2017 Goshen Scout Reservation Patrol Cooking Menu (Bowman & Marriott)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Bacon & Eggs** Bacon (3) Scrambled Eggs (2 eggs) Hash Browns (4oz) Bread (2 slices) Butter (2) Fruit Cereal (3oz) Milk (1) – Juice (1)	**Sausage & Eggs** Sausage (3oz) Eggs (2) Hash Browns (4oz) Bread (2 slices) Yogurt (1) Fruit Cup (1) Cereal (3oz) Milk (1) – Juice (1)	**French Toast** French Toast (2 eggs + Cinnamon) Syrup (1) Bacon (3 slices) Butter (2) Fruit Cereal (3oz) Milk (1) – Juice (1)	**Sausage and Eggs** Turkey Sausage (3) Eggs (2) Hash Browns (4oz) Bread (2 slices) Butter (2) Yogurt (1) Fruit Cup (1) Cereal (3oz) Milk (1) – Juice (1)	**Bacon & Cheese Omelet** Bacon (3) Omelet (2 eggs) Cheese (2 slices) Hash Browns (4oz) Bread (2 slices) Fruit Cereal (3oz) Milk (1) – Juice (1)	**Pancakes** Pancakes (3) Syrup (1) Sausage (3) Butter (2) Yogurt (1) Fruit Cup (1) Cereal (3oz) Milk (1) – Juice (1)	**Continental Breakfast** Served 5:30 am to 6:30 am At the Commissary
Lunch	**Turkey Sub** Turkey (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1) Bug Juice	**Roast Beef Sandwich** Roast Beef (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1) Bug Juice	**Italian Sandwich** Salami (2oz) Ham (2oz) Cheese (2) Lettuce (1) Kaiser Roll (1) Cheese Crackers (1) Bug Juice	**Meatball Subs** Meatball Sub (Meatballs, Sauce, Cheese) Fruit Roll Up (1) Bug Juice	**Turkey Sub** Turkey (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1) Bug Juice	**Ham & Cheese Sandwich** Ham (3oz) Cheese (2) Kaiser Roll (1) Fruit Roll Up (1) Cheese Crackers (1) Bug Juice	
Dinner	**Tacos** Tacos (2) (Ground Beef, Seasoning, Hard & Soft Taco Shells), Lettuce, Tomatoes, Cheese, Salsa Beans, Rice Pound Cake	**Chicken Tenders** Chicken Tenders Red Potatoes Dinner Roll (2) w/Butter BBQ / hot sauce Salad w/Dressing Apples (4oz) & cake mix for cobbler	**Spaghetti w/ Meatballs** Spaghetti (1/4lb) Meatballs (5) Sauce (4oz) Garlic Bread Salad w/Dressing Cookies (2)	**Fried Ham** Macaroni Cheese Ham Steak (5oz) Roll w/Butter (1) Salad w/Dressing Chocolate Pudding (1)	**Roast Beef Dinner** Roast Beef (5oz) Red Potatoes (1) Carrots Rolls w/Butter (2) Salad w/Dressing Pound Cake (1)	**Foil Dinner Night** Kielbasas (5oz) Onion Green Pepper Red Potatoes Rolls w/ Butter (2) Apple Pie	**Hot Dogs BUFFET MEAL** Hot Dogs (2) Baked Beans Chips Watermelon Bug Juice

--Menu Subject to change-- Revised 1/4/2017

Milk, Fruit, Peanut Butter and Jelly available at all meals by request. Juice mix served at lunch, save some for dinner!