

High Adventure Program Summaries as of December 5, 2015

The following are summaries of the high adventure programs most closely monitored by the National Capital Area Council (NCAC) High Adventure Committee (HAC) and other high adventure opportunities offered by NCAC. Scholarships are available for deserving youth. To obtain additional information on these programs or to provide updated information, contact Dave Green, Chain Bridge District HA Representative and Adirondack Coordinator, at dkgreenva@hotmail.com or check the NCAC High Adventure website at <http://www.boyscouts-ncac.org/highadventure>. A current copy of this document is available at <https://docs.google.com/document/d/15b-gxXAzp7Kwyw-HMA1gdubodgOCFvrtMCEoeG-GI/edit?pli=1>. The HAC hosts a forum at <http://ncacbsa.site-ym.com/members/forums/?group=114116> for crews to post notices looking for scouts and scouters to join a high adventure crew or for individuals looking for a high adventure crew to join. To post a notice, send an e-mail with the details to Stan Turk at stanley.turk@verizon.net.

Lenhok'sin High Adventure - Sponsored by NCAC and located at the Goshen Scout Reservation in Goshen, VA. Must be 13 or older by September 1 of the year of participation. Six-day backpacking treks with optional outpost programs of Foxfire, Mountain Man, Robin Hood, Rock Climbing, Caving, Mountain Biking & Boarding, Kayaking & Stand Up Paddleboarding, COPE High Elements, and 1 to 5-day James River Whitewater Trip. No guide is provided, but high adventure camping techniques are reviewed. Crew size is from 4 to 12 including at least 2 adults. The cost for 2016 is \$360 to \$440 per youth and \$225 to \$305 per adult depending on date of payment plus travel. A \$360 crew deposit is required with an application. For more information, contact Dave O'Leary at daveol@earthlink.net or 301-580-8673 and see <http://www.ncacbsa.org/lenhoksin>. Unit-based crew space for the 2016 summer season may be available through May.

Adirondack High Adventure Area – Six BSA councils sponsor HA trek programs in the Adirondack State Park in upstate NY. See <https://docs.google.com/document/d/1FYfCjFg4GFMfpz3mFuTETfypuSprujxuRkJLYs-Xgk/edit?usp=sharing> for more details on these programs. For the Seneca Waterways Council program, participants must be 13 or older by January 1 of the year of participation. Three and six-day itineraries from easy to very difficult. Itineraries, including backpacking or canoeing or a required within 3 weeks of application. For more information, contact Craig Reichow at sctmstr@verizon.net or 703-478-0660. Limited unit-based crew space for 2016 is still available. An on-line lottery for 2017 canoe and 2016-17 Okpik treks will be held January 5-8, 2016. See [http](#) combination of the two, originate at Massawepie Scout Reservation in the park. A guide is provided and the maximum crew size is limited to 8 or 12 depending on the trek including the guide and at least 1 adult. The cost for the 2016 summer season is \$200 to \$355 per person depending on trek length plus travel. A \$300 crew deposit is required with an application. For more information, contact Dave Green at dkgreenva@hotmail.com or 703-536-5189. Unit-based crew space for the 2016 summer season may be available through May.

Maine High Adventure Area - Sponsored by Katahdin Area Council and located at the Matagamon High Adventure Base at the north entrance to Baxter State Park in northern ME. Must be 13 or

older by September 1 of the year of participation. Minimum 6-day itineraries from easy to strenuous. Itineraries are flexible and may include floatplane access, wilderness or developed campsites, whitewater or flatwater canoeing, hiking in Baxter State Park, backpacking on the Appalachian Trail, or any combination of these. A guide is provided and the required crew size is from 8 to 12 including the guide and at least 1 adult. The cost for the 2016 summer season is \$68 to \$88 per person per day depending of the length of trek and number of people plus extras and travel. A \$500 crew deposit is required with an application. For more information, contact Dave O'Leary at daveol@earthlink.net or 301-580-8673 and see <http://mainehighadventure.org>. Unit-based crew space for the 2016 summer season may be available through May. Maine has provisional opportunities for individuals.

Summit - Sponsored by National BSA and located in the New River Gorge region of southern WV. Must be 13 by September 1 of the year of participation. Seven-day programs of The River (rafting and kayaking) and Helmets & Harnesses (climbing, zip, and ropes courses), The Marksman (archery and shooting sports), Tires & Trails (mountain biking), Berms & Bars (BMX biking), and Ramps & Rails (skateboarding), and Advanced programs in Climbing, Kayaking, Mountain Biking, and Adventure Photography. The Summit Experience provides a sampling of all activities. A guide is provided and the minimum crew size is 7 with no maximum including at least 2 adults. The cost for 2016 is \$759 to \$1199 per person depending on program plus travel. A Mountaineer Weekend program is also available. See <http://summitbsa.org/wp-content/uploads/2014/01/Mountaineer-Weekend-Flyer.pdf>. For more information, contact George Gadbois at gdsbrj@aol.com or 301-770-5386 and see <http://www.summitblog.org/programs/>. Unit-based crew space for the 2016 summer season may be available through May. Summit has provisional opportunities for individuals.

Northern Tier High Adventure Bases - Sponsored by National BSA and located at Ely, MN; Atikokan, Ontario; and Bissett, Manitoba. Must be 14 or older OR 13 and completed 8th grade by date of arrival AND weigh between 100 and 295 pounds. NCAC recommends 10 or 11-night treks of wilderness canoeing and portaging. A guide is provided and the crew size is normally 6 youth and 2 adults. The base crew fee per night for 2016 is \$620 at Ely and \$665 at Atikokan and Bissett plus extras and travel. Okpik (Winter) programs at Ely include cross-country skiing, snowshoeing, and dog sledding. An \$800 crew deposit is [://www.ntier.org](http://www.ntier.org) or call (218) 365-4811 for more information. NCAC is planning a provisional trek to Bissett, Manitoba in 2016 at an estimated cost of \$2400 per person. For an application, see http://c.ymcdn.com/sites/www.ncacbsa.org/resource/group/95d23063-d63f-4ee8-858c-9c43c002b826/High_Adventure/HAC_2016_Northern_Tier_Provo.pdf. NCAC is also planning a provisional Okpik trek in December 2016 if there is sufficient interest before 1/1/16.

Philmont Scout Ranch - Sponsored by National BSA and located in the Rocky Mountains of northeastern NM. Must be 14 or older OR 13 and completed 8th grade by date of arrival. Twelve-day programs with challenging to super strenuous itineraries. Itineraries consist of 6 or 11 days of backpacking with optional programs in mountain biking, rock climbing, horseback riding, archeology, black powder rifle, blacksmithing, burro packing, logging events, environmental awareness, fishing, geology, gold panning, homesteading, native American, and rifle and shotgun shooting. A guide is provided for the first 3 days and the required crew size is from 7 to 12 including at least 2 adults. The cost for the 2017 summer expedition season is \$522 or 895 per person depending on trek length plus travel. Alternate programs in horseback riding, conservation, trail crew, and winter camping are available. For more information, contact Ed

Graydon at ed.graydon@verizon.net or 703-680-6550 and see <http://www.philmontscoutranch.org/>. Limited unit-crew space for 2016 is still available. Unit-crew and provisional spaces are available on NCAC's 2016 Philmont contingents: P627 (6/25or26 - 7/9) and P718 (7/16or17 - 30) estimated at \$2200 and \$2500 per person for the economy and standard contingent options. See <http://www.boyscouts-ncac.org/highadventure> for applications and current status of these contingents. For 2017, Philmont conducted a web-based lottery in November 2015. NCAC will conduct a lottery for 2017 unit-based crews (12 maximum per unit) in March 2016 and will also have space for provisional individuals on these 2017 NCAC contingents.

Florida Sea Base - Sponsored by National BSA and located on Matecumbe Key 75 miles south of Miami, FL. Must be 14 or older OR 13 and completed 8th grade by date of arrival. Seven-day programs including Coral Reef Sailing, Eco-Adventure, Sea Exploring, Bahamas Adventure, Bahamas Tall Ship, Florida Keys Adventure, Out Island Adventure, Scuba Adventure, Scuba Certification, Scuba Live Aboard, Florida Fishing, Sea Base St. Thomas, and Divemaster Training. A guide is provided and the maximum crew size is limited from 6 to 20 depending on the program including at least 2 adults. The cost for the 2016 spring, summer, fall, and winter is \$835 to \$1310 per person depending on program and number of participants plus travel. A \$100/person deposit is required with an application. For more information, contact Dana Abrahamsen at dabrahamsen@ftc.gov or 703-280-9782 and see <http://www.bsaseabase.org>. Limited unit-based crew space for 2016 is available. NCAC is sponsoring a 2016 Coral Reef Sailing contingent S717 (7/17-23) at a cost per person of about \$1800 including transportation. A web-based lottery for 2017 programs will be held January 15 through February 15, 2016.

V3 Hike-o-ree - Sponsored by NCAC and located at the Northern Virginia 4-H Educational Center, Front Royal, VA. Must be 13 or older by January 1 of the year after participation. A three-day program, probably October 28-30, 2016, includes a Friday night opening program, Saturday 10-mile hike ranging from moderate to super strenuous, Saturday night high adventure rally, and Sunday morning service project. Maximum crew size is 12 including at least 2 adults. Crews are required to use high adventure camping techniques. Experienced advisors are available for inexperienced crews. The 2015 cost was \$18 per person. A \$60 crew deposit is required with an application. For more information, contact Joe Flaig at jwflaig@aol.com or 703-250-9791 and see http://www.ncacbsa.org/events/event_details.asp?id=683373.