

FSK District BSA First Aid Meet Instructions

1. Only registered Boy Scouts, in Class A uniform will be accepted as competitors.
2. A Troop or Crew may enter as many Patrol Teams as possible, subject to the following rules:
Patrols will consist of 5 Minimum and 8 Maximum members. Registered Patrols will NOT be assigned floor positions until at least 5 members are present at Registration.
3. Competition will be between registered existing Troop patrols. Crews participate but are not in the competition. Provisional Patrols (Scouts from more than one Patrol) will only be permitted with prior FAM Committee Approval. The intent is to prevent formation of a "Ringer Patrol" - If that is determined, that patrol will be disqualified. Eagle Scouts and Troop SPL's will not be allowed to compete. However, these scouts are welcome and encouraged to participate as FAM Assistants.
4. No one will be permitted to coach/converse with any competitors once competition has begun.
5. First Aid reference material of any kind is not permitted in the competition area after the start.
6. The Competition problems will be based upon the First Aid material as presented in the: **2016 BSA Handbook and First Aid Merit Badge Book (2015 Book and 2016 Digital Updated Edition and Requirements), and current CPR Standards.**
7. **No Cell Phone/Electronic Devices will be permitted on the competition floor.**
8. Please take the extra effort to remove all of your equipment and any trash from the building upon your departure.
9. **NO FOOD or DRINK will be Permitted in the building PLEASE!**
10. Bottled water will be sold to benefit annual FAM expenses, like New 2018 Patch, certificates, etc.

The Competition will be conducted as follows: 4 Basic, and 4 Advanced Problems

1. Each of the 8 problems is divided into 2 Sections and timed according to difficulty. Problems are read by the MC prior to the announced start time. Each Patrol will then determine and perform the first aid required for the problem. The assigned judge will score based upon the Patrols observed: Treatment Skills, knowledge, teamwork and overall Patrol demeanor. Scout skill level, leadership, and teamwork will be key to success.
2. At the announced time by the MC, the Patrol will cease victim treatment activity and begin the scored **Question/ Answer segment of each Problem**. AFTER the score sheet has been submitted, Judges will provide the patrol with positive treatment feedback, but will not discuss scoring.
3. The judges will rotate to a new Patrol position after each problem.

EACH PATROL IS REQUIRED TO BRING THE FOLLOWING EQUIPMENT (minimum quantities)

- 3 – Large Blankets (Splint, stretcher, floor mat)
- 12 – Triangular bandages (at least 36" long)
- 2 – 12-18 inch Padded Splints, 3 inches wide
- 2 – 24-30 inch Padded Splint, 3 inches wide
- 2 – 36 inch Padded splint, 3 inches wide
- 1 – 48 inch Padded splint, 3-4 inches wide
- 6 – 3x3 or 4x4 inch dressing compresses (sterility not necessary)
- 9 – 3"to 6" Kling/Gauze roller bandage
- 1 – CPR Barrier Device

Note: In order to reduce waste protective type Non-Latex gloves will not be utilized for the competition. However, the Patrol is required to be knowledgeable about their necessary, use and should always have them in any First Aid Kit. NO Long Poles will be allowed in the building

The Committee reserves the right to update these Instructions to better serve our Youth FAM participants.