members, but no larger than 10 members.

Junior-division team membership is for Scouts and WEBELOS who have not earned their First Aid merit badge. Junior teams will receive more instruction, before testing. Senior teams may receive a more challenging problem at each station.

## + MERIT BADGES AND CERTIFICATIONS

Bring Blue Cards to receive First Aid or Search and Rescue Credit toward those Merit Badges. Certificates of completion also document SAR MB requirement 9a. The opportunity to take classes for Red Cross certifications may be available. Registration and fees to be determined.

## ✚ **ROUND ROBIN GUIDLINES**

- Troop Leaders (Adult SM/ASM & Youth SPL (or Acting)) are to check in with their Team Roster (pg.7) between 8:30 and 9:00 am, where they will receive starting station assignments and instructions.
- The Patrol Leader is to be in charge of his patrol. He or his designee, will act as the official spokesperson for the patrol during all first aid training and search operations.
- All patrol members are expected to stay with their patrol for the duration of the exercise. This includes lunch. Participants will wear the Field (Class A) Uniform. Neckerchief recommended..
- **DO NOT actually breathe into a victim's mouth if required to do rescue breathing, or perform external chest compressions for CPR. Proper positioning of the patient and correct techniques should be demonstrated/explained.**
- **Six stations:**
  1. Hurry Cases (Bleeding/Breathing; Shock)
  2. Sever Trauma (Choking; Breaks; Head; Neck; Back)
  3. Minor Wounds (Cuts, Scrapes, Bites, Heat and Cold Injuries)
  4. Stretcher Operations (Assess, Improve, Secure, Transport)
  5. First Responders (Triage; SAR; Incident Command Center; Careers)
  6. Search Operations & Land Navigation (Orient Map, SAR Planning)

## ✚ **Search and Rescue Exercise**

Days of heavy rain breached the Piscataway Creek dam causing a flash-flood down the creek and overflowing its tributaries, including one south of the Cheltenham AMERICAN LEGION YOUTH CAMP. Scout troops were camping in these woods, and those who made it to safety reported at least a dozen missing persons. First responders have been notified, but are fully engaged in responding to emergencies around Cheltenham. They estimate they will not be able to respond to the youth camp until later tonight. Meanwhile they've asked for your help to locate any possible victims. Your job is to conduct a hasty search of the wooded camping area around the Legion Youth Camp to find, rescue, and where needed provide first aid to the flood victims. Are you up to the challenge? Scouts to the Rescue!

Note: Ten victims will be prepositioned in the woods and ten Search and Rescue teams will be dispatched to locate, render first aid, and transport the victims back to a casualty collection point at the Youth Camp Parking Lot. Triage Operations will identify emergency cases for movement to the helo-pad for helicopter evacuation. Rescues will be graded on the bases of correct and effective search operations to include communications and navigation, patient evaluation, first aid, stabilization and timely and safe rescue. Points will be deducted if judges must intervene in order to ensure the safety of participants or the completion of the mission.

## + TEAM EQUIPMENT

- ◇ Sterile Gauze Pads, 3, (3" x 3")
- ◇ Medical Tape/Adhesive Tape (2 Rolls)
- ◇ Non-Latex Gloves (1 pair per team member)
- ◇ Triangle bandages (1 per Team)
- ◇ Roller Bandages, 2, (1" x 2")
- ◇ Assorted adhesive bandages
- ◇ Wash cloth and dry Towel
- ◇ Soap or Alcohol based Sanitizing Gel
- ◇ CPR Breathing barriers (One per team member)
- ◇ Blanket, 1
- ◇ Alcohol swabs
- ◇ Moleskin
- ◇ Gel Pads for blisters and burns
- ◇ Triple antibiotic Ointment
- ◇ Splints (12" and 30")
- ◇ Scissors
- ◇ Tweezers
- ◇ Safety Pins
- ◇ Safety Glasses or goggles (1 per team member)
- ◇ Pencil and Paper

## + SEARCH TEAMS PREPARATION ADVICE

There will be a variety of problems. Some will include a written description of the victim's situation. Some will have victims wearing makeup and prosthetics. Some will require Scouts to answer questions from the judge. Sometimes judges will alert teams of changes in the victim and expect the team to react accordingly. An important point here concerns CPR. In meets years ago, written phrases like "patient has tightness in chest" were assumed to be shorthand to require teams to demonstrate chest compressions. In real life this would be inappropriate if the patient still had a pulse! In this Meet, there is no "CPR shorthand." Teams cannot assume all CPR steps are necessary in all problems, but must show they know to check for changes that require CPR steps. In general, teams cannot assume that victims' health won't change (e.g. victim starts convulsing, vomiting) while first aid is being performed. Judges will tell teams if health changes occur, but only after teams say or show they're checking!

Judges will use standardized guidelines to score problems. They'll look for good team organization, search operations and navigational skills, accurate assessments, appropriate first aid and prompt and safe rescues. Teams must know how their equipment works and be able to show how to use items like mouth guards and medical exam gloves. A designated team member should tell the judge if and how the team is doing any non-first-aid work like directing crowds or traffic, or doing hard-to-observe actions like pulse checking, or making assumptions about the surroundings.

Bandage neatness is a good skill to practice, but we want to emphasize that picky details like whether a bandage's ends are tucked inside are unimportant compared to big issues like whether the bandages were correctly applied. The overriding evaluation criteria will be how well teams follow what the BSA describes as good practice in its Handbook and merit badge pamphlets.

After lunch there will be a **Graded hasty Search and Rescue Exercise**. Scouts should be prepared to employ their own Map and Compass skills for the afternoon session. There will be a brief instruction session prior to the afternoon exercise. Teams will have to find a victim in a Search and Rescue situation, assess and treat the victim, secure and and successfully evacuate the victim. The exercise will require patrols to bring together and employ all the skills they have learned.

## **+ SAMPLE SENIOR PATROL PROBLEM**

Your patrol is on a campout preparing dinner. While cutting beef for the stew, the knife slips and cuts the patrol members right wrist. The cut is deep and bleeding profusely. As the cut happens, the patrol member stumbles backwards, twisting their ankle and landing on the ground. The right ankle is very painful and swollen. They cannot stand on the ankle and cannot walk. Treat the victim and then transport them a minimum of 15 feet to demonstrate a proper transportation technique.

(The judge will tell the team after 2 minutes that the victim loses consciousness, only if they say or indicate they are monitoring the patient).

## **+ SAMPLE PROBLEM SOLUTION**

### *KEY POINTS IN SOLUTION:*

Severe Bleeding

bright red spurting blood = bleeding from artery

constant flow of dark red blood = bleeding from vein

Pressure points at upper arm

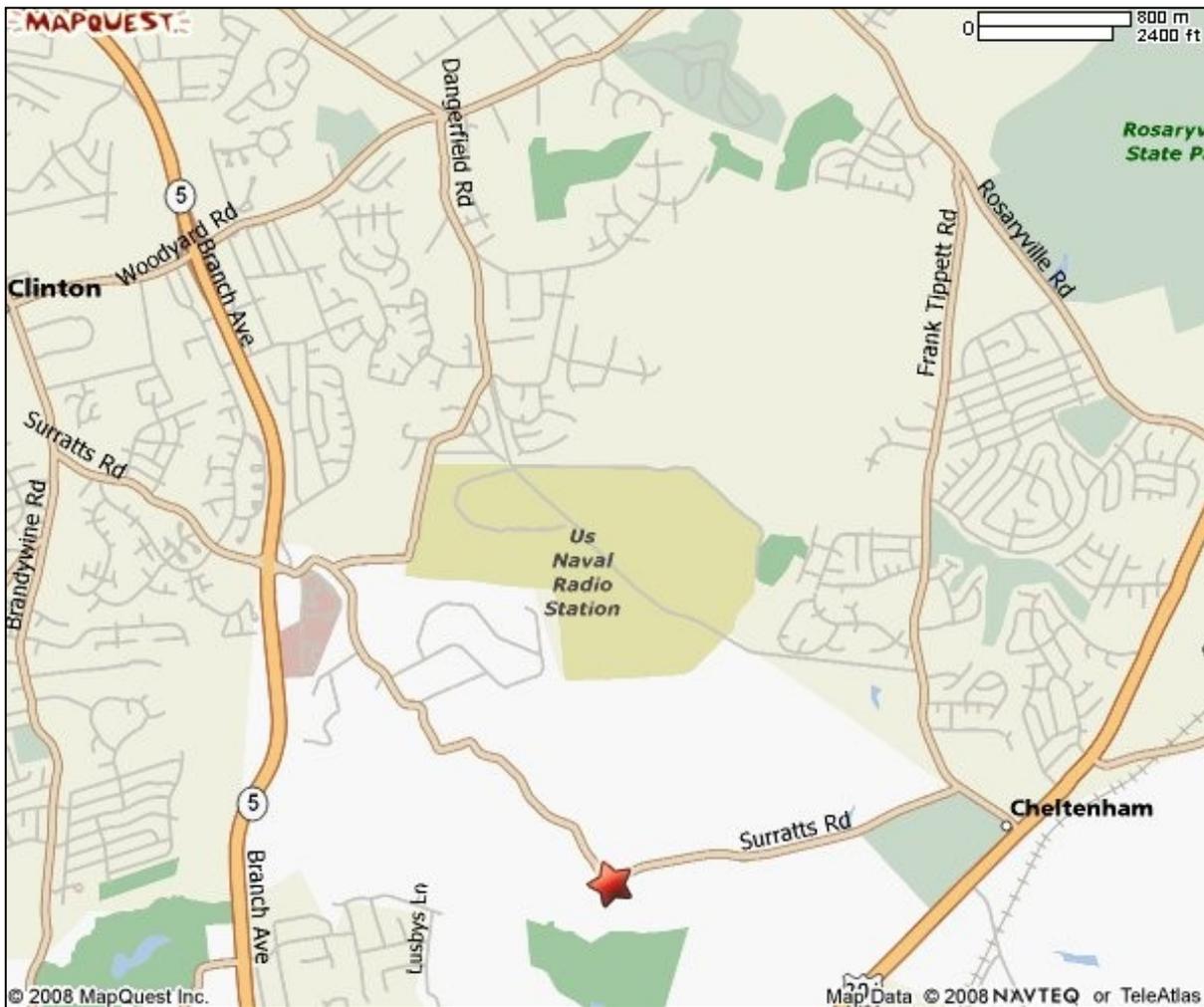
Priority

1. Severe bleeding
  - a. Direct pressure to wound at least 10 minutes
  - c. Snugly apply bandage
2. Sprained Ankle
  - a. keep shoe on
  - b. support by wrapping
3. Treat for Shock
  - A. loosen clothing
  - B. Keep warm
  - C. Ensure air-passage, keep talking
3. Rescue Operations
  - a. Document & Report to ICC
  - b. Secure for Transport (fashion stretcher, employ straps)
  - c. Transport to Casualty Collection Point for Triage

*TRAVEL DIRECTIONS – Use the below map to determine your best route to First Aid Meet*

*. Camp Address is:*

***Southern Maryland District  
AMERICAN LEGION YOUTH CAMP  
9201 Surratts Road  
Cheltenham, MD 20623***





# PATUXENT DISTRICT 2018 FIRST AID MEET

## TEAM ROSTER

Attendance Form

Troop \_\_\_\_\_ Unit Leader \_\_\_\_\_ Telephone \_\_\_\_\_  
 Email \_\_\_\_\_

Please circle which division the patrol is participating in. No Circle will be considered a Senior Division Patrol for score keeping

TEAM NAME				
Division:	(Junior / Senior)	(Junior / Senior)	(Junior / Senior)	(Junior / Senior)
<b>TEAM MEMBERS</b>				

**Adults/Staff:**


ADULTS & STAFF \_\_\_\_\_ X \$9.00 = \$ \_\_\_\_\_

YOUTH \_\_\_\_\_ X \$9.00\*\*(by March 15; \$15 after March 15) = \$ \_\_\_\_\_

TOTAL ATTENDING: \_\_\_\_\_ Total Paid: \$ \_\_\_\_\_

**PLEASE BRING THIS FORM AND A COMPLETED MEDICAL FORM FOR EACH CAMPER TO CAMP AT CHECK IN.**

The Scout Master responsible for the Troop will retain control of the medical forms during the event on Saturday

PLEASE COMPLETE REGISTRATION ON LINE—GO TO <https://www.ncacbsa.org/Patuxent/>

Please make checks Payable to: BSA NCAC