



2016 Aquatics Programs

Pre camp swim classification tests

What: This is an opportunity for your unit to have your annual BSA swim classification check done under the supervision of NCAC-approved aquatics personnel.

Who: Any NCAC unit (Pack, Troops and Crews).

Up to 20 tests per 30 minute session

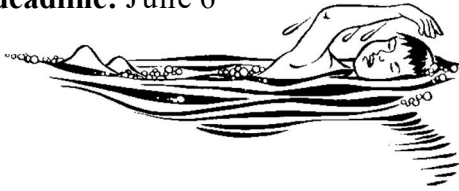
Where: Camp Snyder pool

When: June 12 2016. 30 min blocks starting at 1pm, last

session starting at 4:30pm

Cost: \$2 per participant

Registration deadline: June 6



Scuba certification and Scuba Diving merit badge

What: PADI open water scuba certification and the BSA Scuba Diving merit badge.

Who: For any scout-aged youth or adult leader.

Where: Camp Snyder (orientation, classroom, pool session) local quarry (open water training dives)

When: Orientation – Jul 31 1-3pm; class/pool sessions – Aug 13 & 14 9am-5pm, open water training dives – Aug 20 & 21 10am-1pm; Scuba Diving merit badge counseling session - Aug 23, 4-6pm

Cost: Scuba certification class and merit badge session - \$500 (includes all equipment);

Scuba diving merit badge session only - \$5

Registration deadline: July 25



Aquatics Su-

Supervision Training: Swimming and Water Rescue (SWR) & Paddle Craft Safety (PCS)



What: This is the hands-on, in/on water training for supervisors of any scouting swimming or boating

activity. It covers the skills needed to meet Safe Swim Defense and Safety Afloat policies applied at the unit level. This is the training referenced in BSA's Safe Swim

Defense and Safety Afloat guidelines. The training consists of a classroom portion and water sessions. Safe Swim Defense training and Safety Afloat training are prerequisites for these courses.

Who: Older youth (min. 15 years old) and adult leaders.

Where: Classroom sessions are offered at Camp Snyder.

Training is also offered at Goshen Scout Reservation waterfronts in 2015. Water sessions are arranged weather permitting, when enough participants have taken the classroom sessions. Classroom sessions run 9am-Noon and Noon-3pm. Water sessions run 1pm to 5pm.



Scuba BSA

What: This is an introductory/try-it scuba experience that does not result in scuba certification. It covers the requirements of the Scuba BSA award. It is not the Scuba Diving merit badge.

Who: Any Boy Scout-aged youth or adult.

Maximum 8 participants per session

Where: Camp Snyder pool

When: June 19. 1.5 hour sessions at 1, 2:30, 4, 5:30pm

Cost: \$25 (includes all equipment)

Registration deadline: Jun 13



Paddle Craft Safety

Swimming and Water Rescue

Class Date	Registration Deadline	Class Date	Registration Deadline
26 Mar 16*	21 Mar	26 Mar 16*	21 Mar
30 Apr 16	26 Apr	18 Jun 16	13 Jun
30 Jul 16	26 Jul	6 Aug 16	1 Aug
1 Oct 16	26 Sep		

*Classroom only

Mile Swim BSA

To work on this award outside of summer camp, contact Chuck Frizzelle
frizzelle04@yahoo.com

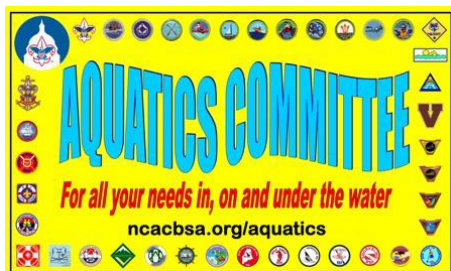
(703) 439-0514



**Canoeing Merit Badge
Counselor Training**

This training is held as an add-on component to the in-water Paddle Craft Safety sessions. See www.ncacbsa.org/aquatics for more information

Register for any of these programs at
www.ncacbsa.org/aquatics



**Want to help with aquatics for youth in our area?
Consider joining our NCAC Aquatics Committee**

We meet 4 times per year:
Mar 14 2016 Bethesda MD
Jun 13 2016 Haymarket VA
Sep 12 2016 Bethesda MD
Dec 7 2016 Fairfax VA

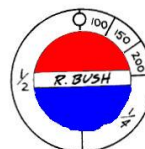
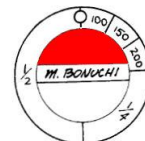
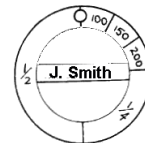
Safe Swim Defense (SSD) and Safety Afloat (SA) Training

What: BSA Safe Swim Defense and Safety Afloat training is required for any BSA unit conducting swimming or boating activities.

Who: Adult leaders supervising a swimming/boating activity must have completed Safe Swim Defense/Safety Afloat training within the previous two years.

Where: SSD and SA training is available online at scouting.org. NCAC also offers this training at Pow Wow and University of Scouting. The in-person training must be presented by qualified trainers.

When: Pow Wow – Nov 21, 2015
University of Scouting – Feb 27, 2016



BSA & American Red Cross Lifeguard

What: BSA Lifeguard is professional level training that meets the requirements of government agencies for professional lifeguards at regulated swimming activities. The course will include American Red Cross Lifeguarding/First Aid/CPR/AED Certification in addition to BSA Lifeguard training.

Who: The program is open to all registered adults and older youth (minimum age 15). It is a recommended adjunct to the Aquatics Supervision awards for unit leaders who wish to expand their water safety. Youth who wish to work on the aquatics staffs at BSA camps need this training. Participants must attend all scheduled sessions.

How: This course includes the Red Cross blended-learning Lifeguarding course. This requires participants to complete 7 1/2 hours of online training at their convenience before the June 11 session. The online training allows us to minimize the classroom lecture time.

Where: Manassas & Haymarket VA

When: May 22 2-4 pm - prerequisites & orientation
June 11-12 and 18-19, 9am—5pm Haymarket VA

Cost: \$120 to NCAC; \$5 to American Red Cross



American Red Cross



CPR/AED Pro and First Aid Training

What: This is the CPR/AED for Professional Rescuers and First Aid training that is required for BSA Lifeguard requirement #6. This training is usually not included in non-Red Cross BSA Lifeguard training courses. The course will use the Red Cross blended-learning versions of CPR/AED for the Professional Rescuer and First Aid. That means you will do on-line work before the in-person skills session so we can minimize the classroom time. Successful completion of course requirements will result in 2 American Red Cross certifications.

Where: Camp Snyder, VA

When: Saturday, Sept 17, 2016 Registration deadline: Sept 12

Cost: \$40 or \$50 - \$10 payable to the Red Cross, \$30 payable to NCAC, plus \$10 for CPR pocket mask (if you don't have one)

Maximum registrations: 6



**Register for any of these programs at www.ncacbsa.org/aquatics
For more information contact Jason Wesbrock at 208-598-2897
jaw_ncac_aquatics@yahoo.com**

