



Adult Application 2019

GOSHEN ORDER OF THE ARROW TRAIL CREW Goshen Scout Reservation – Goshen, Virginia

"I will always regard the ties of brotherhood in the Order of the Arrow as lasting, and will seek to preserve a cheerful spirit, even in the midst of irksome tasks and weighty responsibilities, and will endeavor, so far as in my power lies, to be unselfish in service and devotion to the welfare of others.

- Order of the Arrow Obligation

GOSHEN ON \$170

Amangamek Wipit Lodge 470 is offering you an opportunity to join other National Capital Area Council Arrowmen in cheerful service and the formation of lasting ties on the Lenhok'sin Trail system of Goshen Scout Reservation. Under the guidance and direction of experienced Goshen trail maintenance personnel, Order of the Arrow participants will enjoy a two-week high adventure experience.

Two options: Assuming we have enough applicants, the regular 2-week option and a new 10 day option. The regular multi-faceted program is a fourteen-day adventure in the Shenandoah Valley backcountry. The first week is concentrated on introducing the relationship between outdoor recreation and stewardship skills. The second week is a five day high adventure trek that is unique in two respects - in that it is only offered to Goshen Order of the Arrow Trail Crew members and that the trek is entirely designed, from various outdoor activity options, by the youth crew members.

The second option starts on Tuesday and ends on Thursday of the following week, but otherwise works like the regular program: four days trail work, weekend activities, four day outpost trek.

The Goshen Order of the Arrow Trail Crew program, by its nature, is intended to expand any youth's outdoor skills while immersing oneself in the exhilaration of being in the Shenandoah backcountry. The participation dates for the Goshen Order of the Arrow Trail Crew experience are either June 16 through June 29, 2019 (14 days) or June 24 through July 5, 2019 (12 days). Actual registrations will determine the crew dates. You will be notified after registration closes. ***The cost of the fourteen (14) day Goshen Order of the Arrow Trail Crew Program is \$170. The cost of the twelven (12) day program is \$140. Adults pay same fee as youth.***

In order to provide the necessary guidance and youth protection guideline support for the youth participants, adult Arrowman participation in the Goshen

2019 GOSHEN OA TRAIL CREW ADULT APPLICATION

OA Trail Crew is critical for Trail Crew success. Each Crew of six (6) to eight (8) youth requires two (2) adult advisers. Realizing the difficulty for any adult wishing to participate with the Trail Crew to set aside two weeks during the summer, adults are offered the option of selecting the participation dates that match their availability to join the Trail Crew. **The partial participation cost for adult advisers is \$30.00 per day. *There is no fee for work week only.***

In addition to learning backcountry and wildlife conservation techniques against the panoramic landscape of Goshen Pass in the Shenandoah area, Scouts will strengthen their leadership skills, learn advanced Leave-No-Trace (LNT) ethics, observe and participate in group backcountry risk management, gain a more in-depth history of our Order, and receive special Lodge recognition. The principle objectives of the Goshen OA Trail Crew are to provide a mechanism for the Lodge to strengthen its association with National Capital Area Council, to introduce Order members to careers in outdoor recreation, and to further the Order's purpose in supporting the BSA outdoor program.

REQUIREMENTS FOR ADULT ADVISERS

- Be at least 21 years old as of June 1, 2019;
- Be physically fit, able to lift and handle materials up to 50 lbs (Philmont height and weight guidelines will be strictly enforced.)
- Complete and submit parts A-C of the Annual Health and Medical Record form before program commencement;
- Be a registered member of both the National Capital Area Council and Amangamek Wipit Lodge as of June 1, 2019.

No exceptions may be made to these requirements. Selection for the Goshen Order of the Arrow Trail Crew is competitive and is both an honor and a privilege.

HOW TO APPLY

Complete the attached application, have it approved by your Chapter Adviser, and receive parental permission if you are under age 18. All registrations are electronic, and the GOAT Adviser will serve as registrar. ***Mail your completed application on or before March 31, 2019 to:***

***Richard J. Kafka
Attn: Goshen Order of the Arrow Trail Crew
4009 Highview Drive
Silver Spring, MD 20906-4725***

The Lodge will notify you of acceptance by April 15, 2019. Upon notification, a packet of materials and a fee schedule will be sent to you to assist in preparing you for your once-in-a-lifetime experience at Goshen.

2019 GOSHEN OA TRAIL CREW ADULT APPLICATION**AMANGAMEK WIPIT LODGE AND NCAC RESPONSIBILITIES**

Amangamek Wipit Lodge and NCAC will approve only those Arrowmen who meet all of the qualifications and agree to undertake all the requirements of this program.

NATIONAL BSA WEIGHT AND HEIGHT LIMITS

Each Arrowman on a Goshen high adventure trek **shall not exceed** the maximum acceptable weight-to-height table shown below. Those who fall within the recommended weight limits are much more likely to have an enjoyable trek and avoid incurring injuries and health risks. Extra weight places strain on the back, joints, and feet. The trails can be very steep and slick due to moisture and present both a tripping and falling hazard.

We also strongly recommend that no participant be less than 100 pounds in weight. Extremely small participants will have a very difficult time with the Goshen backcountry rigors.

Height	Recommended Weight	Maximum Weight
5' 0"	100-138 lbs.	166 lbs.
5' 1"	101-143	172
5' 2"	104-148	178
5' 3"	107-152	183
5' 4"	111-157	189
5' 5"	114-162	195
5' 6"	118-167	201
5' 7"	121-172	207
5' 8"	125-178	214
5' 9"	129-185	220
5' 10"	132-188	226
5' 11"	136-194	233
6' 0"	140-199	239
6' 1"	144-205	246
6' 2"	148-210	252
6' 3"	152-216	260
6' 4"	156-222	267
6' 5"	160-228	274
6' 6"	164-234	281
6' 7" +	170-240	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.

2019 GOSHEN OA TRAIL CREW ADULT APPLICATION

(Please type or print legibly – Submit by March 31, 2019)

NAME _____

STREET ADDRESS _____ PHONE _____

CITY/TOWN _____ ST _____ ZIP _____

EMAIL _____

DATE OF BIRTH ___/___/___ AGE _____ HEIGHT _____ WEIGHT _____
Mo Day Yr

SCOUTING EXPERIENCE: _____

CURRENTLY REGISTERED IN TROOP/TEAM/CREW # _____

(Circle one)

OA HONOR O ___ B ___ V ___ ADVISER POSITION HELD _____

YEARS AT SUMMER CAMP _____ YEARS ON GOSHEN CAMP STAFF _____

BACKPACKING EXPERIENCE (LIST BY TRAIL, TOTAL MILES & DAYS AND MO/YR)

TRAIL MAINTENANCE EXPERIENCE: POTOMAC APPALACHIAN TRAIL CREW;
(Circle one if applicable) PHILMONT OA CREW; NORTHERN TIER OA CREW;
OTHER: _____

PARTICIPATION AVAILABILITY: (Check your available participation dates.)

Crew 1

_____ 16 June ~ 29 June (two weeks) _____ 16 June ~ 22 June (week one)

_____ 24 June ~ 29 June (week two) _____ Other dates: _____

Crew 2

_____ 24 June ~ 5 July (10 days) _____ 24 June ~ 29 June (week one)

_____ 30 June ~ 5 July (week two) _____ Other dates: _____

CHAPTER ADVISER APPROVAL:

I certify that this OA adult member is a registered member of the Boy Scouts of America and an active member of our Order of the Arrow Chapter. In addition, I certify that this is an individual we are pleased to represent our council, our lodge, and our chapter.

Chapter Name: _____

_____ Date _____

Signature of OA Chapter Adviser

2019 GOSHEN OA TRAIL CREW ADULT APPLICATION

(Please type or print legibly)

HIGH ADVENTURE SUPPLEMENTARY INFORMATION

2019 Goshen OA Trail Crew
Goshen Scout Reservation

OUTDOOR EXPERIENCE WITH SCOUTS:

SHORT TERM CAMPOUTS: 2015-2016 # _____, 2017 – 2019 # _____

SCOUT SUMMER CAMP (BY YEAR) _____; _____; _____; _____;

LENHOK'SIN TRAIL (BY YEAR) _____; _____; _____; _____;

OUTDOOR EXPERIENCE WITH SCOUTS/VENTURERS 14 YEARS AND OLDER:

PHILMONT (BY YEAR) _____ MATTAGAMON (BY YEAR) _____

ADIRONDACKS (BY YEAR) _____ NORTHERN TIER (BY YEAR) _____

OTHER: _____

TRAINING CERTIFICATION:

FIRST AID CERTIFYING ORGANIZATION: _____

LEVEL OF CERTIFICATION: _____ EXPIRATION DATE ___/___/___

CPR CERTIFICATION HELD: YES / NO EXPIRATION DATE ___/___/___

YOUTH PROTECTION TRAINING ___/___/___

HAZARDOUS WEATHER TRAINING ___/___/___

WILDERNESS FIRST AID CERTIFICATION ___/___/___

TREK SAFELY ___/___/___

<p>Order of the Arrow Action:</p> <p>Approved _____</p> <p>Notified _____</p> <p>Packet Mailed _____</p>
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