



Safe Swim Defense (SSD) and Safety Afloat (SA) Training



What: BSA Safe Swim Defense and Safety Afloat training is required for any BSA unit conducting swimming or boating activities.

Who: Adult leaders supervising a swimming/boating activity must have completed Safe Swim Defense/Safety Afloat training within the previous two years.

Where: SSD and SA training is available online at my.scouting.org. NCAC also offers this training at Pow Wow and University of Scouting. The in-person training must be presented by qualified trainers. You can contact the NCAC Aquatics Committee to have the training at your District Roundtable.

When: University of Scouting—Feb 23 2019
Pow Wow – Fall 2019

Pre camp swim classification tests

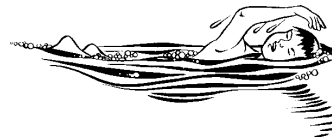
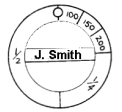
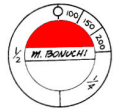
What: This is an opportunity for your unit to have your annual BSA swim classification check done under the supervision of NCAC-approved aquatics personnel.

Who: Any NCAC unit (Pack, Troops and Crews).
Up to 20 tests per 30 minute session

Where: Camp Snyder pool, Haymarket VA

When: May 19. 30 min blocks starting at 1pm, last session starting at 4pm

Cost: \$3 per participant
Registration deadline: May 13



BSA Aquatics Supervision Training

Swimming and Water Rescue Training

What: This is the hands-on in-water training that is recommended in Safe Swim Defense guidelines for anyone who supervises Scout swimming activities. This course certifies leaders to conduct BSA swim classification tests and gives leaders the confidence in their water rescue capabilities needed to safely conduct swimming activities. This course replaced BSA Lifeguard as the training for unit leaders supervising unit swimming activities. This training is available at Camp Snyder and at Goshen Scout Reservation camp waterfronts during 2019 summer camp season.

Who: Older youth (min. 15 years old) and adult leaders.

Cost: \$30 + \$30 for the required textbook: BSA's Aquatics Supervision

Where/When: June 1 2019, 9am-5pm Camp William B. Snyder. Registration deadline: May 27
August 10 2019, 9am-5pm Camp William B. Snyder. Registration deadline: Aug 5



Paddle Craft Safety Training

What: This the hands-on training that is recommended in Safety Afloat guidelines for anyone conducting Scout boating activities. Two versions of the course are offered: The Basic course covers flat water introductory boating skills and basic trip planning. The River course includes skills and knowledge development that are required for conducting trips on moving water. The Basic course is a prerequisite for the moving water course.

Who: Older youth (min. 15 years old) and adult leaders.

These courses are required for any NCAC Scouters who are leading James River Canoe Treks out of the Lenhok'sin High Adventure Camp.

Where/When:

Basic sessions. May 4 2019, 9am-5pm Camp William B. Snyder. Registration deadline: April 29

September 21 2019, 9am-5pm Camp William B. Snyder. Registration deadline: Sept 16

Cost: \$30 + \$30 for the required textbook: BSA's Aquatics Supervision

River sessions.

May 5 2019, 9am-5pm Potomac River. Registration deadline: April 29

September 22 2019, 9am-5pm Potomac River. Registration deadline: Sept 16

Cost: \$50



Canoeing Merit Badge Counselor Training

This training is held as an add-on component to the in-water Paddle Craft Safety Basic sessions. See www.ncacbsa.org/aquatics for more information and to register

BSA Aquatics Awards.

Find the requirements at: www.scouting.org/outdoor-programs/aquatics/
These awards are available for any Scouts BSA-aged youth or adult.

To work on any of these awards outside of Summer Camp, contact:

Board Sailing BSA. Mr. Bob Brandel 571-220-2178 rbrandel@gmail.com

Mile Swim BSA. Mr. Chuck Frizzelle 703-439-0514 frizzelle04@yahoo.com

Snorkeling BSA, Scuba BSA – Mr. Mike Meenehan 703-400-2176 mmmeenehan@cox.net

BSA Standup Paddleboarding, Kayaking BSA—Mr. Chris Stec 828-329-3404 cstec@americancanoe.org



Register for any of these programs at www.ncacbsa.org/aquatics



Want to help with aquatics for youth in our area?

Consider joining our NCAC Aquatics Committee

We meet 4 times per year:

Mar 7 2019 Bethesda MD

Jun 9 2019 Haymarket VA

Sep 5 2019 Bethesda MD

Dec 5 2019 Fairfax VA



BSA & American Red Cross Lifeguard Training

What: BSA Lifeguard is professional level training that meets the requirements of government agencies for professional lifeguards at regulated swimming activities. The course includes American Red Cross Lifeguarding certification in addition to BSA Lifeguard certification. Those who want to work the waterfront at BSA summer camp need this training.

Who: The program is open to all registered adults and older youth (minimum age 15). Strong swimming skills are required. The course includes 7 ½ hours of online pre-work that must be completed before the first class session on May 18.

How: This course includes the Red Cross blended-learning Lifeguarding course. This requires participants to complete 7 1/2 hours of online training at their convenience before the May 18 session. The online training allows us to minimize the classroom lecture time.

When/Where: April 28; 1pm-3pm – pre requisite swim test and course orientation at local pool
May 18, 19, 25; 9am-5pm – course dates at Camp Snyder, Haymarket VA.

You must attend all sessions to complete the course!

Cost: \$150

Registration deadline: April 26



American Red Cross

BSA/Red Cross Lifeguard Crossover Course



What/Who: Do you already have either BSA or Red Cross lifeguard certification and want to also earn the other certification? Then our crossover course is what you need. This abbreviated lifeguard course will test your lifeguarding skills and knowledge to ensure you have met each organization's training requirements.

When: August 10 & 11 2019 at Camp Snyder 9am – 6pm

Registration deadline: August 5 2019

Cost: \$50 + \$20 if you don't have the required gear (CPR mask, hip pack, whistle with breakaway lanyard)

Prerequisite: Valid BSA or American Red Cross lifeguard certification.

CPR/AED Pro and First Aid Training



What: This is the CPR/AED for the Professional Rescuer and First Aid training that is required for BSA Lifeguard requirement #6. This training is not usually included in BSA Lifeguard courses taught at summer camp. The course uses the Red Cross blended-learning version where you complete online work before the in-person skills session. Successful completion earns 2 American Red Cross course certifications. Minimum age 15 years old. **Cost:** \$65 + \$10 for CPR mask (if you need one)

When/Where: April 13 2019, 9am-1pm, Fairfax Presbyterian Church. Registration deadline: April 8

September 14 2019, 9am-1pm, Camp William B. Snyder. Registration deadline: Sept 9

Maximum registrations: 6

Camp Snyder Aquatics Work Day—Saturday, May 4 2019

Come out and help us get Camp Snyder's pool and waterfront ready for a summer full of aquatics fun! Contact Mike mmmeenehan@cox.net

Scuba certification and Scuba Diving merit badge



Scuba BSA



What: PADI open water scuba certification and the BSA Scuba Diving merit badge.

Who: For any Scouts BSA-aged youth or adult leader.

Where: Camp Snyder & local quarry

When: Aug 4 1-3pm; Aug 17 & 18 9am-5pm, Aug 24 & 25

9am-1pm; **Cost:** \$600 (includes all equipment);

Aug 25 Scuba diving merit badge session only - \$5

Registration deadline: July 29. Required forms are available on the registration site

What: This is an introductory/try-it scuba experience.

Who: Any Scouts BSA-aged youth or adult.

Maximum 8 participants per session

Where: Camp Snyder pool

When: May 25. 1.5 hour sessions at 1, 2:30, and 4pm

Cost: \$25 (includes all equipment)

Registration deadline: May 20 Required medical release form is available from the registration page

Aquatics Merit Badge Completion Day

Did you end up with partial aquatics merit badges (swimming or lifesaving) at camp this summer? Then come to Camp Snyder on Saturday August 17 to complete those requirements. We will have trained BSA aquatics instructors there to work with you on your remaining requirements. Registration deadline is August 12. Cost is \$10 per person.



Labor Day Weekend
Lake Phoenix, VA

Register for any of these programs at www.ncacbsa.org/aquatics For more information contact Mike Meenehan 703-400-2176 mmmeenehan@cox.net