



2019

Flotilla Long Cruise

July 21-27, 2019

Introduction

Long Cruise is a key component of the Sea Scout program. Much like Summer Camp, scouts spend a week at sea and the boat is their camp. While boats provide for a much more dynamic program with the freedom to explore anywhere the wind and tides may take you, they are constrained in terms of space. As such scouts are advised to read this boarding manual carefully.

While this manual outlines restrictions and requirements, we anticipate each scout will have a terrific time. The Chesapeake Bay is an amazing place to explore and with scout-friendly marinas scouts can expect to swim, explore, learn, lead, shop and eat! The week will be punctuated with visits to swimming pools, ice cream shops, historic sites and memorable sunrises, sunsets and evening stars.

Requirements

1. All participants must have a BSA Health and Medical report, Parts A, B and C including a physician's signature. This is required for all BSA events lasting 72 hours or longer.
2. Participants may bring a single soft-side duffle bag. Recommended size is 12x12x25. Space is at a premium so do not bring more than you need.
3. Participants must be able to swim 100m in a strong manner including 25m on their back in a resting backstroke, as well as tread water for 1 minute.
4. Participants should know the following knots with the ability to complete them quickly and accurately: Reef Knot (Square not), Two half hitches, Bowline, Clove Hitch.

Agenda

- Report time: 1200 (Noon), Sunday, 21 July, 2019
- Report location: SSTV der Pelikan. Fuel dock
 - Maryland Yacht Club, 1500 Fairview Beach, Pasadena, MD 21122
- Release time: 1000, Saturday 27 July 2018
- Estimated daily schedule
 - 0700 Wake
 - 0730 Breakfast
 - 0800 Colors Up
 - 0830 Weigh anchor
 - 1200 Lunch
 - Sunset Colors Down
 - 2200 – End of Day
 - 2300 – Lights out

Expectations:

- Scouts are part of a crew. This includes maintaining watches, navigating, preparing meals, manning the helm, working the sails and lines, cleaning, and maintenance. Scouts expecting a luxury cruise should not plan to attend this event.
- This is part of the senior scouting program. Horseplay, disrespect, dereliction of duty or failure to comply with the Scout Oath and Law are not acceptable and may result in immediate expulsion from the program. Parents/guardians will be responsible for retrieving their scouts. **Refunds for poor behaviour will not be issued.**
- **Scouts will comply with all BSA Youth Protection** rules and the captain's interpretation of these rules in a maritime setting. Male and female scouts will not be allowed to sleep on

deck on the same nights, but will alternate nights, weather permitting. Sufficient berths are available belowdeck for all scouts.

- Showers will be available when docked or moored in marinas with shower facilities. Scouts should have a small daypack to carry their hygiene and change of clothes into shore. Showers are usually not allowed on the boat to preserve water.

Cancellations and Refunds

- In the event that a scout is forced to cancel for no fault of his/her own, we will work to attempt to find a replacement.
- Please note that this cruise is sold out, so by taking a spot on the crew, it denies that spot to another scout.
- Refunds are not given except in extreme circumstances. (Medical emergencies, death in family, military deployment).
- Your cost of \$150 covers only meals and fees for mooring, docking, fuel, sanitation and supplies. Our crew are volunteers and you are charged nothing for the use of the boat. This cruise is a courtesy of the Sea Scout program and intended to support the Ships and Scouts of the National Capital Area Council, Baltimore Council, and other surrounding BSA Councils.
- SSTV der Pelikan is operated off a 100% donation-based income.

SSTV der PeLiKan

The Sea Scout Training Vessel (SSTV) der Pelikan is a 46ft Morgan Ketch. She was built in 1982 and has operated as a scouting resource since 1999. She is equipped as follows:

- 8 full berths. Berths include fans, foam mattress with velour covering, and in most cases a reading light. The boat is not air-conditioned.
- 2 heads
- Galley with dual sinks, propane stove/oven, and refrigerator.
- She is owned and operated by an independent 501(c)3 non profit that retains no paid staff. 100% of all funds go into youth maritime program. (fossom.org)

Weather Expectations:

- Temperatures may vary depending on weather forecasts. Scouts should be prepared for heat or possibly chilly mornings.
- Rain is common on the Chesapeake Bay. The packing list includes items accordingly.

Uniforms and Attire:

- Scouts should report in the BSA official uniform for their program.
 - For Sea Scouts, either the Sea Scout Official Uniform (aka New Century Universal) or Chambray.
 - For Boy Scouts in Troops, this is the BSA Field Uniform (aka "Class A") WITHOUT neckerchief, pins or removeable patches.
- Activity shirts should be t-shirts with sleeves. Any decals or messages must be in keeping with the BSA Oath and Law. The captain has sole discretion to require a scout to wear a different shirt.
- Swim suits should be modest.
 - For males, board shorts, boxer-style or similar loose-fitting trunks may be worn.
 - For females, a one-piece or modest two-piece may be worn.

- Shoes must be closed-toe. Flip-flops or sandals may be worn for showers but are not allowed on deck during program time. Shoes MUST be able to get wet and dry in reasonable time. No crocs, hiking boots or open-toe sandals.

Safety Policy

- The BSA Guide to Safe Scouting will be used to provide a safe environment for all participants. All adult leaders will have taken the current BSA Youth Protection Training.
- When scouts are granted shore leave, the buddy system shall be used.
- Swimming shall be conducted in accordance with established rules.

Learning Opportunities

- Many of the Sea Scout rank requirements can be satisfied on a seagoing long cruise. The staff will work with individuals that desire to work on their requirements.
- The Virginia safe Boating course will be taught. Those passing the test will be given a certificate and entered into a data base that is recognized by states that participate in the NASBLA program.

Ports of Call

- Each day's destination will be determined by available wind. Scouts should be prepared for the fact that wind on the Chesapeake can be very spotty during the summer, or can be quite intense.
- Ports in consideration:
 - Baltimore Inner Harbor
 - Annapolis
 - St. Michaels
 - Solomons
 - Oxford
 - Galesville
- Der PeLiKan anchor-out and/or sail at night. Watch standing is usually required when away from a dock or mooring.

Menu

- Meals will be prepared in the galley by the scouts. Scouts will be required to clean the galley after every meal.
- Meals may include any of the following, but will rotate depending on weather and ports.
 - Breakfasts: Eggs, cereal. Pancakes, sausage, fruit
 - Lunch: sandwiches and chips, with cold cuts, cheese or peanut butter and jelly.
 - Dinner:
 - Grilled chicken
 - Hamburgers/Hot Dogs
 - Spaghetti
 - Taco Salad/Tacos
 - Others as determined by the First Mate and Captain

Adult Leadership:

- Boat Captain: Vice Commodore Steve Nichols (703) 408-8247
- First Mate: Skipper Paula Prunier (202) 577-7339
- Station Contacts: Commodore Todd Skiles (571) 606-0821
- A youth leader (boatswain) will be in charge of the crew.

Personal Packing

- Personal Duffle Bag (Approximately 12x12x24) – All gear must fit inside personal bag.
- \$50 in cash for souvenirs or ice cream in port. (optional)
- 7 T-shirts
- 2 swim suits (modesty applies)
- 1 pair of boat shoes
- 7 sets of undergarments as preferred
- Sun screen. SPF 30. NO SPRAYS. We recommend Titanium or Zinc Oxide as “mineral based” sunscreens have the least impact on marine life.
- Long Sleeve Shirt (for sun protection). Light material.
- Hat. Baseball acceptable, full brim recommended.
- Waterbottle with carabineer. 24-32oz.
- Polarized Sunglasses
- Personal Hygiene Supplies
- Rain jacket (lightweight) NO PONCHOS ARE ALLOWED. They catch in the rigging.
- 2 PVA Drying Towels. Cotton towels are allowed, but may be difficult to keep dry. PVA towels can be purchased in the swim section of many sporting good stores, or the car-care aisle of Target or Walmart.
- Camera, Waterproof. (optional)
- Dry bag or daypack
- BSA official uniform. Will be worn for dinner on shore one night.
- Travel games. Cards, small games with few to no loose parts.
- Small bedroll (Sleeping Bag or a blanket and sheet) Small pillow, inflatable or camp.

Electronics Policy

- Scouts may bring a personal phone or media player if it fits in their bag.
- Phones and other electronic devices may not be used during the time when the boat is operational (underway, docking, and anchoring).
- Phones may NOT be used for music, videos, games or other distracting behaviour. They may be used for photos. Music may be listened to over personal earbuds after 2200hrs only. They may not interfere with sleep or program.
- Phones may ONLY be charged with the captain’s permission. The boat batteries are primarily for engine and program essential equipment.
- Electronics must be used in accordance with BSA Cyber Chip policy. Scouts must present a Cyber Chip to the Boat Captain before bring personal electronics on board.
- The Captain may take any electronic device from a scout and hold it until the end of cruise if a scout is unable to comply with responsible use and BSA Cyber Chip policy. Devices will be returned to the parent or guardian.

Code of Conduct

By boarding the boat, you agree to comply with the following:

- 1) As a Scout in the Boy Scouts of America, I represent the reputation and values of the Boy Scouts of America, and my respective Chartered Organization. My behavior impacts the physical, psychological and spiritual welfare of those around me. I agree to abide by the following:
- 2) I will cooperate in any work that needs to be done with a cheerful attitude and willingness to be flexible. I will follow the instructions given to me by the adult and youth leaders.
- 3) I will remember that I am a member of a group and will respect the rights of the other scouts and the adult advisors, as well as the people and places with whom I come in contact.
- 4) I will exhibit a respectful demeanor and good manners at all times.
- 5) I will be on time for any scheduled departures or activities. I will not leave early without permission from the Skipper or his/her designee.
- 6) If I have a personal conflict with another person at an event, I will notify the adult leader and work together on resolving the conflict with all parties involved.
- 7) I understand that the following behaviors will not be tolerated, and may, at the leaders' discretion, result in immediate removal from an activity.
 - a) Use of alcohol, tobacco, vaping, or other drugs or chemicals not prescribed by a medical doctor or contained in the First Aid Inventory of the Ship.
 - b) Obscene language or gestures.
 - c) Overtly sexual conversations or actions, flirting, or public displays of affection.
 - d) Physical contact not required as part of Ship's normal operation or medical emergency.
 - e) Disrespect towards another person.
 - f) Leaving the group without permission.
 - g) Attacking or bullying of others (to include verbal).
- 8) I will be responsible for my personal belongings and equipment and will not hold Boy Scouts of America or FOSSOM responsible for loss or damage due to my negligence or abuse.
- 9) I will treat all equipment and property provided for my use with care. I understand that I will be assessed for damages to any equipment or property in the event that my use of such equipment or property is negligent or abusive.
- 10) I will comply with BSA and Chartering Organization rules regarding Youth Protection.
- 11) I will respect my shipmates in email, texts, social media or other online environments, and treat them with respect when considering the contents of posts, photos, videos, comments, emails or other online communication.
- 12) I will use all required safety equipment and follow all safety rules and procedures, including taking a "buddy" when leaving the group and notifying an adult before leaving.

Parents or Guardians

1. As a parent or guardian, I am responsible for the timely arrival and departure of my child. This means arriving on time and picking up on time. "On Time" means no later than posted arrival or departure time. Where end times are flexible (due to wind or harbor traffic) I will make every effort to communicate with Adult leadership to coordinate an appropriate pick-up time.
2. If a scout is sent home early due to any serious misconduct, it will be the parent or guardian's responsibility to come and pick them up from the activity, regardless of the location. The cost and burden of transporting the scout is the sole responsibility of the Parent or Guardian. If alternate transportation such as taxi, bus, subway or other similar public or chartered transportation is arranged, the Adult Leaders will not provide accompaniment.

I have read and understand the Code of Conduct as listed above.

Scout Participant _____ Date _____

Parent or Guardian _____ Date _____

Bring this signed document with you when you arrive at the boat for the Long Cruise.