National Capital Area Council

High Adventure Committee

Our Web Site:

http://www.ncacbsa.org/council-committees/outdoor-adventuring/high-adventure/

Our Charter: *"Promote High Adventure in all its forms"*

We have experts on the High Adventure Committee for Philmont, Sea Base, Northern Tier, Okpik, Summit, Adirondack, and Goshen's Lenhok'sin Trail

Services we provide:

- Assistance with promotion, training, training materials and advice for trip planning
- Hands On training in March for Philmont and Northern Tier. *Contact the base coordinator for dates and locations.*
- Schedule of local CPR and Wilderness First Aid classes
- A forum for advertising crew openings.

For 2019, the HAC is sponsoring provisional and unit based treks to the following bases. The HAC makes all transportation, food, and housing arrangements:

- **Philmont Scout Ranch for backpacking in Cimarron, New Mexico**
- **Florida Sea Base: 2 boats for Coral Reef Sailing in the Florida Keys, 1 Bahama Tall Ship and 1 Bahama Adventure**
- **Northern Tier for wilderness canoeing in Bissett, Manitoba**
- **Northern Tier's Okpik winter trekking in Ely, Minnesota**

Contact the base coordinators (below) for more details

Base Coordinators

Philmont:	Virginia Ward	vward@masonlive.gmu.edu
Sea Base:	Dana Abrahamsen	dabrahamsen@ftc.gov
Northern Tier/Okpik:	Craig Reichow	sctmstr@verizon.net
Summit	George Gadbois	gdbsjr@aol.com
Adirondack	Dave Green	dkgreenva@hotmail.com
Lenhok'sin Trail	Tom Wheatly	tmwheatly1981@gmail.com

GET READY FOR BSA HIGH ADVENTURE!

THESE ARE THE TRIPS OF A LIFETIME, SO START PLANNING EARLY!

LENHOK'SIN TRAIL — GOSHEN SCOUT RESERVATION VIRGINIA

Lenhok'sin is NCAC's ideal place to begin high adventure, with 50 miles of backpacking excitement. Go rock climbing, caving, or kayaking. Experience history with mountain men and Appalachian blacksmiths. Some think of Lenhok'sin as, "Philmont with trees" and consider the programs to be better than out West. Lenhok'sin is a "best buy" and a *great* place start high adventure.

ADIRONDACKS — UPSTATE NEW YORK

Hike and canoe on the 6,000,000 acres in the Adirondack Forest Preserve without breaking the budget. For paddling, there are 6000 miles of rivers and streams and 3000 lakes and ponds. For hiking, there are 2000 miles of trails with many remote and challenging peaks. Seven BSA Councils maintain high adventure bases in the Adirondacks and can assist both new and experienced crews.

PHILMONT SCOUT RANCH — ROCKY MOUNTAINS, NEW MEXICO

The most famous High Adventure location, Philmont presents the ultimate backpacking challenge. Crews select from 27 itineraries depending on their skills and interests, with land elevations from 6,500 to 12,441 feet above sea level. Philmont is recommended for older, more capable Scouts willing to accept the mental and physical challenges of backpacking at altitude. Considered by many to be *the* mountaintop experience.

SUMMIT — APPALACHIAN MOUNTAINS, WEST VIRGINIA

Summit will challenge the hardiest Scouts and Venturers with world-class zip lines, canopy tours, climbing, skate parks, BMX tracks, mountain bike trails, shooting ranges, kayaking, whitewater rafting, and more. Crew size depends on the program chosen, with great flexibility for individual program selection and electives. Summit provides all program equipment needed for your trek. Summit offers direct registration for unit and provisional crews as well as individuals.

MAINE HIGH ADVENTURE — NORTHERN MAINE

Wet, wild, and wonderful, Matagamon offers canoe trips into the remote Allagash Waterway, down rivers full of whitewater opportunities (weather permitting). Hike up Mount Katahdin, the northernmost point of the Appalachian Trail. Considered "best bang for the buck" in canoeing because of driving accessibility and best whitewater opportunities.

NORTHERN TIER — NE MINNESOTA, NW ONTARIO, SE MANITOBA

No roads, no resupply, just you and your Scouting skills. NCAC recommends 10-night treks exploring the Canadian side of over 6,000,000 acres of the premier canoe wilderness in North America. Treks start in Ely (MN), Atikokan (ON), or Bissett (MB). Recommended for older, more capable Scouts willing to accept the mental and physical challenges of portaging in pristine canoe country! Considered by many high adventure purists to be the ultimate wilderness challenge in BSA High Adventure.

OKPIK WINTER CAMPING — NORTHEAST MINNESOTA

Okpik trekkers really <u>*do*</u> walk on water! Recommended for the hardiest Scouts who will test their camping skills in a true winter wilderness. Crews travel by ski, snowshoe, dog sled, or foot into the Boundary Waters Canoe Area Wilderness for at least two nights, learning how to travel efficiently and enjoyably in the difficult Minnesota winters. Crews travel between 5 and 15 miles on their trek through a remote winter wilderness. Cold weather clothes and gear provided. *Way cool!*

FLORIDA SEA BASE — FLORIDA KEYS

One of the most popular adventures, Florida Sea Base offers an out-island adventure, coral reef sailing, SCUBA, a Sea Exploring adventure, and a Bahamas adventure. The swimming, sailing, snorkeling, fishing, and SCUBA-diving offer completely different challenges from the other high adventure opportunities.